

nebraska

coach

2012-2013 SPECIAL EDITION

**"COACHING ABOVE
THE CLOUDS"**
CHRIS CREIGHTON

"ENJOY THE RIDE"
STEVE GILLILAND

Nebraska Coaches Association -- Clinic & Membership Information

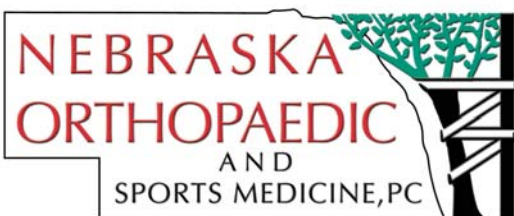


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- Official Sports Medicine Sponsors of the NSAA and Nebraska Coaches Association.
- Nebraska's largest provider of Sports Medicine & Outreach Program Services to High School & Collegiate Athletic Programs.
- For athletes with acute injuries we can schedule appointments with a sports medicine physician, often within 24 hrs. or the same day.

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Nebraska Orthopaedic Physician's Outreach Clinics

Aurora	Memorial Hospital
Auburn	Nemah County Hospital
Beatrice	Gage County Medical Clinic
Fairbury	Jefferson Community Health Center
Falls City	Community Medical Center
Holdrege	Family Medical Specialties
Nebraska City	St. Mary's Hospital
Osceola	Annie Jeffrey Memorial County Health Center
Pawnee City	Pawnee City Memorial Hospital
Syracuse	Community Memorial Hospital

Welcome to a special edition of the *Nebraska Coach* magazine. This publication is loaded with information regarding membership to the Nebraska Coaches Association (NCA) for 2012-13 along with details of the 2012 NCA Multi-Sport Clinic.



The NCA membership benefits are highlighted by the new Gold Card – an exclusive, annual NCA membership benefit that will entitle the card holder admission to all 2012-13 NSAA State Championship events for merely \$20. Schools are welcome to purchase this optional benefit for members of their coaching staff. Individual coaches can also purchase the Gold Card by marking the optional membership benefit box on the registration card. Members can also purchase the card at the Multi-Sport Clinic. See page 31 for details.

The 2012 Multi-Sport Clinic week promises to bring something for each and every coach. We are excited to present an outstanding, high-energy keynote address on both Tuesday and Wednesday. Chris Creighton and Steve Gilliland will help coaches focus on the mission, purpose and passion as a coach. I'm extremely proud and thankful for the clinicians and exhibitors that will be featured at this year's clinic. From hall of famers to elite, successful coaches from across the country; the schedule is packed to the brim, while clinic exhibitors continue to recognize the importance of Nebraska coaches.

2012 will mark the inaugural year of the *Coaches Care* program at the Multi-Sport Clinic. On Wednesday, the NCA will offer the opportunity for coaches to donate blood through the Nebraska Community Blood Bank's mobile unit. Blood donors will receive a gift and be eligible exclusively for the grand prize drawing of a flat screen television. See page 4 for details.

From the Awards Banquet, Golf Scramble, All-Star games, clinic sessions, and Coaches' Night-Out; there is sure to be many opportunities to make a lasting positive memory. We hope to see you in July!

CLINIC WEEK SCHEDULE OF EVENTS

July 21	Boys' & Girls' Basketball All-Star check-in	9:00 a.m.	UNL
July 22	Volleyball All-Star check-in 45th Annual NCA Awards Banquet	9:00 a.m. 5:30 p.m.	UNL Great Hall, Train Station, Lincoln Haymarket
July 24	NCA Annual Golf Scramble Girls' Basketball All-Star Game Boys' Basketball All-Star Game	7:30 a.m. 6:00 p.m. 8:00 p.m.	Ashland Country Club Lincoln North Star HS Lincoln North Star HS
July 24	NCA Multi-Sport Clinic Softball All-Star check-in Volleyball All-Star Match	7:00 a.m. 12:00 p.m. 7:00 p.m.	Lincoln North Star HS UNL Lincoln North Star HS
July 25	NCA Multi-Sport Clinic Softball All-Star Doubleheader Coaches Nigh Out	7:00 a.m. 5:00 p.m. 8:30 p.m.	Lincoln North Star HS UNL's Bowlin Field UNL Champions Club
July 26	NCA Multi-Sport Clinic	7:00 a.m.	Lincoln North Star HS

**Climbing Photo on Cover and page 8: Courtesy the Tanzania Tourist Board

nebraska coach

2012 Pre-Clinic/Membership Edition

ncacoach.org

NCA STAFF

EXECUTIVE DIRECTOR: **Darin Boysen**

darin@ncacoach.org

EXECUTIVE DIRECTOR EMERITUS: **Steve Johnsen**

ADMINISTRATIVE ASSISTANT: **Saundi Fugleberg**

saundi@ncacoach.org

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NCA CONTACT INFORMATION

Mailing address:

PO Box 80727
Lincoln, NE 68501

Physical address:

500 Charleston
Lincoln, NE 68501

Phone number:

402-434-5675

OFFICE HOURS

Monday - Friday

8:30 a.m. - 4:00 p.m.

Fax number:

402-434-5689

Nebraska Coaches Association Multi-Sport Clinic Sponsors and Exhibitors

As of Publication Date

CLINIC SPONSORS/PARTNERS - MAIN EXHIBITOR'S FLOOR, ENTRANCE, OR WRESTLING ROOM:

AbanteGraphics.com	Hudl
Baden Sports	Lincoln Convention & Visitors Bureau
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Nebraska Orthopaedic & Sports Medicine	National Wrestling Coaches Association
Nebraska School Activities Association	Sid Dillon
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VENDORS - MAIN EXHIBITOR'S FLOOR (LEVEL 1):

Cricket Sports	Lou's Sporting Goods
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VENDORS - NORTH EXHIBITOR'S AREA (LEVEL 2):

Misko Sports	Coaches Choice
Nova Fitness Equipment	Shoot-A-Way
Nebraska High School Sports Hall of Fame	Shock Doctor
Power Systems, Inc.	

VENDORS - WEST EXHIBITOR'S AREA (Level 3):

Nebraska State Education Association	Nebraska Fellowship of Christian Athletes
Mac's Sports Apparel	NebVolleyball
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Nebraska Shrine Bowl	Championship Productions

“Coaches Care” Program Encourages Coaches to: “Be the Type that Gives”



The Nebraska Coaches Association (NCA) is launching a new program titled ***“Coaches Care”***, underwritten by the Sid Dillon auto dealerships of Lincoln, Crete, Fremont, Blair and Wahoo and Scheels of Lincoln. The NCA, Sid Dillon and Scheels are partnering with the Nebraska Community Blood Bank for a blood drive during the NCA Multi-Sport Clinic on Wednesday, July 25 outside the main entrance of Lincoln North Star High School.

As leaders in the community, you are encouraged to give back and help those in need. Each coach that chooses to give blood will receive a minimum \$25 Scheels gift card and be eligible exclusively for the grand prize drawing of a flat screen television. Space is limited; sign up before the time slots to donate blood are gone. Every coach may be capable of being a lifesaver for one or more people. To make an appointment to donate blood, call (877) 486-9414 or visit www.ncbb.org. Thank you in advance for ***“Being the Type that Gives.”***

SID DILLON



SCHEELS.

2012 Nebraska Coaches Association Summer Clinic -- Hotel Listings

July 23-26

For additional hotel information, contact the Lincoln Convention and Visitors Bureau

1-800-423-8212

	Single Rate	Double Rate	Triple Rate	Quad Rate	Indoor Pool	Cont Breakfast	Hot Breakfast	Shuttle
HOST HOTEL								
Country Inn & Suites, 5353 N. 27 th 402-476-5353	\$85.00*	\$89.00*	\$89.00*	\$102.99*	x	x	x	x
AIRPORT								
Travelodge Lincoln Airport, 1101 W. Bond St. 402-475-4971	\$65.00	\$65.00	\$65.00	\$65.00	x	x	x	x
Howard Johnson, 3400 NW 12 th Street 402-475-1550	\$55.00	\$55.00	\$55.00	\$55.00		x		
NORTH								
Comfort Suites, 4231 Industrial Avenue 402-476-8080	\$93.00	\$93.00	\$93.00	\$93.00	x	x	x	
Super 8 – Cornhusker, 2545 Cornhusker Hwy. 402-467-4488	\$57.99	\$57.99	\$57.99	\$57.99		x		
SOUTH								
Candlewood Suites, 4100 Pioneer Woods Dr. 402-420-0330	\$79.99	\$79.99	\$79.99	\$79.99				x
Holiday Inn Southwest, 2500 Tamarin Ridge Rd 402-421-1893	\$90.00	\$90.00	\$90.00	\$90.00	x			
Praire Creek Inn Bed and Breakfast, 2400 S. 148 402-488-8822	\$79.00*	\$89.00*	\$99.00*	\$99.00*			x	
EAST								
Comfort Suites, 331 N. Cotner Blvd. 402-325-8800	\$79.00	\$79.00	\$79.00	\$79.00	x	x	x	x
WEST								
West O Super 8 Motel, 2635 W. O Street 402-476-8887	\$62.99	\$62.99	\$62.99	\$62.99		x	x	x

***Country Inn and Suites** – regular king or 2 queen beds for \$85.00. Their executive king suite with sofa sleeper is \$89.00. They also have a bedroom suite with 1 king or 2 queen beds plus a sofa sleeper in the living area for \$102.99

***Praire Creek Inn**- Single queen room for \$79.00, single king room at \$99.00, a Queen with sleeper at \$89.00 and a King with sleeper for \$99.00. A 20% discount will be offered off the entire stay if you stay 4 nights or more.



39 Baseball fields
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Chris Creighton presents
COACHING
Above the Clouds

With one succinct message, Chris Creighton sets the tone for his Drake University football program:

"My vision for the program has always been to make playing football at Drake one of the most incredible experiences of our players' lives."

Chris Creighton, Head Football at Drake University, will deliver a keynote address, *"Coaching Above the Clouds"* on Tuesday afternoon, July 24th in the main gym to attendees of the Nebraska Coaches Association Multi-Sport Clinic.

Coach Creighton will challenge coaches to answer the question: *"Why do you coach?"*

"I am fired up about the opportunity to share with fellow coaches, in the great state of Nebraska, some thoughts about the incredible opportunity we have to positively impact young lives. I look forward to challenging all of us to think through our purpose in coaching right before we begin a new year," announced the high energy Creighton.

In 15 years as a collegiate coach he owns an overall record of 125-38 which ranks Creighton

in the top 20 in winning percentage among active coaches with at least five seasons at four-year colleges.

An athlete under Coach Creighton experiences much more than just wins and losses. His program transcends the football field and the classroom, while extending to every aspect of their lives. Creighton in his career has taken his teams on three overseas trips, including Drake's May 2011 trip to Tanzania, along with ventures to Austria and Panama while head coach at Division III Wabash College.



TUESDAY

Creighton was named a 2011 winner of the *Giant Steps Award*, presented by the National Consortium for Academics and Sports, given annually to individuals who use sport to positively affect social change. The award honors individuals who demonstrate an outstanding ability to manage life on and off the field, while demonstrating a commitment to the betterment of society.





Steve Gilliland presents

ENJOY The Ride®

Steve Gilliland is one of the most in-demand and top-rated speakers in North America. His appeal transcends barriers of age, culture and occupation. Only 10% of the 4,700 men and women who belong to the International Federation of Professional Speakers hold the distinguished designation of Certified Speaking Professional, and he is one of them.

Steve has also been recognized by Who's Who for speakers and business professionals. He has shared the platform with numerous dignitaries and celebrities, including bestselling author Dr. Ken Blanchard, former Mayor of New York Rudolph Giuliani, University of Tennessee Women's Basketball Coach Pat Summit, and Jim Kelly, Hall of Fame quarterback of the Buffalo Bills, as well as Mark Victor Hansen, creator and co-founder of *Chicken Soup for the Soul*.

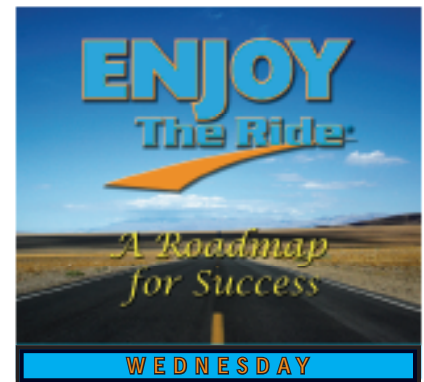
He launched his full-time speaking career and built a multimillion-dollar company on the same philosophy he expounds to his audiences: If you continually learn more about your company, your industry, your customer

and yourself, you will always be a leader. You will be purpose-driven rather than process-driven, and you will make a difference.

Steve was born in Pittsburgh, Pennsylvania, lives in Mocksville, North Carolina, and travels the world. He speaks to more than 250,000 people a year and influences the lives of millions through his keynote speeches, books, CDs and DVDs.

So fasten your seat belt and hold on tight as one of North America's most entertaining and motivational

speakers presents his renowned ENJOY THE RIDE™ presentation. Through side-splitting humor and reality-tested techniques, Steve Gilliland will reveal the way to face conflicting demands in an unforgiving world. This speech is straightforward, clear and easy to grasp—yet extremely profound. You will be talking about this keynote long after you hear it!



STEVE
Gilliland 

PREPRINTED REGISTRATION FORM

For returning members, a pre-printed 2012-2013 membership registration form with your name, current address, and membership number is provided on the back page of this publication. When completing the form, please be sure to provide your email address, as well as your current school and coaching information. Most of our correspondence is now being done via email, so an accurate email address is very important. For new members, a blank membership registration form is also provided as an insert in this publication.

CLINIC SCHEDULE ON THE WEB

The 2012 NCA Clinic schedule is available on the website at www.ncacoach.org. If changes are made to session times or speakers, the website will reflect the most updated version. Please be sure to refer to the updated schedule when planning which sessions you will attend.

FIRST YEAR COACHES ATTEND CLINIC FOR FREE

The NCA invites first year coaches to the NCA clinic for the cost of their \$40.00 membership. When registering a first year coach, please include 'first year coach' on the top of the membership registration form. This will allow the new coach to attend the clinic for free. To qualify for this benefit, the new coach must be entering his/her first year of coaching at any school.

CLINIC REFUNDS

We strongly encourage preregistration for the Multi-Sports Clinic to avoid long waiting lines on the first day. If a coach is preregistered but is unable to attend, refunds can be requested prior to July 1. All refund requests must be made in writing on school letterhead and can be mailed to NCA, PO Box 80727, Lincoln NE, 68501 ~ or ~ faxed to 402-434-5689. Any refund requests received after July 1 will be assessed a \$10.00 fee and will be issued AFTER the clinic.

CLINIC GOLF TOURNAMENT

The Nebraska Coaches Association Annual Coaches Golf Scramble will be held on Monday, July 22 at the Ashland Country Club. Cost for the tournament will be \$35.00 for NCA members and \$45.00 for non-members, which includes green fees, cart, pin prizes, range balls, and hot dog, chips & fountain drink. **Tee times for the four-person scramble will be accepted beginning on Monday, May 14 at 8:30 a.m. by calling the NCA office #402-434-5675.** If possible, please plan to register a complete team of four. Tee-times will be available from 7:30 a.m. to 3:30 p.m., scheduled every 10 minutes. Ashland Country Club is located along Nebraska Highway 6 (Cornhusker Highway) about 15 miles east of Lincoln, or 3 miles west of Ashland. ****PLEASE DO NOT CALL THE ASHLAND COUNTRY CLUB FOR TEE-TIMES.****



COACHES' NIGHT OUT

Coaches' Night Out will again be held at the Champions Club, located just west of Memorial Stadium in Lincoln. Premier Catering and Double Eagle Distributing will be providing food and beverages. Clinic badges will be required for entry. The event, which is underwritten by Hudl and the Nebraska National Guard, will run from 8:30–11:30 p.m. on Wednesday, July 25. The Nebraska Coaches Association would like to thank Hudl and the Nebraska National Guard for their continued support and sponsorship of Coaches' Night Out.



Special Session: *“How Coaches Can Turn Parent Complaints into Compliments”*

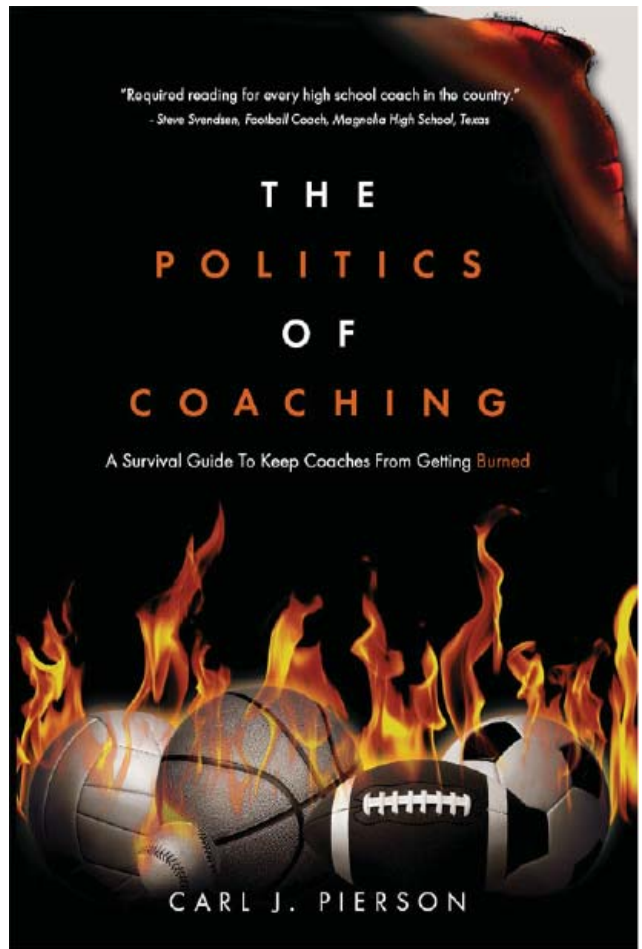
On Thursday, July 26 the Nebraska Coaches Association will host a Special Session entitled *“How Coaches Can Turn Parent Complaints into Compliments”*. The two-part session for both coaches and AD’s begins at 8:30 a.m.

Carl Pierson, the author of the top selling coaching book *“The Politics of Coaching: A Survival Guide to Keep Coaches From Getting Burned”* will help guide coaches and athletic directors with:

- *Helping your coaches embrace effective communication policies and practices*
- *Coping with public confrontations involving “crazy” parents/critics*
- *Managing public expectations*
- *Helping your coaches through the “Killer P’s” (Picking teams, playing time, and parent complaints)*
- *Equipping your coaches with ways to boost their “approval rating”*

Coach Pierson, an 8th grade football coach and Head Girls Basketball coach at Waconia High School, MN, has come highly recommended by coaches and administrators.

For more information on Coach Pierson, *“The Politics of Coaching: A Survival Guide to Keep Coaches From Getting Burned”*, or to see reviews from prominent coaches and AD’s, visit www.politicsofcoaching.com.






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SOFTBALL

Red Team

Teal Anderson, OF SS/P, Adams Central
 Christian Bugay, SS, Kearney
 Tania Carroll, P/OF, Lincoln Southwest
 Shannon Daly, 3B/C, Omaha Marian
 Taylor Erlenbusch, P, Millard South
 Sydney Hancock, SS/P, Wahoo
 Lindsay Larson, OF, Cross County
 Lexie Loos, OF, Millard North
 Erin McGonigal, SS/2B, Omaha Skutt
 Dana Norris, 2B/SS, Lincoln Southeast
 Blake Ringle, C, Millard South
 Bailey Schulenberg, OF, Lincoln Southwest
 Michelle Trulin, CF, Blair
 Micaela Whitney, P,
 Papillion-La Vista South
 Shelby Wobken, P, Logan View-
 Scribner-Snyder
 *Head Coach: Steve Kerkman,
 Millard South
 *Assistant Coach: Roni Wobken,
 Logan View-Scribner-Snyder

Sierra Eason, OF, Norris
 Caitlin Fehringer, CF, Wayne
 Sydney Hames, P/SS, Bennington
 Chaley Hamilton, P, Beatrice
 Kylie Harpst, P/OF, Lincoln North Star
 Kaitlin Hehnke, C, Grand Island
 Cassidy Miller, P/IF, Wayne
 Katie Petersen, SS/2B,
 Papillion-La Vista
 Sam Peterson, 3B/OF, Omaha Burke
 Katie Ruwe, C, Blair
 Ashley Schilling, OF, Papillion-La Vista
 Katie Soukup, OF/2B/SS, Omaha Burke
 Sydney Trosper, SS, Grand Island
 Aubrey Voboril, P/3B, Wahoo
 Kelsey Whipple, U, Papillion-La Vista
 *Head Coach: Todd Petersen,
 Papillion-La Vista
 *Assistant Coach: K.C. Hehnke,
 Grand Island

Blue Team

BOYS BASKETBALL

Red Team

Trey Bardsley, G, Beatrice
 Connor Beranek, G/F, Ravenna
 Carson Blum, G, Minden
 Jalen Bradley, G, Norfolk
 Zach Clemens, F, Scottsbluff
 Keithan Karn, F, Elkhorn South
 Tremain Monroe, G/F, Norfolk
 Ethan Montalvo, G, Omaha Bryan
 Kiefer Musiel, F, Lincoln North Star
 Tait Sibbel, G/F, St. Mary's
 Alex Starkel, P, Norfolk
 Dylan Travis, G,
 Omaha Gross Catholic
 Head Coach:
 Ben Reis, Norfolk
 Assistant Coach: Don Hogue,
 Falls City

Darian Barrientos-Jackson, G,
 Omaha Central
 Trevor Bryant, P,
 Tekamah-Herman
 Max Cook, G, Wahoo
 Coleman Dahle, G/F, Milford
 Levi Gipson, G/F, Lincoln Christian
 John Harris, F, Lincoln High
 Merrill Holden, P, Lincoln High
 Trey Moore, G, Papillion-La Vista
 Erich Nickman, G, Lincoln Pius X
 DeShun Roberts, F, Omaha Central
 Hadley Sejkora, F, Pawnee City
 Ryan Sievers, G, Lincoln Southeast
 *Head Coach: Tony Muller, Milford
 *Assistant Coach: Monte Jones,
 Lincoln Christian

Blue Team

2012 NCA ALL-STARS

GIRLS BASKETBALL

Red Team

Courtney Aitken, G, Centura
 Allison Bachman, G/F, Fremont
 Hallie Bauer, G/F, Minden
 Ashlee Harms, F, Sandy Creek
 Shelby Hemmann, P, Amherst
 Elle Klink, F, Columbus
 Chelsea Mason, G, Bellevue West
 Sadie Murren, G, Wahoo
 Jackie Osenbaugh, F, Lincoln East
 Brianna Rollerson, P, Omaha Central
 Sydney Seberger, G, Lexington
 Jessica Tietz, P, Bancroft-Rosalie
 Head Coach: Roger Lauhead,
 Wauneta-Palisade
 Assistant Coach: Tony Weinandt,
 Fremont

Alicia Armstrong, G/F, Beatrice
 Shelbi Bittinger, G/F, Milford
 Beth Bohuslavsky, G, Seward
 Briann Craig, G,
 Lincoln Northeast
 Haley Gebers, P, Superior
 Jaime Kennedy, G, Boone Central
 Laramey Lewis, G/F, Hitchcock County
 Lauren Meyers, F, Omaha Westside
 Chelsey Morten, G, Holdrege
 Lauren Stricker, G,
 Lincoln Southeast
 Felicia Tekolste, F, Norris
 Jordyn Wollenburg, F/P, Gretna
 Head Coach: Jeff Thober, Ravenna
 Assistant Coach: Mike Kennedy,
 Boone Central

Blue Team

VOLLEYBALL

Red Team

Maggie Anderson, S,
 Lincoln Southwest
 Katie Brand, RS/S, Grand Island CC
 Kate Elman, DS, Omaha Marian
 Elizabeth Gebhardt, MH,
 Lutheran High NE
 Kayla Haneline, MH, Lourdes
 Central Catholic
 Morgan Heise, OH, Wood River
 Whitney Kostal, S,
 Papillion-La Vista South
 Cari McGarvie, MH,
 Lincoln North Star
 Lea Sack, DS, Lincoln Pius X
 Christian Silver, OH, Grand Island
 Lauren Smith, MH, Lincoln Pius X
 Ashley Stevens, OH, Bridgeport
 Kelsey Stratman, MH,
 Skutt Catholic
 Claire White, OH,
 Exeter-Milligan
 Head Coach: Craig
 Songster, Lincoln Northeast
 Assistant Coach: Neil VanLengen,
 Dodge

Kelsey Biltoft, MH, Lawrence-Nelson
 Jordan Chohon, S, Columbus Scotus
 Jade Cunningham, RS/S/MH,
 Laurel-Concord
 Cassie Effken, MH,
 Lincoln Pius X
 Kalei Fertig, MH, Kearney
 Janaya Fox, OH, Bellevue East
 Katie Hoskins, OH, Wayne
 Katie Hughes, OH, Seward
 Ashley Jansen, S/DS, Omaha Marian
 Elaine Kramer, OH, Gretna
 Bria Rasmussen, DS, Grand Island
 Michaela Schimmer, RS/S, Northwest
 Megan Schmale, MH,
 Elmwood-Murdock
 Allison Zastrow, S, Lincoln Pius X
 Head Coach: Jason Owens, Kearney
 Assistant Coach: Joyce Hoskins,
 Wayne

Blue Team

**NEBRASKA COACHES ASSOCIATION
MULTI-SPORTS CLINIC
JULY 24-26, 2012
LINCOLN NORTH STAR HIGH SCHOOL**

UNDERWRITTEN BY:

**Nebraska Orthopaedic & Sports Medicine
National Wrestling Coaches Association
Hudl**

**Lincoln Convention & Visitors Bureau
Russell Athletics
Country Inn & Suites – Lincoln
Scheels**

**Nebraska National Guard
Baden Sports
Sid Dillon**

Registration: Prior to attending any session, all coaches, athletic directors, and vendors must secure a badge before they may enter the clinic area. Coaches and AD's are asked to use the main entrance on the east side of North Star High School and vendors are asked to utilize the west entrance.

Parking: Parking for coaches and AD's is the main parking area on the east/southeast side of North Star. Vendors are asked to park west of the building.

NOTE: Speakers, schedules, and topics are subject to change. For up-to-date changes, if any, please log on to the NCA web page at ncacoach.org.

SPECIAL SESSIONS

Tuesday, July 24

7:00 a.m.	REGISTRATION AND EXHIBIT AREA OPEN
10:45 a.m. – 12:00 p.m.	Bob Knight Autograph Session– Presented by Baden Sports and the NSAA
1:15 p.m. – 2:30 p.m.	KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
2:45 p.m. – 4:15 p.m.	IMPACT-Baseline Testing & Training, NE Sports Concussion Network, Sign Up at NE Orthopaedic & Sports Medicine Booth
2:45 p.m. – 4:15 p.m.	Care & Prevention of Athletic Injuries- Taping Sessions for Coaches
2:45 p.m. – 3:45 p.m.	Steve Silvey, Plano, TX- “All Sports Speed Development”
2:45 p.m. – 3:45 p.m.	Community Asthma Education Initiative Presentation

Wednesday, July 25

7:00 a.m.	Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels
9:00 a.m. – 10:30 a.m.	REGISTRATION AND EXHIBIT AREA OPEN
9:00 a.m. – 1:00 p.m.	Care & Prevention of Athletic Injuries- Taping Sessions for Coaches
1:15 p.m. – 2:30 p.m.	FCA Wives Breakout Sessions/Lunch- NSAA Building
2:45 p.m. – 4:15 p.m.	KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
2:45 p.m. – 4:15 p.m.	IMPACT-Baseline Testing & Training, NE Sports Concussion Network, Sign Up at NE Orthopaedic & Sports Medicine Booth
	Care & Prevention of Athletic Injuries- Taping Sessions for Coaches

Thursday, July 26

7:00 a.m.	REGISTRATION AND EXHIBIT AREA OPEN
7:30 a.m. – 8:30 a.m.	Fellowship of Christian Athletes- “3-Dimensional Pyramid of Coaching Success”
8:30 a.m. – 9:30 a.m.	Carl Pierson, Waconia HS, MN- “How Coaches Can Turn Parent Complaints Into Compliments” Part I
9:45 a.m. – 10:45 a.m.	Carl Pierson, Waconia HS, MN- “How Coaches Can Turn Parent Complaints Into Compliments” Part II
11:00 a.m. – 12:00 p.m.	Jay Terry, University of Nebraska- “Overview of Helmet & Shoulder Pad Fitting”

ATHLETIC DIRECTORS

Tuesday, July 24

7:00 a.m.	REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m.	Bob Knight, ESPN- “Basketball- Various Aspects of Offensive Play – Presented by Baden Sports and the NSAA
9:30 a.m. – 10:30 a.m.	Bob Knight, ESPN- “Basketball- Various Aspects of Offensive Play – Presented by Baden Sports and the NSAA
10:45 a.m. – 12:00 p.m.	Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
12:00 p.m. – 1:15 p.m.	Lunch on your own
1:15 p.m. – 2:30 p.m.	KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
2:45 p.m. – 3:45 p.m.	NSAA- Required New AD Meeting Part I (Must attend Tuesday & Wednesday Sessions for NSAA credit)
2:45 p.m. – 3:45 p.m.	Chris Creighton, Drake University- “Building Team Leaders”
2:45 p.m. – 3:45 p.m.	Community Asthma Education Initiative Presentation

Wednesday, July 25

7:00 a.m.	Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels
8:15 a.m. – 9:15 a.m.	REGISTRATION AND EXHIBIT AREA OPEN
9:30 a.m. – 10:30 a.m.	Dave Crowell, Nazareth HS, PA- “Much-Needed Leadership in Scholastic Athletics”
10:45 a.m. – 12:00 p.m.	Dave Crowell, Nazareth HS, PA- “The Athletic Director: The ‘Problem-Preventer’”
12:00 p.m. – 1:15 p.m.	District & Sports Meetings
	Lunch on Your Own
1:15 p.m. – 2:30 p.m.	KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
2:45 p.m. – 3:45 p.m.	NSAA- Required New AD Meeting Part II & “NSAA Web Site” (Must attend Tuesday & Wednesday Sessions for NSAA credit)

Thursday, July 26

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 10:45 a.m.
11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Carl Pierson, Waconia HS, MN- “How Coaches Can Turn Parent Complaints into Compliments” Part I
Carl Pierson, Waconia HS, MN- “How Coaches Can Turn Parent Complaints into Compliments” Part II
Hudl- “Using Video to Dominate as a School”

FOOTBALL

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Tim Teykl, B.F. Terry HS, Rosenberg, TX- “Are you Frozen-In or Burned-Out”
Tim Teykl, B.F. Terry HS, Rosenberg, TX- “Having a Blast with the Split-Back Veer”
Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Chris Creighton, Drake University- “Building Team Leaders”
Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Josh Gehring, Midland University- “QB Development”
Josh Gehring, Midland University- “IMPACT Leadership – Player Development”
District Meetings, Sports Meetings, Visit Exhibits
Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Rick Kaczenski, University of Nebraska- “Run Fundamentals & Pass Game Stunts”

Thursday, July 26

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 10:45 a.m.
11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

NSAA FOOTBALL RULES MEETING & Nebraska Shrine Bowl Player Nomination

Hudl – “Using Video to Dominate Football”
Jay Terry, University of Nebraska- “Overview of Helmet & Shoulder Pad Fitting”

FOOTBALL 8-MAN

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Tim Teykl, B.F. Terry HS, Rosenberg, TX- “Are you Frozen-In or Burned-Out”
Hudl – “Using Video to Dominate in 8-Man Football”
Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Chris Creighton, Drake University- “Building Team Leaders”
Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:30 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Josh Gehring, Midland University- “QB Development”
Jerry Voorhees & Brent Overmiller, Thunder Ridge HS, KS- “Longhorn 3-3 Cover 2 Defense”
District & Sports Meetings
Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Rick Kaczenski, University of Nebraska- “Run Fundamentals & Pass Game Stunts”

Thursday, July 26

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 10:45 a.m.
11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

NSAA FOOTBALL RULES MEETING

Jerry Voorhees & Brent Overmiller, Thunder Ridge, HS, KS- “Longhorn Football Philosophy”
Jay Terry, University of Nebraska- “Overview of Helmet & Shoulder Pad Fitting”

VOLLEYBALL

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Jean Kesterson, Cathedral HS, IN- “Designing Efficient and Effective Practices For All Levels of Play”
Jean Kesterson, Cathedral HS, IN- “The Keys to Success - Serve and Serve Receive”
Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Hudl- “Using Video to Dominate in Volleyball”
Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25

7:00 a.m.
 8:15 a.m. – 9:15 a.m.
 9:30 a.m. – 10:30 a.m.
 10:45 a.m. – 12:00 p.m.
 12:00 p.m. – 1:15 p.m.
 1:15 p.m. – 2:30 p.m.
 2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN
 Christi Posey, University of Missouri Kansas City- “Ball Control Drills”
 Christi Posey, University of Missouri Kansas City- “Tips & Training to Make Your Team More Competitive”
 District Meetings, Sports Meetings, Visit Exhibits
 Lunch on Your Own
KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
 Dan Connors, University of Nebraska- “Building Your Defense Around the Swing Block”

Thursday, July 26

7:00 a.m.
 8:30 a.m. – 9:30 a.m.
 9:45 a.m. – 10:45 a.m.
 11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN
 Anne Kordes, University of Louisville- “Setter Training Part I”
 Anne Kordes, University of Louisville- “Setter Training Part II”
NSAA VOLLEYBALL RULES MEETING

BASKETBALL**Tuesday, July 24**

7:00 a.m.
 8:15 a.m. – 9:15 a.m.
 9:30 a.m. – 10:30 a.m.
 10:45 a.m. – 12:00 p.m.
 12:00 p.m. – 1:15 p.m.
 1:15 p.m. – 2:30 p.m.
 2:45 p.m. – 3:45 p.m.
 2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN
 Bob Knight, ESPN- “Various Aspects of Offensive Play” Presented by Baden & NSAA
 Bob Knight, ESPN- “Various Aspects of Offensive Play” Presented by Baden & NSAA
 Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
 Lunch on your own
KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
 Steve Silvey, Plano, TX- “All Sports Speed Development”
 Eric Behrens, Omaha Central HS, NE- “Central’s Defensive System”

Wednesday, July 25

7:00 a.m.
 8:15 a.m. – 9:15 a.m.
 9:30 a.m. – 10:30 a.m.
 10:45 a.m. – 12:00 p.m.
 12:00 p.m. – 1:15 p.m.
 1:15 p.m. – 2:30 p.m.
 2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN
 Drew Olson, Concordia University, NE- “Set Plays”
 Drew Olson, Concordia University, NE- “Full Court Press”
 District & Sports Meetings
 Lunch on Your Own
KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
 Hudl- “Using Video to Dominate in Basketball”

Thursday, July 26

7:00 a.m.
 8:30 a.m. – 9:30 a.m.
 9:45 a.m. – 10:45 a.m.
 11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN
 Chip Bahe, Millard North- “Drills for the Motion Offense”
NSAA BASKETBALL RULES MEETING
 Ryn Williams, University of South Dakota- “Quick Hitters”

WRESTLING**Tuesday, July 24**

7:00 a.m.
 8:15 a.m. – 9:15 a.m.
 9:30 a.m. – 10:30 a.m.
 10:45 a.m. – 12:00 p.m.
 12:00 p.m. – 1:15 p.m.
 1:15 p.m. – 2:30 p.m.
 2:45 p.m. – 3:45 p.m.

****All Sessions Presented by: The National Wrestling Coaches Association****

REGISTRATION AND EXHIBIT AREA OPEN
 Dave Crowell, Nazareth HS, PA- “Developing A System for Your Team”
 Dave Crowell, Nazareth HS, PA- “A Plan for ‘Getting Out’ from Bottom”
 Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
 Lunch on your own
KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
 Dave Crowell, Nazareth HS, PA- “Good Coach, Great Program: Essentials for Success”

Wednesday, July 25

7:00 a.m.
 8:15 a.m. – 9:15 a.m.
 9:30 a.m. – 10:30 a.m.
 10:45 a.m. – 12:00 p.m.
 12:00 p.m. – 1:15 p.m.
 1:15 p.m. – 2:30 p.m.
 2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN
 Mike Hagerty, Blue Springs HS, MO- “Tips on Building and Maintaining a High School Wrestling Program”
 Mike Hagerty, Blue Springs HS, MO- “Building Core Skills/Technique/Tactics and Drills in Your Practice Room”
 District & Sports Meetings
 Lunch on Your Own
KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
 Hudl & Ron Higdon, Formerly UNO- “Using Video to Dominate in Wrestling”

Thursday, July 26

7:00 a.m.
 8:30 a.m. – 9:30 a.m.
 9:45 a.m. – 10:45 a.m.
 11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN
 Ron Higdon, NSAA- “Information for the 2012-13 Wrestling Season”
 Marc Bauer, University of Nebraska Kearney- “Counter Leg Attacks - Floating Defense”
 Marc Bauer, University of Nebraska Kearney- “Ingredients for a Successful Season”

GOLF

Tuesday, July 24

7:00 a.m.

8:15 a.m. – 9:15 a.m.

9:30 a.m. – 10:30 a.m.

10:45 a.m. – 12:00 p.m.

12:00 p.m. – 1:15 p.m.

1:15 p.m. – 2:30 p.m.

at Lincoln North Star High School

REGISTRATION AND EXHIBIT AREA OPEN

Craig Ames, Nebraska Golf Association- “Conducting a Competition Part I”

Craig Ames, Nebraska Golf Association- “Conducting a Competition Part II”

Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA

Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Wednesday, July 25

7:00 a.m.

8:15 a.m. – 9:15 a.m.

9:30 a.m. – 10:30 a.m.

10:45 a.m. – 12:00 p.m.

12:00 p.m. – 1:15 p.m.

1:15 p.m. – 2:30 p.m.

Morning Sessions at UNL East Campus – 203 Keim

(Blood Drive - Nebraska Community Blood Bank on Site at Lincoln North Star HS) “Be the Type that Gives”

REGISTRATION AND EXHIBIT AREA OPEN

Scott Holly, UNL PGA Golf Management- “The Use of Video Technology for Junior Golfers, Part I”

Brad Goetsch, UNL PGA Golf Management- “The Use of Video Technology for Junior Golfers, Part II”

District Meetings, Sports Meetings, Visit Exhibits

Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Thursday, July 26

7:00 a.m.

8:30 a.m. – 9:30 a.m.

9:45 a.m. – 10:45 a.m.

11:00 a.m. – 12:00 p.m.

at West Nine Firethorn Golf Course

REGISTRATION AND EXHIBIT AREA OPEN AT LINCOLN NORTH STAR HS

Jim White & Greg Johannesen, West Nine Firethorn- “Player Performance and Their Equipment”

Jim White & Greg Johannesen, West Nine Firethorn- “Critical Fundamentals for Success”

Jim White & Greg Johannesen, West Nine Firethorn- “Playing the Game: “Short Game vs. Long Game”

CROSS COUNTRY

Tuesday, July 24

7:00 a.m.

8:15 a.m. – 9:15 a.m.

9:30 a.m. – 10:30 a.m.

10:45 a.m. – 12:00 p.m.

12:00 p.m. – 1:15 p.m.

1:15 p.m. – 2:30 p.m.

2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Chris Suppes, Fort Collins HS, CO- “The Difference of Coaching Boys & Girls – Part I”

Chris Suppes, Fort Collins HS, CO- “The Difference of Coaching Boys & Girls – Part II”

Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA

Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25

7:00 a.m.

8:15 a.m. – 9:15 a.m.

9:30 a.m. – 10:30 a.m.

10:45 a.m. – 12:00 p.m.

12:00 p.m. – 1:15 p.m.

1:15 p.m. – 2:30 p.m.

2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Rick Weinheimer, Columbus North HS, IN- “Coaching, Teaching, and Seeking Excellence”

Rick Weinheimer, Columbus North HS, IN- “Delivering Oxygen to Deliver Fast Racing”

District Meetings, Sports Meetings, Visit Exhibits

Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Ted Bulling, Ph.D., Nebraska Wesleyan University- “Cross Country Training & Philosophy”

Thursday, July 26

7:00 a.m.

8:30 a.m. – 9:30 a.m.

9:45 a.m. – 10:45 a.m.

11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Visit Exhibits

Ryan Salem, Lincoln Southwest HS, NE- “Aerobic Conditioning for a Season of Cross Country Success”

Ryan Salem, Lincoln Southwest HS, NE- “Cross Country Workouts that Work”

TRACK & FIELD

Tuesday, July 24

7:00 a.m.

8:15 a.m. – 9:15 a.m.

9:30 a.m. – 10:30 a.m.

10:45 a.m. – 12:00 p.m.

12:00 p.m. – 1:15 p.m.

1:15 p.m. – 2:30 p.m.

2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Steve Silvey, Plano, TX- “Sprint Training for 100 & 200 meters”

Steve Silvey, Plano, TX- “Cutting Edge Hurdling (110 & 300 Hurdles)”

Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA

Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Sara Domeier, Lincoln North Star HS- “Using Core & Learning How to Run Fast When Tired (400 and 800m)”

Wednesday, July 25

7:00 a.m.

8:15 a.m. – 9:15 a.m.

9:30 a.m. – 10:30 a.m.

10:45 a.m. – 12:00 p.m.

12:00 p.m. – 1:15 p.m.

1:15 p.m. – 2:30 p.m.

2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Rick Weinheimer, Columbus North HS, IN- “Coaching, Teaching, and Seeking Excellence”

Derek Frese, Assistant Coach, Nebraska Wesleyan University- “Shot Put Technique & Training”

District Meeting, Sports Meetings, Visit Exhibits

Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Derek Frese, Assistant Coach, Nebraska Wesleyan University- “Discus Technique & Training”

Thursday, July 26

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 10:45 a.m.

REGISTRATION AND EXHIBIT AREA OPEN

Bob Feurer, North Bend Central HS, NE- “Throws: The Butterfly Effect: It’s a Whole Bunch of Little Things”
Bob Feurer, North Bend Central HS, NE- “Throws: Ninety Percent of it is Half Mental.”

TENNIS

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Kerry McDermott, University of Nebraska- “Basic Fundamentals- Grips, Movement, Stroke Technique”
Kerry McDermott, University of Nebraska- “Singles and Doubles Drills”
Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Troy Saulsbury, Kearney HS, NE- “You Have How Many Players Out for Tennis? - Drills to Manage More Kids - Fewer Courts”
Troy Saulsbury, Kearney HS, NE- “Start to Finish - Managing the Season - Organizing Practices to Preparing for Matches”
District Meetings, Sports Meetings, Visit Exhibits
Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
Visit Exhibits

Thursday, July 26

7:00 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 11:45 a.m.

REGISTRATION AND EXHIBIT AREA OPEN

Steve Lemon, Bellevue West HS, NE- “Getting the Most Out of Your Athletes”
Steve Lemon, Bellevue West HS, NE- “Make it Fun”

SOFTBALL

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Pat Murphy, University of Alabama- “Offensive Strategies”
Pat Murphy, University of Alabama- “Speeding Up the Game in Practice”
Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
Hudl- “Using Video to Dominate in Softball”
Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Amanda Lehotak, University Texas San Antonio, TX- “Drills, Drills, Drills”
Amanda Lehotak, University Texas San Antonio, TX- “Practice Organization & Team Drills”
District Meetings, Sports Meetings, Visit Exhibits
Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
Visit Exhibits

Thursday, July 26

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 10:45 a.m.
11:00 a.m. – 12:00 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

George Wares, Central College, IA- “Mental Aspect of the Game”
George Wares, Central College, IA- “How to Use the Short Game for Offensive Production”
NSAA SOFTBALL RULES MEETING

SOCCER

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Rob Herringer, Benedictine College, KS- “Creating a Culture of Excellence”
Rob Herringer, Benedictine College, KS- “Modern Tactical Trends”
Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25
7:00 a.m. **Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels**
REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Anthony DiCicco, SoccerPlus, CT- “Understanding, Managing and Training Your Goalkeeper”
9:30 a.m. – 10:30 a.m. Anthony DiCicco, SoccerPlus, CT- “Incorporating Technical Skills Development Into Your Training Sessions”
10:45 a.m. – 12:00 p.m. District Meetings, Sports Meetings, Visit Exhibits
12:00 p.m. – 1:15 p.m. Lunch on Your Own
1:15 p.m. – 2:30 p.m. **KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”**
2:45 p.m. – 3:45 p.m. Andrew Ferguson, Olympia Soccer Academy, Lincoln, NE- “Possession Play and the Killer Pass”

Thursday, July 26
7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
9:30 a.m. – 10:30 a.m. Lang Wedemeyer, South Dakota State University- “Running a 1-4-3-3 System of Play”
10:45 a.m. – 11:45 a.m. Lang Wedemeyer, South Dakota State University- “Developing the Leaders Within Your Team”

JUNIOR HIGH FOOTBALL (Junior High Sessions in Bold)

Tuesday, July 24
7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Tim Teykl, B.F. Terry HS, Rosenberg, TX- “Are you Frozen-In or Burned-Out”
9:30 a.m. – 10:30 a.m. Tim Teykl, B.F. Terry HS, Rosenberg, TX- “Having a Blast with the Split-Back Veer”
10:45 a.m. – 12:00 p.m. Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
12:00 p.m. – 1:15 p.m. Lunch on your own
1:15 p.m. – 2:30 p.m. **KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”**
2:45 p.m. – 3:45 p.m. Chris Creighton, Drake University- “Building Team Leaders”
2:45 p.m. – 3:45 p.m. Steve Silvey, Plano, TX- “All Sports Speed Development”

Wednesday, July 25
7:00 a.m. **Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels**
REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. John McGary, Tri County, NE- “Trojan Drills-Always with Passion”
9:30 a.m. – 10:30 a.m. Josh Gehring, Midland University- “IMPACT Leadership – Player Development” (11-Man FB)
9:30 a.m. – 10:30 a.m. Jerry Voorhees, Thunder Ridge HS, KS- “Longhorn 3-3 Cover 2 Defense” (8-Man FB)
10:45 a.m. – 12:00 p.m. District Meetings, Sports Meetings, Visit Exhibits
12:00 p.m. – 1:15 p.m. Lunch on Your Own
1:15 p.m. – 2:30 p.m. **KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”**
2:45 p.m. – 3:45 p.m. Rick Kaczinski, University of Nebraska- “Run Fundamentals & Pass Game Stunts”

Thursday, July 26
7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
9:45 a.m. – 10:45 a.m. John McGary, Tri County, NE- “Defensive Philosophy-Pressure-Coverage-Assignments”
9:45 a.m. – 10:45 a.m. Jerry Voorhees, Thunder Ridge, HS, KS- “Longhorn Football Philosophy” 8-man
11:00 a.m. – 12:00 p.m. John McGary, Tri County, NE- “Offensive Philosophy-From the Veer, Power to Counter, Play Action”
11:00 a.m. – 12:00 p.m. Jay Terry, University of Nebraska- “Overview of Helmet & Shoulder Pad Fitting”

JUNIOR HIGH VOLLEYBALL (Junior High Sessions in Bold)

Tuesday, July 24
7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Renee Saunders, Omaha Skutt Catholic, NE- “Volleyball Outside the Lines - Going Beyond X’s and O’s” (Classroom Session)
9:30 a.m. – 10:30 a.m. Jean Kesterson, Cathedral HS, IN- “The Keys to Success - Serve and Serve Receive”
10:45 a.m. – 12:00 p.m. Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
12:00 p.m. – 1:15 p.m. Lunch on your own
1:15 p.m. – 2:30 p.m. **KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”**
2:45 p.m. – 3:45 p.m. Renee Saunders, Omaha Skutt Catholic, NE- (Gym Session)

Wednesday, July 25
7:00 a.m. **Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels**
REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Christi Posey, University of Missouri Kansas City- “Ball Control Drills”
9:30 a.m. – 10:30 a.m. Christi Posey, University of Missouri Kansas City- “Tips & Training to Make Your Team More Competitive”
10:45 a.m. – 11:45 a.m. Renee Saunders, Omaha Skutt Catholic, NE- (Gym Session)
12:00 p.m. – 1:15 p.m. Lunch on Your Own
1:15 p.m. – 2:30 p.m. **KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”**
2:45 p.m. – 3:45 p.m. Dan Connors, University of Nebraska- “Building Your Defense Around the Swing Block”

Thursday, July 26
7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:30 a.m. – 9:30 a.m. Anne Kordes, University of Louisville- “Setter Training Part I”
9:45 a.m. – 10:45 a.m. Anne Kordes, University of Louisville- “Setter Training Part II”

JUNIOR HIGH BASKETBALL (Junior High Sessions in Bold)

Tuesday, July 24

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Bob Knight, ESPN- “Various Aspects of Offensive Play” Presented by Baden and the NSAA
9:30 a.m. – 10:30 a.m. Bob Knight, ESPN- “Various Aspects of Offensive Play” Presented by Baden and the NSAA
10:45 a.m. – 12:00 p.m. Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
12:00 p.m. – 1:15 p.m. Lunch on your own
1:15 p.m. – 2:30 p.m. KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
2:45 p.m. – 3:45 p.m. Eric Behrens, Omaha Central HS, NE- “Central’s Defensive System”

Wednesday, July 25

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Drew Olson, Concordia University, NE- “Set Plays”
9:30 a.m. – 10:30 a.m. Drew Olson, Concordia University, NE- “Full Court Press”
10:45 a.m. – 12:00 p.m. District & Sports Meetings
12:00 p.m. – 1:15 p.m. Lunch on Your Own
1:15 p.m. – 2:30 p.m. KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
2:45 p.m. – 3:45 p.m. Hudl- “Using Video to Dominate in Basketball”

Thursday, July 26

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:30 a.m. – 9:30 a.m. Chip Bahe, Millard North- “Drills for the Motion Offense”
9:45 a.m. – 10:30 a.m. **Tim Barada, Wilber-Clatonia- “Man to Man Defensive Shell Drill Principles”**
10:45 a.m. – 11:30 a.m. **Tim Barada, Wilber-Clatonia- “Flex Offense Basics”**

JUNIOR HIGH TRACK & FIELD (Same Schedule as High School Sessions)

Tuesday, July 24

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Steve Silvey, Plano, TX- “Sprint Training for 100 & 200 meters”
9:30 a.m. – 10:30 a.m. Steve Silvey, Plano, TX- “Cutting Edge Hurdling (110 & 300 Hurdles)”
10:45 a.m. – 12:00 p.m. Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
12:00 p.m. – 1:15 p.m. Lunch on your own
1:15 p.m. – 2:30 p.m. KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
2:45 p.m. – 3:45 p.m. Sara Domeier, Lincoln North Star HS- “Using Core & Learning How to Run Fast When Tired (400 and 800m)”

Wednesday, July 25

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Rick Weinheimer, Columbus North HS, IN- “Coaching, Teaching, and Seeking Excellence”
9:30 a.m. – 10:30 a.m. Derek Frese, Assistant Coach, Nebraska Wesleyan University- “Shot Put Technique & Training”
10:45 a.m. – 12:00 p.m. District Meeting, Sports Meetings, Visit Exhibits
12:00 p.m. – 1:15 p.m. Lunch on Your Own
1:15 p.m. – 2:30 p.m. KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”
2:45 p.m. – 3:45 p.m. Derek Frese, Assistant Coach, Nebraska Wesleyan University- “Discus Technique & Training”

Thursday, July 26

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:30 a.m. – 9:30 a.m. Bob Feurer, North Bend Central HS, NE- “Throws: The Butterfly Effect: It’s a Whole Bunch of Little Things”
9:45 a.m. – 10:45 a.m. Bob Feurer, North Bend Central HS, NE- “Throws: Ninety Percent of it is Half Mental”

CHEERLEADING

Tuesday, July 24

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 9:15 a.m. Jason Sack, Northwest Missouri State University, UCA- “What the Judges are Looking For”
9:30 a.m. – 10:30 a.m. Jason Sack, Northwest Missouri State University, UCA- “How to Run an Effective Practice”
10:45 a.m. – 12:00 p.m. Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA
12:00 p.m. – 1:15 p.m. Lunch on your own
1:15 p.m. – 2:30 p.m. KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”
2:45 p.m. – 3:45 p.m. Jason Sack, Northwest Missouri State University, UCA- “Effective Choreography”

Wednesday, July 25

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels
NOTE: Those wishing to complete the AACCA certification, must attend the AACCA classes and exam. An additional fee of \$75 is required for certification - Payable to AACCA on July 25th. Please contact the NCA office if you wish to obtain AACCA certification through the clinic so that adequate materials can be ordered.

7:00 a.m. REGISTRATION AND EXHIBIT AREA OPEN
8:15 a.m. – 10:15 a.m. Terri Freeman, UCA- AACCA Certification **Classroom Work**
8:15 a.m. – 9:30 a.m. Visit Exhibits
9:30 a.m. – 10:30 a.m. Jason Sack, Northwest Missouri State University, UCA- “Pep Rallies”
10:30 a.m. – 11:30 a.m. Jason Sack, Northwest Missouri State University, UCA- “Parents 101”
11:30 a.m. – 12:00 p.m. Sports Meetings

12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.
2:45 p.m. – 4:45 p.m.

Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Jason Sack, Northwest Missouri State University, UCA- “Preparing Your Cheerleaders for College Cheer Programs”
Terri Freeman, UCA- AACCA Certification **TEST**

Thursday, July 26

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 10:45 a.m.

REGISTRATION AND EXHIBIT AREA OPEN

Jason Sack, Northwest Missouri State University, UCA- “Ask the Experts”

Jason Sack, Northwest Missouri State University, UCA- “New Coaches”

DANCE

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Katie Balfanz, UDA- “What the Judges are Looking For”

Katie Balfanz, UDA- “How to Run an Effective Practice”

Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA

Lunch on your own

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Katie Balfanz, UDA- “Dance Technique”

Wednesday, July 25

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Katie Balfanz, UDA- “Choreography”

Katie Balfanz, UDA- “Advanced Dance Technique”

District Meetings, Sports Meetings, Visit Exhibits

Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Katie Balfanz, UDA- “Preparing Your Dancers for College Dance Programs”

Thursday, July 26

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 10:45 a.m.

REGISTRATION AND EXHIBIT AREA OPEN

Katie Balfanz, UDA- “Ask the Experts”

Katie Balfanz, UDA- “New Coaches”

SPECIAL OLYMPICS

Tuesday, July 24

7:00 a.m.
8:15 a.m. – 9:15 a.m.
9:30 a.m. – 10:30 a.m.
10:45 a.m. – 11:30 p.m.
11:30 p.m. – 12:30 p.m.
12:30 p.m. – 2:30 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Bob Knight, ESPN- “Various Aspects of Offensive Play” - Presented by Baden & NSAA

Bob Knight, ESPN- “Various Aspects of Offensive Play” - Presented by Baden & NSAA

Visit Exhibits & Bob Knight Autograph Session – Presented by Baden Sports and the NSAA

Lunch on your own

Bocce (Special Olympics Rules & Entry Forms)

KEYNOTE ADDRESS: CHRIS CREIGHTON, DRAKE UNIVERSITY- “COACHING ABOVE THE CLOUDS”

Community Asthma Education Initiative Presentation

Wednesday, July 25

7:00 a.m.
8:30 a.m. – 9:30 a.m.
9:45 a.m. – 12:00 p.m.
12:00 p.m. – 1:15 p.m.
1:15 p.m. – 2:30 p.m.
2:45 p.m. – 3:45 p.m.

Blood Drive - Nebraska Community Blood Bank on Site – “Be the Type that Gives” - Presented by Sid Dillon & Scheels

REGISTRATION AND EXHIBIT AREA OPEN

Aquatics (Special Olympics Rules & Entry Forms)

Aquatics – Lincoln North Star Pool Area

Lunch on Your Own

KEYNOTE ADDRESS: STEVE GILLILAND- “ENJOY THE RIDE”

Visit Exhibits

Thursday, July 26

7:00 a.m.
9:00 a.m. – 10:00 a.m.
10:30 a.m. – 12:30 p.m.

REGISTRATION AND EXHIBIT AREA OPEN

Bowling (Special Olympics Rules & Entry Forms)

Bowling at Sun Valley Lanes

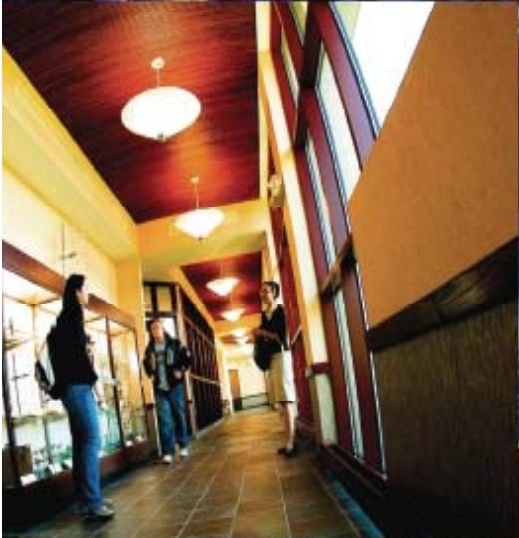
District Meetings – Wednesday - 10:45-11:15:

District 1	Auditorium	District 4	E117
District 2	Main Gym	District 5	Theater
District 3	South Gym	District 6	B118A

Sports Meetings - Wednesday - 11:30-12:00:

Football	Auditorium	Volleyball	South Gym
Golf	B118A	Basketball	Main Gym
Wrestling	Wrestling Room	Track & CC	E117
Tennis	B105	Soccer	B111
Softball	E121	Cheer/Dance	A118A





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- Study Techniques



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at (308)440-4176 or
john.valasek@us.army.mil**



2012 Nebraska Coaches Association Multi-Sport Clinicians

Special Session:

Carl Pierson, Waconia HS, MN – A native of Mitchell, SD, Carl Pierson has been coaching various levels of football, basketball, and baseball for the past 20 years. He is currently an 8th grade football coach and the head girls' basketball coach at Waconia HS, MN. Coach Pierson has combined his life-long love of politics and his political science training with his 40 seasons of coaching experience to author the top selling coaching book "The Politics of Coaching: A Survival Guide to Keep Coaches From Getting Burned." Pierson offers real world examples and practical advice on eternally troubling topics.

Football:

Tim Teykl, B.F. Terry HS, Rosenberg, TX – Coach Teykl is a 33 year football coaching veteran at every level in the state of Texas. In 2007 he was honored by the Texas High School Coaches Association (THSCA) with the Tom Landry Award – the highest career football coaching honor in the state of Texas. In 2012 he served as a coach for the U.S. Army All-American Bowl. He has been selected the head coach for the Bayou Bowl. He currently serves as a Director with the THSCA, and has been the President of the Greater Houston Football Coaches Assoc. and the Texas 7-on-7 Assoc. He is the winningest coach in B.F. Terry HS history. At the collegiate level Teykl helped Southwest Texas State University win back-to-back National Championships. Teykl is a two-time finalist for the America Football Coaches Association (AFCA) "Power of Influence" Award.

Chris Creighton, Drake University – Coach Creighton owns an overall record of 125-38 (.766 winning percentage) in 15 years as a collegiate head coach, and ranks in the top 20 in winning percentage among active coaches with at least five seasons at four-year colleges. Creighton served as head coach at Wabash College, IN, from 2001-07 where he constructed a 63-15 record

(.808) with his teams winning four conference championships while competing in three NCAA Division III playoffs. Creighton was head coach at Ottawa, KS University from 1997-2000, compiling a record of 32-9. The Seattle, WA native produced one of the greatest single season turnarounds in NAIA history during his first year at Ottawa in 1997. Inheriting a team that posted a record of 1-8 the previous season, Creighton guided his club to a 9-2 finish en route to capturing its first conference title since 1972. He led Ottawa to appearances in the NAIA playoffs in '97 and 2000.

Josh Gehring, Midland University – Gehring is entering his first season as head football coach at Midland University. From 2007 to 2009, he set records as an offensive coordinator at Morningside College. In his three seasons, the Mustangs went from averaging 24 points per game to 45.1 in 2009. Morningside averaged over 400 yards per game with their quarterbacks completing more than 60% of their passes. After the 2009 season, Gehring was named the AFCA NAIA Assistant Coach of the Year. Prior to coming to Midland University, Gehring spent two years as quarterback coach and passing game coordinator with the three-time NCAA Division III national champion Wisconsin-Whitewater Warhawks. He implemented one of the most explosive and efficient passing attacks in the country, averaging over 40 passes per game with nearly 70% efficiency.

Rick Kaczinski, University of Nebraska – Rick Kaczinski joined the Nebraska coaching staff in December of 2011 and is in his first year as the Huskers' defensive line coach. Kaczinski joins the defensive staff after building an impressive resume on Kirk Ferentz's staff at Iowa. With Kaczinski as a member of the full-time coaching staff from 2007 to 2011, Iowa reached a bowl game each of the past four years, including an appearance in the Orange Bowl following the 2009 season. Overall, seven of Kaczinski's defensive linemen have been drafted or signed an NFL free agent contract over the past four seasons. Kaczinski began his coaching career in 1998 as an assistant coach at Erie, PA Cathedral Prep, his high school alma mater. He played collegiately at Notre Dame from 1994 to 1997, where he was a three-year starter at center from 1995 to 1997.

Jay Terry, University of Nebraska – Cozad, NE, native Jay Terry has been equipment manager at Nebraska since 2002 and has served on the Nebraska athletic department equipment staff since April 1997. Terry also spent two years as a student equipment manager before serving as an assistant equipment manager for four years. Terry maintains the Husker football locker room and is in charge of the football team's equipment needs. He coordinates the transportation of all football and support equipment to road games, and oversees Nebraska's equipment staff of three full-time assistants and several student workers who handle all 23 of Nebraska's sports.

Football 8-Man:

Jerry Voorhees, Thunder Ridge HS, KS – Coach Voorhees, a Smith Center, KS native, has lead the Thunder Ridge Longhorns to six straight undefeated league championships while compiling a 53-13 record. In 2011 Voorhees' squad captured the Kansas State Championship with a 13-0 record. Thunder Ridge has made the Kansas State 8-Man Football Playoffs in five of the six seasons with Voorhees at the helm. He has served as a coach of the Kansas 8-Man All-Star game twice.

Brent Overmiller, Thunder Ridge HS, KS – Coach Overmiller, a Smith Center, KS native, has served as the defensive coordinator for the Longhorns for the past three seasons. Prior to joining Coach Voorhees at Thunder Ridge HS, he coached at Ellis HS for three years. In 2011, the Longhorn defensive unit was the #1 ranked 8-Man squad in the state of Kansas by posting seven shutout games in route to an undefeated season and state title.

Volleyball:

Jean Kesterson, Cathedral HS, Indianapolis, IN – Coach Kesterson has more than three decades of coaching experience including 23 years at Cathedral High School in Indianapolis. Her teams have advanced to the state finals 11 of the last 16 years and competed in the state championship match 9 of the last 15 years. The Irish have won 6 state championships and finished state runner-up three times during this period. In 2000, Kesterson was elected into the Indiana Volleyball Hall of

Fame. In 2001, she was named the National Federation Indiana High School Coach of the Year. In 2006, she was selected the 4A State Coach of the Year. Kesterson has been named Indianapolis Metro Coach of the Year four times. Cathedral has also earned the prestigious AVCA Team Academic Award 14 years running. Coach Kesterson has presented at the AVCA Convention in 2007, 2008 and 2010 as well as numerous national and state clinics.

Dan Conners, University of Nebraska – Dan Conners joined Head Coach John Cook's staff in February of 2011 after spending the previous five seasons at UCLA. Along with coaching the Huskers' blocking and defense, Conners is NU's recruiting coordinator. During the 2011 season the Huskers made history with their first Big Ten Conference title as they won their 32nd overall conference crown. The Huskers recorded an overall record of 25-5 on the year and earned its 30th straight trip to the NCAA Tournament. NU notched five All-Big Ten picks as well as six academic All-Big Ten selections. During his five seasons at UCLA, Conners helped the Bruins to a 124-44 record (.738 winning percentage) and five straight trips to the NCAA Tournament.

Anne Kordes, University of Louisville – A Louisville native and former Cardinal volleyball star, Anne Kordes was named the head volleyball coach at her alma mater in 2011. In her first season as Louisville's head coach, she led the Cards to a regular season Big East Championship and NCAA berth. Kordes ranks among the elite coaches in the game with a career record of 170-84. In seven seasons at Saint Louis, Kordes led the Billiken volleyball program to unparalleled success, including three NCAA Tournament appearances. Individually, she is a three-time Atlantic 10 Conference Coach of the Year. Kordes, the only coach in SLU's program to lead her teams to four straight 20-win seasons, was the 2009 recipient of the Missouri Athletic Club's Carl O. Bauer Award - the top amateur sports figure in St. Louis.

Christy Posey, University of Missouri-Kansas City, MO – Coach Posey is currently in her second year as head coach at UMKC. Her resume includes eleven years as the top assistant and recruiting coordinator at the University of Kansas, as well as 8

years as the head volleyball coach at Blue Valley Northwest High School in Overland Park, KS. She earned two straight state championships during her time at Blue Valley Northwest, earning several coaching honors during the 44-0 stretch. During her years at Kansas, Posey worked with the team's setters and defensive specialists, while also serving as recruiting coordinator, and overseeing team camp administration.

Basketball:

Bob Knight, ESPN – In college basketball, the name Bob Knight is synonymous with greatness and winning. Throughout his illustrious career, Coach Knight won 902 NCAA Division I men's college basketball games, second all-time to his former player, Mike Krzyzewski. Knight led his teams to three NCAA championships, one NIT championship, and 11 Big Ten Conference championships. He received the National Coach of the Year honor four times and the Big Ten Coach of the Year honor six times. In 1984, he coached the USA men's Olympic team to a gold medal, becoming one of only three basketball coaches to win an NCAA title, NIT title, and an Olympic gold medal. Coach Knight is currently a college basketball analyst for ESPN.

Drew Olson, Concordia University – Drew Olson has been head coach of the Concordia University women's basketball program for the past six seasons. He led the Bulldogs to three straight NAIA national tournament appearances from 2007-10 and again in 2012. Olson has compiled an overall record of 140-60. In 2012 the Bulldogs were Great Plains Athletic Conference regular season and tournament champions, earning Olson GPAC Coach of the Year honors along with the WBCA Region 2 Coach of the Year Award. Olson's coaching resume includes a stop at Bellevue University where he served as an assistant men's basketball coach for three seasons involving three NAIA National Tournament trips with a National Runner-Up in 2004.

Eric Behrens, Omaha Central HS, NE – Coach Behrens has been the head boy's basketball coach at Omaha Central for 11 years. During Behrens' tenure, the Eagles have an overall record of 235 - 49. Under Behrens' guidance, Omaha Central has won nine district championships and six Class A State

Championships (2006, 2007, 2008, 2010, 2011, 2012).

Chip Bahe, Millard North HS, NE – Chip Bahe has been the boy's basketball coach at Millard North High School for the past 10 years, with stops at Lexington, Omaha South, and Lincoln Northeast during his 22 years in coaching. Coach Bahe has a career record of 219-175. He has lead three different schools to the State Tournament, including Millard North the past two seasons. The Bahe family is familiar with coaching in Nebraska. Chip's nephew Alex is the boy's basketball coach at Elkhorn South, and his father Al was the long-time boy's basketball coach at Fremont High.

Ryun Williams, University of South Dakota – Coach Williams completed his fourth season as the head women's basketball coach at the University of South Dakota with a 23-8 record. Williams has guided the Coyotes to a 76-47 mark in his first four seasons while transitioning to Division I status. In 17 seasons as a head coach, Williams has a record of 311-190. The Coyotes advanced to the Women's Basketball Invitational (WNIT) postseason tournament for the second time in 2012. Prior to arriving at USD in 2008, Williams spent 10 seasons at Wayne State, building the program into a perennial contender in the conference. While at Wayne State, he compiled a 181-105 record (.632) and became the winningest women's basketball coach in school history.

Wrestling:

Dave Crowell, Nazareth HS, PA – Coach Crowell owns an overall career coaching record of 411-104-1 in 27 years as a head coach. Five of Crowell's eight teams at Nazareth have been ranked nationally with the 2006-07 team ranked as high as fourth in the USA. During his 27-year coaching career, Crowell has been named Pennsylvania State Coach of the Year five times. He was named national coach of the year on two separate occasions (2001 & 2007). In 2004, he became the only coach in PA history to coach at least one state champion at three different schools. In 2006, he became the only coach to guide three schools to state titles. He is also the only PA wrestling coach to have won 100+ dual meets at three different schools, to have been voted PA coach of the year while at

three different schools, and be voted PA coach of the year in both the AA and AAA classifications. He has been invited to present at the NCAA tournament, the NWCA national convention, as well as eight state coaches' clinics.

Marc Bauer, University of Nebraska-Kearney –Coach Marc took over the Loper program prior to the 1999-00 season. The Kearney native has led UNK to two NCAA Division II National Championships (2008 and 2012), 10 RMAC/NCAA Region titles, 12 top 10 finishes at the NCAA's -- including national runner up finishes in 2003, 2006, and 2007 -- coached 68 All-Americans and seen 113 of his wrestlers selected to the Wrestling Coaches Association National All-Academic team. UNK has also been a force during the regular season, posting a 168-66 dual record (71.8 win pct.). Individually, Bauer has coached 12 national champions, six national runners up and, off the mat, seen the Lopers have one of the highest team grade point averages on an annual basis. Bauer was named the NCAA Division II Coach of the Year by the *Amateur Wrestling News* in 2000, 2003 and 2008.

Mike Hagerty, Blue Springs HS, MO –Coach Hagerty has been coaching wrestling at all levels of the sport for 30 years. He is currently the Head Coach at Blue Springs High School in Blue Springs, MO. Blue Springs has been the Missouri class 4A State Champions for the past two seasons and was ranked nationally both years. Blue Springs has also placed in the top-4 of the state championships for eight consecutive seasons. Hagerty served as the head coach at the University of Central Missouri for seven years and produced 16 NCAA All-Americans. He later served as the National Director of Coaches Education at USA Wrestling. Coach Hagerty has been USA Wrestling's National Development Coach of the Year twice, including this past 2012 season. Currently an NCAA official, Hagerty has officiated 10 consecutive NCAA Championships.

Golf:

Craig Ames, Nebraska Golf Association – Ames, the Executive Director of the Nebraska Golf Association since 2001, has been the official-in-charge for the NSAA State Golf Championships for 13 years. When it comes to the rules of golf, Craig is a lead authority; evident by his last USGA/

PGA exam score of 100%. He has been an official for several USGA championships such as the Senior Open, the U.S. Amateur, and Women's Open. Craig has served on the rules committee for the Big XII Championships since 2001 and has authored and presented hundreds of presentations regarding rules of golf.

Brad Goetsch, PGA Professional, UNL PGA Golf Management – Brad provides administrative support to the Director and Coordinator within the University Nebraska's PGA Golf Management program (PGAM). Goetsch helps in the development, delivery and assessment of the PGAM courses, student recruitment, along with retention activities, events coordination and the day-to-day office management of the PGAM at UNL.

Scott Holly, PGA Professional, UNL PGA Golf Management – Scott manages the UNL PGA Golf Management Internship Program. He provides support for PGA Golf Management courses that prepare students to pass PGA Checkpoints. Holly also assists with recruitment, student activities such as golf tournaments, co-advises Student Club, and provides individualized golf instruction to students. Scott leads the NIKE Junior Golf Camp conducted each summer in Lincoln.

Jim White, Master PGA Professional, West Nine Firethorn Golf Course – Jim White is an accomplished player and 2004 Senior PGA Professional National Champion. Whether it's starting the Nebraska Open and Vegas Pro-Am, or creating a successful golf complex from the ground up, Jim has over 35 years of golf experience. He is a four-time Nebraska PGA Teacher of the Year and a two-time Section PGA Professional of the Year. White has captured 12 Nebraska PGA Section Championships spanning five decades, which is believed to be a PGA of America membership record. White also owns another record as a 20-time recipient of the Nebraska PGA Player of the Year award.

Greg Johannesen, PGA Professional, West Nine Firethorn Golf Course – Johannesen is a two-time Section Merchandiser of the Year and a multi-time Top 50 fitter for a major OEM. An accomplished fitter/teacher, Greg brings over 17 years of experience in club design and development to help coaches with fitting players properly.

Track & Field/Cross Country:

Chris Suppes, Fort Collins HS, CO – In his 21 years of coaching cross country, Chris Suppes has guided both his boys' and girls' teams to the state meet 20 years in a row. During this span his teams have won 16 conference and regional titles, seven state championships, and five straight Girls' NXN Southwest championships. Currently the head cross country coach and assistant track coach at Fort Collins HS, Coach Suppes also teaches math and AP Statistics. Prior to starting his career in education, Chris fought forest fires for the US forest service, including a stint in McCall, Idaho, where he worked as a smokejumper, parachuting into wilderness areas.

Rick Weinheimer, Columbus North High School, Columbus, IN – Rick is in his thirty-fifth year of coaching, and has coached forty-two teams in the single-class Indiana cross country state finals, including six state championships (Boys 2002, 2003, 2009, 2010, 2011, and Girls 2009), four state runners up (Girls 1986, 2010, 2011, and Boys 2001), and twenty-two state medalist (top five) teams. Overall his teams have won thirty-seven conference championships, forty-six sectionals, and forty-one regionals. Twenty-six girls and twenty-four boys have earned first-team all-state XC honors, and seventy-five have gone on to compete in college. In track, he has coached 30 distance state medalists, including national 2-mile champion Christian Wagner who had PRs of 4:07 and 8:50. Coach Weinheimer has been Indiana Cross Country Coach of the Year ten times, and is a four-time nominee for National Coach of the Year.

Steve Silvey, Plano, TX – Steve is a veteran at the national and international level for over 25 years. He has mentored 28 collegiate national champion squads and numerous All-Americans, along with 14 Olympic Medalists and 17 World Championships Medalists, while at several of the nation's most prestigious programs. At the international level, Coach Silvey served as the Zambia Olympic Coach for Track & Field in the 1992 and 1996 Olympiads. Silvey has a unique quality of having won 19 "Team" championships in the SEC, Big-12 and PAC-10 conferences. Individually, his resume boasts over 500 All-American awards, 26 World Championship Competitors

and 34 Olympians. Silvey served as an assistant at Texas Tech (2004 to 2007) and the University of Oregon (2001-2003).

Sara Domeier, Lincoln North Star HS, NE & High Performance Training – Sara hails from Geneva, NE, where she enjoyed a successful athletic career learning how to run anything from 100m to a 5k. This origin, along with her college experience under Coach Steve Rainbolt at UNL, helped her create a philosophy for training athletes in the sprints and specifically the 400m and 800m. Her unique way of approaching long sprints and middle distances includes using one's own body weight to strengthen the core, interval training, and tempo running. Sara has been coaching at Lincoln North Star the last nine years and also coaches post-collegiate athletes which include national qualifiers and medalists at the USA Championships.

Dr. Ted Bulling, Nebraska Wesleyan University – Bulling, Director of Track & Field/Cross Country at NWU, is in his 27th season as the Nebraska Wesleyan men's track & field coach, and his 25th year as the head coach of the women. He is entering his 22nd season as the men's cross country coach and his 17th year in charge of women's cross country. Over the years, his teams have won a combined total of 64 conference team titles. Bulling is the first Division III coach to serve as President of the United States Track & Field and Cross Country Association. A six-time National Coach of the Year, Bulling, is recognized as one of the best college coaches in the country. Under his guidance, the Prairie Wolves have won nine NCAA team trophies, and been awarded four top-four finishes, since 2001. He has coached 36 national champions, and 140 of his athletes have earned a total of 593 All-American awards.

Ryan Salem, Lincoln Southwest HS, NE – A former NCAA Div. III All-American in Cross Country (Nebraska Wesleyan University, 1997), Coach Salem is in his third year as the head coach at Lincoln Southwest High School. He has experience coaching at the college and high school levels, formerly serving as an Assistant Cross Country Coach at Bethel College in Mishawaka, IN. Prior to the 2009 season, he served as the Varsity Assistant at Lincoln Southwest for six seasons. While a high school runner under Dr. Ted Larson in Lincoln Southeast, Coach Salem was part of the 1992 State championship team that

still holds the NE state record for lowest total points with 21. Coach Salem is a founding member of Team Nebraska-Brooks and still competes in local and regional running events.

Derek Frese, Nebraska Wesleyan University – Coach Frese is in his fifth season at Nebraska Wesleyan as a throws coach. He has been named the Central Region Field Assistant Coach of the Year for three consecutive track & field seasons. He earned the honor during the 2010 outdoor season then during both the 2011 indoor and outdoor seasons. During the 2011 season Frese had three athletes earn six NCAA III All-American awards, including four women's All-American awards at the outdoor championships. He also coached two athletes to NWU school records in the weight throw and shot put. Frese came to NWU from Northwest Missouri State University where he served as a graduate assistant track and field coach for two seasons.

Bob Feurer, North Bend Central HS, NE – Feurer began his teaching and coaching career at North Bend Central in the fall of 1979, filling many coaching responsibilities during his tenure. He has served as an assistant track coach for 17 years under head coaches Fred Lambley and Dan Watts at NBC. Bob has coached 12 medalists, a 4-time medalist, a 2-time runner-up who is now a 2-time All-American at the college level, along with a state champion. In 2011 he was selected *Nebraska Teacher of the Year* by the Nebraska Department of Education.

Tennis:

Kerry McDermott, University of Nebraska – Coach Kerry McDermott has been at the helm of the Nebraska program for more than a quarter-century since taking over in 1982. With 29 years of experience on his side as head coach of the Huskers. McDermott owns the most victories by a Nebraska tennis coach in the program's history with 316 wins. In 2010, McDermott led the Huskers to their first ever NCAA Tournament appearance.

Troy Saulsbury, Kearney HS, NE – Saulsbury has been coaching high school tennis for 14 years, and has accumulated an overall record of 103-12. His boys and girls tennis teams at

Kearney High School average between 30 & 40 participants each year. Named Nebraska Junior Team Tennis Organizer four times since 2006, Coach Saulsbury leads numerous tennis clinics and camps throughout the year, and is currently serving as President of the Nebraska Tennis Association.

Steve Lemon, Bellevue West HS, NE – Currently in his 14th season coaching girls tennis at Bellevue West, Lemon has also coached the boys' team for 13 years. He is a three-time winner of the Metro Tennis Coaches Association Girls Coach of the Year (2005, 2007 & 2009). A math teacher at Bellevue West, Coach Lemon also works as a Public Address Announcer and has announced several games for Bellevue West, as well as the Nebraska High School State Volleyball Tournament, the 2011 NCA All-Star games, and University of Nebraska Volleyball.

Softball:

Pat Murphy, University of Alabama – Murphy has taken the University Alabama to the top of the college softball world. Now in his 14th season as the head coach of the Crimson Tide, Murphy has turned his program into a model of consistency, having guided Alabama to 13 consecutive NCAA tournaments, including appearances in the 2000, 2003, 2005, 2006, 2008, 2009 and 2011 Women's College World Series. In 2011, the Tide returned to Oklahoma City, winning the first two games in the tournament for the first time in program history. UA finished 53-11, marking the seventh straight season Murphy has guided the Tide to 50 or more wins. Alabama secured its second straight SEC regular season title, finishing 19-6 in the league. Murphy had a career mark of 715-210 going into the 2012 season. At the time of this publication, Murphy's Crimson Tide were rated #2 in the country.

Amanda Lehotak, University of Texas San Antonio – Coach Lehotak, a University of Nebraska-Omaha graduate, is completing her first season as head coach of the UTSA Roadrunners after six seasons at Jacksonville University, five of which she served as the head coach. One of three family members to head a collegiate softball program, Lehotak amassed a school-record 137 wins during her tenure, which

was capped by a program-best 44-16 campaign in 2011 that culminated in the Dolphins' first-ever Atlantic Sun Championships and inaugural NCAA Tournament appearance. For her efforts Lehotak took home the league's Coach of the Year award, another first for the program. Following her success in 2011, Lehotak was chosen to be a camp clinician at the 2011 Women's College World Series in Oklahoma City.

George Wares, Central College, IA – Coach Wares is the winningest softball coach in NCAA Division III history. In 2011, Wares guided the Dutch to their 23rd NCAA Division III tournament berth in the past 26 years. In 27 seasons as Central College head coach, Wares has compiled a 909-303-3 record (.749) and established the mark for all-time Division III wins. In 2007, Wares was inducted into the National Fastpitch Coaches Association (NFCA) Hall of Fame. He has piloted the Dutch to national championships in 1988, 1991, 1993 and 2003 with national runner-up finishes in 1986 and 2001 and his 23 NCAA playoff teams have finished in the national top five 12 times. The Dutch were third in the NCAA in 1990, 1994 and 1995, fourth in 1987 and 1989, and fifth in 1997. Central has won or shared 11 Iowa Conference titles. In 2011, Wares was named winner of the Iowa Conference coach of the year award. He has won or shared the honor eight times.

Soccer:

Rob Herringer, Benedictine College, KS – A Bellevue, NE native, Herringer has compiled an 85-31-11 overall record over seven seasons as the Raven Men's soccer coach. The Benedictine College team has been consistently ranked in the NAIA Top 25. In 2010, his team was ranked as high as #6 in the nation. The 2009 team won the conference championship and reached the Sweet 16 of the NAIA National Tournament. Prior to coaching at BC, Herringer was the Head Men's and Women's Soccer Coach at Kansas 6A Leavenworth HS from 2000-2005. He is currently one of only 20 coaches from across the nation that holds the NSCAA Master Coach Diploma. He has also studied at top professional clubs and federations.

Anthony DiCicco, SoccerPlus, CT – Anthony is the CEO of the *SoccerPlus* Education Center, a Connecticut-based *nebraska coach*

for-profit organization with the mission of "enriching lives through soccer and education." *SoccerPlus'* goals are to include comprehensive player development programming designed to maximize the development of the total player, through presentations and seminars. The program includes inner-city outreach and mentoring, overseas assistance for at-risk youth while utilizing soccer as the medium of education. Anthony's soccer coaching experience includes boys and girls high school levels, Director with *SoccerPlus*, a premier club, *SoccerPlus* Goalkeeping School as well as an Assistant Coach at the collegiate level, most recently with the University of Vermont Women. Anthony is the son of Tony DiCicco, past women's US national coach.

Andrew Ferguson, Olympia Soccer Academy, Lincoln, NE – Currently, the Director of Coaching for the Olympia Soccer Academy in Lincoln, Andrew Ferguson has been involved with the business of soccer in a playing, professional, or coaching function for the past 35 years. Ferguson is also the Owner and Director of Operations for the Soccer Lincoln Sports Center. He has coached soccer at three different Lincoln high schools, making one state tournament appearance during a three-year stint at Lincoln North Star. Ferguson also spent four years coaching the Lincoln Hornets Spirit Soccer Club, winning a state championship in 2005.

Lang Wedemeyer, South Dakota State University – Wedemeyer completed his tenth year as the only Women's Soccer coach in South Dakota State University history in 2011. Over the last five seasons, Wedemeyer has compiled a 58-25-14 record for SDSU. In 2008 he led the Jackrabbits to a 15-5-1 record in their first year of eligibility for Division I postseason play that included a trip to the NCAA College Cup. Wedemeyer is a National Soccer Coaches Association of America regional director, overseeing coaching certification. One of the youngest coaches in the United States to obtain all levels of coaching certification, Wedemeyer holds nine professional soccer coaching licenses, including a United States Soccer Federation "A" license and the NSCAA Premier diploma. In addition, his coaching experience consists of appearances at several soccer camps and clinics, including serving as the head counselor of the University of North Carolina Women's Soccer Camp since 1995.

Cheerleading:

Jason Sack, Northwest Missouri State University – A native of Independence, KS, Jason Sack is in his sixth year at Northwest after five years at Avila University, in Kansas City, Mo. At Avila, he coached the cheerleading squad to three consecutive Universal Cheerleading Association (UCA) College Cheerleading National All-Girl Division II top-10 finishes. In 2005-06, he judged at the American Championships “Official FL State Championships” and the UCA’s “National All-Star Cheerleading Competition.” He has been an instructor since 1997 for the UCA summer camps in twelve states. Since his arrival at Northwest, he has led the Bearcats to two UCA Division II National Championships in 2010 and most recently in 2012. Sack is also the sponsor of the Northwest Dance Team the Bearcat Steppers.

Terri Freeman, Universal Cheerleaders Association - Terri Freeman has been coaching, judging and choreographing for over 25 years. She is the head penalty and rules judge for the Missouri Cheerleading Coaches Association and is the AAC-CA Safety Certifier for MO,NE, and KS. She has coached and judged at all levels from Recreational to Collegiate. Terri is a USASF Credential Provider and the Varsity Spirit Fashions Representative for the Kansas City area.

Dance:

Katie Balfanz, Universal Dance Association – Katie Balfanz graduated with honors from St. Olaf College in Northfield, MN, where she received a Bachelor of Arts Degree in English and Dance. She has worked for Universal Dance Association for 10 years as a head instructor, manages nine states as a UDA State Director and creates and implements summer curriculum as a Program Committee Member. Katie has choreographed for all-star, high school and college dance teams, as well as UDA Special Events and summer camps. She has instructed coaches and dancers nationally and abroad in Korea, China, and Malaysia. In 2011 and 2012, Katie hosted the College Cheerleading and Dance Championship televised on ESPN. Katie is now in her fourth year as assistant coach for the nationally ranked Eden Prairie High School Pom Squad.

Junior High Football:

John McGary, Tri County HS, NE – Coach McGary will be starting his 40th year of teaching and coaching, all at Tri County High School, in DeWitt. McGary has served as the Trojan head coach for the last four years. Tri County has qualified for the Nebraska State Playoffs in each of the last four years, with the 2011 team advancing to the Quarterfinals. Coach McGary, a native of Cody, WY, played college football at Chadron State. He was an assistant coach for over 30 years under Dan Tesar and also served as an assistant for Terry Zessin.

Junior High Volleyball:

Renee Saunders, Omaha Skutt Catholic HS, NE – Coach Saunders will be entering her 16th year of coaching volleyball. After spending nine years at Omaha South HS, she will be entering her second season at Skutt Catholic HS. In her first season Renee led the SkyHawks to the school’s best finish of 30-10 and a third place finish in the State Championships. Coach Saunders graduated from Omaha Marian HS and went on to play college volleyball at the University of Nebraska, where she was a member of the 1995 National Championship team.

Junior High Basketball:

Tim Barada, Wilber-Clatonia HS, NE – Coach Barada is in his 21st year of coaching, and his 16th as the boy’s basketball coach at Wilber-Clatonia. His teams pride themselves on playing good defense, as his 2012 team led all of Class C-1 in points allowed with 40.2 points per game. His W-C teams made back-to-back state tournament appearances in 2009 and 2010. Tim is a graduate of Fremont High School and attended Hastings College for two years, before finishing his degree at UNL.

"GOLD CARD"

New NCA Member Benefit Approved

The Nebraska Coaches Association (NCA) is pleased to announce a new exclusive NCA membership benefit to begin with the 2012-13 school year.

The Nebraska School Activities Association (NSAA) Board of Directors approved the "NCA - NSAA Coaches Gold Card" program during the April 12th board meeting. The NCA Board of Directors approved the preliminary concept at the January 22nd meeting in Kearney. The Gold Card, along with a valid state issued photo ID, will grant admission to all NSAA State Championships for the entire school year.

Any 2012-13 NCA member or NCA Silver member may purchase the exclusive Gold Card for only \$20 annually.

"We are excited to bring this new benefit to NCA members. We believe this unprecedented direction by the NSAA, shows good will between the two organizations and the respect the NSAA has for those that are in the coaching trenches every day. We are very appreciative of the NSAA's support of coaches across the state," said Darin Boysen, Executive Director of the NCA.

The NCA plans to offer this program as an optional membership fee. The Gold Card will also be available for purchase at the NCA Multi-Sport Clinic July 24-26. The NCA will assume the cost of the cards and administration of the program. All funds will go directly to the NSAA.

"We feel strongly that we must continue to offer quality benefits to our NCA members. We have made some strong strides in this direction this year," explained Boysen.

The Gold Card will allow admission to a NSAA State Championship event only. Events such as sub-districts, districts, and football playoffs will not be applicable. The Gold Card may be used at Football Finals for general admission seating, but will not gain access to the 300 level. The card will gain admission for the card holder only, and will be non-transferable. A \$5 fee will be required for any card misplaced during the school year.

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2011 AWARDS AND RECOGNITION BANQUET

The 45th annual Awards & Recognition Banquet will be held in the evening of Sunday, July 22, at the Train Station in Lincoln's Historic Haymarket. Several awards will be presented that evening, including the Coach-of-the-Year Awards, sponsored by Hudl; Service Awards, sponsored by the Nebraska National Guard; and Milestone Level IV Awards, sponsored by Baden Sports. Recognition will also be given to state champion coaches as well as the recipients of several special achievement awards. For a complete listing and description of awards given by the Nebraska Coaches Association please visit our website (www.ncacoach.org) and click on the awards tab.

MILESTONE AWARDS – PRESENTED BY BADEN SPORTS

The NCA – Baden Sports Milestone Award recognizes different levels of coaching achievement in both individual and team sports. The Level I, II, and III certificates will be presented at the NCA Multi-Sport Clinic in July. The Level IV winners receive a plaque presented at the NCA Awards Banquet on July 22nd in Lincoln.

Form more information regarding the NCA Milestone Award program, including the application form, go to www.ncacoach.org/milestone.php. This web page also includes a newly formatted search for coaches that have achieved any level within the program.

CONGRATULATIONS 2012 NCA-BADEN SPORTS CAREER MILESTONE AWARD WINNERS

As of Publication Date

Fred Kluck	Bruning-Davenport-Shickley	Basketball	Level IV
Steve Clapp	McCook	Girls Track	Level III – IV
Rick Petri	Kearney Catholic	Basketball	Level III
Dale Rasmussen	Raymond Central	Basketball	Level III
Joyce Hoskins	Wayne	Volleyball	Level II – III
Kurt Finkey	Ashland-Greenwood	Basketball	Level II
Shelly Mlnarik	Clearwater-Orchard	Basketball	Level II
Dale Rasmussen	Raymond Central	Boys Track	Level II
Tim Roberson	Lincoln Southeast	Softball	Level II
Mike Schadwinkel	Grand Island	Wrestling	Level II
Ken VerMaas, Jr.	Lexington	Football	Level II
Steve Adkisson	Fillmore Central	Softball	Level I
Brock Eichelberger	O'Neill	Basketball & Football	Level I
Zac Foster	Adams Central	Basketball	Level I
Lance Howitt	Stuart	Football	Level I
Dale Rasmussen	Raymond Central	Boys & Girls Cross Country	Level I
Ken VerMaas, Jr.	Lexington	Wrestling	Level I



SERVICE AWARDS – PRESENTED BY THE NEBRASKA NATIONAL GUARD

The NCA – Nebraska National Guard Service Award is designed to recognize and honor coaches who have achieved 25, 35, 40, 45, and 50 years of coaching service. This is a self-nominating award. If you have achieved any of these levels of service and would like to be honored at the Awards & Recognition Banquet, please visit our website and follow the guidelines presented for ‘Service Awards’, located on the awards tab. The Nebraska National Guard is the new sponsor of this award program.

CONGRATULATIONS 2012 NCA-NEBRASKA NATIONAL GUARD SERVICE AWARD HONOREES

As of Publication Date

25 YEAR

Steve Adkisson, Fillmore Central
Ward Baldwin, Creighton
Barb Baumert, Elkhorn Valley View
Kip Colony, Millard West
Sam Dunn, Minden
Jeff Hoham, Lincoln East
Stacey Keller, St. Paul
Todd Kiplinger, Hastings
Al Lindsey, Pierce
Chad Lyons, McCook
Kip Ramsey, Grand Island
Dan Schiefelbein, Doniphan-Trumbull
Ken VerMaas, Jr., Lexington
Bart Voycheske, Ogallala
Dan Wolken, Valentine

35 YEAR

Steve Borer, Seward
Bill Brown, Grand Island Northwest
Steve Clapp, McCook
Jerry Cover, Norfolk
Cecil Hinshaw, Elkhorn
Gary Schuurmans, Norfolk
Dave Struebing, East Butler
Joe Wojtkiewicz, Archbishop Bergan

40 Year

George Briggs, McCook

45 Year

Tom McCann, Kearney

50 Year

Fred Lambley, North Bend Central
Elroy Pierce, Eustis-Farnam





“THE THREE-DIMENSIONAL PYRAMID OF COACHING SUCCESS”

Thursday, July 26, 7:30 a.m. – 8:30 a.m.

Presented by the Nebraska Fellowship of Christian Athletes

Coaches have a good grip on the fundamentals of coaching, but struggle in areas of how to: motivate athletes, build team cohesion, play with confidence, control emotions, compete with intensity, maintain focus, practice mental imagery, and set realistic goals. This session, using the “Three-Dimensional Pyramid of Coaching Success” format, will provide coaches tools for their toolbox as they coach the 21st century athlete.

NSAA RULES MEETINGS AT 2012 CLINIC

NSAA Rules Meetings for Football, Basketball, Volleyball & Softball will again be offered at the Multi-Sport Clinic (see schedule below). These rules meetings are being offered as a courtesy for those coaches planning to attend the clinic. The NCA would like to thank the NSAA for providing this service to coaches.

All sessions on Thursday, July 26

Football – 8:30-9:30 a.m.

Basketball – 9:45-10:45 a.m.

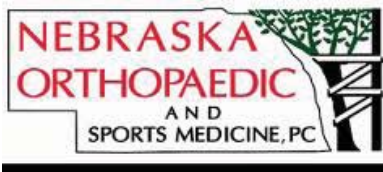
Volleyball – 11:00a.m-12:00 p.m.

Softball – 11:00a.m-12:00 p.m.



TAPING CLINICS PROVIDED

Nebraska Orthopaedic and Sports Medicine trainers will conduct two taping sessions, which are provided on a walk-in basis. These sessions will be held in the training room at Lincoln North star on *Tuesday, July 24th from 2:45 – 4:15 p.m.*, and on *Wednesday July 25th from 9:00 – 10:30 a.m.*



UNL-PGA GOLF MANAGEMENT TO OFFER SPECIAL SESSIONS TO GOLF COACHES

The UNL-PGA Golf Management program will offer two exclusive sessions to golf coaches on Wednesday, July 25 on the University of Nebraska East Campus (203 Keim). The sessions will include informa-

tion and hands on demonstrations of the state of the art teaching laboratory at the UNL facilities. The high-speed High Definition camera system is capable of filming the golf swing at a rate of several hundred frames per second. This visual imagery is matched with a Swing Vision launch monitor system to provide the most complete analysis opportunities available anywhere. Participants will have the opportunity to experience firsthand this technology and learn how it can be used with junior golfers. The UNL-PGA Golf Management program leaders will also discuss career opportunities in the golf industry.



PGA
Golf Management

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- * Year-round \$1,000,000 coaching and classroom liability coverage
- * **NEW: \$20 Gold Card** – Good for Admission to all NSAA State Championships
- * Year-Round Discounted Room Rates at Country Inn & Suites in Lincoln & Kearney
- * Free admission for two to the NCA All-Star Volleyball Match, Boys' and Girls' Basketball and Softball Games
- * Free admission, with membership card, to the annual Shrine Bowl Football Game
- * Free admission, with membership card, to select college-sponsored games
- * *Nebraska Coach* Magazine online (Fall, Winter, Spring Editions)
- * *Nebraska Coach* Magazine Pre-Clinic Printed Edition
- * Committees to make recommendations regarding sports rules changes
- * Recognition for coaching accomplishments and achievements through the Milestone Awards
- * Eligibility for State and National Coaching Award Programs
- * Coach-of-the-Year recognition
- * Eligibility to coach in the Annual All-Star Games
- * Service Award (25, 35, 40, 45 & 50 year) recognition.
- * Sports Clinics

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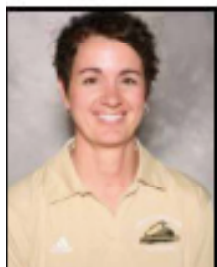
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FCA's Ladies Luncheon With Guest Speaker Gina Chambers



Gina Chambers recently completed her eighth season as Nebraska Wesleyan's head volleyball coach. She served as interim head coach in 2004 and accepted the job on a full-time basis following the 2004 season. In seven seasons, Chambers has compiled a 122-83 (.595) overall record, and has the second most wins as a NWU volleyball coach. She went over the 100-career victories mark with a win in the first match of the 2010 season.

Join us in hearing Gina share her heart for the Lord and for her family in the midst of athletics.

Wednesday, July 25

9am-12:45pm

during the 2012 Coaches Clinic

NSAA Building

500 Charleston St—Lincoln

Please join other wives and guests from across Nebraska for:
Morning Sessions Coffee time chats
Resources Vendors
Fellowship Door Prizes

Luncheon Tickets—\$10
Purchase in advance at
www.nebraskafca.org/coaches
or call 308.398.4053 by Friday, July 20.



WELCOMES YOU TO THE 2012 NCA CLINIC!

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Members have the option of providing participant/accident coverage for participants attending camps. Should an accident occur during a camp this coverage could help off-set the loss suffered by families affected by such accidents.

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Kevin Joyce kjoyce@loomislaparr.com

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- *Includes NCA Membership

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Level

Boys Girls Head Asst.

HS JH Coll.

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Exp. Date (Mo./Yr.)

Number of years in coaching thru 2011-2012

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