

# MASTER KEYS

Practical Not Technical

# Why We Are Here

- ▶ Our goal is to make golf simple
- ▶ Easy fixes for complex faults
- ▶ What are “master keys”
- ▶ How do we identify the master keys
- ▶ How do we solve the problem



# Golf Is Hard.... And Most People Make It Harder

- ▶ What is the foundation of the swing
- ▶ What is important
- ▶ Getting rid of the noise
- ▶ Find a feeling which works for them



# Always Check The Set-up First

- ▶ You can't make the right swing without the right setup!!!



# Master Key - Over The Top Swing (The Slice)

- ▶ Why does this happen?
- ▶ Alignment and grip are usually the culprit
- ▶ Check distance from the ball
- ▶ Let the club fall from the top (Find their feeling)
- ▶ Do not tell them to swing inside out!



# Master Key - Fat Shots/Thin Shots

- ▶ Why does this happen?
  - ▶ See next slides
- ▶ Check grip and alignment
- ▶ Make sure they have “parallel lines”
- ▶ Spine angle is important



# Master Key - Flat Shoulder Turn

- ▶ Check grip and posture
- ▶ Find their feel for the correct turn
- ▶ Shoulder under chin usually works



# Master Key - Early Extension (hip thrusting)

- ▶ Can also cause fat/this shots
- ▶ Check shoulder turn as previously seen
- ▶ Check distance from the ball and alignment
- ▶ Find their own feel for it and have them tell you





# Master Key - Sway And Slide

- ▶ Check their balance at address
- ▶ Check grip and alignment
- ▶ One legged swing drill
- ▶ Can also cause lunge or hang back



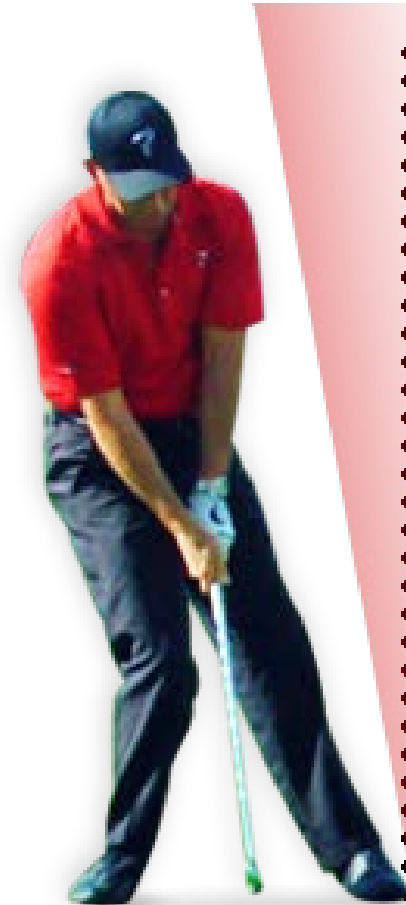
# Master Key - The Cast

- ▶ Check grip and alignment
- ▶ Shoulder turn is usually cause
- ▶ Balance
- ▶ L to L Drill
- ▶ Do it slow and add speed later



# Master Key - Hanging Back


- ▶ Check balance at address
- ▶ Alignment is a large factor
- ▶ See "slide" fixes
- ▶ Check shoulder movement



# Take Away

- ▶ Slow drills always help
- ▶ Find key that fixes a lot of swing faults instead of just one

Q & A

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the right side of the frame, creating a modern, layered effect against the white background.