

N nebraska coaches association

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TO: PREP SPORTS MEDIA
RE: ALL-STATE TEAMS
FROM: STEVE JOHNSEN, EXECUTIVE DIRECTOR

ALL-STATE CROSS COUNTRY, GOLF AND TENNIS TEAMS

This is the twelfth year the Nebraska Coaches Association has recognized athletes in Boy's and Girl's Cross Country, Girl's Golf and Boys' Tennis for Super-State and All-State recognition. High Schools have asked us to provide this service to their athletes so they can recognize them for Hall/Wall of Honor recognition. The selection procedure included the consideration of the finishing times/scores from the state meet and correspondence with high school coaches asking them for their input in the event that someone additional should be included on the teams. The following individuals have been named All-State and Super-State for 2009, and we would appreciate your cooperation in recognizing these teams. Each student-athlete will receive a certificate indicating their selection. Thank you for your support of this program.

BOYS TENNIS ALL-STATE

CLASS A First Team

Jackson Withrow Omaha Burke
Anthony Del Core..... Omaha Creighton Prep
Matt Hagan Omaha Creighton Prep
Joseph Mulhall..... Omaha Creighton Prep
Grant Tesmer Lincoln Southeast
Tyler Mercier..... Omaha Westside

Second Team

Nicholas Amin Omaha Westside
Eric Binkley Omaha Creighton Prep
Caleb Palensky Papillion-LaVista South
Gregory Beaufiat Omaha Creighton Prep
Seth Garnett Lincoln Southeast
Lance Kush Grand Island

CLASS B First Team

Connor Larson McCook
Zachary Tegler..... Waverly
Garrett Sutton Lincoln Pius X
Zachary Peed Lincoln Pius X
Trevor Milburn Lincoln Pius X
Aaron Jank..... Hastings

Second Team

Joe Ritzdorf York
Brandon Otoski..... Mt. Michael
RJ Flohrs..... Hastings
Jacob Tegler Waverly
Chance Hohensee Holdrege
Patrick DeWald Mt. Michael

GIRLS GOLF ALL-STATE

Jacqueline O'Doherty Lincoln East
Erin O'Brien Omaha Marian
McKayla Anderson Fremont
Jordan Rearick Omaha Marian
Morgan Smejkal..... Columbus
Sarah Jo Pravecek Omaha Marian
Macrina Abdouch Millard North
Christina VonRiesen Millard West
Sabrina King Gering

McKenzie O'Connell..... Sidney
Kaylee Koeppen Scottsbluff
Amy Knapp..... Northwest
Taylor Thompson Hastings
Danielle Lemek..... Doniphan-Trumbull
Brooke Bolin..... Boone Central
Shelby Stone St. Paul
Claire Kozisek Ainsworth
JaCee Pilkington Bayard

BOYS & GIRLS CROSS COUNTRY SUPER-STATE

Boys Class A

Brady McGuireNorth Platte
 Anthony Pittman Millard West
 Parker Schoen Lincoln Southwest
 Marshall Anderson..... Papillion-LaVista South
 Jacob Olson.....Kearney
 Britt JensenFremont
 Nolan ZimmerKearney
 Jack Schrager Omaha Westside

Class B

Connor Gibson Blair
 Alex Adams York
 Daniel Blake Lincoln Pius X

Class C

Jarren Heng Norfolk Catholic
 Chance MillerOgallala
 Nicholas Knudson..... Norfolk Catholic

Girls Class A

Emilee Aschoff Norfolk
 Mikayla PeckPapillion-LaVista South
 Mary Hillis..... Lincoln Southwest

Class B

Aubree Worden.....Scottsbluff
 Julianna Smith Sidney
 Kelsey Christensen Seward
 Hannah Tvrdy Seward
 Megan Drozda Lincoln Pius X
 Emily Roll.....Gretna
 Kaitlyn Wells..... Sidney
 Bridgette Schneekloth..... Columbus

Class D

Andrea Weeder ...Lindsay Holy Family/Newman Grove
 Mackenzie Kaps Bertrand/Loomis
 Sarah Plambeck Lincoln Christian

BOYS & GIRLS CROSS COUNTRY ALL-STATE

Class A Boys

TOP EIGHT MADE SUPER-STATE

Class B Boys

TOP THREE MADE SUPER-STATE

Jonathan Powell Columbus
 Zachary Parshall Plattsmouth
 Matthew Holcomb Ralston
 Jerod Schoneman Holdrege
 Franklin Ibarra Lexington

Class C Boys

TOP THREE MADE SUPER-STATE

Kevin Carder..... Boone Central
 Samuel Adams Ogallala
 Cory Foote Wayne
 Beau Billings..... Valentine

Class D Boys

Dillon EckelGibbon
 Kevin Weeder ... Lindsay Holy Family/Newman Grove
 Michael Schumacher.....Ainsworth
 Jose MartinezAinsworth
 Taylor Kube Crofton
 Daniel Studey..... Louisville
 Koby Archuletta..... Paxton

Class A Girls

TOP THREE MADE SUPER-STATE

Sarah Stirling Elkhorn
 Sidney Hirsch Millard West
 Sydney Gress Papillion-LaVista South
 Destiney Burt..... Papillion-Lavista

Class B Girls

TOP EIGHT MADE SUPER-STATE

Class C Girls

Michaela Curran Wahoo
 Bryli Troyer Milford
 Morgan Benesch Columbus Scotus
 Briana AdamsPierce
 Skyler LippmanPierce
 Cassidy Collier Bennington
 Christine Ochsner Fillmore Central

Class D Girls

TOP THREE MADE SUPER-STATE

Marissa Dewispelare Aquinas
 Kristin Steffen Crofton
 Katie Jacobsen Laurel-Concord/Coleridge
 Danielle Riesberg Crofton