

Wayland Union Softball

The Path to Winning 846 Games



High Expectations Every Year

- Feeder program.
- Camps/Clinics.
 - Week long camp in July.
 - One day winter clinic (4 Girls).
 - One clinic in the spring.
- Travel ball.
- 3+ hour practices.

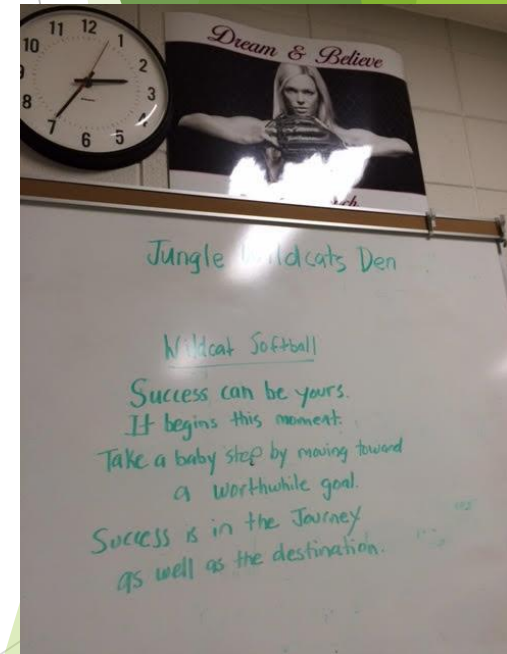
“Change your expectations, you change your attitude. Your expectations determine your attitude. The first step is to know that you can succeed.”

Work on the Mental Game

- “Little Book of Talent” 52 Tips for Improving Your Skills by Daniel Coyle.
- “Be Happy” 170 Ways to Transform Your Day by Patrick Lindsay.
- “Signs of Success in the Locker Room” by Brian Cain.
- Bulletin board.
- Jon Gordon Quotes/Books.
- Rob Bell, Kent Dobson, AJ Sherril, Oprah Winfrey.
- Becoming a better person, not just a softball player.
- “Power of Positive Thinking” by Norman Vincent Peale.
- Control what you can control. Effort, attitude and how you treat teammates.

“When you change your attitude, you change your behavior. When you change your behavior, you change your performance. When you change your performance, you change your life. No excuses. No “my bads”.

My Locker Room



Be a Lifelong Learner!

- Keep learning, Be a student of the game.
 - Michigan, Minnesota, Alabama, Tennessee, Northwestern, Arizona.
- Take advantage of college expertise in your area.
 - Aquinas College



Year Long Softball Training

- High school league on Monday nights.
- Optional Sunday night summer practices.
- Fall ball league.
- Winter indoor league (2 sessions).
- 4 person workouts all year.

Stress Fundamentals EVERY DAY!

- Throwing and catching fundamentals daily.
- Hitting every day- stations or batting practice (Pitchers do not throw BP).
- Bunt every day.
- Pitch every day. Pitchers pitch during batting practice.
- Special practice before games.
 - Throw 21 perfect throws around the bases.
 - Perfect infield and outfield practice.
 - Defense must make 21 outs with the last batter in BP.

Perfect practice makes perfect.

Practice 7 Days a Week, All Season

- Optional hitting on Saturday.
- Optional hitting on Sunday (Money game-Batter vs. Fielders).
- Optional hitting after every practice.
- Hit water logged balls during BP/No game bats allowed.
- Rainy days/Indoor practices.

Encourage Multi-Sport Participation

- Athletes vs. Softball Players
-Michigan
- Our coaching staff encourages 2,3 or 4 sport athletes.

Show the Kids How Much You Care

- Show up to their travel ball games.
- Show up to their other high school sporting events.
 - Better yet, work the event.
- Coach other sports.
- Talk to every player daily about something other than softball.
- Go to orchestra concerts and plays.
- Team dinners.
- Team activities.
- Team poster.
- Daily emails (Teacher).
- Spirit rock.
- All-State board and championship banners.
- Banquet.





WAYLAND UNION

— MHSSCA ALL-STATE SOFTBALL PLAYERS —

1998	Casey Scully	3rd Base	2010	Heidi Warmelink	Pitcher
1999	Angel Merren	Outfield	2011	Kaitlyn Carlson	Catcher
2000	Angel Merren	Outfield	2012	Kayla Merice	Catcher
2000	Jessica Merchant	Short-Stop	2012	Autumn Anderson	Outfield
2000	Nicole Merchant	2nd Base	2012	Sierra Mutschler	Short-Stop
2001	Jessica Merchant	Short-Stop <i>Miss Softball</i>	2013	Mallory Teunissen	Pitcher
2005	Katie Greenman	2nd Base	2013	Britt McLain	Catcher
2005	Misty Willison	Pitcher	2013	Sierra Mutschler	Short-Stop
2006	Katie Greenman	2nd Base	2013	Haley Obetts	3rd Base
2006	Misty Willison	Pitcher	2013	Sam Merren	Outfield
2006	Brittini Merchant	Short-Stop	2014	Mallory Teunissen	Pitcher
2007	Heidi Warmelink	Pitcher	2014	Britt McLain	Catcher
2007	Abby Phillips	Catcher	2014	Sierra Mutschler	Short-Stop
2007	Ashley Pepper	1st Base	2014	Sam Merren	Outfield
2007	Brittini Merchant	Short-Stop	2014	Bethany Teunissen	Designated Player
2007	Macy Merchant	Outfield	2015	Mallory Teunissen	Pitcher <i>Miss Softball</i>
2008	Macy Merchant	Short-Stop	2015	Caroline Miller	2nd Base
2009	Macy Merchant	Short-Stop	2015	Abby Merice	Outfield
2009	Heidi Warmelink	Pitcher	2015	Sydney Urben	Designated Player
2009	Amber Getty	Outfield			

In Memory of Bill Merchant & Wayne Ritz



“There may be people that have more talent than you, but there is no excuse to work harder than you do.”
Derek Jeter

