

nebraska coach

2019–2020
Clinic & Membership
Special Edition



Coach Bill Curry
Keynote: Magnanimitas - Greatness of Spirit & Soul

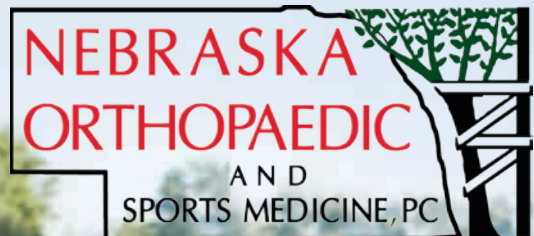
**John isn't a Husker.
But at Nebraska Orthopaedic
and Sports Medicine, he gets
treated like one.**

At Nebraska Orthopaedic and Sports Medicine everyone gets treated like a Nebraska Champion. Whether you're a scholarship athlete, fighting for a spot on the team, or a weekend athlete, searching out the absolute best sports medicine care is essential to your success on the field following injury.

As Husker Team Physicians, we offer you the same care we extend to Husker athletes. Our sports medicine physicians have advanced specialty training enabling injured athletes to once again compete at their absolute best. We do so by addressing injuries in the least invasive manner possible, and ensuring the safest and quickest means back to play and success on the field.

Ask your doctor about us, or visit us in Lincoln or any one of the communities we conduct clinics in throughout Nebraska.

Nemaha County Hospital	Auburn
Memorial Hospital	Aurora
Jefferson Community Health Center	Fairbury
Community Medical Center	Falls City
Henderson Community Hospital	Henderson
St. Mary's Hospital	Nebraska City
Annie Jeffrey Memorial County Health Center	Osceola
Quality Healthcare Clinic	Sutton



575 S. 70th Street, Suite 200
Saint Elizabeth Medical Plaza
Lincoln, NE 68510
Toll-Free (888) 488-6667
Direct (402) 488-3322

www.nebraskaortho.com
www.nebsportsconcussion.org

N Your Husker
Team Physicians

nebraska coach

2019 Pre-Clinic/Membership Edition

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NCA STAFF



Executive Director
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darin@ncacoach.org



Administrative Assistant
Saundi Fugleberg,
saundi@ncacoach.org

NCA CONTACT INFORMATION

Mailing & Physical Address:
500 Charleston St., Suite #2
Lincoln, NE 68508

Phone number:
402-434-5675

Fax number:
402-434-5689

OFFICE HOURS
Monday - Friday
8:30 a.m. - 4:00 p.m.

CLINIC WEEK SCHEDULE OF EVENTS

Sunday, July 21

52nd Annual NCA Awards Banquet – 5:00 pm
Great Hall, Train Station, Lincoln Haymarket

Monday, July 22

NCA Annual Golf Tournament – 8:00 am
Wilderness Ridge Golf Club

3-Hour Graduate Class – Coaches Academy
10:00 am – Lincoln North Star HS

40th Annual Girls' Basketball All-Star Game
6:00 pm – Lincoln North Star HS

51st Annual Boys' Basketball All-Star Game
8:00 pm – Lincoln North Star HS

Tuesday, July 23

NCA Multi-Sport Clinic – 7:30 am
Lincoln North Star HS

36th Annual Volleyball All-Star Match – 6:00 pm
Lincoln North Star HS

Wednesday, July 24

NCA Multi-Sport Clinic – 7:30 am
Lincoln North Star HS

15th Annual Softball All-Star Game – 5:00 pm
Haymarket Complex

Family Night Out – Saltdog's Game – 7:05 pm
Haymarket Complex

Coaches Night Out – Barry's – 8:30 pm
Barry's

Thursday, July 25

NCA Multi-Sport Clinic – 7:30 am
Lincoln North Star HS

The Nebraska Coaches Association
is a Proud Member of:





Meet your new cameraman.

Hudl Focus is a smart camera system that automatically records games and practices in HD from the perfect angle.



Spend less time on logistics and more time helping athletes improve. Hudl Focus' set-it-and-forget-it tech makes every step of the process a breeze, from installation to video uploads to film study. And because Focus is designed to keep up with the flow of the game, you can be confident you'll never miss a moment again.



Hudl Focus Features:

- Automatically records basketball, volleyball, wrestling—any sport played in your gym
- 180-degree panoramic high-quality video
- Livestreaming capabilities
- Real-time ball tracking
- Stereo sound recording of announcers, whistles and crowd
- Self-updating technology
- Permanent fixed mount

See what hands-free game film looks like at hudl.com/nca-focus.

2019 Nebraska Coaches Association Multi-Sports Clinic Hotel Discounted Listings

	Room Rates + Tax	Address	Telephone Number
NCA Host Hotel			
Country Inn & Suites Lincoln North	\$89.00	5353 North 27th St.	402-476-5353
North 27th Street Area			
Comfort Suites University	\$99.00	4231 Industrial Ave.	402-476-8080
Fairfield Inn & Suites	\$104.00	4221 Industrial Ave.	402-476-6000
Hampton Inn & Suites Northeast I-80	\$94.00-\$109.00	7343 Husker Circle	402-435-4600
Holiday Inn Express & Suites Lincoln I-80	\$94.00	2200 Wildcat Circle	402-975-8330
Sleep Inn & Suites University	\$69.00-\$79.00	2803 Folkways Blvd.	402-477-0645 Option 2
Quality Inn & Suites	\$79.49-\$99.49	7333 Husker Circle	402-435-8100
Staybridge Suites Lincoln I-80	\$105.99-\$137.99	2701 Fletcher Avenue	402-438-7829
TownPlace Suites Marriott	\$129-\$134	7353 Husker Circle	402-323-2000
Lincoln Airport Exit			
Fairfield Inn & Suites Airport	\$84.00	1000 West Bond Street	402-413-9003
Hampton Inn Airport	\$99.00	1055 West Bond Street	402-570-9513
Holiday Inn Express Airport	\$84.00	1101 Commerce Way	402-464-0588
Downtown Lincoln/Haymarket			
Embassy Suites	\$151.00	1040 P Street	402-474-1111
Graduate Hotel	\$109.00	141 N. 9th St.	402-475-1038
Marriott Cornhusker	\$109.00	333 S. 13th St.	866-706-7706
Hilton Garden Inn	\$114.00-\$124.00	801 R Street	402-570-9513
Hyatt Place	Group Code:G-CC19 \$119.00-\$129.00	600 Q Street	888-492-8847
East Lincoln			
Candlewood Suites	\$99.99	4100 Pioneer Woods	402-420-0330
New Victorian Suites	\$69.99-\$79.99	331 N. Cotner Blvd.	402-270-1990

Hotels listed in blue will have a direct link to an NCA Block at: <https://www.ncacoach.org/clinic.php>
NCA discounted blocks expire by mid-June

REIMAGINE LINCOLN

WE LOVE YOUTH SPORTS IN LINCOLN, NEBRASKA

Whether you are practicing for the bottom of the ninth bases loaded or digging one for set point. We have the perfect venues for sports of all kinds. Our new premier multi-sports facility, Speedway Village, is a game changer for your league or special event.

LINCOLN
CONVENTION AND VISITORS BUREAU

LINCOLN.ORG/VISIT

Nebraska Coaches Association Multi-Sport Clinic Partners and Exhibitors

Vendors May Call 402.434.5675 To Check On The Latest Availability

AS OF PUBLICATION DATE

CLINIC PARTNERS - EXHIBITOR'S AREAS, ENTRANCE, SOUTH GYM, WRESTLING ROOM:

ARYSE – #1-2
BSN Sports – #5-7
Concordia University – #9
Glazier Clinics & Online Vault Resources – #12
Nebraska Orthopaedic & Sports Medicine, Lincoln – #15
Baden Sports – #20-21
Nanonation – #24
Nebraska State Education Association – West Cafeteria
American Volleyball Coaches Association – South Gym
Side Out Foundation – South Gym
Lincoln Convention & Visitors Bureau – East Lobby
Scheels
Nebraska Community Blood Bank

Fundraising University – #3-4
Hudl – #8
Cricket School & Team – #10-11
Custom Sports – #13-14
Max Preps – #19
Balfour – #22-23
Sideline Power – #55-56
Sportdecals & Teamwear1
Sports Imports – South Gym
Nebraska National Guard – East Lobby
National Wrestling Coaches Association
Gatorade
Varsity Spirit – A Hallway

VENDORS - MAIN EXHIBITOR'S FLOOR (Level 1):

Nova Fitness Equipment – #16-18
Mueller Sports Medicine – #27
The Graphic Edge – #29
Varsity Fundraising – World's Finest Chocolate – #32
Zephyr Graf-X – #34
University of Nebraska-Lincoln Army ROTC – #37
Lou's Sporting Goods – #39-40

Bison Inc. – #25-26
3D Coaching – #28
Misko Sports – #30-31
Body Basics Fitness Equipment – #33
Rogers Athletic – #35-36
rSchoolToday – #38

VENDORS - WEST EXHIBITOR'S AREA (Level 2):

Club's Choice Fundraising – #57
Riddell – #59
Nebraska Shrine Bowl – #61
Fellowship of Christian Athletes – #64
Wegener Safety Latch – #66
Ideal Images – The Locker Room – #68
HUMANeX Ventures – #70

Yankee Candle – #58
Nebraska High School Sports Hall of Fame – #60
Shirt Shack – #62-63
Blazer Athletic Equipment – #65
Hauff Sports – #67
X-Grain Sportswear – #69
Airborne Athletics, Inc. – #71-72

VENDORS - NORTH EXHIBITOR'S AREA (Level 3):

Push Pedal Pull – #54

“Coaches Care” Program Encourages Coaches to: “Be the Type that Gives”



2019 marks the eighth year of the Nebraska Coaches Association's (NCA) “Coaches Care” program, underwritten by Scheels of Lincoln and administered by the Nebraska Community Blood Bank. The three organizations will be partnering for a blood drive during the NCA Multi-Sport Clinic on Wednesday, July 24 outside the west vendor entrance of Lincoln North Star High School.

As leaders in the community, you are encouraged to give back and help those in need. Each coach that registers to give blood within the online site below will receive a \$25 Scheels gift card. Those that register will be eligible exclusively for the grand prize drawing of a large television. Space is limited, sign up before the time slots to donate blood are gone. Only those that sign up within the online times at North Star will receive a Scheels gift card and will be eligible for the television.

Every coach may be capable of being a lifesaver for one or more people. To make an online appointment to donate blood, go to www.ncbb.org and use the sponsor code **NECA** to register.

Questions, call **(877) 486-9414**. Thank you in advance for *Being the Type that Gives*.

SCHEELS

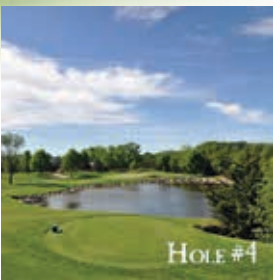
2019 NEBRASKA COACHES ASSOCIATION MULTI-SPORT CLINIC EXHIBITOR LAYOUT





Nebraska Coaches Association's 2019 4-Person Coaches Golf Scramble

Monday, July 22 – Wilderness Ridge Golf Club



Tee-times will be available from 8:00 a.m. to 1:45 p.m.
\$55.00 for NCA members & \$65.00 for non-members
Includes green fees, cart, range balls, and hamburger, chips & fountain drink

**Tee-times accepted beginning on Monday, May 6 at 9:00 a.m.
by calling the NCA office number: 402-434-5675**



Please plan to register a complete team of four.
Flight prizes – pro shop credit.

PLEASE DO NOT CALL WILDERNESS RIDGE GOLF CLUB COURSE FOR TEE-TIMES

Nebraska Coaches Association 2019 Coaches Academy

Earn Three Graduate College Credits from the University of Sioux Falls



Location: Lincoln North Star High School

Dates: Monday July, 22 – Thursday, July 25 in Conjunction with the NCA Multi-Sports Clinic

Cost: \$380.00 Total Includes:

- 3 Graduate Level Credits from University of Sioux Falls upon completion
- 2019 NCA Clinic Registration (must still register for \$45 NCA 2019-2020 Membership)
- Lunch Monday, July 22
- 3 Proactive Coaching Booklets: Life Lessons for Athletes, Playing with Confidence and Equipping and Empowering Team Leaders
- \$50 credit when ordering at least \$150 in coaching apparel for a coaching staff provided by Custom Sports of Norfolk.

Name of University of Sioux Falls Class: SODAK 44 Nebraska Coaching Clinic 2019, EDU 545B.1

Title of Course: *Foundations of Intentional Coaching*

Course Requirements:

The intensive classwork will begin Monday, July 22 at Lincoln North Star High School – one day prior to the NCA Multi-Sport Clinic.

Post class requirements due before September 1:

- Summarize each 50 minute session from Monday, July 22, minimum 1/3 page for each session, AND complete three of the following four requirements:
- Attend and critique 12 total sessions at the NCA Multi-Sports Clinic sessions
- Review and critique 12 articles from *Coach & Athletic Director* magazine or *Nebraska Coach* magazine from 2018 -19
- Complete a three page paper on using one of the Proactive Coaching Booklets – summarizing the booklet and detailing an implementation plan
- Develop and/or revise (citing course work) Building individual character development plan and overall program development plan

Course Endorsements:



Course Partners:



Monday, July 22 Schedule at Lincoln North Star High School

10:00 a.m. – 10:15 a.m.	Registration & Check-In
10:15 a.m. – 10:30 a.m.	Jerry Miller, USF; Class Overview and Requirements
10:30 a.m. – 11:20 a.m.	Rob Miller, Proactive Coaching: <i>Plan, Teach, Motivate and Build a Team</i>
11:35 a.m. – 12:25 p.m.	Rob Miller, Proactive Coaching: <i>Power of your Words Part 1</i>
12:25 p.m. – 1:00 p.m.	Lunch (Provided)
1:10 p.m. – 1:50 p.m.	Rob Miller, Proactive Coaching: <i>Power of your Words Part 2 & Leadership to the Next Level</i>
2:00 p.m. – 2:50 p.m.	Rob Miller, Proactive Coaching: <i>Playing with Confidence—Develop it on your Team</i>
3:00 p.m. – 3:50 p.m.	Rob Miller, Proactive Coaching: <i>The Role of Parents in Athletics</i>
3:50 p.m. – 4:00 p.m.	Closing – Wrap Up with Jerry Miller, USF

See Clinic Schedule for July 23-25

Registration Form

Name (First & Last Name) _____ Emailing Address _____
Summer Mailing Address _____ Date of Birth _____
Social Security Number _____ Cell Phone Number _____
Have you completed a class from the University of Sioux Falls previously? Yes/No

To register, complete the required information and mail to the NCA office – 500 Charleston Street, Ste. 2, Lincoln, NE, 68508 with \$380 payment made to the NCA. Credit card payments may be made by calling the NCA office at 402-434-5675.

Must include additional 2019 - 2020 NCA Membership Payment of \$45

CLINIC SCHEDULE ON THE WEB

The 2019 NCA Clinic schedule will be available on the NCA website at www.ncacoach.org. If changes are required to sessions, times, or speakers, an updated schedule will be posted on the NCA website. Please be sure to refer to this schedule in advance of your arrival at clinic. A printed schedule will be provided at the clinic.

FIRST YEAR COACHES ATTEND CLINIC FOR FREE

The NCA invites first year coaches to the NCA clinic for the cost of their \$45.00 membership (clinic fee waived). When registering a first year coach, please indicate **'FIRST TIME COACH'** on the online registration form, or on the form on page 43. This will allow the new coach to attend the clinic for free. To qualify for this benefit, the new coach must be entering his/her first year of the coaching profession. In addition, the NCA strongly urges new teachers and/or coaches to register to attend the Mentoring Lunch provided by the NCA and the NSEA on Tuesday. See further details on page 18.

CLINIC REFUNDS

We strongly encourage pre-registration for the Multi-Sports Clinic to avoid long waiting lines on the first day. If a coach is pre-registered but is unable to attend, refunds may be requested **prior to July 1**. Any refund requests received after July 1 will be refunded 50% of the registration fee. Refunds will be issued AFTER August 1. Refund requests must be made in writing on school letterhead and can be mailed to NCA, 500 Charleston St, Ste 2, Lincoln NE, 68508 ~ or ~ emailed to darin@ncacoach.org.

CLINIC GOLF TOURNAMENT

The Nebraska Coaches Association 4-Person Coaches Golf Scramble will be on Monday, July 22, at Wilderness Ridge Golf Club. Cost for the tournament will be \$55.00 for NCA members and \$65.00 for non-members, which includes green fees, cart, range balls, and hamburger, chips & fountain drink. **Tee-times for the four-person scramble will be accepted beginning on Monday, May 6, at 9:00 a.m. by calling the NCA office (402-434-5675)**. If possible, please plan to register a complete team of four. Tee-times will be available from 8:00 a.m. to 1:45 p.m., scheduled approximately every 8-10 minutes. Wilderness Ridge Golf Club is located in extreme southwest Lincoln south of Yankee Hill Road between 14th and 27th Streets. Feel free to contact the NCA office for directions. ****PLEASE DO NOT CALL WILDERNESS RIDGE GOLF CLUB FOR TEE-TIMES.****

NEW ACTIVITY/ATHLETIC DIRECTORS NSAA MEETING – SUNDAY, JULY 21 – NSAA BUILDING

1:30 – 1:45 p.m.	Introductions – NSAA Executive Director and Staff
1:45 – 2:45 p.m.	What to Expect in Your First 90 Days/Mentor Program – NSIAAA Panel
2:45 – 3:00 p.m.	Break
3:45 – 4:30 p.m.	NSAA Points of Emphasis – NSAA Staff



ALL ACTIVITY/ATHLETIC DIRECTORS – NSAA OUT OF THE BLOCKS & CLASS CAUCUS MEETINGS – MONDAY, JULY 22 – LINCOLN NORTH STAR AUDITORIUM & OTHER CLASSROOMS

7:15 – 8:00 a.m.	Continental Breakfast
8:00 – 9:30 a.m.	NSAA Out of Blocks Meeting – Auditorium
9:30 – 9:45 a.m.	Break
9:45 – 10:45 a.m.	Class Caucus Meetings



COACHES NIGHT OUT – WEDNESDAY, JULY 24

Coaches can enjoy two social events on Wednesday evening July 24. NCA members and families can purchase discounted tickets to the Lincoln Saltdog vs. Fargo-Moorhead Redhawks baseball game at Haymarket Park. NCA group seating will be available in the Home Run Terrace. Tickets can be purchased in advance or the evening of the game. See page 11 for further details.

The second phase of Coaches Night Out will return to Barry's at 235 N 9th St. NCA members, clinicians and clinic vendors are welcome to attend this social time. Quality Brands of Lincoln will be providing beverages. Food will also be provided by the Nebraska Coaches Association. Clinic badges will be required for entry as the entire facility will be open only to those with a clinic badge, spouses or significant others. The event runs from 8:30–11:30 p.m.



2019 CLINIC REGISTRATION GIFT – NCA PORTFOLIO



Follow the NCA and Clinic Updates on Twitter and Facebook @NebraskaCoach

FAMILY NIGHT OUTING



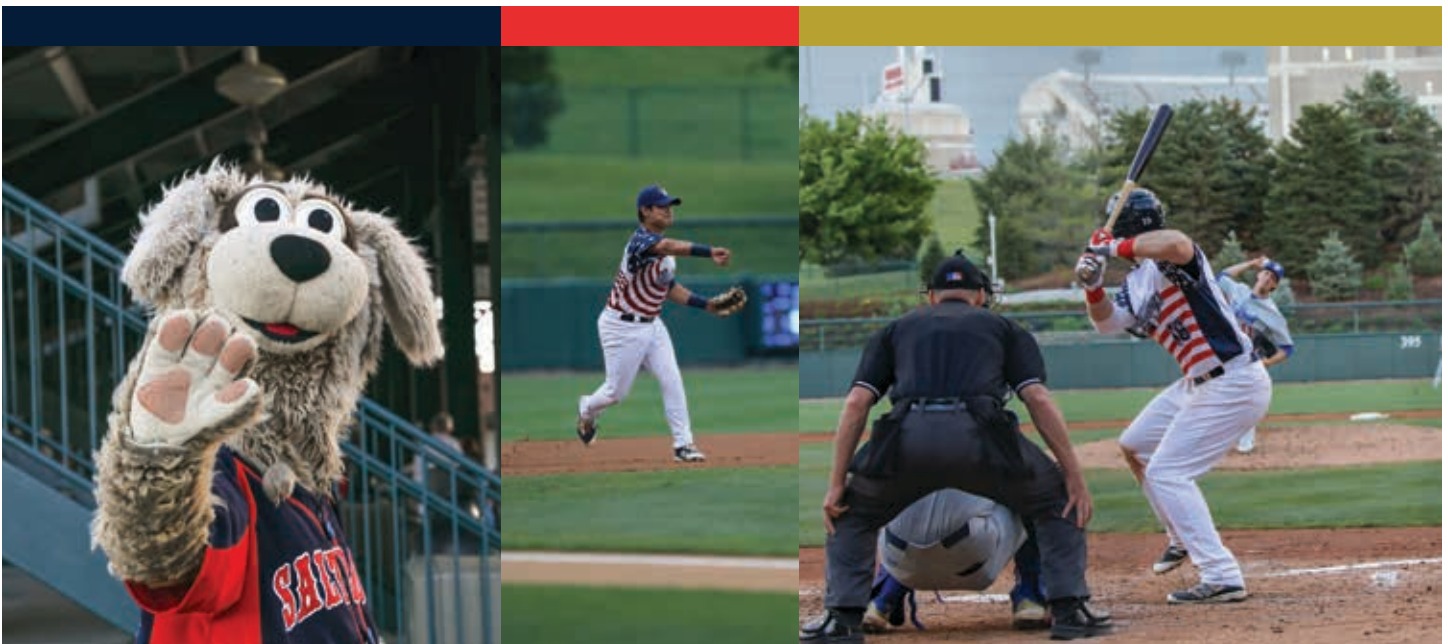
Nebraska
coaches
association

Wednesday, July 24 | 7:05pm
FARGO-MOORHEAD vs. LINCOLN SALTDogs

\$13.00/Ticket

Admission to Home Run Terrace
Valentino's Pizza will be Provided
Discounted Pepsi Fountain Sodas
\$2 Domestic Beers

To order tickets visit saltdogs.com/NCA
OR contact Steve Zoucha at 402-441-4178
or by email at stevez@saltdogs.com



ATHLETIC DIRECTORS

Library unless otherwise noted



Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:00 a.m.
9:10 a.m. – 9:40 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Shellie McClintock & Alex Carlson, ARYSE: Why Athletes Need Better Bracing Technology

Tim Preuss, Concordia University-Nebraska: Overview of MA in Coaching & Athletics Administration & MS in Coaching & Exercise Sciences (Program Partnered with NIAAA)

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team, Main Gym

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Round Table Discussion-Facilitated by the NSIAAA & Ian Ray, rSchool Today: New Uses of rSchool in Nebraska by ADs & Conferences

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

NSIAAA Round Table Discussion: Focus on Activities – Recognition, Scheduling, Sharing Participants

Moderators: Ryan Hogue, Dallas Sweet, Adam Boettcher and Mike Brockhaus

9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know

NCA District Meetings with Elections & Major Raffles

NSIAAA Round Table Discussion: Focus on Athletics – Classifications, Scheduling, Bowling, Girls Wrestling

Moderators: Mike Brockhaus, Jack Tarr, Jordan Cudney and Alan Frank

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Hudl

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

NIAAA LTI 501 - Athletic Administration: Guiding Foundations & Philosophies – Overview for ADs (Required for CAA Certification) FREE to new Athletic Directors or \$100 for NSIAAA Members, \$110 Non-Members, register online at www.nsiAAA.org

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.

10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:00 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:00 p.m. – 6:00 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:00 a.m. – 12:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NIAAA LTI 502 - Athletic Administration: Strategies for Organization & Management (Required for CAA Certification)

Cost is \$100 for NSIAAA Members, \$110 Non-Members, register online at www.nsiAAA.org

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

8:30 a.m. – 10:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

BASKETBALL

Main Gym unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Hudl Academy Workshop: Tips & Tricks

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Sundance Wicks, Missouri Western State University: Actions that Create the Art of Advantage (Downhill – Brush – Motion)

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Sundance Wicks, Missouri Western State University: Shooting Progression & Scoring with Your Feet

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic

Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Drew Olson, Concordia University, NE: Everyday Drills to Build a Higher Motor

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Drew Olson, Concordia University, NE: Full Court Pressure Defensive System – Part 1

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Drew Olson, Concordia University, NE: Full Court Pressure Defensive System – Part 2

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Sherri Coale, University of Oklahoma, OK: Teaching & Training the WHEN – Presented by Baden Sports

Sherri Coale, University of Oklahoma, OK: Player Development – Presented by Baden Sports

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

BOWLING-UNIFIED

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting, **A101**

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Lindsay Chicoine, Fremont HS, NE & Panel Discussion: Building a Unified Bowling Program, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 1, **Sun Valley Lanes**

Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 2, **Sun Valley Lanes**

Lunch Break & Visit Exhibitors

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Annual Special Olympics Concussion Training, **D023**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Thursday, July 25

7:30 a.m. – 11:30 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

CHEERLEADING

Partnership with Varsity *A102 unless otherwise noted*

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
2:05 p.m. – 2:45 p.m.
2:45 p.m. – 3:15 p.m.
3:25 p.m. – 4:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nate Parks, Special Olympics Nebraska & Panel: How to Start a Unified Cheerleading Program

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

Lunch Break & Visit Exhibitors

Ashley Parnell, Varsity Brands: Creating a Vision for Your Program

Ice Cream Social – In Partnership with NSEA & Varsity Spirit Fashion Show, **A118A**

Joint Session for Cheer & Dance: Nebraska State Competition Update and Q&A, **A118A**

Ashley Parnell, Varsity Brands: Nebraska State Cheerleading Championship – Score Sheet Update (Category Scoring & How it Works)



CROSS COUNTRY

E119 unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nate Wolf, Dordt College, IA: Part Time Coach, Full-Time Sports Psychologist – Helping Athletes Manage Anxiety, Fears & Expectations

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards, with Track & Field **E117**

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Nate Wolf, Dordt College, IA: Pattern & Progression – Taking Athletes From the Start to the Finish of Their Training

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Nate Wolf, Dordt College, IA: Answering Their “Way?” – Building Buy-In From Your Athletes to the Training & Team

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **Auditorium**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Dustin Llewellyn, Doane University, NE: Training for Peak Performance – Part 1

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Dustin Llewellyn, Doane University, NE: Training for Peak Performance – Part 2

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Rod Murrow, St. James Academy, KS: Coaching Parables: Wisdom Revealed Through the Power of Stories

Rod Murrow, St. James Academy, KS: The Career Arc of Female Distance Runners: When Will We Ever Learn?!

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

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DANCE

Partnership with Varsity

A103 unless otherwise noted

**Tuesday, July 23**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 2:05 p.m. – 2:45 p.m.
 2:45 p.m. – 3:15 p.m.
 3:25 p.m. – 4:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Samantha Zust, Varsity Brands: Nebraska State Dance Championship – Rulebook Review
 Samantha Zust, Varsity Brands: Nebraska State Dance Championship – Deductions Update
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
 Lunch Break & Visit Exhibitors
 Tara Yantis, National Dance Association: How to Guild a Positive Culture
 Ice Cream Social – In Partnership with NSEA & Varsity Spirit Fashion Show, **A118A**
 Joint Session for Cheer & Dance: Nebraska State Competition Update and Q&A, **A118A**
 Tara Yantis, National Dance Association: Managing Your Program – Best Practices

FOOTBALL 11-MAN

Auditorium unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:30 a.m. – 9:45 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:00 p.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Jeff Bryant & Austin Zoda, Fort Hays State University, KS: How to Involve Your Running Backs in the Pass Game
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
 NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
 Lunch Break & Visit Exhibitors
 Jeff Bryant & Austin Zoda, Fort Hays State University, KS: Keeping it Simple – The Fort Hays State Running Game
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Ice Cream Social – In Partnership with the Nebraska State Education Association
 Jeff Bryant & Austin Zoda, Fort Hays State University, KS: PA/Naked Concepts – Protections & Routes

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 10:20 a.m. – 11:10 a.m.

REGISTRATION & EXHIBIT AREAS OPEN
 NSAA Rules Meeting
 Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

NCA District Meetings with Elections & Major Raffles
 Hudl: How Next Generation Coaches Identify Trends With Data, **Theater**
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
 Open to schools testing through the Nebraska Sports Concussion Network
 Lunch Break & NCA Sports Advisory Committee Meetings
 Dan McLaughlin, Wayne State College, NE: Things I've Learned Over the 40 Years of Coaching
 Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Dan McLaughlin, Wayne State College, NE: Offensive Line Play – The Key to Success

Thursday, July 25

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 10:00 a.m.
 10:10 a.m. – 11:00 a.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
 Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage

11:10 a.m. – 12:00 p.m.
 11:10 a.m. – 12:00 p.m.
 12:15 p.m.

Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures
 Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
 Final Clinic Drawings, **Main Gym**

FOOTBALL 8-MAN

Theater unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:30 a.m. – 9:45 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:00 p.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 8-Man Football Coaches Roundtable Discussion
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium**
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
 NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
 Lunch Break & Visit Exhibitors
 Jeremy Christiansen, Fremont-Mills HS, IA: Fremont-Mills 3-4 Defense & Zone Coverage
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Ice Cream Social – In Partnership with the Nebraska State Education Association
 Jeremy Christiansen, Fremont-Mills HS, IA: Fremont-Mills Offense – Winning the Numbers Game with Alignment & Motion

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 10:20 a.m. – 11:10 a.m.

REGISTRATION & EXHIBIT AREAS OPEN
 NSAA Rules Meeting, **Auditorium**
 Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

NCA District Meetings with Elections & Major Raffles
 Hudl: How Next Generation Coaches Identify Trends With Data
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
 Open to schools testing through the Nebraska Sports Concussion Network
 Lunch Break & NCA Sports Advisory Committee Meetings
 Travis White, Tipton HS, OK: Program Operations/Offensive Schemes
 Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Travis White, Tipton HS, OK: Weight Room/Defensive Schemes

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FOOTBALL 8-MAN

Continued from page 15

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.

11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures, **Auditorium**
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

FOOTBALL 6-MAN

B103 unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:30 a.m. – 9:45 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Clint Linman, McLean HS, TX: Off Set 33 Defense: Keys, Drills & Stunts
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium**
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Clint Linman, McLean HS, TX: Using Bootlegs in Gun & Spread Offense
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Clint Linman, McLean HS, TX: McLean Tigers O-Line Fundamentals

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
NSAA Rules Meeting **Auditorium**
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
NCA District Meetings with Elections & Major Raffles
Hudl: How Next Generation Coaches Identify Trends With Data, **Theater**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Lunch Break & NCA Sports Advisory Committee Meetings
John King, Fleming HS, CO: Our Bread & Butter Running Game & Play Action Off of It
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
John King, Fleming HS, CO: 2-3 Defense With Different Looks & Defending the Spread

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.

11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures, **Auditorium**
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

GOLF

Please note: Location of Sessions Vary

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Informational Meeting **LNS B104**
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Chad Lydiatt, Awari Dunes: Full Swing, **Highlands Golf Course Driving Range**
Ice Cream Social – In Partnership with the Nebraska State Education Association (Ice Cream at the Golf Course)
Chad Lydiatt, Awari Dunes: Practice Scoring, **Highlands Golf Course Practice Green Area**

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Brett Armstrong, Peak Physical Therapy: The TPI Body Swing Connection–Developing Athleticism for Golf Performance, **LNS B104**
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
NCA District Meetings with Elections & Major Raffles
Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Lunch Break & NCA Sports Advisory Committee Meetings
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Aaron Aberson, Northwestern College, IA: Make Every Shot Count **LNS B014**
Aaron Aberson, Northwestern College, IA: Do's & Do Not's **LNS B104**

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
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REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **LNS Auditorium**

Who Said 'No Free Lunch?'

Get Lunch and More at the
**NSEA Teaching and NCA Coaching
Mentor and Mentee Luncheon**
Tuesday, July 23, South Gym,
Lincoln North Star High School
11:25 a.m. to 1:10 p.m.

**The luncheon features
Rob Miller of Proactive Coaching.**

**This is a free luncheon for those wanting to learn more.
NSEA membership is not required to attend.**

**Proactive Coaching works with coaches and teams
to help intentionally create character-based team
cultures, provide a blueprint for team leadership, develop
confident, tough-minded, fearless competitors, and train
coaches for excellence and significance.**

**Attend and learn of a new mentoring partnership
developed by the Nebraska Coaches Association
and the Nebraska State Education Association
focused on supporting new coaches
and new teachers/coaches.**

**Interested mentors and mentees should attend
to learn more. Advance registration is required.**

*To register, check the box on page 43
or go to www.ncacoach.org*



*Rob Miller is a partner and motivational speaker for **Proactive Coaching**, which is one of the top leadership training platforms in the country. Miller and his team help coaches have a positive effect on the lives of their athlete. Rob is also the commissioner of the Wolverine-Hoosier Athletic Conference, with schools in Indiana, Ohio, and Michigan. Throughout his career, he has been a coach at the high school and college levels. He was also instrumental in building up the NAIA's Champions of Character program.*

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GOLF*Continued from page 17*

10:10 a.m. – 11:00 a.m.	Championship Golf Panel - Part 1, Hosted by NCA Golf Advisory Committee featuring Kelli Jeffries, Grand Island HS, Jim Danson, Lincoln Southwest HS, Kim Mestl, Ogallala HS & Craig Badura, Aurora HS, LNS B104
11:10 a.m. – 12:00 p.m.	Championship Golf Panel - Part 2, Hosted by NCA Golf Advisory Committee featuring Kelli Jeffries, Grand Island HS, Jim Danson, Lincoln Southwest HS, Kim Mestl, Ogallala HS & Craig Badura, Aurora HS, LNS B104
11:10 a.m. – 12:00 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), A101
12:15 p.m.	Final Clinic Drawings, LNS Main Gym

SOCCER*B106 unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Soccer Coaches Roundtable
9:20 a.m. – 9:40 a.m.	NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
9:55 a.m. – 11:25 a.m.	Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
11:25 a.m. – 1:00 p.m.	NCA & NSEA Mentor & Mentee Programs FREE Luncheon, South Gym – Please pre-register for event on page 43
11:25 a.m. – 1:15 p.m.	Lunch Break & Visit Exhibitors
1:15 p.m. – 2:05 p.m.	Amber Ashcraft, La Cueva HS, NM: Team Cemetery
1:15 p.m. – 3:15 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:05 p.m. – 2:35 p.m.	Ice Cream Social – In Partnership with the Nebraska State Education Association
2:35 p.m. – 3:25 p.m.	Amber Ashcraft, La Cueva HS, NM: Building a Championship Season

Wednesday, July 24

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Hudl Academy Workshop: Tips & Tricks
8:30 a.m. – 9:20 a.m.	Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, Library
9:35 a.m. – 10:05 a.m.	NCA District Meetings with Elections & Major Raffles
10:20 a.m. – 11:10 a.m.	NSAA Informational Meeting
10:20 a.m. – 11:10 a.m.	Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, D023
	Open to schools testing through the Nebraska Sports Concussion Network
11:10 a.m. – 1:30 p.m.	Lunch Break & NCA Sports Advisory Committee Meetings
1:30 p.m. – 2:20 p.m.	Jason Pendleton, University of Central Missouri & Metro United Soccer Club: How to Develop a Successful Values Driven High School Program
1:30 p.m. – 2:20 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports, A101
1:30 p.m. – 3:25 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:35 p.m. – 3:25 p.m.	Jason Pendleton, University of Central Missouri & Metro United Soccer Club: Periodization – How to Effectively Manage Your Training Schedule to Maximize Results

Thursday, July 25

7:30 a.m. – 11:30 a.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 10:00 a.m.	Nebraska School Activities Association; Head, Heart and Heat Certification, Auditorium
10:10 a.m. – 11:00 a.m.	Jessica Smith, Kansas State University: Coaching Millennials
11:10 a.m. – 12:00 p.m.	Jessica Smith, Kansas State University: Mentoring & Empowering Female Players
11:10 a.m. – 12:00 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), A101
12:15 p.m.	Final Clinic Drawings, Main Gym

SOFTBALL*E121 unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Amanda Buchholz, DePaul University, IL: 1st Steps & Increasing Range on Defense
9:20 a.m. – 9:40 a.m.	NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
9:55 a.m. – 11:25 a.m.	Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
11:25 a.m. – 1:00 p.m.	NCA & NSEA Mentor & Mentee Programs FREE Luncheon, South Gym – Please pre-register for event on page 43
11:25 a.m. – 1:15 p.m.	Lunch Break & Visit Exhibitors
1:15 p.m. – 2:05 p.m.	Amanda Buchholz, DePaul University, IL: Outfield Play
1:15 p.m. – 3:15 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:05 p.m. – 2:35 p.m.	Ice Cream Social – In Partnership with the Nebraska State Education Association
2:35 p.m. – 3:25 p.m.	Amanda Buchholz, DePaul University, IL: Short Game Fundamentals with Base Running

Wednesday, July 24

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	NSAA Rules Meeting
8:30 a.m. – 9:20 a.m.	Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, Library
9:35 a.m. – 10:05 a.m.	NCA District Meetings with Elections & Major Raffles
10:20 a.m. – 11:10 a.m.	Amanda Eberhart, University of Nebraska-Omaha: Everyday Drills/.980's
10:20 a.m. – 11:10 a.m.	Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, D023
	Open to schools testing through the Nebraska Sports Concussion Network
11:10 a.m. – 1:30 p.m.	Lunch Break & NCA Sports Advisory Committee Meetings
1:30 p.m. – 2:20 p.m.	Amanda Eberhart, University of Nebraska-Omaha: Full Team Drills
1:30 p.m. – 2:20 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports, A101
1:30 p.m. – 3:25 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:35 p.m. – 3:25 p.m.	Amanda Eberhart, University of Nebraska-Omaha: Team Building/Splitting the Year into Phases

Thursday, July 25

7:30 a.m. – 11:30 a.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 10:00 a.m.	Nebraska School Activities Association; Head, Heart and Heat Certification, Auditorium
10:10 a.m. – 11:00 a.m.	Travis Owen, University of Minnesota-Crookston: Not Just Strength & Conditioning – The Best Way to Train Today's HS Athlete

nebraska coach

SOFTBALL*Continued from page 19*

11:10 a.m. – 12:00 p.m.
 11:10 a.m. – 12:00 p.m.
 12:15 pm

Travis Owen, University of Minnesota-Crookston: The Universals of Pitching & Hitting
 Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
 Final Clinic Drawings, **Main Gym**

SPECIAL OLYMPICS*Recommended Sessions - Special Olympics coaches are welcome at any sessions***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:00 p.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.
 3:40 p.m. – 5:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 NSAA Unified Bowling Rules Meeting, **A101**
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
 NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
 Lunch Break & Visit Exhibitors
 Lindsay Chicoine, Fremont HS, NE & Panel Discussion: Building a Unified Bowling Program, **A101**
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Ice Cream Social – In Partnership with the Nebraska State Education Association
 Special Olympics Nebraska – Swimming, **A101**
 Special Olympics Nebraska – Swimming, **LNS Swimming Pool**

**Wednesday, July 24**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:45 a.m. – 10:35 a.m.
 10:50 a.m. – 11:40 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.
 3:40 p.m. – 4:30 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
 REGISTRATION & EXHIBIT AREAS OPEN
 Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
 Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 1, **Sun Valley Lanes**
 Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 2, **Sun Valley Lanes**
 Lunch Break & NCA Sports Advisory Committee Meetings
 Annual Special Olympics Concussion Training, **D023**
 Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Dave Demyan, Special Olympics Nebraska – Basketball, **A101**
 Dave Demyan, Special Olympics Nebraska – Basketball, **Main Gym**

Thursday, July 25

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 9:20 a.m.
 9:40 a.m. – 11:00 a.m.
 11:10 a.m. – 12:00 p.m.
 12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Special Olympics Nebraska – Softball, **A101**
 Special Olympics Nebraska – Softball, **LNS Softball Field**
 Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
 Final Clinic Drawings, **Main Gym**

TENNIS*B105 or Outdoor Tennis Courts unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:00 p.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.
 3:30 p.m. – 4:20 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Mike Baugh, Calvary Christian HS, FL: The 6 F's to Keep Your Practice Fantastic **B105/Tennis Courts**
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
 NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
 Lunch Break & Visit Exhibitors
 Mike Baugh, Calvary Christian HS, FL: Indoor Tennis for Outdoor Facilities **B105/Tennis Courts**
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Ice Cream Social – In Partnership with the Nebraska State Education Association
 Mike Baugh, Calvary Christian HS, FL: Racquet & String Technology for High School Players, **B105**
 NSAA Informational Meeting

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 8:30 a.m. – 9:20 a.m.
 9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
 REGISTRATION & EXHIBIT AREAS OPEN
 Peggy Holecek, Glenbrook North HS, IL: Group Drills a Solo Coach Can Run, **Tennis Courts**
 Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
 NCA District Meetings with Elections & Major Raffles
 Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**
 Dave Schultz, NE Sports Concussion Network: Refresher: ImPact-Baseline Testing & Training, **D023**
 Open to schools testing through the Nebraska Sports Concussion Network
 Lunch Break & NCA Sports Advisory Committee Meetings
 Peggy Holecek, Glenbrook North HS, IL: Putting Fitness & Fun into Every Practice, **B105/Tennis Courts**
 Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
 Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
 Peggy Holecek, Glenbrook North HS, IL: Team Building, Working With Parents, Setting Expectations for Captains & Team Members **B105**

TRACK & FIELD*E117 unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 9:55 a.m. – 11:25 a.m.
 20

REGISTRATION & EXHIBIT AREAS OPEN
 NSAA Informational Meeting
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards, with Cross Country
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

nebraska coach



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Head Football Coach, Gallaudet University



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CUNE.EDU/COACHING

TRACK & FIELD

Continued from page 20

11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Adam Kedge, Albuquerque Academy, NM: Building a Successful State Meet Plan

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Adam Kedge, Albuquerque Academy, NM: MD, Training & Racing the 800 Meters

Wednesday, July 24

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Adam Kedge, Albuquerque Academy, NM: The Multis – Utilization of a Track Superstar

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

NCA District Meetings with Elections & Major Raffles

Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Daniel Flahie, Mount Marty College, SD: Strength Training for the Sprints & Jumps

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Daniel Flahie, Mount Marty College, SD: Movement, Mobility & Recovery Strategies for the Track & Field Athlete

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Mike Parker, Iowa City West HS, IA: How to Inspire Every Event Group to Greatness

Mike Parker, Iowa City West HS, IA: How Every Coach Can Enjoy Sustained Success

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

VOLLEYBALL

Partnership with American Volleyball Coaches Association

South Gym unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Insider View of the 2019 NCA All-Star Practice; Hosted by Mike Brandon, Gretna HS

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings, Jerry Stine Family Milestone Awards &

AVCA-NCA Academic All-State Teams

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Valerie Armstrong, Midwestern State University, TX: Attack Arm Swing Mechanics & Progressions

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Valerie Armstrong, Midwestern State University, TX: Developing Middle & High School Ball Handling Skills with Warm Up Drills & Progressions



9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Wednesday, July 24

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Andrea Fallon-Korb, Aspire Performance Coaching: Effectively Managing Pressure & Anxiety

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

NSAA Rules Meeting

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Tom Pingel, Former High Performance Director – USA Volleyball: Blocking – First Line of Team Defense

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Tom Pingel, Former High Performance Director – USA Volleyball: Creative Offenses to Fit Your Personnel

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Kristen Bernthal Booth, Creighton University, NE: Serve Receive Fundamentals, Team Passing Concepts & Drills

Kristen Bernthal Booth, Creighton University, NE: Advancing Your Offense

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

WRESTLING

Partnership with National Wrestling Coaches Association

Wrestling Room unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Informational Meeting

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Chad Parks, Shawnee Heights HS, KS: Culture & Cradles



WRESTLING

Continued from page 22

1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Chad Parks, Shawnee Heights HS, KS: Let's Get Funky – Principles Behind the Funk

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Brett Hunter, Chadron State College, NE: Offense Minded Attacks

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Brett Hunter, Chadron State College, NE: Basic Mat Skills

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Mike Denney, Maryville University, MO: What I've Learned in 50 Years of Coaching

Mike Denney, Maryville University, MO: Fighting from the Corner

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

JUNIOR HIGH/TEACHING FUNDAMENTALS

B107

Tuesday, July 23

1:15 p.m. – 2:05 p.m.

FOOTBALL: Teaching Fundamentals of Football – Offense: Matthew Ratliff, Cypress Ridge HS, TX

2:35 p.m. – 3:25 p.m.

FOOTBALL: Teaching Fundamentals of Football – Defense: Andrew Shanley, Cypress Ridge HS, TX

Wednesday, July 24

2:35 p.m. – 3:25 p.m.

BASKETBALL: Russ Ninemire, Douglas County West HS, NE - Teaching Fundamentals of Basketball

3:40 p.m. – 4:30 p.m.

BASKETBALL: Russ Ninemire, Douglas County West HS, NE - Teaching Fundamentals of Basketball, **Main Gym**

DISTRICT MEETINGS

Wednesday, July 24 9:35 a.m. – 10:05 a.m.

- District 1** Auditorium
- District 2** Main Gym
- District 3** South Gym
- District 4** E117
- District 5** Theater
- District 6** E119



TEAMS

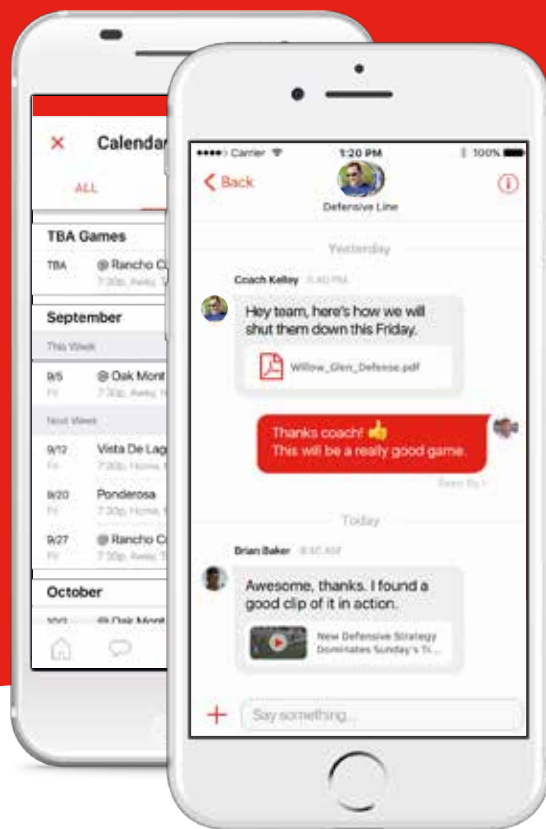
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2019 NCA GIRLS' BASKETBALL

Red Team Coaches:

Head Coach – Tyler Shaw, Sidney
Assistant Coach – Rod Henkel, Yutan

Blue Team Coaches:

Head Coach – John Cockerill, Waverly
Assistant Coach – Molly Hornbeck, South Sioux City

Players:

(teams to be determined at a later date)

Gracie Borer, Columbus Lakeview, F
Maggie Brahmer, Pierce, F/P
Abigail Clarke, Waverly, G/F
Akili Felici, Bellevue West, G
Caliana Fenceroy, Omaha Northwest, G
Jayna Green, Millard North, F
Olivia Kastens, Papillion-La Vista South, G
Hannah Kelle, Lincoln Southwest, F
Haley Kempf, Archbishop Bergan, G/F
Sierra Kile, West Point-Beemer, F
Kaleigh Kummer, North Platte St. Pat's, G
Averie Lambrecht, Waverly, G/F
Kayla Luebbe, Seward, F/P
Sydney McDermott, Omaha Skutt, F/P
Brooklyn Minzel, Malcolm, G
Dacey Nelson, Oakland-Craig, G
Chaise Pfansteil, Millard West, G
Marybeth Rasmussen, South Sioux City, G/F
Meaghan Ross, Sidney, G
Josey Ryan, Papillion-La Vista, G
Kloee Sander, Lincoln Pius X, F
McKenna Sims, South Sioux City, G
Lexi Vertin, Hastings St. Cecilia, F
Carlie Wetzell, West Holt, F

2019 NCA BOYS' BASKETBALL

Red Team Coaches:

Head Coach – Scott Lamberty, York
Assistant Coach – PJ Quinn, Mead

Blue Team Coaches:

Head Coach – Luke Olson, Bennington
Assistant Coach – Drake Beranek, Kearney

Players:

(teams to be determined at a later date)

Josiah Allick, Lincoln North Star, F/P
Drew Bippes, Falls City Sacred Heart, G
Winston Cook, Wahoo, F
Brady Danielson, York, F
Gage Delimont, Ainsworth, G
Wes Dreamer, Lincoln East, F
Charlie Easley, Lincoln Pius X, G
Nico Felici, Bellevue West, G
Grant Frickenstein, Archbishop Bergan, F
Karson Gansebom, Bennington, G/F
Jack Goering, Grand Island CC, G
Mason Hiemstra, Alliance, G
Jackson Hirschfeld, Centennial, G
Jaden Horton, Lincoln High, G/F
Keyshawn Jenkins, Lincoln High, G/F
Jake Kudron, Omaha Skutt, G
Blake Lacey, Wahoo, G
Jace Piatkowski, Elkhorn South, G
Cade Reichardt, Aurora, G
Connor Reikenberg, Lincoln East, G
Shiloh Robinson, Kearney, F/P
Chase Thompson, Omaha Westside, F/P
Tanner Wietfeld, North Bend Central, G/F
Lok Wur, Papillion-La Vista South, F



2019 NCA VOLLEYBALL

Red Team Coaches:

Head Coach – Sue Wewel, Archbishop Bergan
Assistant Coach – Scott Anderson, Freeman

Blue Team Coaches:

Head Coach – Lindsay Peterson, Millard North
Assistant Coach – Kristi Allen, Blue Hill

Players:

(teams to be determined at a later date)

Kacey Allen, Blue Hill, Lib/OH
Michaela Bartels, Bennington, MH
Taya Beller, Humphrey, MH/RS
Emily Bressman, Omaha Marian, OH
Bree Burtwistle, Stanton, OH/RS/S
Kelsie Cada, Bishop Neumann, OH
Jaiden Centeno, Millard West, Lib/DS
Sami Clarkson, Omaha Concordia, S
Emersen Cyza, Alliance, OH
Jaden Ferguson, Lincoln Southwest, OH
Hayley Fox, St. Paul, OH
Emma Gabel, Lincoln Pius X, Lib/DS
Emmy Grant, Millard North, MH
Kayla Haynes, Freeman, MH/OH
Whitney Jensen, Northwest, MH
Allie Kerns, Millard North, OH/RS
Jadyn Kleinschmidt, BDS, Lib/DS
Lexie Langley, Archbishop Bergan, OH
Elly Larson, Wahoo, OH
Mara LeGrand, Papillion-La Vista South, S
Hope Leimbach, Lincoln Lutheran, S
Anna Mclain, Lincoln Pius X, RS
Camryn Opfer, Seward, OH
Kamryn Schuler, Gretna, OH
Fallon Stutheit, Johnson-Brock, MH
Kyla Swanson, Wahoo, MH
Maddie Wieseler, Hartington Cedar Catholic, RS/S
Megan Woods, Grand Island CC, OH
Emma Worthington, Omaha Duchesne, S

2019 NCA SOFTBALL

Red Team Coaches:

Head Coach – Pete Theoharis, Hastings
Assistant Coach – Chad Perkins, Omaha Marian

Blue Team Coaches:

Head Coach – Dan Hogan, Papillion-La Vista South
Assistant Coach – Dave Brabec, Bishop Neumann

Players:

(teams to be determined at a later date)

Megan Anderson, Northwest, C/1B
Sidney Biggerstaff, Wayne, C
Lexie Black, Millard West, IF
Molly Bull, Millard South, C/OF/3B
Lilly Cast, Centennial, P/U
Hadley Chvatal, Bishop Neumann, P
Emma Collins, Grand Island, 3B
Cassie Coltvvet, Elkhorn, C
Hanna Cress, Millard West, P
Sidney Doty, Lincoln Southeast, OF
Alayna Goldsmith, Seward, 1B
Au Jenai Gregory, Papillion-La Vista South, OF/1B
Macy Homes, Wahoo, C/3B
Jadyn Hunt, Elkhorn, 1B
Annie Kniesche, Wayne, SS
Emma Maple, Milford, P/1B
Hannah Norquest, York, P
Mikayla Paulson, Fremont, SS
Sydney Petersen, Millard North, SS/2B
Emily Reid, Gretna, C/IF
Kenzie Roy, Norris, 2B
Mickayla Sheets, Grand Island, C/1B/IF
McKenzie Steiner, Lincoln Southwest, P/OF
Taylor Stuhr, Bishop Neumann, C/1B
Lynsey Tucker, Lincoln Pius X, SS
Madeline Vejvoda, Papillion-La Vista, SS
Taylor Wakefield, Arlington, 2B/SS
Elise Warneke, Omaha Skutt Catholic, P/OF/2B
Holly Williams, Grand Island, P/1B
Patia Wolfe, Lincoln North Star, 1B





2019 NCA – HUDL AWARDS AND RECOGNITION BANQUET

The 52st annual Awards & Recognition Banquet will be held in the evening of Sunday, July 21, at the Great Hall in the Train Station in Lincoln’s Historic Haymarket. Hudl is title partner of the evening event. Several awards will be presented that evening, including the Coach-of-the-Year awards, sponsored by Hudl; Service awards, sponsored by ARYSE; and the Jerry Stine Family Milestone Level IV awards, sponsored by Baden Sports. Recognition will also be given to state champion coaches as well as the recipients of several special achievement and career awards. For a complete listing and description of awards given by the Nebraska Coaches Association please visit our website www.ncacoach.org and click on the awards tab.



JERRY STINE FAMILY MILESTONE AWARDS – PRESENTED BY BADEN SPORTS

The NCA Jerry Stine Milestone Awards recognize different levels of coaching achievement in both individual and team sports. The Level I, II, and III certificates will be presented at the NCA Multi-Sport Clinic in July. The Level IV winners receive a plaque presented at the NCA Award Banquet on Sunday, July 21 in Lincoln.

More information regarding the NCA Milestone Award program, including the application form, can be found at: <http://www.ncacoach.org/milestone.php>. This web page also includes a newly formatted search for coaches that have achieved any level within the program. *Applications are accepted until June 1 annually.*

CONGRATULATIONS 2019 NCA CAREER MILESTONE AWARD WINNERS

AS OF PUBLICATION DATE – APPLICATIONS ACCEPTED UNTIL JUNE 1

BASEBALL

Mark Watt, Lincoln Southwest, Level I

BASKETBALL

Jeff Cole, South Loup, Level II

Andy Gerlecz, Papillion-LaVista South, Level II

Drew Billeter, Loomis, Level I

Abe Hinman, South Loup, Level I

CROSS COUNTRY – BOYS

Donna K. Wiedeburg, Sidney, Level I

CROSS COUNTRY – GIRLS

Donna K. Wiedeburg, Sidney, Level I

FOOTBALL

Kevin Dobson, North Platte St. Patrick’s, Level III

Andy Schwarz, South Loup, Level II

GOLF – BOYS

Curt Backemeyer, Elmwood-Murdock, Level III

GOLF – GIRLS

Mimi Ramsbottom, Elkhorn South, Level IV

SOFTBALL

Mark Watt, Lincoln Southwest, Level III

Dave Brabec, Bishop Neumann, Level I

VOLLEYBALL

Tina Thiele-Blecher, Elgin, Level II

Janet Tooley, Columbus Scotus, Level IV

WRESTLING

Dean Boyer, Plainview, Level IV

Tyler Ferebee, Pawnee City, Level I



SERVICE AWARDS – PRESENTED BY ARYSE

The NCA – Nebraska National Guard Service Award is designed to recognize and honor coaches who have achieved 25, 35, 40, 45, and 50 years of coaching service. This is a self-nominating award. If you have achieved any of these levels of service and would like to be honored at the Awards & Recognition Banquet, please visit our website and follow the guidelines presented for ‘Service Awards’, located at: <http://www.ncacoach.org/service.php>. Applications are accepted until June 1 annually.

2019 NCA Service Award Honorees

Self nominations at www.ncacoach.org/service.php - Deadline June 1

As of Publication Date

25 YEAR

Brian Kabourek, Lincoln East

40 YEAR

Larry Schreiber, Nebraska Christian

35 YEAR

Jerry Buck, Holdrege
Jim Hansen, Lincoln Pius X
Dominic Reicks, Ravenna
Jody Rhodes, Paxton

50 YEAR

Norm Manstedt, High Plains
Dave Oman, Centura



I BELONG ^{x2}

Greg Conn Wausa High School

- High School Guidance Counselor
- Teacher, 7-12 Industrial Tech
- Volleyball Coach, 29 years
- Track coach, 32 years
- WHS Athletic Director
- Wausa Education Association past president, past vice president, negotiator
- Nebraska Coaches Association Dist. III President & Board Member

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GOLD CARD – NCA MEMBER BENEFIT

The Nebraska Coaches Association (NCA) is pleased to offer the exclusive NCA "Gold Card" membership benefit for the 2019-2020 school year. The Gold Card, along with a valid state issued photo ID, will grant admission to most NSAA State Championships for the entire school year. ***Some Restrictions apply – see below**

Any 2019-2020 NCA member or NCA Silver (Retired) Member, may purchase the exclusive Gold Card for only \$20 annually by October 1.

NCA members must purchase their Gold Card by October 1, 2019.

No exceptions. Coaches will continue to be required to have a photo I.D. and sign-in at the championship sites. The Gold Card is offered as an optional membership fee within the online membership registration. The Gold Card will also be available for purchase at the NCA Multi-Sport Clinic. The NCA assumes all costs of the program. All funds go directly to the NSAA.

The Gold Card will allow admission to an NSAA State Championship event only. Events such as sub-districts, districts, and football playoffs do not apply. The Gold Card may be used at Football Finals for general admission seating, but will not gain access to the 300 level. The card will gain admission for the card holder only, and is non-transferable.

Restrictions:

- Due to limited seating, this benefit does not apply to the NSAA State Play Production & Swimming Championships.
- Level 300 Seating at the NSAA Football Championships does not apply.

NCA MEMBER BENEFITS



- Year-round \$2,000,000 coaching and classroom liability coverage (increased for 2019-2020 - must have a contract with a school)
- \$20 Annual Gold Card – Good for Admission to most NSAA State Championships (must purchase by Oct. 1)
- Year-Round Discounted Room Rates at Country Inn & Suites - Lincoln North 27th Street (some restrictions apply)
- Annual Digital Subscription of *Coach and Athletic Director* Magazine & *Winning Hoops* Magazine for Basketball Coaches
- Discounts through NHSACA on Travel, Insurance and Services
- Free admission for two to NCA All-Star Volleyball Match, Boys' & Girls' Basketball Games, and Softball Games
- Free admission to the annual Shrine Bowl Football Game
- Free admission, with membership card, to select college-sponsored games in Nebraska (not UNL)
- *Nebraska Coach* Magazine online (Fall, Winter, Spring Editions)
- *Nebraska Coach* Magazine Pre-Clinic Printed Edition
- Committees to make recommendations regarding sports rules changes
- Recognition for coaching accomplishments and achievements through the Stine Jerry Stine Family Milestone Awards
- State and National Coach-of-the-Year recognition
- Eligibility to coach in the Annual All-Star Games
- Service Awards (25, 35, 40, 45 & 50 year) recognition
- NCA Sports Clinics & Affiliated Events at a Discounted Rate

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NSAA RULES MEETINGS AT 2019 CLINIC

NSAA will conduct sport meetings and sport rules meetings for all sanctioned sports that are included in the NCA Clinic. The meetings are being offered as a courtesy for those coaches planning to attend the clinic. The NCA thanks the NSAA for providing this service to coaches. *Meets NSAA Rules Meeting Requirement.

Basketball* – Wednesday, 8:30-9:20 a.m.
Cross Country – Wednesday, 8:30-9:20 a.m.
Golf* – Tuesday, 8:30-9:20 a.m.
Softball* – Wednesday, 8:30-9:20 a.m.
Track & Field – Tuesday, 8:30-9:20 a.m.
Wrestling – Tuesday, 8:30-9:20 a.m.

Bowling (Unified)* – Tuesday, 8:30-9:20 a.m.
Football* – Wednesday, 8:30-9:20 a.m.
Soccer – Wednesday, 10:20-11:10 a.m.
Tennis – Tuesday, 3:30-4:20 p.m.
Volleyball* – Wednesday, 10:20-11:10 a.m.

NSEA PARTNERS FOR ICE CREAM SOCIAL & MENTORING LUNCHEON

The Nebraska State Education Association (NSEA) has partnered with the NCA to again provide an Ice Cream Social on Tuesday afternoon of the Multi-Sports Clinic. The NSEA & the NCA invite all coaches to attend a FREE luncheon Tuesday in the South Gym to learn more about serving as a teacher or coach mentor and being helped as a mentee. Rob Miller, Proactive Coaching will be speaking on the importance of mentoring in the teaching and coaching profession. See page 18 for further luncheon details. When completing the membership and clinic registration online or the printed form on page 43 of this publication, please check the box next to the highlighted portion of the form to register for the free luncheon.

SPORTS MEDICINE SESSIONS: IMPACT BASELINE TESTING & TRAINING CARE & PREVENTION OF INJURIES – ATHLETIC TAPING

- Dave Schultz, Program Coordinator for the Nebraska Sports Concussion Network will provide one important session on IMPACT Baseline Testing Training on Wednesday, July 24 from 10:20 - 11:10 a.m. This session is open to schools testing through the Nebraska Sports Concussion Network.
- Nebraska Orthopaedic and Sports Medicine athletic trainers will conduct two Care & Prevention of Injuries - Athletic Taping sessions, which are provided on a walk-in basis. Sessions will be held in the training room at Lincoln North Star on Tuesday, July 23, 1:15-3:15 p.m. and Wednesday July 24, 1:30 - 3:25 p.m.

NSAA HEAD, HEART & HEAT REQUIRED CERTIFICATION

Thursday, July 25 from 8:30 to 10:00 am in the Lincoln North Star Auditorium

The 2019-2020 school year marks the fourth year all coaches from NSAA member schools will be required to take a total of three online courses from the NFHS. **Required Courses: Heat Illness Prevention, Sudden Cardiac Arrest and Concussion in Sports.**

Concussions have been in the forefront of athletic participation for the last several years and continue to be one of the top concerns for the NSAA. Exertional heatstroke is the leading preventable cause of death among athletes. With the proper knowledge and planning, it is not only preventable but 100% preventable.

Sudden cardiac arrest is the leading cause of deaths in students involved in activities. If you can use an Automated External Defibrillator (AED) within three minutes, the chances of survival increase to 70%. If used within one minute those odds rise to 90%. For every minute that goes by without using an AED, the chances for survival decrease 7-10%.

The NSAA is making these courses available for any coach that is attending the multi-sports clinic. The NSAA staff will administer all three courses that will fulfill your requirement for the 2019-2020 school year. This will be offered **Thursday, July 25 from 8:30 to 10:00 a. in the Lincoln North Star Auditorium.** All three requirements will be offered online at the NFHS web site. You must arrive to the session by 8:30 am to receive credit. No other sessions will take place during this time period.



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2019 Nebraska Coaches Association Multi-Sports Clinicians

KEYNOTE ADDRESS



Coach Bill Curry: Bill Curry has spent his entire adult life as a leader and communicator. His NFL career included two Super Bowl titles and a stint as the President of the NFL Players Association. Bill served as head football coach for Georgia Tech ('80-'86), the University of Alabama ('87-'89), and the University of Kentucky ('90-'96). In 1989, Bill was recognized as the nation's top coach with the Bobby Dodd National Coach of the Year Award. From 1997 to 2008, Curry came into millions of homes each football Saturday as an analyst for ESPN. In September 2006, the American Football Coaches Association announced Bill as the recipient of the 2007 Amos Alonzo Stagg Award in honor of his outstanding service toward the advancement of the best interests of football. In June 2008 he was selected to be the inaugural head coach of Georgia State University's new football program. Bill's book – "Ten Men You Meet in the Huddle" – was released in August 2008 by ESPN books and was praised by author Pat Conroy as "the best book about the NFL" that he ever read. (An updated tenth anniversary edition was just released in December 2018.) In 2014, Curry joined former player Pete Wellborn and communications expert Jeff Battcher to form AIM Sports Reputation Management, LLC ("AIM"). AIM provides crisis handling and leadership and success training to universities, professional franchises, and other members of the sports industry. Bill is married to the former Carolyn Newton of Atlanta, a graduate of Agnes Scott College who earned her master's degree and Ph.D. from Georgia State. They have two children and seven grandchildren.

SPORTS MEDICINE SESSION



David R. Schultz, MEd, ATC, Nebraska Orthopaedic & Sports Medicine of Lincoln: Dave is currently the Sports Medicine Outreach Program Manager at Nebraska Orthopaedic & Sports Medicine of Lincoln. He graduated from UNL in 1981 after working with the Husker athletic teams as a student. Starting his professional career as a high school athletic trainer and teacher in San Antonio, TX, Dave acquired his Master's degree at Temple University in Philadelphia, PA, in 1987. He returned to Nebraska as Head Athletic Trainer at Nebraska Wesleyan from 1988-1996 and developed a program that introduced a team of athletic trainers to rural schools throughout southeast Nebraska that he has since managed for 27 years. More recently, Dave developed and is program coordinator for the Nebraska Sports Concussion Network that funds concussion testing at no cost to nearly 150 high schools statewide. He has received the George F. Sullivan Athletic Trainer of the Year Award in 2001 from the Nebraska State Athletic Trainers Association and was inducted to that organization's Hall of Fame in 2011. Dave has also been recognized by the NCA with the "Friend of High Sports" award in 2008, the NSAA "Distinguished Service Award" in 2011, and was given a Service Award by the National Athletic Trainers Association in 2013.

BASKETBALL



Sundance Wicks, Western Missouri State University: Coach Wicks completed his first season as the head coach of Western Missouri State University in 2018-19. Wicks came to MWSU from his alma mater, Northern State University, where he was associate head coach during the 2016-17 and 2017-18 seasons. In 2017-18, Wicks helped lead Northern State to the Northern

Sun Intercollegiate Conference regular season and postseason championships. Northern State also claimed the central region championship leading to the program's first-ever appearance in the national championship game. Wicks' extensive experience includes stints as an assistant coach at the Division II and Division I levels. After lettering four years as a student-athlete at Northern State from 1999-2003, Wicks held assistant coaching positions at Northern State, Colorado (2006-07), Northern Illinois (2007-11) and San Francisco (2015-16). He also built the Arizona Power Basketball Academy, serving as a skill instructor and director from 2011-15. Prior to launching the APBA, he spent five months training NBA pre-draft prospects at the Impact Basketball Academy in Las Vegas, with

draft class trainees that included Kawhi Leonard, Alec Burks and Isaiah Thomas. Wicks began his collegiate coaching career as a graduate assistant at Northern State under the legendary Don Meyer. As a student-athlete, Wicks was twice named first team All-NSIC, scoring 1,174 points and pulling down 665 rebounds in his career. He was also a two-time All-NSIC performer in the 400-meter hurdles at Northern State. After graduation, Wicks played for the Sodertalje Kings in Sweden and led the team in points and rebounding.



Drew Olson, Concordia University, NE: Coach Olson completed his 13th year as head coach of Concordia University women's basketball in 2018-19. The program's all-time winningest coach (353-96), Olson has guided the Bulldogs to three national title game appearances in 2015, 2018 and 2019. Concordia captured the NAIA National Championship in 2019 going 35-3 on the season, and he was named the NAIA National Women's Basketball Division II Coach of the Year. Over the past eight seasons, Olson has directed his teams to a combined nine GPAC titles (tournament and regular season), eight national tournament trips, five national semifinal appearances, and an overall record of 246-39. The 2018-19 (35-3), 2017-18 (36-2), 2014-15 (35-3), 2016-17 (34-3) and 2011-12 (34-3) squads each eclipsed the 30-win mark. Drew led the Bulldogs to national tournament appearances in 11 of the past 12 years, and his 11 national tournament trips and 23 national tournament wins are the most among all coaches in the history of Concordia women's basketball. Coach Olson owns a record of 23-10 at the national championships with two national championship game appearances. He is a four-time GPAC coach of the year – in 2012, 2017, 2018 and 2019 – and he garnered the Midlands/State College Coach of the Year honors from the Lincoln Journal Star and Omaha World-Herald in 2015. Olson has been tabbed a Women's Basketball Coaches Association Region II Coach of the Year five times – in 2012, 2015, 2017, 2018, 2019 – and in March of 2018 he was named the United States Marine Corps/WBCA NAIA National Coach of the Year.



Sherri Coale, University of Oklahoma: Coach Coale has guided the Sooner Women's Basketball program for 24 years. During that span OU has captured six Big 12 Regular Season Championships, 64 All-Big 12 Team selections, 127 Academic All-Big 12 honors, four Big 12 Tournament Championships, a run of 19 straight NCAA Tournament appearances, four Academic All-America Team Members, 13 All-Americans, nine Sweet 16 appearances, and three Final Four Appearances. Her foundation was laid years ago during a humble upbringing in the oil mining town of Healdton, Oklahoma. Those morals have stood as the roots of Oklahoma women's basketball for over two decades. Progress and consistent success have elevated Coale to elite status in college basketball and has earned her a spot in the Women's Basketball Hall of Fame Class of 2016. Sherri has accumulated over 480 career wins at the University of Oklahoma and is considered one of the top basketball clinicians in the country. The OU transformation that Coale has spearheaded is strikingly similar to the changes she made at Norman High School, where she took a declining program and an 11-12 performance in her debut season (1990), to never having a losing record during her tutelage. By the time she left for OU, Coale had directed Norman HS to two Class 6A state championships and a 147-40 overall record. Her final two Norman teams finished 53-2. Coale was honored as the Region, All-State and Big All-City High School Coach of the Year in 1993.

BOWLING – UNIFIED



Lindsey Chicoine, Fremont HS: Instrumental in developing the Unified Bowling program at Fremont High School, Lindsey Chicoine has been involved since the start in 2016. The program has grown significantly in numbers since the first season, and this past December under Coach Chicoine's guidance the Fremont Unified Bowling student-athletes took home the state championship, held in Lincoln. Currently a K-2 Resource teacher at Bell Field Elementary, Lindsey has previously served as the grade 5-8 Basic Skills teacher for Fremont Public Schools and taught for three years in the Papillion-La Vista School District.



Jan Lehms, Millard West HS NE: Under the leadership of Coach Lehms, the Unified Bowling teams have grown from 28 partners and athletes in the Inaugural Season to 62 members for the 2018-2019 season. She coached the Unified Track for Millard West's exhibition year. Lehms has taught Physical Education in three different states for a total of 32 years, the last 26 were

in Millard. Lehms has coached Softball, Volleyball, Track and Basketball at the middle school and high school levels. She coached in the inaugural season of Nebraska high school softball. Lehms is an avid bowler and has participated in City, State, Nebraska State Games, National Open and Women's National tournaments. She worked the Youth World's bowling tournament at Sun Valley along with volunteering at Special Olympics Bowling and NSAA State Unified Bowling tournament. Her programs are an integral part of Millard West's National Unified Champion Banner along with being a part of ESPN's top 30 Honor Roll Class of 2018 Unified Schools.

CHEERLEADING



Ashley Parnell, Varsity Spirit Brands: Ashley is currently the State Director of Missouri & Nebraska. She has experience in judging, coaching, and working with all ages of cheerleaders. Ashley has over 17 years of choreography experience in cheer, and currently serves as the Spirit Coordinator and Head Cheerleading Coach at Drury University in Springfield, MO. She guided teams to top finishes the past eight years at UCA College Nationals in both the all-girl and small coed divisions. Most recently, Drury's small coed team had a 2nd place finish in DII-small Coed at UCA College Nationals in both 2018 and 2019. Ashley was a college cheerleader at Drury University, where she received her bachelor's degree in public relations and marketing. She has been on the UCA instructional staff since 2003.

CROSS COUNTRY



Nate Wolf, Dordt University, Sioux Center, IA: Coach Wolf, a native of Alma, NE, has served as the head coach of the Dordt University men's and women's cross country programs since 2015. He has won three women's conference championships and one men's conference championship along with one runner-up finish for both teams in the past four years, earning two top 10 women's national finishes and one men's top 10 national finish during that time. Wolf has coached two individual conference champions and had three runners finish as individual All-Americans including two in the top-10 the past three years. A five-time GPAC Coach of the Year, Nate has also been named the Midwest Region Coach of the Year once. Before coaching at Dordt University, Wolf started the track & field and cross country programs at NCAA DII Southwest Minnesota State University, where he had a second-team All-American in track & field in his second year. Prior to his time at Southwest Minnesota State University Wolf spent nine years coaching track & field and cross country at Northwestern College (Iowa).



Andrea Fallon-Korb, Aspire Performance Coaching, Albany, NY: Fallon-Korb is the founder of Aspire Performance Coaching where she travels the country providing sport psychology consulting services for individuals, teams, and athletic departments. She has been providing mental toughness training since 2008, and also teaches at the State University of New York in Oneonta and conducts research exploring the disconnection between college coaches and athletes around mental toughness, with the ultimate goal of bridging the gap to help athletes perform at a higher level. Prior to founding Aspire, she coached both basketball and volleyball at the collegiate level. Fallon-Korb attended Carleton College and earned her B.A. in psychology. As a student-athlete she was a 4-year letter winner in basketball and helped lead Carleton to three MIAC Conference titles. Andrea also earned an M.Ed. in Sports Psychology from the University of Minnesota, an M.S.W. with an emphasis in clinical social work from Boston University, and is a New York State Licensed Masters' of Social Work (L.M.S.W.).



Dustin Llewellyn, Doane University, NE: Coach Llewellyn just completed his first year at Doane University where he worked alongside head cross country coach Brad Jenny and head track & field coach Ed Fye to continue the success of Doane's impact within the GPAC Conference and nationally. Dustin's expertise is in distance training. Prior to arriving at Doane, Coach Llewellyn co-founded Nebraska Elite Track Club (NETC), which is a non-profit track club whose mission is to serve and enhance distance running and everything in track & field in Nebraska. In addition, he served as head cross country and girl's track & field coach at Millard South High School in Omaha, NE from 2008-2015. Each summer Dustin hosts two cross country camps in Colorado, with some of the *nebraska coach*

best distance runners from across the state of Nebraska. These camps focus on training for peak performance and encompasses not just the physical demands of distance running, but the mental demands that it requires to reach your best. This has become the title of his presentations not just to student-athletes, but also coaches from across the state – Training for Peak Performance. With help from his wife Tamra, who has a PHD in Cellular Integrative Physiology, her science knowledge has allowed these two to speak to numerous high school groups and marathon groups on the science behind training and the practical application. They have two children, Luke and Kate.



Rod Murrow, JD, St. James Academy HS, KS; CYO of Johnson and Wyandotte Counties; Kansas MileSplit: Rod Murrow has coached distance runners for over 20 years ranging from elementary school through national-class post-collegians. He is currently the Director of Operations for CYO of Johnson and Wyandotte Counties in the Kansas City area, which has over 6,000 athletes in six sports, while also serving as an assistant coach at St. James Academy in Lenexa, KS. A writer for Kansas MileSplit, Murrow is author of numerous MileSplit articles, including Lighting the Way from Behind: A Lesson for Coaches and Parents, the most-read article on the MileSplit national network in 2018, with over one million views. Rod was a track & field and cross country letterman at Kansas State University where he was a pre-med major, graduating in 1987 with a degree in Life Science before opting for law school. He graduated from Washburn Law School in 1990 and practiced law for 24 years, during which time he represented numerous professional athletes and NFL coaches and front-office staffs. He served on the Board of Directors for the Hospital Hill Run for four years, including one term as board president, and is also a meet and race announcer. Rod and his wife Pat have two daughters, Anna and Sarah, and reside in Olathe, KS.

DANCE



Samantha Zust, Universal Dance Association, National Dance Alliance: Samantha is currently the Nebraska State Director for Universal Dance Association and National Dance Alliance. She has over 15 years of competitive dance experience and currently serves as the Head Coach of the Davenport West High School Dance Team in Davenport, Iowa. Sam also teaches all styles of dance to students age 3-18 at Studio A Dance Company in Davenport, Iowa, and serves as a Head Instructor and Choreographer for National Dance Alliance. She earned her undergraduate degree in Kinesiology from Iowa State University, her master's degree in Clinical Exercise Physiology from the University of Iowa, and the title of NDA National Champion in D1A Pom.



Tara Yantis, National Dance Association: Tara is a coach, choreographer, consultant and adjudicator based in Kansas City. She is passionate about growing programs and helping coaches discover, or re-discover, joy in their roles. Tara is in her 10th season as the Head Coach and Creative Director of the 3-Time National Champion Saint Thomas Aquinas Spirits Dance Program. For the last 12 years, Tara has taught across the country as a Head Instructor and adjudicator with NDA and is a recipient of NDA's Excellence in Leadership award, recognizing the top Head Instructor in the nation in the area of leadership, demonstrated by staff and customer surveys. She was the inaugural recipient of the NCA/NDA The Work is Worth It™ award, recognizing contributions to both the cheer and dance worlds and superior dedication throughout years of services to various entities of NCA/NDA, consistently going above and beyond for customers and staff. Tara was also the 2016 national delegate to London for NDA, facilitating performances for the London New Year's Day Parade seen by 300 million+ viewers worldwide. A graduate of Washburn University, Tara was captain of both the game day dance team and the national's competition team, leading her team to top 8 finishes in the country. She was also an arena football cheerleader for four years, serving as captain and choreographer for the team. Tara and her husband Brady welcomed their first son, Jack, in December and are also proud pup parents to Penny Lane. You can follow Tara on Instagram for inspiration and motivation @coachtara

FOOTBALL 11-MAN



Jeff Bryant, Fort Hays State University, KS: Coach Bryant completed his fourth season as the offensive coordinator at Fort Hays State in 2018, returning to the FHSU program after serving as an assistant coach for the Tigers in 2007 and 2009. Specializing in coaching the offensive line, Bryant helped the Tigers break the single season school record with 3013 rushing yards in his first year as offensive coordinator in 2015, becoming the first team in school history to reach the 3,000 mark. He helped the team to an appearance in the Mineral Water Bowl, the first postseason appearance for FHSU in 20 years. In 2016, the Tigers produced 4,594 yards of total offense using a more balanced attack with 2,727 passing yards and 1,867 rushing yards. The season culminated with a 45-12 win over Eastern New Mexico in the Heart of Texas Bowl, giving FHSU its first-ever win in a postseason game. In 2017, Fort Hays State set a new school record for wins in a season with 11, appeared in the NCAA Playoffs for the first time in 22 years, and earned the top seed in Super Region 3 after an undefeated regular season that netted the program's first MIAA Championship. From 2011-2014, Bryant served as the offensive coordinator and offensive line coach at Texas High School in Texarkana, TX, where he produced multiple all-conference first team linemen. He coached at the University of North Texas as the offensive line coach in 2010, guiding an offensive line that helped North Texas rank 22nd nationally in rushing offense. Bryant played three years collegiately at the University of Tulsa as an offensive lineman and was part of teams that claimed the Conference USA Championship, won the Liberty Bowl in 2005, and participated in the Armed Forces Bowl in 2006.



Austin Zoda, Fort Hays State University, KS: Coach Zoda completed his second year as an assistant football coach at Fort Hays State University in 2018, coaching tight ends for the Tigers. In 2019 he will be coaching the Quarterbacks. Zoda helped the Tigers to their best season in program history, going undefeated in the regular season to win the MIAA Championship before finishing at 11-1 overall. In the fall 2018 campaign, FHSU completed a successful season with a 9-3 record. Zoda had a tremendous career as a player at Truman State University, where he was a four-time All-GLVC selection (two-time first team and two-time second team) as a defensive back. He helped the Bulldogs to a share of the GLVC Championship as a senior in 2016. Zoda finished his career with an impressive 318 tackles, leading Truman in tackles three straight years (2014-16) with 95 as his career-best in his junior season. He finished sixth on the all-time tackles list at Truman, helping the team to a record of 26-17 overall in his time as a player, and was selected to the GLVC All-Academic Team. A native of Frisco, Texas, Zoda graduated from Truman State University in 2017.



Dan McLaughlin, Wayne State College, NE: Coach McLaughlin completed his 14th year as head football coach at Wayne State College in the fall of 2018. He is the all-time wins leader at Wayne State College and has a career record of 75-78 overall and 71-70 in the Northern Sun Intercollegiate Conference. Dan is the second-longest tenured coach in the NSIC, trailing only Winona State's Tom Sawyer (24 years), and has matched the longest tenured coach at WSC – Del Stoltenberg's 14-year tenure from 1969-82. Inheriting a struggling program when hired in 2005, McLaughlin turned Wayne State into a constant winner that included six straight winning seasons (2007-12), a feat never achieved in the program's 101-year history, while also earning the school's first-ever trip to the NCAA Division II playoffs in 2008. McLaughlin began his coaching career at Omaha Westside High School in 1979, serving as an assistant for three years. He had two other assistant football tenures at Millard South and Broken Bow. In 1987 McLaughlin was head coach when Broken Bow captured the Class B State Championship and finished the season 11-2. He then moved to Norfolk to lead the Panthers for seven years, compiling an overall record of 40 – 26 and capturing the Class A state championship with a perfect 12-0 season. McLaughlin then moved to Omaha and started the Millard West program. After an 0-9 first season (1995), three years later the Wildcats started a run of three state championship game appearances in four years. In 2001 Millard West won the Class A state championship, making McLaughlin the only head football coach in Nebraska state history to win state football championships at three different schools. Dan also had collegiate stops at the University of Nebraska in 2003 as a Graduate Assistant coach under Frank Solich, and as the Offensive Coordinator at Minnesota State - Mankato before landing at Wayne State.



Andrew Shanle, Cypress Ridge High School, TX: A graduate of St. Edward (NE) High School, Andrew played defensive back for the University of Nebraska. After graduating from UNL, Shanle was drafted as an unsigned free agent with the Chicago Bears, and later finished the 2007-08 season as a member of the Super Bowl Champion New York Giants. Andrew began his coaching career in 2008 with Brenham High School, TX. In 2012 he came back to Nebraska to serve as Director of Track & Field at Midland University. He later returned to Cypress Ranch High School and head coach Gene Johnson to resume duties as the program's defensive coordinator. A two-time Texas High School State Finalist (2009, 2014), Andrew was named Campus Athletic Coordinator and Head Football Coach on February 25 at Cypress Ridge High School. He and his wife Sarah have been married for 14 years and have three children – Brode, Bryson, and Emery.

FOOTBALL 8-MAN



Jeremy Christiansen, Fremont-Mills HS, IA: Coach Christiansen has been the head football coach at Fremont-Mills for the past 15 seasons. In addition to guiding the football program, Jeremy has also served as the grades 5-12 principal and athletic director for the past ten years. While at Fremont-Mills Christiansen led the Knights football team to an Iowa 8-Man State Championship in 2011 and finished as state runner-up in 2014. He has guided Fremont-Mills to the Iowa state semi-finals on six different occasions while finishing as district champions seven times. In 2010 he was named Iowa 8-Man Football Coach of the Year. Christiansen will serve as the Iowa High School Athletic Directors Association President during the upcoming 2019-2020 school year. Jeremy also coached the boys' track & field teams at Fremont Mills from 2004 to 2010, winning multiple conference and district titles. He and his wife Tara have three children – Harper, Carver, and Asher – and reside in Tabor, IA.



Travis White, Tipton HS, OK: Coach White has helped guide Tipton High School to the Oklahoma state final game in seven of his eight years coaching the Tigers, capturing the state titles in 2014, 2016, 2017 and 2018 as head coach. Prior to becoming the head coach, Travis served as defensive coordinator, during which time the Tigers were state champs in 2012 and finished runner-up in 2011 and 2013. White received Oklahoma Class C 8-Man Coach of the Year honors in 2014, 2016 and 2018, and holds a career record of 60-7 as the Tiger's head coach. Travis graduated from Tipton High School in 2005 and went on to receive a degree from Cameron University in 2009. His high school coaching career started at Fletcher High School as a basketball and softball coach, before returning to his hometown in 2011. In 2018, White was recognized as one of the Top-15 nationwide US Cellular Most Valuable Coaches. This coaching honor yielded the Tipton Tiger Football program \$5,000.



Andrew Shanle, Cypress Ridge High School, TX: A graduate of St. Edward (NE) High School, Andrew played defensive back for the University of Nebraska. After graduating from UNL, Shanle was drafted as an unsigned free agent with the Chicago Bears, and later finished the 2007-08 season as a member of the Super Bowl Champion New York Giants. Andrew began his coaching career in 2008 with Brenham High School, TX. In 2012 he came back to Nebraska to serve as Director of Track & Field at Midland University. He later returned to Cypress Ranch High School and head coach Gene Johnson to resume duties as the program's defensive coordinator. A two-time Texas High School State Finalist (2009, 2014), Andrew was named Campus Athletic Coordinator and Head Football Coach on February 25 at Cypress Ridge High School. He and his wife Sarah have been married for 14 years and have three children – Brode, Bryson, and Emery.

FOOTBALL 6-MAN



Clint Linman, McLean HS, TX: Coach Linman owns a career record of 57-23 in seven years as a head coach. He guided the McLean Tigers to their first ever Texas state championship in 2018 and was named the Texas Six-Man Coach of the Year. Prior to coaching at McLean Linman spent four years as the head football coach at Anton, TX, returning a program to the playoffs that had gone 0-49 the previous five years. Clint and his wife Tamarah have two children, son Zade and daughter Nedah.



John King, Fleming HS, CO: John King completed his 27th year of coaching high school football in the Fall of 2018. He has served as head coach at Fleming High School for 21 of those years, amassing a 147-66 record during that time, and guiding his teams to four state title games and two state championships. He has also coached in the final four another eight times. He

and his wife Denise have been married 31 years, and they have three children – Michelle, Taylor, and Jaxon – and two grandchildren –Tylee and Sylar. Along with coaching, John farms and ranches in the Fleming, Colorado area.



Andrew Shanle, Cypress Ridge High School, TX: A graduate of St. Edward (NE) High School, Andrew played defensive back for the University of Nebraska. After graduating from UNL, Shanle was drafted as an unsigned free agent with the Chicago Bears, and later finished the 2007-08 season as a member of the Super Bowl Champion New York Giants. Andrew began his

coaching career in 2008 with Brenham High School, TX. In 2012 he came back to Nebraska to serve as Director of Track & Field at Midland University. He later returned to Cypress Ranch High School and head coach Gene Johnson to resume duties as the program's defensive coordinator. A two-time Texas High School State Finalist (2009, 2014), Andrew was named Campus Athletic Coordinator and Head Football Coach on February 25 at Cypress Ridge High School. He and his wife Sarah have been married for 14 years and have three children – Brode, Bryson, and Emery.

GOLF



Chad Lydiatt, Awarri Dunes Golf Club, NE: Chad Lydiatt has been the Director of Golf at Awarri Dunes Golf Club in Axtell, NE, since 2010. He also served stints as the University of Nebraska-Kearney men's and women's head golf coach. In 2017 Lydiatt was named the Nebraska Section PGA Teacher of the Year. Prior to arriving at Awarri Dunes, he served as the Head

Golf Professional at the Kearney Country Club and was a teaching professional at Wilderness Ridge Golf Club in Lincoln. Chad played professionally for five years on the Prairie Golf Tour, Hooters Tour, Dakota Tour, Nike Tour/Buy.com Tour, Nationwide Tour (fully exempt), Pepsi Tour and the Canadian Tour. Chad was a two-time NSAA high school state champion in boys' golf and went on to have a successful collegiate career at the University of Iowa as part of a Big Ten Championship team. In 1994 he was voted as the University of Iowa's Most Dedicated Player.



Brett Armstrong, Peak Physical Therapy & Sports Performance, NE: Brett Armstrong is a physical therapist in Lincoln, where he has been practicing for three years in sports and orthopedic rehabilitation. As a Titleist Performance Institute Certified Physical Therapist, Brett has obtained the skillset to assess

how a golfer's physical attributes will impact the efficiency of their golf swing. This allows him to recognize interventions that can be utilized to both improve performance and decrease risk of injury and pain. He has had the opportunity to utilize these skills in order to serve a wide range of golfers and rotational athletes from the junior to professional levels. The goal of his presentation is to provide coaches with a few tips and strategies to help their athletes develop the physical resources to create a powerful and efficient golf swing.



Aaron Aberson, Northwestern College, IA: Coach Aberson completed his ninth season as the head men's golf coach and 15th overall season as a part of the golf program in 2019. He spent two years as an assistant and four years as a player before becoming the head coach in 2010. Aaron also serves as the director of the golf facility in the Juffer Fieldhouse.

The Northwestern College graduate (2006), played four years (2003-06) for the Red Raiders, earning all-conference honors two years, as part of a men's golf team that qualified for regionals four straight years. Aberson has directed the Northwestern men's golf program to six GPAC Conference Championships, qualifying for the NAIA National Championships. The Red Raiders have been ranked/earned votes in the NAIA coaches' poll in seven of the last eight seasons, finishing 13th in the final poll in 2017 and 17th in 2013. His teams have captured over 35 team tournament championships. Aberson has been named the GPAC Coach of the Year six times while coaching three NAIA All-Americans, 10 NAIA Scholar Athletes, and four NAIA Scholar Teams.

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Andrea Fallon-Korb, Aspire Performance Coaching, Albany, NY: Fallon-Korb is the founder of Aspire Performance Coaching where she travels the country providing sport psychology consulting services for individuals, teams, and athletic departments. She has been providing mental toughness training since 2008, and also teaches at the State University of New

York in Oneonta and conducts research exploring the disconnection between college coaches and athletes around mental toughness, with the ultimate goal of bridging the gap to help athletes perform at a higher level. Prior to founding Aspire, she coached both basketball and volleyball at the collegiate level. Fallon-Korb attended Carleton College and earned her B.A. in psychology. As a student-athlete she was a 4-year letter winner in basketball and helped lead Carleton to three MIAC Conference titles. Andrea also earned an M.Ed. in Sports Psychology from the University of Minnesota, an M.S.W. with an emphasis in clinical social work from Boston University, and is a New York State Licensed Masters' of Social Work (L.M.S.W.).

SOCCER



Amber Ashcraft, La Cueva HS, NM: Coach Ashcraft has been the LCHS girls' soccer coach for 21 seasons. Prior to coaching, Amber played soccer at La Cueva and won two state titles with the Bears in 1991 and 1992. Coach Ashcraft has a career record of 404-72-2., ranking her as one of the top ten winningest girls' high school coaches in America. She has led her team to

nine state championships in a program with 16 total state championships, the most in New Mexico history. Her teams have advanced to the semi-finals 20 of her 21 years at the helm, and she has led her teams to the state championship game for the last four years. This past year Coach Ashcraft was the recipient of the 2018 National Soccer Coach of Year by the National High School Athletic Coaches Association (NHSACA). She was named a finalist for this award in 2006 and 2014. Selected as New Mexico Coach of the Year eight times, in 2012 Amber was the Rocky Mountain States and National Finalist for Coach of the Year with the United Coaches Association. In 2013 Coach Ashcraft was on the All-American Coaching staff. A History and Political Science graduate from the University of New Mexico, Coach Ashcraft shows the love she has for the game by mentoring young athletes on and off the field. She expects her players to have heart and character when playing the game – the center stone of her program. Coach Ashcraft has two teenage boys, and four dogs, with her husband of 18 years. She is also grooming the next generations of high school players by coaching a U-13 girls club team.



Jason Pendleton, University of Central Missouri & Metro United Soccer Club: Coach Pendleton completed his second season with the Central Missouri Women's soccer program as a volunteer assistant coach in 2018. Prior to joining the Jennies, he was a volunteer assistant at Baker University, and was the head boys' and girls' soccer coach at Blue Valley Southwest HS, KS. Jason coached at the high school level for 23 years. He led the Blue Valley Southwest boys' soccer team to an undefeated season, going 20-0-1, capturing a state championship in 2017 and finishing the season number 4 in the country in the United Soccer Coaches Poll. His girls' team was also unbeaten, going 19-0-1 and won its second straight state championship in 2018, finishing the year ranked fifth in the US. In 2017, Pendleton help guide Central Missouri to a perfect 26-0 season as they won the program's first ever National Championship. He was named as a member of the United Soccer Coaches National Coaching Staff of the Year and was a member of the United Soccer Coaches Central Region Coaching Staff of the Year. In his lone season with Baker, Pendleton help guide the team to an appearance in the NAIA Final Four. Prior to joining Blue Valley in 2010, Pendleton was at Free State HS in Lawrence, KS from 1999-2000. He has been named the NSCAA Kansas HS Coach of the Year three times (2011, 2014, 2017), NSCAA Midwest Region Coach of the Year in 2011, and the National Federation of High Schools Midwest Region Coach of the Year in 2015. Pendleton also serves as a National Staff Coach for United Soccer Coaches (formerly NSCAA) and has been the Technical Director for KC Fusion at the club level since 2013. He has presented at the NSCAA National Convention on four separate occasions and has been with the organization as a coach since 2008.



Jessica Smith, Kansas State University: Coach Smith completed her third season on the sidelines for Kansas State in the Fall of 2018. She joined head coach Mike Dibbini's inaugural coaching staff in January of 2016, following four seasons at Kansas, and was promoted to associate head coach in October of 2018. Smith oversees K-State's offensive attack and works with the

student-athletes on their offensive games. Her coaching duties for the Wildcats include practice preparation, team offensive development, university-community engagement and recruiting evaluation. Smith holds a US Soccer Senior A License, which she attained in 2018. Jessica served as an assistant coach on the Kansas staff from 2011 until 2015, where she helped guide the program to a pair of NCAA Tournament appearances in 2011 and 2014 and a trip to the Big 12 Conference tournament final in 2015. Under Smith's guidance, the Jayhawks' offense tallied 35 or more goals in four seasons, and the 2011 team registered one of the top offensive seasons in program history. In 2013, Smith was selected as one of 15 women by the National Soccer Coaches Association of America (NSCAA) for their inaugural 30-Under-30 Coaching Program for rising coaches. Before she joined the KU coaching staff, Smith coached at various levels in the Kansas City Metro area, including as a varsity assistant coach for both the boys' and girls' teams at Olathe Northwest High School. During her time at ONWHS, she helped guide the Lady Ravens to back-to-back region championships in 2008 and 2009, while assisting with the Ravens' boys' regional championship team in 2007. Smith played in 83 career games for the University of Kansas and was team captain in 2005. She was a two-time Academic All-Big 12 selection and helped the Jayhawks win the Big 12 regular season title in 2004, graduating from KU in 2006 with a degree in sports and fitness management. Jessica was an NSCAA All-American at Wichita Southeast High School and is the program's all-time leading scorer. At the end of her senior season in 2002, Smith was named Miss Soccer for the State of Kansas and was selected the Kansas Gatorade Player of the Year.

SOFTBALL



Amanda Buchholz, DePaul University: Coach Buchholz, a Lincoln North Star HS and University of Nebraska alum, is completing her first year as an assistant coach for the Blue Demons of DePaul. Her previous coaching stints have been at the University of Pittsburgh and Ohio State University. At Pittsburgh she aided in coaching the Panthers to their first ACC

Costal Division Championship as the defensive specialist. Buchholz served as assistant coach for the Buckeyes from 2013-2017 where she helped guide Ohio State to five 30-win seasons. The Buckeyes had a defensive fielding percentage of .947 in 2016 under her guidance. She coached at Miami University from 2009-2012 after serving as a volunteer coach for the Huskers. Amanda had 235 career starts as the shortstop for the University of Nebraska from 2000 to 2003. In 2000 she helped the Huskers to a Big 12 Conference Championship while earning First-Team Big 12 honors.



Amanda Eberhart, University of Nebraska-Omaha: Coach Eberhart was named head softball coach for Omaha in the summer of 2018. She joined the Mavericks after spending two seasons as an assistant coach at Purdue where she coached two All-Big Ten and two all-region selections and helped the Boilermakers to a pair of Big Ten conference tournament

appearances. Before joining the Purdue staff, Eberhart spent four seasons as the head coach at IUPUI, leading the Jaguars to a 95-108 record and the Summit League Tournament championship game in 2016. Prior to IUPUI, Eberhart served as an assistant coach at Indiana and North Carolina State, and as a volunteer assistant at Northwestern (twice) and her alma mater Illinois-Chicago. Eberhart got her start in collegiate coaching as a volunteer assistant at Illinois-Chicago, helping the Flames to a 40-27 record in 2005 while also working as a private hitting instructor in Chicago.



Travis Owen, University of Minnesota-Crookston: Travis Owen is completing his first season as head coach for the Minnesota-Crookston softball program, after previously spending two seasons as an assistant coach at University of Northern Colorado. He helped the Bears earn 48 wins during his tenure as assistant coach, after Northern Colorado had won just nine

games the season prior to Owen's arrival. Before arriving in Greeley, Owen served as an assistant coach for one season at Division I Radford University, where he helped propel the softball team to a 23-win improvement, a mark that was tops among Division I schools. Prior to his three years as a Division I

assistant, Owen spent a year coaching and playing fast-pitch softball in New Zealand. He previously served as the head coach for one season at Lyon College, a NAIA school in Batesville, Arkansas, helping lead the team to their third-best finish in school history in 2013. Owen also spent two years at Northern State as an assistant coach, guiding the Wolves to a 10-win improvement as they finished with 24 victories on the 2012 season.

TENNIS



Mike Baugh, Calvary HS, FL: Mike is currently the Associate Director of Tennis at Countryside Country Club and serves as head boys' & girls' tennis coach at Calvary High School in Clearwater, Florida. Originally from Southern Indiana, Mike played Division I tennis for the University of Evansville & Oakland City University before graduating with a degree in Biology in '06 and a Master's in Business Management in '07. He has held rankings as high as #1 in Central Indiana and #5 in the Midwest Section and currently holds a 5.5 NTRP player rating. In addition to coaching at Countryside, Baugh is the USPTA Florida Tampa President, USPTA U30 National & Florida Committee Chair, USPTA Florida Communication Committee member, on the USPTA Adaptive Tennis and Marketing National Committees, USTA FL Region 3 (Tampa) Youth Tennis contact, FACA Tennis Chairman & on the FHSTA Board of Directors. He was awarded the 2015 USPTA Florida Lee County District Pro of the Year, 2016 USPTA Florida u30 Pro of the Year, 2017 USPTA Florida St. Pete District Pro of the Year, 2017 News-Press Girls High School Coach of the Year, and 2017 USPTA Florida High School Coach of the Year Awards. Mike has been listed as a Top 10 Coach nationally by the USPTA for four straight years. He holds certifications of USPTA Elite Professional with APC, PTR Professional Coach, USTA High Performance Coach, Cardio Tennis Licensed Level II, ITPA Certified Tennis Performance Specialist, ICI Professional Level Coach, Master Racquet Technician, Positive Coaching Alliance Certified, & FHSTA Master Level Coach.



Peggy Holecek, Glenbrook North HS, IL: Coach Holecek has been teaching Broadcasting at Glenbrook North HS since 1992, has been coaching the girls' tennis team since 2004, and was named head coach of the tennis program in 2010. She has won multiple Conference Titles and Sectional Championships and has taken girls to the IHSA State Tennis Tournament every

year. In 2016, Coach Holecek was selected by the National High School Athletics Coaches Association as the National Tennis Coach of the Year. In addition to coaching tennis, Coach Holecek has coached track & field since 1995 and was the head coach of the Tennaqua Swim Team, an age group summer swim team for swimmers 15 and under, from 1993 to 2004.



Andrea Fallon-Korb, Aspire Performance Coaching, Albany, NY: Fallon-Korb is the founder of Aspire Performance Coaching where she travels the country providing sport psychology consulting services for individuals, teams, and athletic departments. She has been providing mental toughness training since 2008, and also teaches at the State University of New

York in Oneonta and conducts research exploring the disconnection between college coaches and athletes around mental toughness, with the ultimate goal of bridging the gap to help athletes perform at a higher level. Prior to founding Aspire, she coached both basketball and volleyball at the collegiate level. Fallon-Korb attended Carleton College and earned her B.A. in psychology. As a student-athlete she was a 4-year letter winner in basketball and helped lead Carleton to three MIAC Conference titles. Andrea also earned an M.Ed. in Sports Psychology from the University of Minnesota, an M.S.W. with an emphasis in clinical social work from Boston University, and is a New York State Licensed Masters' of Social Work (L.M.S.W.).

TRACK & FIELD



Adam Kedge, Albuquerque Academy, NM: Coach Kedge's teams have amassed an amazing 30 New Mexico State titles in the past 21 years. Since the spring of 1999 Kedge's teams have finished no lower than 3rd place at the state championships, in both track & field and cross-country, for a total of 50 state trophies in the past 21 years. Kedge's 14 State titles in track

& field include 91 individual or relay champions. He coached All-American and Gatorade National Track & Field Athlete of the Year Curtis Beach to three National Records, and in 2018 Coach Kedge was named the Boys' Track &

Field National Coach of the Year by the National High School Athletic Coaches Association (NHSACA). His boys' cross-country teams have not finished lower than 2nd at the New Mexico State XC meet in over 20 years. Recently named head coach for the girls' squad, Kedge's teams have now placed in the top two at state for the past six years. The boys of Albuquerque Academy were ranked #1 nationally by The Harrier High School Cross Country Report in the fall of 2007. The Chargers have competed in five Nike Cross Nationals, an event held annually in Portland, Oregon. Academy harriers of both genders have been individual state champs, Gatorade Runners of the Year, as well as Foot Locker and Nike Cross All-Americans. In 2011 Adam was named the National High School Coaches Association (NHSCA) Cross-Country Coach of the Year, and in the spring of 2017 Coach Kedge was inducted into the New Mexico Sports Hall of Fame.



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Daniel Flahie, Mount Marty College, SD, MSED, CSCS, FMS: Daniel Flahie is currently the program director and instructor of Exercise Science & Health and a volunteer assistant track & field coach at Mount Marty College. He also works as a personal trainer at Fitness 365 in Yankton, SD, and is a remote online trainer. Daniel has worked with the Mount Marty track & field team for the past two years, during which time they have broken over 20 school records, had the two highest finishes for the male team in indoor school history (7th in 2018, and 4th in 2019), and have had 4 All-American performances. Daniel holds both Bachelors' and Masters' Degrees in Exercise Science and is currently pursuing a PhD in Health & Human Performance with a focus in Gerontology. He is a Certified Strength and Conditioning Specialist (CSCS), Certified Speed and Agility Coach (CSAC), Functional Movement Screen Level 1 (FMS), Y-Balance Test (YBT), and is Reflexive Performance Reset Level 2 (RPR) Certified. Daniel has several years' experience as a personal trainer and strength coach and has been published numerous times in the Nebraska Coaches Magazine and the National Strength and Conditioning Association's personal training quarterly, among others. He is also the co-host of the "Die Healthier Podcast" available on iTunes and GooglePlay. You can follow and connect with him on Twitter @danielflahie.



Mike Parker, Iowa City West HS, IA: Coach Parker completed his 22nd season as the Iowa City West girls' track & field head coach and his 24th year as the Iowa City West girls' cross country head coach during the 2018-19 school year. He has brought the Iowa City West girls track & field and cross country teams to conference, regional, state and national prominence over his 24 years at the helm, having won 11 State Championship team titles (six track & field and five cross country), 32 Regional Championship team titles (16 track & field and 17 cross country), and 36 Mississippi Valley Conference Championship team titles (17 track & field and 19 cross country). Parker ranks 3rd all-time in most track & field team state titles by one coach, and 4th most all-time in cross country by one coach. He also has collected nine state championship runner-up trophies along the way. Parker has coaching experience in all events in track & field – his focus has always been on finding success with a well-balanced team. During his tenure the Women of Troy have set new school records in 18 of the 19 events, set nine all-time state championship records, three Drake Relays records, four Iowa all-time best records and had three different girls set Iowa all-time records in cross country. His teams have also held both the track & field and cross country state championship scoring records. His 2004 cross country team qualified for the prestigious Nike Cross Country National Championships and placed 10th, the best finish ever by an Iowa high school team. Parker has been recognized by his peers at the highest level, selected as the Girls

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Track & Field National Coach of the Year by the National High School Coaches Association in 2018. At the state level Parker has been selected the Iowa High School State Coach of the Year or the At-Large Coach of the Year 32 times by the Iowa Association of Track Coaches. The Mississippi Valley Conference coaches have selected Parker as the M.V.C Coach of the Year 26 times (12 track & field and 14 cross country). Parker ran collegiately at the University of Kansas for the legendary coach Bob Timmons and had the opportunity to train with and learn from America's greatest distance runner, former world record holder and Olympic silver medalist Jim Ryun. When he is not at practice or a meet with his West High teams, he enjoys another career passion – motivational speaking. As a successful motivational speaker, consultant and success coach, he has been delivering his highly motivational and inspirational presentations for over 15 years to large corporations, small businesses, high schools, colleges and a wide variety of organizations. You can check out his motivational speaking website at www.Mike-Parker.com. Mike and his wife Brenda have a 7-year old daughter, Sofia.

VOLLEYBALL



Valerie Armstrong, Midwestern State University, TX: Coach Armstrong, a western Nebraska native and graduate of South Platte HS, completed her first year in a rebuilding effort for the Midwestern State Volleyball program in 2018. Prior to her arrival to north Texas, Armstrong constructed a successful program at Vernon Junior College where she served as head coach for four seasons from 2009-12. The Chaps improved from 7 wins to 13 to 17 before producing one of the program's top campaigns in 2012 posting a 32-7 mark as NJCAA Region V runners-up, ending the year ranked 15th nationally. Armstrong accepted an assistant's position at Alabama State in 2013. The Hornets produced a program record 25 wins sweeping eight matches in the Southwestern Athletic Conference (SWAC) to earn their first NCAA Division I tournament bid. Armstrong spent the last four seasons as the top assistant at Binghamton (NY). The Bearcats advanced to America East postseason play in each of her four seasons on staff reaching the finals in 2017. Valerie began her coaching career as an assistant at NAIA University of the Southwest in Hobbs, NM in 2007 before taking her first head coaching job at Colby (Kan.) Community College in 2008.



Andrea Fallon-Korb, Aspire Performance Coaching, Albany, NY: Fallon-Korb is the founder of Aspire Performance Coaching where she travels the country providing sport psychology consulting services for individuals, teams, and athletic departments. She has been providing mental toughness training since 2008, and also teaches at the State University of New York in Oneonta and conducts research exploring the disconnection between college coaches and athletes around mental toughness, with the ultimate goal of bridging the gap to help athletes perform at a higher level. Prior to founding Aspire, she coached both basketball and volleyball at the collegiate level. Fallon-Korb attended Carleton College and earned her B.A. in psychology. As a student athlete she was a 4-year letter winner in basketball and helped lead Carleton to three MIAC Conference titles. Andrea also earned an M.Ed. in Sports Psychology from the University of Minnesota, an M.S.W. with an emphasis in clinical social work from Boston University, and is a New York State Licensed Masters' of Social Work (L.M.S.W.).



Tom Pingel, Former High Performance Director – USA Volleyball: Tom Pingel served as the Director of the High Performance Department of USA Volleyball from 1999-2018. During this time, Tom advanced Boys' & Girls' Youth and Junior National Teams into being among the top ranked teams in the FIVB on an annual basis. Tom accompanied many USA programs to international competitions including the USA Women to the 2002 World Championships, the 2003 Pan American Games and the 2004 Olympic Games. Prior to his time at USA Volleyball, Pingel was the founder and Club Director of Circle City Volleyball Club in Indianapolis. He also coached the 18-1 team to 3 medals at the USA Girls' Junior National Championships. Tom served as the head coach at IUPUI from 1991-1992, compiling a 70-7 record and NAIA national runner-up finish in 1991 and earning NAIA National Coach of the Year honors.



Kirsten Bernthal Booth, Creighton University: Coach Booth completed her 16th season at Creighton last fall with a 346-165 overall record. She's led Creighton to five straight BIG EAST titles, and six league crowns in the last seven years. Booth led the Bluejays to their first two Sweet 16's (2015, 2016) and first Elite Eight (2016) in program history. In 2016 she was

recognized as VolleyballMag.com National Coach of the Year, BIG EAST Coach of the Year and AVCA East Region Coach of the Year. The winningest coach in school history, Booth has taken Creighton to its only NCAA Tournament bids in the program's modern history. She's also coached CU into the top-25 each of the last seven years, another program first. Booth came to Creighton after going 112-41 in three years at Kirkwood Community College in Cedar Rapids, Iowa. A native of Lincoln, NE, Booth played volleyball at Truman State, where she was named conference MVP, an Academic All-American, and Missouri's 1997 NCAA Woman of the Year. She ranked third in Division II history with 6,077 assists when she graduated. Booth played prep volleyball at Lincoln East High School, where she was also a two-time #1 singles champion in tennis and is a member of their High School Athletic Hall of Fame.

WRESTLING



Chad Parks, Shawnee Heights HS, KS: Coach Parks has been the head wrestling coach at Shawnee Heights High School in Topeka, KS, since 2005. During his tenure with the Thunderbirds, he has been named the 2018-2019 League Coach of the Year, 2017-18 Class 5A State Wrestling Coach of the Year, the Class 5A Regional Wrestling Coach of the Year (five times)

and the Topeka City Coach of the Year (three times). Chad has coached 164 state qualifiers, 15 state finalists, eight state champions and 42 state placers. His teams have earned a dual record of 149-62 and have averaged an over 80% win by pin rate for over a decade. A standout wrestler himself, Chad earned recognition as a college All-American and was a three-time Academic All-American while wrestling at Missouri Valley College, Labette College, and Fort Hays State University. In addition to coaching, Chad has served as a wrestling clinician throughout the Midwest, completed several professional speaking engagements, serves as a minister, and is the author of the recently published Amazon #1 Best Seller "Game Changing Moves: Life Lessons from the Locker Room and Beyond." Chad and his wife Laurie, a state championship-winning softball coach, have four children – Kate, Ally, Luke, and Jake.



Andrea Fallon-Korb, Aspire Performance Coaching, Albany, NY: Fallon-Korb is the founder of Aspire Performance Coaching where she travels the country providing sport psychology consulting services for individuals, teams, and athletic departments. She has been providing mental toughness training since 2008, and also teaches at the State University of New

York in Oneonta and conducts research exploring the disconnection between college coaches and athletes around mental toughness, with the ultimate goal of bridging the gap to help athletes perform at a higher level. Prior to founding Aspire, she coached both basketball and volleyball at the collegiate level. Fallon-Korb attended Carleton College and earned her B.A. in psychology. As a student-athlete she was a 4-year letter winner in basketball and helped lead Carleton to three MIAC Conference titles. Andrea also earned an M.Ed. in Sports Psychology from the University of Minnesota, an M.S.W. with an emphasis in clinical social work from Boston University, and is a New York State Licensed Masters' of Social Work (L.M.S.W.).



Brett Hunter, Chadron State College, NE: Brett Hunter, a former wrestler and graduate assistant coach at Chadron State College, led the Eagles to new heights as the head coach by amassing a career dual record of 55-39 over seven seasons. Hunter's winning percentage of .585 includes seven consecutive years qualifying at least one wrestler for the NCAA Championships.

Prior to Hunter's turn as head coach, the last time the Eagles finished with a winning dual record was 2009, which was Brett's senior season in a CSC singlet. Hunter has coached three All-American wrestlers and is a motivated recruiter, hosting several successful wrestling camps. He began his head coaching career as an interim head coach for the 2012-13 season following the retirement of Dr. Scott Ritzen. Prior to being named as the interim head coach, Hunter served as a graduate assistant under Ritzen for two years and was a student assistant coach the year before that. He is one of the all-time great wrestlers to compete at Chadron State, holding the school's only repeat national championship – winning

at 165 and 174 pounds in 2007 and 2009 – and he has the most wins in school history with a record of 133-32.



Mike Denney, Maryville University, MO: Coach Denney was named the Maryville University wrestling coach in the summer of 2011 after spending 32 years at the University of Nebraska-Omaha. In 2019, Maryville capped off the season with seven NCAA Division II qualifiers. The Saints finished 12th at the 2019 national championships with three All-Americans. During

Denney's last eight years at UNO, his teams had won three consecutive NCAA Division II National Championships and six of the last eight. Denney was named the 2011 InterMat Coach of the Year, recognizing the top college wrestling coach across all NCAA divisions. He was named the NCAA Division II Wrestling Coach of the Year in 1981, 1991, and 2009, and possesses a career dual record of 339-123-5. During a stretch, Denney claimed seven national titles – his first in 1991, three in a row from 2004-2006, and then three more in a row from 2009-2011. UNO finished in the NCAA Division II top 10 for all but one season during his tenure. Included in that run are 23 top 3 finishes and 27 top 5 placements. Thirteen of the last 16 NCAA Division II National Wrestling Championships have been won by Coach Denney or by one of his former athletes. (Marc Bauer, University of Nebraska-Kearney & Steve Costanzo, St. Cloud State, MN).

JUNIOR HIGH BASKETBALL – TEACHING FUNDAMENTALS



Russ Ninemire, Douglas County West HS, NE: Ninemire is one of the most successful girls' basketball coaches in Nebraska prep history, compiling nearly 600 career wins while winning a historic 10 State Championships at Sandy Creek High School. Russ was honored by the National High School Athletic Coaches Association (NHSACA) in 2018 as the National Girls' Basketball

Coach of the Year – the highest career honor bestowed by NHSACA. Russ, a long-time NCA Board of Director and President in 2017-18, was selected as a head coach for the McDonald's National All-American All-Star Game in 2017. He has been selected by his peers as the NCA Girls' Basketball Coach of the Year across all classes twice and was recognized by both the Omaha World-Herald and the Lincoln Journal-Star as the girls' state-wide prep coach of the year for all sports in 1997. Russ was a 2018 Nebraska High School Sports Hall of Fame inductee for his coaching career accomplishments. Ninemire plans to return to the head coaching ranks for the 2019-2020 season as the Douglas County West HS girls' basketball coach.

JUNIOR HIGH FOOTBALL – TEACHING FUNDAMENTALS



Matthew Ratliff, Cypress Ridge HS, TX: Coach Ratliff serves as the Cypress Ridge Rams Offense Coordinator in the Houston, Texas area. Entering his 9th season as offensive coordinator in Texas high schools, Matt coached at various schools across Texas, including Henderson High School, Summer Creek High School, and Oak Ridge High School. He is a graduate of

Texas Tech University where he worked for the football team while earning his undergraduate degree. He has made stops at Hardin-Simmons University, Arizona Western Community College, and University of Louisiana at Monroe along the way before moving back to Texas to teach and coach at the high school level. He was named the offensive coordinator at Cypress Ridge High School on March 21st. Matt and his wife Kelly have been married for ten years and have four children – Gage, Grant, Tice, and Chaney.



Andrew Shanle, Cypress Ridge High School, TX: A graduate of St. Edward (NE) High School, Andrew played defensive back for the University of Nebraska. After graduating, Shanle was drafted as an unsigned free agent with the Chicago Bears, and later finished the 2007-08 season as a member of the Super Bowl Champion, New York Giants. Andrew began his coaching

career in 2008 with Brenham High School, TX. In 2012 he returned to Nebraska to serve as Director of Track & Field at Midland University. He later returned to Cypress Ranch High School and Head Coach Gene Johnson to resume duties as the program's defensive coordinator. A two-time Texas High School State Finalist (2009, 2014), Andrew was named Campus Athletic Coordinator and Head Football Coach on February 25 at Cypress Ridge High School. He and his wife Sarah have been married for 14 years and have three children – Brode, Bryson, and Emery.

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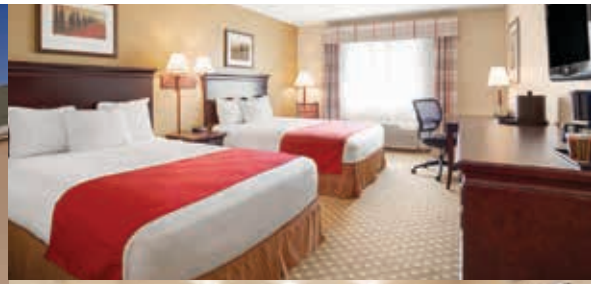
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**CLASS B
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**CLASS C
SCHOOL**
\$450

**CLASS D
SCHOOL**
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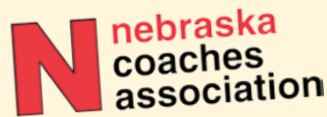
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<http://www.balfour.com/>

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2019 – 2020 NCA Membership / Clinic Registration Instructions

Nebraska Coaches Association

***ON-LINE REGISTRATION OPTION for membership renewal and clinic registration.
OPENS MAY 1, 2019***

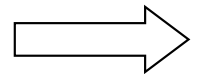
ON-LINE OPTION INSTRUCTIONS:

1. Go to www.ncacoach.org.
2. Locate the link for on-line registration in the upper right-hand column on the home page.
3. Click on the link, this will take you to the registration page.
4. Complete the on-line registration form in its ENTIRETY – PLEASE UPDATE ANY CHANGED INFORMATION.
5. You will be directed to either continue to a CREDIT CARD payment screen, or to PRINT the form and MAIL WITH PAYMENT.
6. You will receive an email confirming your registration. If you choose to pay with a credit card, your registration will be complete. If you choose to mail in your printed form, your registration will be complete when the NCA receives payment.
7. **If your school pays for all or part of your membership or clinic registration**, you may complete the form, print, and give to your Athletic Director to complete the registration process.

SPECIAL INSTRUCTIONS:

- If paying by credit card, DO NOT CLICK “SUBMIT PAYMENT” MORE THAN ONCE.
- If you register for membership only, then later wish to sign up for the clinic, you will not be able to do this on-line. Call the NCA (402-434-5675) office or mail in a registration form indicating you are already a 2019-2020 member and registering for clinic only.

MAIL-IN OPTION INSTRUCTIONS:



Please complete the registration form found on page 43 (or download from the NCA homepage) and mail with payment to:

NCA
500 Charleston St, Ste 2
Lincoln, NE 68508

If you wish to purchase the NCA Gold Card with your membership renewal, please mark the appropriate box and include this amount with your payment.

GENERAL REMINDERS:

If you are a FIRST-YEAR coach (to the profession of coaching), you may attend clinic for free with a paid membership.

If you are a COLLEGE STUDENT -OR- COACHING OUT OF STATE, you may join the association for free (no insurance offered) but you must pay to attend clinic.

As a reminder, the 2019-2020 membership year will begin July 23, 2019 and run up to the day before the 2020 Multi-Sport Clinic (July 20, 2020).



2019-2020 NCA MEMBERSHIP REGISTRATION

Complete this form in its ENTIRETY and mail with your check to:

NCA
500 Charleston Street, Ste. 2
Lincoln, NE 68508

Name:

Gender: Male Female

Date of Birth: / /

NSAA High School:

**Middle School/
College/Youth Org/Club:**

Home Address: (Please do not enter school address)

City, State Zip: ,

Phone: () - **E-mail:**

Check here if **FIRST TIME COACH** (clinic fee waived)- OR - Enter # of years in coaching/administration through 2018-2019:
Coaching Assignments 2019-2020:

SPORT	HS VARSITY		HS NON-VARSITY		MIDDLE SCHOOL		YOUTH/CLUB		COLLEGE	
	Head	Asst	Head	Asst	Head	Asst	Head	Asst	Head	Asst
Boys Cross-Country	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Cross-Country	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Football	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Golf	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Softball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Tennis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Volleyball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Basketball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Basketball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Swimming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Swimming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wrestling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Baseball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Golf	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Soccer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Soccer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Tennis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Track and Field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Track and Field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cheer/Dance (Circe 1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bowling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Administrative Assignments 2019-2020: Please indicate any administrative positions you hold for 2019-2020 for this high school.

- Athletic Director Assistant Athletic Director Activities Director Principal Assistant Principal Superintendent
- Registrant is a **Past President of the NCA Board** (membership fee waived).
- Registrant is a **College Student -OR- Coaching Out-of-State** (membership fee waived).

FEES:

NCA Membership: \$45.00
Clinic: NCA Membership Required **\$50** Early: 5/1 to 5/31 **\$60** Regular After 5/31 Cheer/Dance 1 Day Clinic ***\$25** Early: 5/1 to 5/31 ***\$30** After 5/31

Additional Option: NCA Gold Card **\$20** (Must be Purchased by 10/1) Yes, I would like to attend the **FREE** NCA & NSEA Teacher & Coach Mentoring Program Luncheon: Tuesday, July 23 at the clinic.

Total Amount Due: \$

Credit Card Number:
 (Mastercard, VISA, Discover)

Expiration Date: (Mo/Yr) /

Signature: _____

CVV 3-Digit Code on Back of Card:

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2019 – 2020 Online Membership & Clinic Registration Information Inside
See pages 42 – 43

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