

MonDak Thunder History

Facts about Coop

- Coop of two small schools (Westby, Montana and Grenora, North Dakota)
- Westby, Montana
 - Population of town – year 2018 – 120
 - Population of School - K-12 grades
 - 2012 – 65
 - 2018 – 48
- * Grenora, North Dakota
 - * Pop. Of town – year 2018 - 180
 - * Pop. of School – K – 12 grades
 - * 2012 - 110
 - * 2018 – 185

MonDak Thunder Coop – started in 2002 with Basketball (girls/boys), 2005 Volleyball and Track (girls/boys) was added, 2008 Golf (girls/boys) was added and in 2012 Football was added.

History of Thunder Football

2012 –	8 – 2 record	(Conference Champs)	(lost in Quarterfinals)
2013 –	9 - 2	(2 nd Conference)	(lost in Semi-Finals)
2014 -	11 – 2	(2 nd Conference)	(lost in State Title Game)
2015 -	5 – 5	(4 th Conference)	(lost in 1 st round)
2016 -	11 – 2	(Conference Champs)	(lost in State Title Game)
2017	13 – 0	(Conference Champs)	(State Champs)

MonDak Thunder – Football Program (Keys to Success)

3 Keys to Success

- Keep things easy (simplify)
- Change is Good
- Communication (Coaching Staff)(Players)(Parents)(Fans)

Create a Culture

- Make players earn everything!!!
- Have fun events (mix it up)
- Make sure drills from practice “show up” on the game film (Show kids)
- Be HUMBLE...

Offense

- Provide the tools to allow you to prepare for success in any given situation...
 - Injury – Eligibility (school) – 35/35 Rule – Ups/Downs – etc.
 - QB – RB – WR – (Four Rules)
 - Touchdown – 1st down – get down – out of bounce

Offensive Formations

Man to Man

- 1) R – Run / Shoot
- 2) R – Trips
- 3) R – Overload
- 4) Dog
- 5) Gate
- 6) Stack
- 7) Pistol
- 8) Bronco
- 9) Cards
- 10) Titan
- 11) Bunch
- 12) Cat

Zone

- 1) Jet
- 2) Power
- 3) Power Slot
- 4) Bear
- 5) Chiefs
- 6) Power – Overload
- 7) J – Bird
- 8) Ram

Specials

- 1) Valier
- 2) Bridger
- 3) Shoe
- 4) Bison
- 5) Big Sandy
- 6) Wibaux
- 7) Panther

*****SOME FORMATIONS CAN BE RUN FOR BOTH (MAN TO MAN) AND (ZONE)**

R – Run and Shoot – (23 pick)



R – Trips Left – (2 Pat – right option)



R – Tips Right (Goal line)(Left option – 2 wheel)



R – Trips Left (option II)(2 Pat – Right option – look at the up)



R –Trips Right - 2 wheel



R – Overload Right – (2 Bubble)



J – Bird – Right - (Sweep Right)



DOG – RUN – (Dog Right)



DOG – PASS – (Dog Right – GO Left)



CAT – (Cat Right)



Power – Overload – (Power Right – Middle - Gun)



JET – Bad!!! – (Jet Right)



JET – Run – (Jet Right – JV)



JET – Passing (set up by run) – (Jet Right – JV)



Valier – Special Play (4th and 4)



Valier – Ran Correct



POWER Left - Middle



Bronco – (A2/B1 – PASS)



Bronco – Twins Right - DRAW



Bronco – Twins left – A2



Bronco – A2



Bunch – Right – Shoe Left



Bunch – Bunch Right – Shoe Left



Bunch – Bunch Left – Shoe Right



Gate – Sweep Right



Gate – Sweep Right



Bridger – Goes – Overload Left



Wibaux – Center Double Option



Pistol – Right Tailback Motion



Pistol – Left – Double Run Read



Panther - Right



Stack – Sweep Left



Stack – Option Right



RAM –Sweep Left



RAM – Middle Left



Chiefs – Left (Pass)



Bear – Left - Middle Inside Draw

