

## ATHLETIC DIRECTORS

Library unless otherwise noted



### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:00 a.m.  
9:10 a.m. – 9:40 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Shellie McClintock & Alex Carlson, ARYSE: Why Athletes Need Better Bracing Technology

Tim Preuss, Concordia University-Nebraska: Overview of MA in Coaching & Athletics Administration & MS in Coaching & Exercise Sciences (Program Partnered with NIAAA)

**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team, Main Gym**

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Round Table Discussion-Facilitated by the NSIAAA & Ian Ray, rSchool Today: New Uses of rSchool in Nebraska by ADs & Conferences

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

NSIAAA Round Table Discussion: Focus on Activities – Recognition, Scheduling, Sharing Participants

Moderators: Ryan Hogue, Dallas Sweet, Adam Boettcher and Mike Brockhaus

9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know

NCA District Meetings with Elections & Major Raffles

NSIAAA Round Table Discussion: Focus on Athletics – Classifications, Scheduling, Bowling, Girls Wrestling

Moderators: Mike Brockhaus, Jack Tarr, Jordan Cudney and Alan Frank

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

John Wirtz, Hudl, Co-Founder: Coaching and Technology Trends

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

NIAAA LTI 501 - Athletic Administration: Guiding Foundations & Philosophies – Overview for ADs (Required for CAA Certification) FREE to new Athletic Directors or \$100 for NSIAAA Members, \$110 Non-Members, register online at [www.nsiAAA.org](http://www.nsiAAA.org)

9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.

10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:00 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:00 p.m. – 6:00 p.m.

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:00 a.m. – 12:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NIAAA LTI 502 - Athletic Administration: Strategies for Organization & Management (Required for CAA Certification)

Cost is \$100 for NSIAAA Members, \$110 Non-Members, register online at [www.nsiAAA.org](http://www.nsiAAA.org)

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

8:30 a.m. – 10:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

## BASKETBALL

Main Gym unless otherwise noted

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Haley Lauterbach, Hudl Workshop: The Best Ways to Use Video & Data

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards

**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Sundance Wicks, Missouri Western State University: Actions that Create the Art of Advantage (Downhill – Brush – Motion)

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Sundance Wicks, Missouri Western State University: Shooting Progression & Scoring with Your Feet

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic

Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Drew Olson, Concordia University, NE: Everyday Drills to Build a Higher Motor

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Drew Olson, Concordia University, NE: Full Court Pressure Defensive System – Part 1

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Drew Olson, Concordia University, NE: Full Court Pressure Defensive System – Part 2

9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Sherri Coale, University of Oklahoma, OK: Teaching & Training the WHEN – Presented by Baden Sports

Sherri Coale, University of Oklahoma, OK: Player Development – Presented by Baden Sports

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

## BOWLING-UNIFIED

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting, **A101**

**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Lindsay Chicoine, Fremont HS, NE & Panel Discussion: Building a Unified Bowling Program, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 1, **Sun Valley Lanes**

Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 2, **Sun Valley Lanes**

Lunch Break & Visit Exhibitors

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Annual Special Olympics Concussion Training, **D023**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

## CHEERLEADING

Partnership with Varsity *A102 unless otherwise noted*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
2:05 p.m. – 2:45 p.m.  
2:45 p.m. – 3:15 p.m.  
3:25 p.m. – 4:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nate Parks, Special Olympics Nebraska & Panel: How to Start a Unified Cheerleading Program

**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**

Lunch Break & Visit Exhibitors

Ashley Parnell, Varsity Brands: Creating a Vision for Your Program

Ice Cream Social – In Partnership with NSEA & Varsity Spirit Fashion Show, **A118A**

Joint Session for Cheer & Dance: Nebraska State Competition Update and Q&A, **A118A**

Ashley Parnell, Varsity Brands: Nebraska State Cheerleading Championship – Score Sheet Update (Category Scoring & How it Works)



## CROSS COUNTRY

*E119 unless otherwise noted*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nate Wolf, Dordt College, IA: Part Time Coach, Full-Time Sports Psychologist – Helping Athletes Manage Anxiety, Fears & Expectations

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards, with Track & Field **E117**

**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Nate Wolf, Dordt College, IA: Pattern & Progression – Taking Athletes From the Start to the Finish of Their Training

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Nate Wolf, Dordt College, IA: Answering Their “Way?” – Building Buy-In From Your Athletes to the Training & Team

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **Auditorium**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Dustin Llewellyn, Doane University, NE: Training for Peak Performance – Part 1

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Dustin Llewellyn, Doane University, NE: Training for Peak Performance – Part 2

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Rod Murrow, St. James Academy, KS: Coaching Parables: Wisdom Revealed Through the Power of Stories

Rod Murrow, St. James Academy, KS: The Career Arc of Female Distance Runners: When Will We Ever Learn?!

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

## DANCE Partnership with Varsity A103 unless otherwise noted



### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
2:05 p.m. – 2:45 p.m.  
2:45 p.m. – 3:15 p.m.  
3:25 p.m. – 4:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Samantha Zust, Varsity Brands: Nebraska State Dance Championship – Rulebook Review  
Samantha Zust, Varsity Brands: Nebraska State Dance Championship – Deductions Update  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**  
Lunch Break & Visit Exhibitors  
Tara Yantis, National Dance Association: How to Guild a Positive Culture  
Ice Cream Social – In Partnership with NSEA & Varsity Spirit Fashion Show, **A118A**  
Joint Session for Cheer & Dance: Nebraska State Competition Update and Q&A, **A118A**  
Tara Yantis, National Dance Association: Managing Your Program – Best Practices

## FOOTBALL 11-MAN Auditorium unless otherwise noted

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:30 a.m. – 9:45 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Jeff Bryant & Austin Zoda, Fort Hays State University, KS: How to Involve Your Running Backs in the Pass Game  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**  
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43  
Lunch Break & Visit Exhibitors  
Jeff Bryant & Austin Zoda, Fort Hays State University, KS: Keeping it Simple – The Fort Hays State Running Game  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Jeff Bryant & Austin Zoda, Fort Hays State University, KS: PA/Naked Concepts – Protections & Routes

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Rules Meeting  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**  
NCA District Meetings with Elections & Major Raffles  
Hudl: How Next Generation Coaches Identify Trends With Data, **Theater**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Lunch Break & NCA Sports Advisory Committee Meetings  
Dan McLaughlin, Wayne State College, NE: Things I've Learned Over the 40 Years of Coaching  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Dan McLaughlin, Wayne State College, NE: Offensive Line Play – The Key to Success

9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage  
Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures  
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**  
Final Clinic Drawings, **Main Gym**

11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

## FOOTBALL 8-MAN Theater unless otherwise noted

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:30 a.m. – 9:45 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
8-Man Football Coaches Roundtable Discussion  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium**  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**  
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43  
Lunch Break & Visit Exhibitors  
Jeremy Christiansen, Fremont-Mills HS, IA: Fremont-Mills 3-4 Defense & Zone Coverage  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Jeremy Christiansen, Fremont-Mills HS, IA: Fremont-Mills Offense – Winning the Numbers Game with Alignment & Motion

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Rules Meeting, **Auditorium**  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**  
NCA District Meetings with Elections & Major Raffles  
Hudl: How Next Generation Coaches Identify Trends With Data  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Lunch Break & NCA Sports Advisory Committee Meetings  
Travis White, Tipton HS, OK: Program Operations/Offensive Schemes  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Travis White, Tipton HS, OK: Weight Room/Defensive Schemes

9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

## FOOTBALL 8-MAN

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
  
11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage, **Auditorium**  
Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures, **Auditorium**  
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**  
Final Clinic Drawings, **Main Gym**

## FOOTBALL 6-MAN

*B103 unless otherwise noted*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:30 a.m. – 9:45 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Clint Linman, McLean HS, TX: Off Set 33 Defense: Keys, Drills & Stunts  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium**  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**  
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43  
Lunch Break & Visit Exhibitors  
Clint Linman, McLean HS, TX: Using Bootlegs in Gun & Spread Offense  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Clint Linman, McLean HS, TX: McLean Tigers O-Line Fundamentals

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.  
  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.  
  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Rules Meeting **Auditorium**  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**  
NCA District Meetings with Elections & Major Raffles  
Hudl: How Next Generation Coaches Identify Trends With Data, **Theater**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Lunch Break & NCA Sports Advisory Committee Meetings  
John King, Fleming HS, CO: Our Bread & Butter Running Game & Play Action Off of It  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
John King, Fleming HS, CO: 2-3 Defense With Different Looks & Defending the Spread

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
  
11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage, **Auditorium**  
Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures, **Auditorium**  
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**  
Final Clinic Drawings, **Main Gym**

## GOLF

*Please note: Location of Sessions Vary*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Informational Meeting **LNS B104**  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**  
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43  
Lunch Break & Visit Exhibitors  
Chad Lydiatt, Awarii Dunes: Full Swing, **Highlands Golf Course Driving Range**  
Ice Cream Social – In Partnership with the Nebraska State Education Association (Ice Cream at the Golf Course)  
Chad Lydiatt, Awarii Dunes: Practice Scoring, **Highlands Golf Course Practice Green Area**

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.  
  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.  
  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
Brett Armstrong, Peak Physical Therapy: The TPI Body Swing Connection–Developing Athleticism for Golf Performance, **LNS B104**  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**  
NCA District Meetings with Elections & Major Raffles  
Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Lunch Break & NCA Sports Advisory Committee Meetings  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Rob Brown, Bellevue University, NE (Men): TBA **LNS B014**  
Rob Brown, Bellevue University, NE (Men): TBA **LNS B104**

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **LNS Auditorium**

## GOLF

10:10 a.m. – 11:00 a.m.	Championship Golf Panel - Part 1, Hosted by NCA Golf Advisory Committee featuring Kelli Jeffries, Grand Island HS, Jim Danson, Lincoln Southwest HS, Kim Mestl, Ogallala HS & Craig Badura, Aurora HS, <b>LNS B104</b>
11:10 a.m. – 12:00 p.m.	Championship Golf Panel - Part 2, Hosted by NCA Golf Advisory Committee featuring Kelli Jeffries, Grand Island HS, Jim Danson, Lincoln Southwest HS, Kim Mestl, Ogallala HS & Craig Badura, Aurora HS, <b>LNS B104</b>
11:10 a.m. – 12:00 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), <b>A101</b>
12:15 p.m.	Final Clinic Drawings, <b>LNS Main Gym</b>

## SOCCER

*B106 unless otherwise noted*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Soccer Coaches Roundtable
9:20 a.m. – 9:40 a.m.	NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
9:55 a.m. – 11:25 a.m.	<b>Welcome &amp; Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team</b>
11:25 a.m. – 1:00 p.m.	NCA & NSEA Mentor & Mentee Programs FREE Luncheon, <b>South Gym</b> – Please pre-register for event on page 43
11:25 a.m. – 1:15 p.m.	Lunch Break & Visit Exhibitors
1:15 p.m. – 2:05 p.m.	Amber Ashcraft, La Cueva HS, NM: Team Cemetery
1:15 p.m. – 3:15 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, <b>Lower Level Training Room</b>
2:05 p.m. – 2:35 p.m.	Ice Cream Social – In Partnership with the Nebraska State Education Association
2:35 p.m. – 3:25 p.m.	Amber Ashcraft, La Cueva HS, NM: Building a Championship Season

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Brad Hilligoss, Hudl Workshop: The Best Ways to Use Video & Data
8:30 a.m. – 9:20 a.m.	Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, <b>Library</b>
9:35 a.m. – 10:05 a.m.	NCA District Meetings with Elections & Major Raffles
10:20 a.m. – 11:10 a.m.	NSAA Informational Meeting
10:20 a.m. – 11:10 a.m.	Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, <b>D023</b>
	Open to schools testing through the Nebraska Sports Concussion Network
11:10 a.m. – 1:30 p.m.	Lunch Break & NCA Sports Advisory Committee Meetings
1:30 p.m. – 2:20 p.m.	<b>CHANGE:</b> Jessica Smith, Kansas State University: Coaching Millennials
1:30 p.m. – 2:20 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports, <b>A101</b>
1:30 p.m. – 3:25 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, <b>Lower Level Training Room</b>
2:35 p.m. – 3:25 p.m.	<b>CHANGE:</b> Jessica Smith, Kansas State University: Mentoring & Empowering Female Players

### Thursday, July 25

7:30 a.m. – 11:30 a.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 10:00 a.m.	Nebraska School Activities Association; Head, Heart and Heat Certification, <b>Auditorium</b>
10:10 a.m. – 11:00 a.m.	<b>CHANGE:</b> Jason Pendleton, University of Central Missouri & Metro United Soccer Club: How to Develop a Successful Values Driven High School Program
11:10 a.m. – 12:00 p.m.	<b>CHANGE:</b> Jason Pendleton, University of Central Missouri & Metro United Soccer Club: Periodization – How to Effectively Manage Your Training Schedule to Maximize Results
11:10 a.m. – 12:00 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), <b>A101</b>
12:15 p.m.	Final Clinic Drawings, <b>Main Gym</b>

## SOFTBALL

*E121 unless otherwise noted*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Amanda Buchholz, DePaul University, IL: 1st Steps & Increasing Range on Defense
9:20 a.m. – 9:40 a.m.	NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
9:55 a.m. – 11:25 a.m.	<b>Welcome &amp; Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team</b>
11:25 a.m. – 1:00 p.m.	NCA & NSEA Mentor & Mentee Programs FREE Luncheon, <b>South Gym</b> – Please pre-register for event on page 43
11:25 a.m. – 1:15 p.m.	Lunch Break & Visit Exhibitors
1:15 p.m. – 2:05 p.m.	Amanda Buchholz, DePaul University, IL: Outfield Play
1:15 p.m. – 3:15 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, <b>Lower Level Training Room</b>
2:05 p.m. – 2:35 p.m.	Ice Cream Social – In Partnership with the Nebraska State Education Association
2:35 p.m. – 3:25 p.m.	Amanda Buchholz, DePaul University, IL: Short Game Fundamentals with Base Running

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	NSAA Rules Meeting
8:30 a.m. – 9:20 a.m.	Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, <b>Library</b>
9:35 a.m. – 10:05 a.m.	NCA District Meetings with Elections & Major Raffles
10:20 a.m. – 11:10 a.m.	Amanda Eberhart, University of Nebraska-Omaha: Everyday Drills/.980's
10:20 a.m. – 11:10 a.m.	Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, <b>D023</b>
	Open to schools testing through the Nebraska Sports Concussion Network
11:10 a.m. – 1:30 p.m.	Lunch Break & NCA Sports Advisory Committee Meetings
1:30 p.m. – 2:20 p.m.	Amanda Eberhart, University of Nebraska-Omaha: Full Team Drills
1:30 p.m. – 2:20 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports, <b>A101</b>
1:30 p.m. – 3:25 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, <b>Lower Level Training Room</b>
2:35 p.m. – 3:25 p.m.	Amanda Eberhart, University of Nebraska-Omaha: Team Building/Splitting the Year into Phases

### Thursday, July 25

7:30 a.m. – 11:30 a.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 10:00 a.m.	Nebraska School Activities Association; Head, Heart and Heat Certification, <b>Auditorium</b>
10:10 a.m. – 11:00 a.m.	Travis Owen, University of Minnesota-Crookston: Not Just Strength & Conditioning – The Best Way to Train Today's HS Athlete



## SOFTBALL

11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 pm

Travis Owen, University of Minnesota-Crookston: The Universals of Pitching & Hitting  
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**  
Final Clinic Drawings, **Main Gym**

## SPECIAL OLYMPICS

*Recommended Sessions - Special Olympics coaches are welcome at any sessions*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
3:40 p.m. – 5:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Unified Bowling Rules Meeting, **A101**  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**  
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43  
Lunch Break & Visit Exhibitors  
Lindsay Chicoine, Fremont HS, NE & Panel Discussion: Building a Unified Bowling Program, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Special Olympics Nebraska – Swimming, **A101**  
Special Olympics Nebraska – Swimming, **LNS Swimming Pool**



### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:45 a.m. – 10:35 a.m.  
10:50 a.m. – 11:40 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.  
3:40 p.m. – 5:00 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**  
Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 1, **Sun Valley Lanes**  
Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 2, **Sun Valley Lanes**  
Lunch Break & NCA Sports Advisory Committee Meetings  
Annual Special Olympics Concussion Training, **D023**  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Dave Demyan, Special Olympics Nebraska – Basketball, **A101**  
Dave Demyan, Special Olympics Nebraska – Basketball, **Main Gym**

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 9:20 a.m.  
9:40 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Special Olympics Nebraska – Softball, **A101**  
Special Olympics Nebraska – Softball, **LNS Softball Field**  
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**  
Final Clinic Drawings, **Main Gym**

## TENNIS

*B105 or Outdoor Tennis Courts unless otherwise noted*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
3:30 p.m. – 4:20 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Mike Baugh, Calvary Christian HS, FL: The 6 F's to Keep Your Practice Fantastic **B105/Tennis Courts**  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**  
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43  
Lunch Break & Visit Exhibitors  
Mike Baugh, Calvary Christian HS, FL: Indoor Tennis for Outdoor Facilities **B105/Tennis Courts**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Mike Baugh, Calvary Christian HS, FL: Racquet & String Technology for High School Players, **B105**  
NSAA Informational Meeting

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
Peggy Holecek, Glenbrook North HS, IL: Group Drills a Solo Coach Can Run, **Tennis Courts**  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**  
NCA District Meetings with Elections & Major Raffles  
Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**  
Dave Schultz, NE Sports Concussion Network: Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Lunch Break & NCA Sports Advisory Committee Meetings  
Peggy Holecek, Glenbrook North HS, IL: Putting Fitness & Fun into Every Practice, **B105/Tennis Courts**  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Peggy Holecek, Glenbrook North HS, IL: Team Building, Working With Parents, Setting Expectations for Captains & Team Members **B105**

## TRACK & FIELD

*E117 unless otherwise noted*

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Informational Meeting  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards, with Cross Country  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**

## TRACK & FIELD

11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43  
Lunch Break & Visit Exhibitors  
Adam Kedge, Albuquerque Academy, NM: Building a Successful State Meet Plan  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Adam Kedge, Albuquerque Academy, NM: MD, Training & Racing the 800 Meters

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Adam Kedge, Albuquerque Academy, NM: The Multis – Utilization of a Track Superstar  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.

NCA District Meetings with Elections & Major Raffles  
Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network

11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

Lunch Break & NCA Sports Advisory Committee Meetings  
Daniel Flahie, Mount Marty College, SD: Strength Training for the Sprints & Jumps  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Daniel Flahie, Mount Marty College, SD: Movement, Mobility & Recovery Strategies for the Track & Field Athlete

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Mike Parker, Iowa City West HS, IA: How to Inspire Every Event Group to Greatness  
Mike Parker, Iowa City West HS, IA: How Every Coach Can Enjoy Sustained Success  
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**  
Final Clinic Drawings, **Main Gym**

## VOLLEYBALL

Partnership with American Volleyball Coaches Association

South Gym unless otherwise noted

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Insider View of the 2019 NCA All-Star Practice; Hosted by Mike Brandon, Gretna HS  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings, Jerry Stine Family Milestone Awards & AVCA-NCA Academic All-State Teams

**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

Valerie Armstrong, Midwestern State University, TX: Attack Arm Swing Mechanics & Progressions  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Valerie Armstrong, Midwestern State University, TX: Developing Middle & High School Ball Handling Skills with Warm Up Drills & Progressions



### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Andrea Fallon-Korb, Aspire Performance Coaching: Effectively Managing Pressure & Anxiety  
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.

NCA District Meetings with Elections & Major Raffles  
NSAA Rules Meeting  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network

11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

Lunch Break & NCA Sports Advisory Committee Meetings  
Tom Pingel, Former High Performance Director – USA Volleyball: Blocking – First Line of Team Defense  
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Tom Pingel, Former High Performance Director – USA Volleyball: Creative Offenses to Fit Your Personnel

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Kirsten Bernthal Booth, Creighton University, NE: Serve Receive Fundamentals, Team Passing Concepts & Drills  
Kirsten Bernthal Booth, Creighton University, NE: Advancing Your Offense  
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**  
Final Clinic Drawings, **Main Gym**

## WRESTLING

Partnership with National Wrestling Coaches Association

Wrestling Room unless otherwise noted

### Tuesday, July 23

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:00 p.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Informational Meeting  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Chad Parks, Shawnee Heights HS, KS: Culture & Cradles



## WRESTLING

1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.

### Wednesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.

9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

### Thursday, July 25

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Chad Parks, Shawnee Heights HS, KS: Let's Get Funky – Principles Behind the Funk

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Brett Hunter, Chadron State College, NE: Training Phases, Team Culture

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Brett Hunter, Chadron State College, NE: Top Emphasis Technique

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Mike Denney, Maryville University, MO: What I've Learned in 50 Years of Coaching

Mike Denney, Maryville University, MO: Fighting from the Corner

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

## JUNIOR HIGH/TEACHIG FUNDAMENTALS

B107

### Tuesday, July 23

1:15 p.m. – 2:05 p.m.

FOOTBALL: Teaching Fundamentals of Football – Offense: Matthew Ratliff, Cypress Ridge HS, TX

2:35 p.m. – 3:25 p.m.

FOOTBALL: Teaching Fundamentals of Football – Defense: Andrew Shanley, Cypress Ridge HS, TX

### Wednesday, July 24

2:35 p.m. – 3:25 p.m.

BASKETBALL: Russ Ninemire, Douglas County West HS, NE - Teaching Fundamentals of Basketball

3:40 p.m. – 4:30 p.m.

BASKETBALL: Russ Ninemire, Douglas County West HS, NE - Teaching Fundamentals of Basketball, **South Gym**

## DISTRICT MEETINGS

Wednesday, July 24 9:35 a.m. – 10:05 a.m.

- District 1** Auditorium
- District 2** Main Gym
- District 3** South Gym
- District 4** E117
- District 5** Theater
- District 6** E119



# TEAMS

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