Nebraska Coaches Association
December 2014 Playbook

Winter *Nebraska Coach* Magazine

Feature Articles:

> ***NCA Exclusive Inside Look: Tim Miles – Nebraska – Men's Basketball***
> Jerry Buck – Holdrege – Boys' Basketball
> Russ Ninemire – Sandy Creek – Girls' Basketball
> Doug Denson – Millard South – Wrestling
> Crystal Zabka Belsky – Sports Nutrition Timing
> Tim Elmore – Inverse Relationship between Gratitude & Entitlement

With much more information and photos packed into 40 pages! Go to:
Digital Version: http://ncacoach.org/newsletters/december2014/
PDF Version:
http://www.ncacoach.org/newsletters/2014winter/PDF%20FILES/LOW%20RES%20Winter%202014%20Mag%20NoCropsPg.pdf

2014 Nebraska 3-Dimensional Coaching Resources:

The NCA continues to support coaches through endorsing the Nebraska 3-DimensionalCoaching:
Link to web resource page: http://www.nebraska3dcoaches.com/

2015 NCA Winter Coaches Track & Field Clinic – Save the Date

Saturday, February 7 – Lincoln
In conjunction with the University of Nebraska's Frank Sevigne Invitational
More information will be e-mailed to coaches and athletic directors

Sportsmanship & Leadership Summit Videos

> What does your school believe in? What are your core cultural values?
> Are you using a student led Public Service Announcement before events?

Send us your video beliefs and messages – darin@ncacoach.org
Check out the first core cultural values videos in: http://www.ncacoach.org/sportsmanship-pillars-psas.php

When filming your videos – use landscape or film sideways! Updated Weekly!

2015 Nebraska State Cheer & Dance Championships – Grand Island

February 20-21 at Heartland Events Center
Online Registration: http://www.ncacoach.org/cheerdancereg.php

Mark Your Calendar: Summer of 2015 - NCA Multi-Sport Clinic: July 21-23
Featuring Keynote Speaker: Jon Gordon

Follow the NCA at:
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