

nebraska coach

2018–2019
Clinic & Membership
Special Edition



Chris Reynolds,
Athletic Director, Bradley University
Keynote: *The Essence of Leadership*

**John isn't a Husker.
But at Nebraska Orthopaedic
and Sports Medicine, he gets
treated like one.**

At Nebraska Orthopaedic and Sports Medicine everyone gets treated like a Nebraska Champion. Whether you're a scholarship athlete, fighting for a spot on the team, or a weekend athlete, searching out the absolute best sports medicine care is essential to your success on the field following injury.

As Husker Team Physicians, we offer you the same care we extend to Husker athletes. Our sports medicine physicians have advanced specialty training enabling injured athletes to once again compete at their absolute best. We do so by addressing injuries in the least invasive manner possible, and ensuring the safest and quickest means back to play and success on the field.

Ask your doctor about us, or visit us in Lincoln or any one of the communities we conduct clinics in throughout Nebraska.

Nemaha County Hospital	Auburn
Memorial Hospital	Aurora
Jefferson Community Health Center	Fairbury
Community Medical Center	Falls City
Henderson Community Hospital	Henderson
St. Mary's Hospital	Nebraska City
Annie Jeffrey Memorial County Health Center	Osceola



**575 S. 70th Street, Suite 200
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Lincoln, NE 68510
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**www.nebraskaortho.com
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N *Your Husker
Team Physicians*

nebraska coach

2018 Pre-Clinic/Membership Edition

NCA CONTACT INFORMATION

Mailing & Physical Address:
500 Charleston St., Suite #2
Lincoln, NE 68508

Phone number:
402-434-5675

Fax number:
402-434-5689

OFFICE HOURS
Monday - Friday
8:30 a.m. - 4:00 p.m.

EXECUTIVE BOARD MEMBERS



President
Russ Ninemire,
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NCA BOARD



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NCA STAFF



Executive Director
Darin Boysen,
darin@ncacoach.org



Administrative Assistant
Saundi Fugleberg,
saundi@ncacoach.org

CLINIC WEEK SCHEDULE OF EVENTS

Sunday, July 22

51st Annual NCA Awards Banquet – 5:00 pm
Great Hall, Train Station, Lincoln Haymarket

Monday, July 23

NCA Annual Golf Tournament – 8:00 am
Wilderness Ridge Golf Club

3-Hour Graduate Class – 10:00 am
Lincoln North Star HS

39th Annual Girls' Basketball All-Star Game
6:00 pm
Lincoln North Star HS

50th Annual Boys' Basketball All-Star Game
8:00 pm
Lincoln North Star HS

Tuesday, July 24

NCA Multi-Sport Clinic – 7:30 am
Lincoln North Star HS

35th Annual Volleyball All-Star Match
7:00 pm
Lincoln North Star HS

Wednesday, July 25

NCA Multi-Sport Clinic – 7:30 am
Lincoln North Star HS

14th Annual Softball All-Star Game – 5:00 pm
Haymarket Complex

Coaches Night Out – 8:30 pm
Barry's

Thursday, July 26

NCA Multi-Sport Clinic – 7:30 am
Lincoln North Star HS

The Nebraska Coaches Association
is a Proud Member of:





It's never too early to get ready for next season.

Use video to smooth the learning curve for new players. Prepare clips from previous games to help them pick up your team's system and philosophy quickly.

Learn more at hudl.com.



2018 Nebraska Coaches Association Multi-Sports Clinic Hotel Discounted Listings

	Room Rates + Tax	Address	Telephone Number
NCA Host Hotel			
Country Inn & Suites Lincoln North	SOLD OUT	5353 North 27th St.	402-476-5233
North 27th Street Area			
Fairfield Inn & Suites	\$93.00	4221 Industrial Ave.	402-476-6000
Hampton Inn & Suites Northeast	\$99.00-\$119.00	7343 Husker Circle	402-435-4600
Holiday Inn Express & Suites Lincoln I-80	\$93.00	2200 Wildcat Circle	402-975-8330
Sleep Inn & Suites University	\$79.00	2803 Folkways Blvd.	402-477-0645
MainStay Suites University	\$99.00	2803 Folkways Blvd.	402-438-0222
Quality Inn & Suites	\$79.00-\$94.00	7333 Husker Circle	402-435-8100
Staybridge Suites Lincoln I-80	\$105.99-\$191.99	2701 Fletcher Avenue	402-438-7829
TownPlace Suites Marriott	\$116-\$146	7353 Husker Circle	402-323-2000
Lincoln Airport Exit			
Fairfield Inn & Suites Airport	\$84.00	1000 West Bond Street	402-421-1893
Hampton Inn Airport	\$99.00-\$109.00	1055 West Bond Street	402-570-9513
Holiday Inn Express Airport	\$84.00	1101 Commerce Way	402-421-1893
Downtown Lincoln/Haymarket			
Embassy Suites	\$151.00-\$181.00	1040 P Street	402-474-1111
Marriott Cornhusker	\$109.00	333 S. 13th St.	402-474-7474
Hilton Garden Inn	\$114.00-\$124.00	801 R Street	402-570-9513
Hyatt Place	\$119.00-\$129.00	600 Q Street	402-742-6007
East Lincoln			
Cloverleaf Suites - Previously Chase Suites	\$99.00-\$159.00	200 South 68th Place	402-483-4900
Candlewood Suites	\$94.00-\$114.00	4100 Pioneer Woods	402-420-0330
Comfort Suites East	\$99.00	331 N. Cotner Blvd.	402-325-8800



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Nebraska Coaches Association Multi-Sport Clinic Partners and Exhibitors

VENDORS MAY CALL 402-434-5675 TO CHECK ON THE LATEST AVAILABILITY

CLINIC PARTNERS - EXHIBITOR'S AREAS, ENTRANCE, SOUTH GYM, WRESTLING ROOM:

Nanonation – #1-2
BSN Sports – #5-7
Cricket School & Team – #10-11
Custom Sports – #13-14
Sideline Power – #19
Baden Sports – #21-22
USA Football – #61
Fellowship of Christian Athletes – #65
American Volleyball Coaches Association – South Gym
Side Out Foundation – South Gym
Lincoln Convention & Visitors Bureau – East Lobby
Coaches Choice – West Cafeteria
Gatorade
Fundraising University – #3-4
Hudl – #8-9
Glazier Clinics & Online Vault Resources – #12
Nebraska Orthopaedic & Sports Medicine, Lincoln – #15
Max Preps – #20
Balfour – #23-24
Sportdecals & Teamwear1 – #52-53
Shadowman Sports – #69-70
Sports Imports – South Gym
Nebraska National Guard – East Lobby
National Wrestling Coaches Association
Scheels
Nebraska Community Blood Bank

VENDORS - MAIN EXHIBITOR'S FLOOR (LEVEL 1):

Nova Fitness Equipment – #16-18
Bison Inc. – #26
The Graphic Edge – #29
Misko Sports – #31-32
Varsity Spirit Camps – #38
3D Coaching – #25
Mueller Sports Medicine – #27-28
Body Basics Fitness Equipment – #30
Airborne Athletics, Inc. – #33
Lou's Sporting Goods – #39-40

VENDORS - WEST EXHIBITOR'S AREA (LEVEL 2):

Nebraska State Education Association – #55
Shirt Shack – #57-58
Riddell All-American Sports – #60
Wegener Safety Latch – #62
X-Grain Sportswear – #64
Club's Choice Fundraising – #56
Nebraska High School Sports Hall of Fame – #59
Nebraska Shrine Bowl – #61
Blazer Athletic Equipment – #63
HD Endzone Cam – #71-72

VENDORS - NORTH EXHIBITOR'S AREA (LEVEL 3):

rSchoolToday – #41
Push Pedal Pull – #54

“Coaches Care” Program Encourages Coaches to: “Be the Type that Gives”



2018 marks the seventh year of the Nebraska Coaches Association's (NCA) “Coaches Care” program, underwritten by Scheels of Lincoln and administered by the Nebraska Community Blood Bank. The three organizations will be partnering for a blood drive during the NCA Multi-Sport Clinic on Wednesday, July 25 outside the west vendor entrance of Lincoln North Star High School.

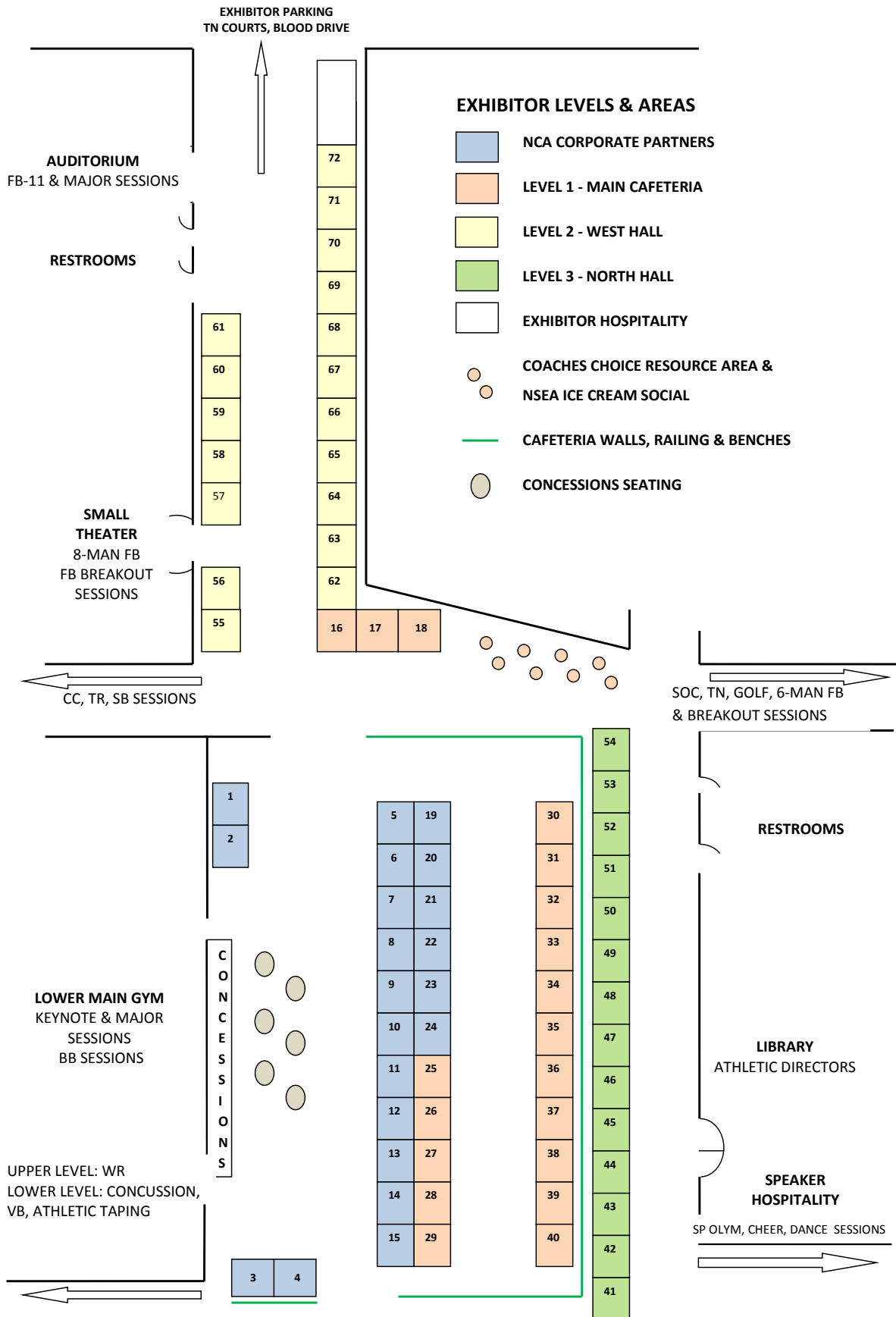
As leaders in the community, you are encouraged to give back and help those in need. Each coach that registers to give blood within the online site below will receive a \$25 Scheels gift card. Those that register will be eligible exclusively for the grand prize drawing of a flat screen television. Space is limited, sign up before the time slots to donate blood are gone. Only those that sign up within the online times at North Star will receive a Scheels gift card and will be eligible for the television.

Every coach may be capable of being a lifesaver for one or more people. To make an online appointment to donate blood, go to www.ncbb.org and use the sponsor code **NECA** to register.

Questions, call **(877) 486-9414**. Thank you in advance for **Being the Type that Gives**.

SCHEELS.

2018 Nebraska Coaches Association Multi-Sports Clinic Exhibitor Layout





Nebraska Coaches Association's 2018 4-Person Coaches Golf Scramble

Monday, July 23 – Wilderness Ridge Golf Club



Tee-times will be available from 8:00 a.m. to 1:45 p.m.
\$55.00 for NCA members & \$65.00 for non-members
Includes green fees, cart, range balls, and hamburger, chips & fountain drink

**Tee-times accepted beginning on Monday, May 7 at 9:00 a.m.
by calling the NCA office number: 402-434-5675**



Please plan to register a complete team of four.
Flight prizes – pro shop credit, can be picked up
at the NCA Clinic at the NCA Booth.

PLEASE DO NOT CALL WILDERNESS RIDGE GOLF CLUB COURSE FOR TEE-TIMES

Nebraska Coaches Association 2018 Coaches Academy

Earn Three Graduate College Credits from the University of Sioux Falls



Location: Lincoln North Star High School

Dates: Monday July, 23 – Thursday, July 26 in Conjunction with the NCA Multi-Sports Clinic

Cost: \$380.00 Total Includes:

- 3 Graduate Level Credits from University of Sioux Falls upon completion
- 2018 NCA Clinic Registration (must still register for \$45 NCA 2018-19 Membership)
- Lunch Monday, July 24
- 3 Proactive Coaching Booklets: *First Steps to Creating a Successful Team*, *The Impact of Trust*, *Captains 7 Ways to Lead Your Team*
- Nine month online access to the *Glazier Clinics Vault* of national clinics including video and clinicians' notes
- \$50 credit when ordering at least \$150 in coaching apparel for a coaching staff provided by Custom Sports of Norfolk.

Name of University of Sioux Falls Class: SODAK 44 Nebraska Coaching Clinic 2018, EDU 545B.1

Title of Course: *Foundations of Intentional Coaching*

Course Requirements:

The intensive classwork will begin Monday, July 23 at Lincoln North Star High School – one day prior to the NCA Multi-Sport Clinic.

Post class requirements due before September 1:

- Summarize each 50 minute session from Monday, July 23, minimum 1/3 page for each session, AND complete three of the following four requirements:
- Attend and critique 12 total sessions at the NCA Multi-Sports Clinic sessions
- Review and critique 12 articles from *Coach & Athletic Director* magazine or *Nebraska Coach* magazine from 2017-18
- Complete a three page paper on using one of the Proactive Coaching Booklets – summarizing the booklet and detailing an implementation plan
- Develop and/or revise (citing course work) Individual Coaching Core Covenants and an Individual Leadership Job Description

Course Endorsements:



Course Partners:



Monday, July 23 Schedule at Lincoln North Star High School

10:00 a.m. – 10:15 a.m.	Registration & Check-In
10:15 a.m. – 10:30 a.m.	Jerry Miller, USF; Class Overview and Requirements
10:30 a.m. – 11:20 a.m.	Rob Miller, Proactive Coaching: <i>The Elements of Intentional Coaching</i>
11:35 a.m. – 12:25 p.m.	Rob Miller, Proactive Coaching: <i>Impact of Trust</i>
12:25 p.m. – 1:00 p.m.	Lunch (Provided)
1:10 p.m. – 1:50 p.m.	Rob Miller, Proactive Coaching: <i>Developing Team Leaders (7 Ways to Lead)</i>
2:00 p.m. – 2:50 p.m.	Rob Miller, Proactive Coaching: <i>Establishing Your Core Covenants</i>
3:00 p.m. – 3:50 p.m.	Rob Miller, Proactive Coaching: <i>Creating the Leadership & Culture Plan</i>
3:50 p.m. – 4:00 p.m.	Closing – Wrap Up with Jerry Miller, USF

See Clinic Schedule for July 24-26

Registration Form

Name (First & Last Name) _____ Emailing Address _____
Summer Mailing Address _____ Date of Birth _____
Social Security Number _____ Cell Phone Number _____
Have you completed a class from the University of Sioux Falls previously? Yes/No

To register, complete the required information and mail to the NCA office – 500 Charleston St., Ste. 2, Lincoln, NE, 68508 with \$380 payment made to the NCA. Credit card payments may be made by calling the NCA office at 402-434-5675.

Must include additional 2018-19 NCA Membership Payment of \$45

"The culture precedes positive results. It doesn't get tacked on as an afterthought on your way to the victory stand. Champions behave like champions before they're champions: they have a winning standard of performance before they are winners." – Bill Walsh

CLINIC SCHEDULE ON THE WEB

The 2018 NCA Clinic schedule will be available on the NCA website at www.ncacoach.org. If changes are required to sessions, times, or speakers, an updated schedule will be posted on the NCA website. Please be sure to refer to this schedule in advance of your arrival at clinic. A printed schedule will be provided at the clinic.

FIRST YEAR COACHES ATTEND CLINIC FOR FREE

The NCA invites first year coaches to the NCA clinic for the cost of their \$45.00 membership (clinic fee waived). When registering a first year coach, please indicate **'FIRST TIME COACH'** on the online registration form, or on the form on page 43. This will allow the new coach to attend the clinic for free. To qualify for this benefit, the new coach must be entering his/her *first year of the coaching profession*.

CLINIC REFUNDS

We strongly encourage pre-registration for the Multi-Sports Clinic to avoid long waiting lines on the first day. If a coach is pre-registered but is unable to attend, refunds may be requested **prior to July 1**. Any refund requests received after July 1 will be refunded 50% of the registration fee. Refunds will be issued AFTER August 1. Refund requests must be made in writing on school letterhead and can be mailed to NCA, 500 Charleston St, Ste 2, Lincoln NE, 68508 – or – emailed to darin@ncacoach.org.

CLINIC GOLF TOURNAMENT

The Nebraska Coaches Association 4-Person Coaches Golf Scramble will be on Monday, July 23, at Wilderness Ridge Golf Club. Cost for the tournament will be \$55.00 for NCA members and \$65.00 for non-members, which includes green fees, cart, range balls, and hamburger, chips & fountain drink. **Tee-times for the four-person scramble will be accepted beginning on Monday, May 7, at 9:00 a.m. by calling the NCA office (402-434-5675)**. If possible, please plan to register a complete team of four. Tee-times will be available from 8:00 a.m. to 1:45 p.m., scheduled approximately every 8-10 minutes. Wilderness Ridge Golf Club is located in extreme southwest Lincoln south of Yankee Hill Road between 14th and 27th Streets. Feel free to contact the NCA office for directions. ****PLEASE DO NOT CALL WILDERNESS RIDGE GOLF CLUB FOR TEE-TIMES.****

NEW ACTIVITY/ATHLETIC DIRECTORS NSAA MEETING – SUNDAY, JULY 22 – NSAA BUILDING

1:30 – 1:45 p.m.	Introductions – NSAA Executive Director and Staff
1:45 – 2:45 p.m.	What to Expect in Your First 90 Days/Mentor Program – NSIAAA Panel
2:45 – 3:00 p.m.	Break
3:45 – 4:30 p.m.	NSAA Points of Emphasis – NSAA Staff



ALL ACTIVITY/ATHLETIC DIRECTORS – NSAA OUT OF THE BLOCKS & CLASS CAUCUS MEETINGS – MONDAY, JULY 23 – LINCOLN NORTH STAR AUDITORIUM & SMALL THEATER

7:15 – 8:00 a.m.	Continental Breakfast
8:00 – 9:30 a.m.	NSAA Out of Blocks Meeting – Auditorium
9:30 – 9:45 a.m.	Break
9:45 – 10:45 a.m.	Class Caucus Meetings

COACHES NIGHT OUT – WEDNESDAY, JULY 25 – PRESENTED BY HUDL

Coaches Night Out will return to Barry's at 235 N 9th St. NCA members, clinicians and clinic vendors are welcome to attend this social time. Quality Brands of Lincoln will be providing beverages. Food will also be provided by NCA and Hudl. Clinic badges will be required for entry as the entire facility will be open only to those with a clinic badge, spouses or significant others. The event, which runs from 8:30–11:30 p.m., is sponsored by Hudl.



2018 CLINIC REGISTRATION GIFT – NCA PORTFOLIO & MINI COOLER



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WHY

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WHEN

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HOW MUCH

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ATHLETIC DIRECTORS

Library unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 a.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Rob Miller, Proactive Coaching: Developing Core Covenants for Your Staff, Parents and Department
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership, Main Gym
Lunch Break & Visit Exhibitors
Rob Miller, Proactive Coaching: Do You Have an Action Plan to Get Your Priorities/Needs Done?
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Rob Miller, Proactive Coaching: Principals of Championship Programs
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN
Round Table Discussion-Facilitated by the NSIAAA: Parent Meetings & Booster Clubs
NCA District Meetings with Elections & Major Raffles
Round Table Discussion-Facilitated by the NSIAAA: Facility Use & Emergency Plans
Lunch Break & NCA Sports Advisory Committee Meetings
Nate Parks, Special Olympics Nebraska: Unified Sports in Nebraska-The History & Future
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Round Table Discussion-Facilitated by the NSIAAA: How Nebraska ADs & Conferences Use rSchool
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
H.E.A.R. – Anti-Bullying Program, Nebraska Army National Guard
Final Clinic Drawings **Main Gym**

BASKETBALL

Main Gym unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Hudl
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Ben McCollum, Northwest Missouri State University: Bearcat Culture
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Ben McCollum, Northwest Missouri State University: Pick & Roll Offense & Defense
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Rules Meeting
NCA District Meetings with Elections & Major Raffles
John Miller, Palmyra HS, NE: Favorite Drills for Player & Team Development
Lunch Break & NCA Sports Advisory Committee Meetings
Bob Ludwig, Peru State College: Peru State's Ball Screen Motion Offense
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Bob Ludwig, Peru State College: Post Skill Development Drills + Challenges of a 1st Year Head Coach
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Joe Wooten, Bishop O'Connell HS, VA: Running an Effective Practice
Joe Wooten, Bishop O'Connell HS, VA: Man & Zone Offense
Final Clinic Drawings **Main Gym**

BOWLING-UNIFIED

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Rules Meeting/Update **A101**
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Unified Sports, Bowling Fundamentals for High School & Special Olympics Coaches **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Unified Sports, Bowling Fundamentals **Sun Valley Lanes**
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

BOWLING-UNIFIED*Continued from page 12***Wednesday, July 25**

7:30 a.m. – 4:00 p.m.
 9:00 a.m. – 9:50 a.m.
 9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 3:25 p.m.
 1:30 p.m. – 2:20 p.m.
 2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
 REGISTRATION & EXHIBIT AREAS OPEN
 Hands on Training for the Special Olympics Bowling Coach **Sun Valley Lanes**
 NCA District Meetings with Elections & Major Raffles
 Special Olympics Concussion Training **D023**
 Lunch Break & NCA Sports Advisory Committee Meetings
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
 Open to schools testing through the Nebraska Sports Concussion Network
 NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 10:00 a.m.
 12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
 Final Clinic Drawings **Main Gym**

CHEERLEADING**Presented by Varsity** *A102 unless otherwise noted**Coaches may attend Tuesday or Wednesday (same material covered each day)***Tuesday, July 24**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.
 3:45 p.m. – 5:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Nate Parks, Special Olympics Nebraska & UCA/NCA: How to Start a Unified Cheerleading Program
 Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
 Lunch Break & Visit Exhibitors
 Ashley Parnell, Universal Cheerleaders Association: Make Every Minute Count-Planning Practices
 Ice Cream Social – In Partnership with the Nebraska State Education Association
 Bill Ahern, Universal Cheerleaders Association: How to Reduce Risk for You & Your Team
 UCA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **Main Gym**

**Wednesday, July 25**

7:30 a.m. – 4:00 p.m.
 9:45 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 2:35 p.m. – 3:25 p.m.
 3:45 p.m. – 5:00 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, Presented by Scheels
 REGISTRATION & EXHIBIT AREAS OPEN
 Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**
 Nate Parks, Special Olympics Nebraska & UCA/NCA: How to Start a Unified Cheerleading Program
 Lunch Break & Visit Exhibitors
 Ashley Parnell, Universal Cheerleaders Association: Make Every Minute Count-Planning Practices
 Bill Ahern, Universal Cheerleaders Association: How to Reduce Risk for You & Your Team
 UCA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **South Gym**

CROSS COUNTRY*E119 unless otherwise noted***Tuesday, July 24**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Kristin McWilliams, Winter Park HS, FL: Developing a Tradition of Excellence the Winter Park Way
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
 Lunch Break & Visit Exhibitors
 Kristin McWilliams, Winter Park HS, FL: Elite Athlete Management & Balancing Varying Ability Levels in Your Program
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
 Ice Cream Social – In Partnership with the Nebraska State Education Association
 Kristin McWilliams, Winter Park HS, FL: Emphasizing the Importance of the Track Season & Attention to Details
 NSEA: More than Liability Insurance - Why I Belong X2 **B107**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 1:30 p.m. – 2:20 p.m.
 2:35 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
 REGISTRATION & EXHIBIT AREAS OPEN
 NSAA Rules Meeting
 NCA District Meetings with Elections & Major Raffles
 Anne Shadle, Certified Mental Performance Consultant: Team Building for the Individual Athlete, **Auditorium**
 Lunch Break & NCA Sports Advisory Committee Meetings
 Derek Fey, College of Saint Mary, NE: Training Sessions for a Successful Season
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
 Open to schools testing through the Nebraska Sports Concussion Network
 Derek Fey, College of Saint Mary, NE: A Peaking Plan to End the Season Strong
 NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 10:00 a.m.
 10:10 a.m. – 11:00 a.m.
 11:10 a.m. – 12:00 p.m.
 12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
 Ryan Mahoney, Hastings College, NE: Train Where You Are-Race Where You Want to Be
 Ryan Mahoney, Hastings College, NE: Peaking When it Counts
 Final Clinic Drawings **Main Gym**



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DANCE

Partnership with Varsity A103 unless otherwise noted
Coaches may attend Tuesday or Wednesday (same material covered each day in Dance sessions)

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
3:45 p.m. – 5:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Jill Petersen & Rachel Lawler, Varsity Spirit: How to Make an Athlete Ready for a College Program
Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Jill Petersen & Rachel Lawler, Varsity Spirit: Make Every Minute Count-Practice Management
Ice Cream Social – In Partnership with the Nebraska State Education Association
Jill Petersen & Rachel Lawler, Varsity Spirit: Game Day & Good Coaching
UDA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **Main Gym**



Wednesday, July 25

7:30 a.m. – 4:00 p.m.
9:45 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
2:35 p.m. – 3:25 p.m.
3:45 p.m. – 5:00 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS. Presented by Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**
Jill Petersen & Rachel Lawler, Varsity Spirit: How to Make an Athlete Ready for a College Program
Lunch Break & Visit Exhibitors
Jill Petersen & Rachel Lawler, Varsity Spirit: Make Every Minute Count-Practice Management
Jill Petersen & Rachel Lawler, Varsity Spirit: Game Day & Good Coaching
UDA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **South Gym**

FOOTBALL 11-MAN

Partnership with USA Football Auditorium unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:30 a.m. – 9:45 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Steve Schneider, Peru State College, NE: Old School Triple Option Ball
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Bob Gaddis, Columbus East HS, IN: Win With Organization – Presented by Baden Sports
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Bob Gaddis, Columbus East HS, IN: Respect the Game & Our 3 Best Plays – Presented by Baden Sports
NSEA: More than Liability Insurance – Why I Belong X2 **B107-**



Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS. In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
NSAA Rules Meeting
NCA District Meetings with Elections & Major Raffles
Hudl **Theater**
Lunch Break & NCA Sports Advisory Committee Meetings
Patrick Daberkow, Concordia University, NE: Concordia University Defensive Back Technique & Drills
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Patrick Daberkow, Concordia University, NE: Concordia University Defensive Line Technique & Drills
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Jon Clanton, Phoenix Central HS, AZ: Advanced D-Line Rush, Tip of the Spear Contact System **Theater**
JP Hartigan, Shadow Man Sports: Increase Game Speed Reps without Player to Player Contact
Final Clinic Drawings **Main Gym**

FOOTBALL 8-MAN

Partnership with USA Football Theater unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:30 a.m. – 9:45 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Dickie Roybal & Caleb King, Melrose HS, NM: Balanced & Unbalanced Sets – X's & O's
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards Aud.
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Dickie Roybal & Caleb King, Melrose HS, NM: Defense-Balanced Formations & Spread
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Dickie Roybal & Caleb King, Melrose HS, NM: Special Teams
NSEA: More than Liability Insurance – Why I Belong X2 **B107**



Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS. In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
NSAA Rules Meeting **Auditorium**
NCA District Meetings with Elections & Major Raffles
Hudl



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- > SCHEDULES

- > RECORDS
- > HALL OF FAME



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FOOTBALL 8-MAN

Partnership with USA Football

Continued from page 15

11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

Thursday, July 26

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 10:00 a.m.
 10:10 a.m. – 11:00 a.m.
 11:10 a.m. – 12:00 p.m.
 12:15 p.m.

Lunch Break & NCA Sports Advisory Committee Meetings
 Chris Michel, Sedgwick County HS, CO: Pistol Option Football
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
 Open to schools testing through the Nebraska Sports Concussion Network
 Chris Michel, Sedgwick County HS, CO: Attacking 3 Front Defenses
 NSEA: What I Wish I Would Have Known **B107**

REGISTRATION & EXHIBIT AREAS OPEN
 Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
 JP Hartigan, Shadow Man Sports: Increase Game Speed Reps without Player to Player Contact **Auditorium**
 Jon Clanton, Phoenix Central HS, AZ: Advanced D-Line Rush, Tip of the Spear Contact System
 Final Clinic Drawings **Main Gym**

FOOTBALL 6-MAN

Partnership with USA Football

B103 unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:30 a.m. – 9:45 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 DeWayne Lee, Strawn HS, TX: Offense-T-Formation, J-Bird, Shot Gun Sets
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium**
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
 Lunch Break & Visit Exhibitors
 DeWayne Lee, Strawn HS, TX: Defense-Variation of 4-2 & 3-3 Tight
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
 Ice Cream Social – In Partnership with the Nebraska State Education Association
 DeWayne Lee, Strawn HS, TX: Special Teams Play
 NSEA: More than Liability Insurance - Why I Belong X2 **B1077-**

**Wednesday, July 25**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
 REGISTRATION & EXHIBIT AREAS OPEN
 NSAA Rules Meeting **Auditorium**
 NCA District Meetings with Elections & Major Raffles
 Hudl **Theater**
 Lunch Break & NCA Sports Advisory Committee Meetings
 Troy Walters, MonDak (Coop of Westby, MT & Grenora, ND: Offense Formation vs. Man & Zone
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
 Open to schools testing through the Nebraska Sports Concussion Network
 J.R. Johnson, MonDak (Coop of Westby, MT & Grenora, ND: Defensive Strategies
 NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 10:00 a.m.
 10:10 a.m. – 11:00 a.m.
 11:10 a.m. – 12:00 p.m.
 12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
 JP Hartigan, Shadow Man Sports: Increase Game Speed Reps without Player to Player Contact **Auditorium**
 Jon Clanton, Phoenix Central HS, AZ: Advanced D-Line Rush, Tip of the Spear Contact System **Theater**
 Final Clinic Drawings **Main Gym**

GOLF

Please note: Location of Sessions Vary

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 NSAA Rules Meeting **LNS B104**
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
 Lunch Break & Visit Exhibitors
 Alex Carper, Wilderness Ridge Golf Club, NE: Full Swing Concepts & Practice **Highlands Golf Course**
 Ice Cream Social – In Partnership with the Nebraska State Education Association (Ice Cream at the Golf Course)
 Alex Carper, Wilderness Ridge Golf Club, NE: Short Game Concepts & Practice **Highlands Golf Course**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
 REGISTRATION & EXHIBIT AREAS OPEN
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-Next Level Recruiting **LNS B104**
 NCA District Meetings with Elections & Major Raffles
 Anne Shadle, Certified Mental Performance Consultant: Team Building for the Individual Athlete, **LNS Auditorium**
 Lunch Break & NCA Sports Advisory Committee Meetings
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-Your Parents **Highlands Golf Course Conference Room**
 Alex Carper, Wilderness Ridge Golf Club, NE: Strategy & Tournament Preparation **Highlands Golf Course**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 10:00 a.m.
 10:15 a.m. – 11:05 a.m.
 11:05 a.m. – 11:55 a.m.
 12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
 Nebraska School Activities Association; Head, Heart and Heat Certification, **LNS Auditorium**
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-Your Golfers **LNS B104**
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-You **LNS B104**
 Final Clinic Drawings **LNS Main Gym**

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B106 unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Informational Meeting
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Mike Pickett, St. John's Country Day HS, FL: Player Development to Succeed at the Next Level
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Mike Pickett, St. John's Country Day HS, FL: The Importance of Set Piece Practice
NSEA: More than Liability Insurance - Why I Belong X2 **B107-**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Hudl
NCA District Meetings with Elections & Major Raffles
Soccer Coaches Round Table & Chalk Talk
Lunch Break & NCA Sports Advisory Committee Meetings
Greg Henson, Concordia University, NE: The Concordia Way-A Defensive Approach to Goal Scoring
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Greg Henson, Concordia University, NE: How to Develop & Evolve Your Program's Tactical Identity
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Randy Waldrum, University of Pittsburgh: Setting Your Team Up Defensively
Randy Waldrum, University of Pittsburgh: A Positional Game-Creating Numerical Advantages
Final Clinic Drawings **Main Gym**

SOFTBALL

E121 unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Larissa Anderson, Hofstra University: Skills & Drills
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Larissa Anderson, Hofstra University: Ball Everydays
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Larissa Anderson, Hofstra University: Pitching-From Day One to Game One
NSEA: More than Liability Insurance - Why I Belong X2 **B107-**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
NSAA Rules Meeting
NCA District Meetings with Elections & Major Raffles
Kristi Bredbenner, Wichita State University: Competitive Drills to Make Your Team Game Ready
Lunch Break & NCA Sports Advisory Committee Meetings
Kristi Bredbenner, Wichita State University: Catchers-Creating a General on the Field
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Kristi Bredbenner, Wichita State University: Team Chemistry-A Must for Championship Teams
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Ben Greer, Iowa Western Community College: Hitting Mechanics & Approach at the Plate
Ben Greer, Iowa Western Community College: Practice Planning
Final Clinic Drawings **Main Gym**

SPECIAL OLYMPICS

Recommended Sessions - Special Olympics coaches are welcome at any sessions

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Unified Sports, Bowling Fundamentals for High School & Special Olympics Coaches **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association



SPECIAL OLYMPICS

Continued from page 19

2:45 p.m. – 3:35 p.m.
3:45 p.m. – 4:35 p.m.

Special Olympics Volleyball **A101**
On-Court Volleyball Drills **South Gym**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
9:00 a.m. – 9:50 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.
3:40 p.m. – 4:30 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Hands on Training for the Special Olympics Bowling Coach **Sun Valley Lanes**
Annual Special Olympics Concussion Training **D023**
Lunch Break & NCA Sports Advisory Committee Meetings
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Andy Gerlec, Papillion-La Vista South HS, NE: Practicing with a Purpose-Ideas and Drills **B104**
Andy Gerlec, Papillion-La Vista South HS, NE: On-Court Drills for Special Olympics Coaches **Main Gym**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Special Olympics Track & Field **A101**
Hands on Training for Special Olympics Track & Field **LNS Track**
Final Clinic Drawings **Main Gym**

TENNIS

B105 or Outdoor Tennis Courts unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Informational Meeting
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Dave Adams, Cheyenne Mountain HS, CO: Playing Smart to Win: Offense –Defense & Big Six **B105**
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Dave Adams, Cheyenne Mountain HS, CO: Winning Dynamic Doubles **B105**
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Dave Adams, Cheyenne Mountain HS, CO: Doubles & Singles Drills **Tennis Courts**
NCA District Meetings with Elections & Major Raffles
Joel Reckeway, Concordia University, NE: High Speed Warm Up & Drills **Tennis Courts**
Lunch Break & NCA Sports Advisory Committee Meetings
Joel Reckeway, Concordia University, NE: High Speed Live Ball Games Tennis Courts
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Joel Reckeway, Concordia University, NE: High Percentage Tennis Strategy
NSEA: What I Wish I Would Have Known **B107**

TRACK & FIELD

E117 unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Informational Meeting
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Ryan Banta, Parkway Central HS, MO: Coaching the 100 A-Z
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Ryan Banta, Parkway Central HS, MO: Building a Program through the 400
NSEA: More Than Liability Insurance - Why I Belong X2 **B107**

Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Track & Field Coaches Round Table
NCA District Meetings with Elections & Major Raffles
Anne Shadle, Certified Mental Performance Consultant: Team Building for the Individual Athlete, **Auditorium**
Lunch Break & NCA Sports Advisory Committee Meetings
Dusty Jonas, University of Nebraska: High Jump Basics & Program Design, Part 1
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Dusty Jonas, University of Nebraska: High Jump Basics & Program Design, Part 2
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.
20

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Bob Brandt, Bishop Neumann HS, NE (Retired): Developing the High School Hurdler
Bob Brandt, Bishop Neumann HS, NE (Retired): Building Consistency in Your Hurdle Program
Final Clinic Drawings **Main Gym**

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Nebraska National Guard App
or
Text "NEGuard" to 95577



VOLLEYBALL

Partnership with American Volleyball Coaches Association

South Gym unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Insider View of the 2018 NCA All-Star Practice; Hosted by Mike Brandon, Gretna HS
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Cliff Hastings, Parkland College, IL: Drills to Improve Your Team's Defense & Offensive Production
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Cliff Hastings, Parkland College, IL: Drills to Round Out Your Coaching Eye & Focus
NSEA: More than Liability Insurance - Why I Belong X2 **B107**



Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Anne Shadle, Certified Mental Performance Consultant: Coaching & Developing: Transforming How You Coach & Lead
NCA District Meetings with Elections & Major Raffles
NSAA Rules Meeting
Lunch Break & NCA Sports Advisory Committee Meetings
Zach Young, Lafayette HS, MO: Training Your Setter
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Zach Young, Lafayette HS, MO: Balancing Life as a Coach & Life at Home
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Dani Busboom Kelly, University of Louisville, KY: Training Defense & Serve Receive – Individual & Team
Dani Busboom Kelly, University of Louisville, KY: Setter Training: From the Basics to Advanced
Final Clinic Drawings **Main Gym**

WRESTLING

Partnership with National Wrestling Coaches Association

Wrestling Room unless otherwise noted

Tuesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Charlie Pipher, Western State Colorado University: Systematic Offense
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership
Lunch Break & Visit Exhibitors
Charlie Pipher, Western State Colorado University: Scoring in Transition
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Charlie Pipher, Western State Colorado University: Choreographed Drilling
NSEA: More than Liability Insurance - Why I Belong X2 **B107**



Wednesday, July 25

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Guy Melby, Sidney HS, MT: Selling Your Program
NCA District Meetings with Elections & Major Raffles
NSAA Informational Meeting
Lunch Break & NCA Sports Advisory Committee Meetings
Guy Melby, Sidney HS, MT: Communication & Getting the Best Out of Your Wrestlers
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Guy Melby, Sidney HS, MT: Wing Series, Tilt Series and Wrist Ride Series
NSEA: What I Wish I Would Have Known **B107**

Thursday, July 26

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Tom McCann, University of Nebraska-Kearney: Go for 5 When 2 Won't Do
Tom McCann, University of Nebraska-Kearney: Funk Stuff & Ten Things You Have to Know
Final Clinic Drawings **Main Gym**

JUNIOR HIGH/TEACHING FUNDAMENTALS

B104

Tuesday, July 24

1:15 p.m. – 2:05 p.m.

2:35 p.m. – 3:25 p.m.

FOOTBALL: Greg Nelson, Lincoln Lutheran HS, NE: Individual Drills & Installing Basics for the Spread Offense
FOOTBALL: Greg Nelson, Lincoln Lutheran HS, NE: Individual & Team Fundamentals for a Swarming Defense

Wednesday, July 25

1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank
BASKETBALL: John Miller, Paimyra HS, NE: Building Your System & Identity at the Junior High Level
BASKETBALL: Andy Gerlecz, Papillion-La Vista South HS, NE: Practicing with a Purpose-Ideas & Drills

DISTRICT MEETINGS

Wednesday, July 25 9:35 a.m. – 10:05 a.m.

District 1 Auditorium
District 2 Main Gym
District 3 South Gym
District 4 E117
District 5 Theater
District 6 E119



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2018 NCA GIRLS' BASKETBALL

Red Team Coaches:

Head Coach – Brendan Dittmer, Elkhorn Valley
Assistant Coach – Jason Simons, Bishop Neumann

Blue Team Coaches:

Head Coach – Bryan Reichmuth, Humphrey St. Francis
Assistant Coach – Nathan Behlke, Dundy County-Stratton

Players:

(teams to be determined at a later date)

Taylor Beacom, Papillion-La Vista South, G
Payton Brotzki, Platteview, G/F
Brooke Carlson, Elkhorn, F/P
Claire Cornell, Elm Creek, G/F
Chloe Dworak, Lincoln Christian, G
Delani Fahey, Ord, G/F
Maggie Feehan, Columbus Scotus, G
Lexis Haase, GACC, G/F
Kylie Hammer, Wayne, G
Aspen Jansa, Bishop Neumann, G/F
Mackenzie Koepke, Lincoln Lutheran, G
Bailey Kraus, West Holt, G/F
Raeleigh Menke, Friend, G/F
Jori Peters, Mitchell, G
Lauren Riley, York, G
Alli Roh, Lincoln East, F/P
Faith Ross, Gretna, G
Regan Sankey, Lincoln East, F
Taryn Scheef, Wahoo, G/F
Samantha Shepard, Fremont, F
Ali Smith, Ord, G
Carly Sutherland, Pierce, G/F
Quinn Weidemann, Omaha Westside, G
Logan Wemhoff, Humphrey St. Francis, F

2018 NCA BOYS' BASKETBALL

Red Team Coaches:

Head Coach – Tony Siske, Norfolk
Assistant Coach – Todd Hale, West Holt

Blue Team Coaches:

Head Coach – Seth Kallhoff, O'Neill
Assistant Coach – Jeff Campbell, Lincoln East

Players:

(teams to be determined at a later date)

Justin Appleby, O'Neill, G/F
Tyrell Carroll, Millard South, G
Tuach Dol, Papillion-La Vista South, F
Nick Ferrarini, Millard North, G
Sam Griesel, Lincoln East, G/F
Matt Hagedorn, Norfolk, F
Brady Heiman, Platteview, F/P
Lane Huebert, Heartland, G
Jordan Janssen, Lincoln East, F/P
Cedric Johnson, Bellevue West, G/F
Carter Kent, Crete, G/F
Bryce Kerkman, West Holt, G
Kanon Koster Kearney, G/F
Brendan Lacey, Wahoo, G
Ben Moxness, Logan View, G/F
Henry Penner, Aurora, G/F
Peyton Priest, Papillion-La Vista, G/F
Sammy Richardson, Lincoln High, G/F
Garrett Seagren, Oakland-Craig, G
Nate Thayer, Platteview, G/F
Alex Thramer, O'Neill, G/F
Quinten Vasa, Lourdes Central Catholic, F
Mike Wardy, Norris, F/P
LeBeck Warren, Grand Island, G



2018 NCA VOLLEYBALL

Red Team Coaches:

Head Coach – Briana Janda, Elkhorn South
Assistant Coach – Diane Torson, Hampton

Blue Team Coaches:

Head Coach – Laura Miller, North Platte
Assistant Coach – Tracy Kuester-Burtwistle, Stanton

Players:

(teams to be determined at a later date)

Alexa Blase, Grand Island, RS/OH
Avery Dolliver, Lincoln Christian, OH
Madison Evans, Millard North, Lib
Sydney Fitzgibbons, Papillion-La Vista, MH
Taliyah Flores, Papillion-La Vista South, RS
Brooke Fredrickson, North Bend Central, OH
Ally Glaser, Papillion-La Vista, RS/OH/S
Lily Heim, Omaha Marian, S
Hannah Heppner, Stanton, MH
Julianna Kalil, Omaha Duchesne Academy, OH
Emily Krolikowski, Centura, MH
Kristin Lux, North Bend Central, OH/MH
Sami Mauch, North Platte, OH/MH
Taryn Mayfield, Northwest, OH
Halle Meister, Omaha Roncalli, MH
Riley Newton, Elkhorn South, Lib
Lindsay Nottlemann, Lincoln Pius X, Lib
Taylor O'Malley, Skutt Catholic, Lib
Claire Ostrand, Nebraska Christian, OH
Taylor Quiring, Heartland, OH
Delaney Saucier, Skutt Catholic, S
Kaitlynn Simon, Johnson-Brock, MH
Riley Sis, McCook, OH/RS
Bailee Sterling, Kearney, OH
Kinsley Tingelhoff, Wahoo, S
Rachel Walker, Lincoln Southwest, S/RS/OH
Sarah Wing, Omaha Marian, MH
Jaela Zimmerman, Malcolm, OH

2018 NCA SOFTBALL

Red Team Coaches:

Head Coach – Mark Watt, Lincoln Southwest
Assistant Coach – Danyel Seevers, York

Blue Team Coaches:

Head Coach – Tom McCall, Milford
Assistant Coach – John Swoboda, Millard North

Players:

(teams to be determined at a later date)

Adria Allen, Millard West, 3B
Sam Alm, Millard West, SS/2B
Jennifer Boeve, Hastings, 1B/3B
Brianna Brabec, Wahoo, SS/OF
Jasmyn Broussard, Millard North, OF
Lexi Burkhardt, Gretna, P/OF
Shayne Coleman, McCook, OF/P
Kate Cook, Lincoln Southeast, SS/IF
Britny Davis, Lincoln Southwest, 1B/P
Hailee Fliam, Millard South, P
Haleigh Hoefs, Lincoln Pius X, 2B
May Hoesing, Arlington, SS
Tessa Hurst, Papillion-La Vista, 1B
Taylore Imhoff, Bellevue West, 2B
Emily Jacobs, McCook, SS
Amelia Jarecke, Lincoln Pius X, P
Lauren Jurek, Bellevue West, P/1B
Taylor Knight, Elkhorn South, P
Carlee Liesch, Lincoln Pius X, OF
Kennedy Maly, Wayne, OF
Camry Moore, Crete, P/IF
Kylee Nixon, York, C/IF
Morgan Nixon, Elkhorn South, C
Hannah Saroka, Papillion-La Vista South, OF/SS/P
Sydney Schelkopf, Fillmore Ctl/Exeter-Mill, U
Karlee Seevers, York, P
Molly Sindelar, Elkhorn South, 1B
Amber Storer, Lincoln Southwest, C
Kim Vidlak, Millard North, SS
Ady Watts, Gretna, C
Avery Wood, Kearney, C





2018 NCA – HUDL AWARDS AND RECOGNITION BANQUET

The 51st annual Awards & Recognition Banquet will be held in the evening of Sunday, July 22, at the Great Hall in the Train Station in Lincoln’s Historic Haymarket. Hudl is title partner of the evening event. Several awards will be presented that evening, including the Coach-of-the-Year awards, sponsored by Hudl; Service awards, sponsored by the Nebraska National Guard; and the Jerry Stine Family Milestone Level IV awards, sponsored by Baden Sports. Recognition will also be given to state champion coaches as well as the recipients of several special achievement and career awards. For a complete listing and description of awards given by the Nebraska Coaches Association please visit our website www.ncacoach.org and click on the awards tab.



JERRY STINE FAMILY MILESTONE AWARDS – PRESENTED BY BADEN SPORTS

The NCA Jerry Stine Milestone Awards recognize different levels of coaching achievement in both individual and team sports. The Level I, II, and III certificates will be presented at the NCA Multi-Sport Clinic in July. The Level IV winners receive a plaque presented at the NCA Award Banquet on Sunday, July 22 in Lincoln.

More information regarding the NCA Milestone Award program, including the application form, can be found at: <http://www.ncacoach.org/milestone.php>. This web page also includes a newly formatted search for coaches that have achieved any level within the program. *Applications are accepted until June 1 annually.*

CONGRATULATIONS 2018 NCA CAREER MILESTONE AWARD WINNERS

AS OF APRIL 4, 2018 – SELF NOMINATION DEADLINE JUNE 1

BASEBALL

Jim Hansen, Lincoln Pius X, Level I

BASKETBALL

Shawn Cole, Perkins County, Level I

FOOTBALL

Tom Olson, Norfolk, Level IV

Mark Rotter, B-D-S, Level IV

Brett Davis, Ashland-Greenwood, Level II

Jim Hansen, Lincoln Pius X, Level II

Jordan Haas, Hemingford, Level I

GIRLS’ SOCCER

John Erwin, Norfolk, Level II

SOFTBALL

Terry Graver, Elkhorn South, Level IV

Steve Kerkman, Millard South, Level III

BOYS’ TENNIS

Greg Classen, Papillion-LaVista, Level IV

BOYS’ TRACK & FIELD

George O’Boyle, Lincoln Pius X, Level IV

Bryan Soloman, Thayer Central, Level III

Dwayne Schmitt, Kearney Catholic, Level II

GIRLS’ TRACK & FIELD

George O’Boyle, Lincoln Pius X, Level IV

Dwayne Schmitt, Kearney Catholic, Level IV

Jeff Meyer, Elkhorn Valley, Level I

VOLLEYBALL

Lisa Mason, Bertrand, Level IV

Neil VanLengen, Howells-Dodge, Level III

WRESTLING

Dan Lonowski, Adams Central, Level IV



SERVICE AWARDS – PRESENTED BY THE NEBRASKA NATIONAL GUARD

The NCA – Nebraska National Guard Service Award is designed to recognize and honor coaches who have achieved 25, 35, 40, 45, and 50 years of coaching service. This is a self-nominating award. If you have achieved any of these levels of service and would like to be honored at the Awards & Recognition Banquet, please visit our website and follow the guidelines presented for ‘Service Awards’, located at: <http://www.ncacoach.org/service.php>. Applications are accepted until June 1 annually.

2018 NCA SERVICE AWARD HONOREES

Self nominations at ncacoach.org - Deadline June 1

As of Publication Date

25 YEAR

Greg Golka, Omaha Marian
Tom Luxford, South Sioux City
Lisa Mason, Bertrand
Rick Petri, Kearney Catholic
Kory Rohde, Hayes Center
Ray Ruybalid, Holdrege

40 YEAR

Tom Dickey, Boone Central
Dr. Doug Dolezal, Crete
Steve Reeves, Gothenburg
Jeff Ritz, Omaha Skutt Catholic
Dave Shrader, Gretna
Jack Tarr, Malcolm

35 YEAR

John Kershaw, Hitchcock County



WE BELONG ^{x2}



Scott Polacek Howells-Dodge Consolidated Schools

- Social Studies teacher.
- Coach for girls basketball, track, mock trial.
- Negotiations Team for Howells-Dodge Education Association.

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GOLD CARD – NCA MEMBER BENEFIT

The Nebraska Coaches Association (NCA) is pleased to offer the exclusive NCA “Gold Card” membership benefit for the 2018-19 school year. The Gold Card, along with a valid state issued photo ID, will grant admission to most NSAA State Championships for the entire school year. ***Some Restrictions apply – see below**

Any 2018 -19 NCA member or NCA Silver (Retired) Member, may purchase the exclusive Gold Card for only \$20 annually by October 1.

NCA members must purchase their Gold Card by October 1, 2018. No exceptions.

Coaches will continue to be required to have a photo I.D. and sign-in at the championship sites. The Gold Card is offered as an optional membership fee within the online membership registration. The Gold Card will also be available for purchase at the NCA Multi-Sport Clinic. The NCA assumes the cost of the cards and administration of the program. All funds go directly to the NSAA.

The Gold Card will allow admission to an NSAA State Championship event only. Events such as sub-districts, districts, and football playoffs do not apply. The Gold Card may be used at Football Finals for general admission seating, but will not gain access to the 300 level. The card will gain admission for the card holder only, and is non-transferable. A \$5 fee will be required for any card misplaced during the school year.

Restrictions:

- Due to limited seating, this benefit does not apply to the NSAA State Play Production & Swimming Championships.
- Level 300 Seating at the NSAA Football Championships does not apply.



NCA MEMBER BENEFITS:

- Year-round \$1,000,000 coaching and classroom liability coverage (must have a contract with a school)
- \$20 Annual Gold Card – Good for Admission to most NSAA State Championships (must purchase by October 1st)
- Year-Round Discounted Room Rates at Country Inn & Suites - Lincoln North 27th Street (some restrictions apply)
- Annual Digital Subscription of *Coach and Athletic Director* Magazine
- Discounts through NHSACA on Travel, Insurance and Services
- Free admission for two to NCA All-Star Volleyball Match, Boys' & Girls' Basketball Games, and Softball Game
- Free admission to the annual Shrine Bowl Football Game
- Free admission, with membership card, to select college-sponsored games in Nebraska (not UNL)
- *Nebraska Coach* Magazine online (Fall, Winter, Spring Editions)
- *Nebraska Coach* Magazine Pre-Clinic Printed Edition
- Committees to make recommendations regarding sports rules changes
- Recognition for coaching accomplishments and achievements through the Stine Jerry Stine Family Milestone Awards
- State and National Coach-of-the-Year recognition
- Eligibility to coach in the Annual All-Star Games
- Service Awards (25, 35, 40, 45 & 50 year) recognition
- NCA Sports Clinics & Affiliated Events at a Discounted Rate

nebraska coach

The advertisement for Sideline Power features a dark background with a red and white logo at the top. The logo consists of a red oval with the word 'SIDELINE' in white and 'POWER' in red, with 'EST. 2011' in small white text below. Below the logo, the text '#1 CHOICE FOR COACHING COMMUNICATION' is written in large, white, bold letters. To the right, there is an image of a headset with the text 'HEADSETS New & Used PLUS Headset Reconditioning Program!' in white and red. Below this, there is an image of a drone with the text 'DRONES Starting at \$499' in white and red. At the bottom, there is an image of a camera on a tripod with the text 'END ZONE CAMERAS PORTABLE SOUND SYSTEMS PRACTICE TIMERS AND MORE!' in white and red. At the very bottom, there is a red banner with the phone number '800-496-4290' and the website 'SIDELINEPOWER.COM' in white.

NSAA RULES MEETINGS AT 2018 CLINIC

NSAA will conduct sport meetings and sport rules meetings for all sanctioned sports that are included in the NCA Clinic. The meetings are being offered as a courtesy for those coaches planning to attend the clinic. The NCA thanks the NSAA for providing this service to coaches. *Meets NSAA Rules Meeting Requirement.

Basketball* – Wednesday, 8:30-9:20 a.m.
Cross Country – Wednesday, 8:30-9:20 a.m.
Golf* – Tuesday, 8:30-9:20 a.m.
Softball* – Wednesday, 8:30-9:20 a.m.
Track & Field – Tuesday, 8:30-9:20 a.m.
Wrestling – Wednesday, 10:20-11:10 a.m.

Bowling (Unified)* – Tuesday, 8:30-9:20 a.m.
Football* – Wednesday, 8:30-9:20 a.m.
Soccer – Tuesday, 8:30-9:20 a.m.
Tennis – Tuesday, 8:30-9:20 a.m.
Volleyball* – Wednesday, 10:20-11:10 a.m.

NSEA PARTNERS FOR ICE CREAM SOCIAL & BREAKOUT SESSIONS

The Nebraska State Education Association (NSEA) has partnered with the NCA to again provide an Ice Cream Social on Tuesday afternoon of the Multi-Sports Clinic. The NSEA will also be providing two unique breakout sessions on Tuesday and Wednesday afternoon.

“More than Liability Insurance: Why I Belong X2” Tuesday, July 24, 2:35-3:25, Room B107: Join veteran teacher-coaches who can tell you about how NSEA membership can affect your benefits, your extra-duty pay and your employment situation, beyond NCA liability insurance. Also learn how the association works to promote legislation that affects your job. Featuring veteran coaches and NSEA members like Bill Carlin, Hastings Adams Central.

“What I Wish I Would Have Known.” Wednesday, July 25, 2:35-3:25, Room B107: Aimed at early-in-their-career coaches, this seminar will help you avoid mistakes that can affect your career now and in the future. Topics include communication, organization, defining success, networking and finding a balance between coaching and classroom teaching.

SPORTS MEDICINE SESSIONS: IMPACT BASELINE TESTING & TRAINING CARE & PREVENTION OF INJURIES – ATHLETIC TAPING

- Dave Schultz, Program Coordinator for the Nebraska Sports Concussion Network will provide one important session on IMPACT Baseline Testing Training on Wednesday, July 25 from 1:30-2:20 pm. This session is open to schools testing through the Nebraska Sports Concussion Network.
- Nebraska Orthopaedic and Sports Medicine athletic trainers will conduct two Care & Prevention of Injuries - Athletic Taping sessions, which are provided on a walk-in basis. Sessions will be held in the training room at Lincoln North Star on Tuesday, July 24, 1:15-3:15 pm and Wednesday July 25, 1:30-3:25 pm.

NSAA HEAD, HEART & HEAT REQUIRED CERTIFICATION

Thursday, July 26 from 8:30 to 10:00 am in the Lincoln North Star Auditorium

The 2018-19 school year marks the third year all coaches from NSAA member schools will be required to take a total of three online courses from the NFHS. **Required Courses: Heat Illness Prevention, Sudden Cardiac Arrest and Concussion in Sports**

Concussions have been in the forefront of athletic participation for the last several years and continue to be one of the top concerns for the NSAA. Exertional heatstroke is the leading preventable cause of death among athletes. With the proper knowledge and planning, it is not only preventable but 100% preventable.

Sudden cardiac arrest is the leading cause of deaths in students involved in activities. If you can use an Automated External Defibrillator (AED) within three minutes, the chances of survival increase to 70%. If used within one minute those odds rise to 90%. For every minute that goes by without using an AED, the chances for survival decrease 7-10%

The NSAA is making these courses available for any coach that is attending the multi-sports clinic. The NSAA staff will administer all three courses that will fulfill your requirement for the 2018-19 school year. This will be offered **Thursday, July 26 from 8:30 to 10:00 a. in the Lincoln North Star Auditorium**. All three requirements will be offered online at the NFHS web site. You must arrive to the session by 8:30 am to receive credit. No other sessions will take place during this time period.



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2018 Nebraska Coaches Association Multi-Sports Clinicians

BASKETBALL



Ben McCollum, Northwest Missouri State University: Coach McCollum owns a 203-75 record over 10 seasons as the Northwest Missouri State Men's Basketball coach. McCollum's Bearcats broke through in 2016-17, winning the program's first NCAA national championship, capping a 35-1 season.

After winning both the MIAA regular season and tournament titles he was named the 2017 NABC and DII Bulletin National Coach of the Year. He has also received MIAA Coach of the Year honors four times (2012, 2015, 2016 & 2017). Before returning to Northwest, McCollum served four years as an assistant coach under David Moe at Emporia State. Coach McCollum got his start in college coaching as a graduate assistant at Northwest under head coach Steve Tappmeyer, who he would eventually replace. During his two seasons as a graduate assistant, Northwest went 58-8 and returned to the Elite Eight for the second time in program history. As a player, McCollum helped lead the Bearcats to a 51-12 record, including a 29-3 mark during the 2001-02 campaign that culminated with the first Elite Eight appearance in Northwest history. A native of Storm Lake, Iowa, McCollum began his college career at North Iowa Area Community College where he was a two-time all-region performer before transferring to Northwest. He and his wife Michelle are the parents of two sons, Peyton and Tate, and a daughter, Grace Ann.



John Miller, Palmyra HS, NE: Hall of Famer John Miller has been an icon of Nebraska high school basketball for 37 years. Coach Miller led the girls program at Chambers for 31 years, Southern Valley boys for five years and Palmyra boys during the 2017-18 campaign. His career coaching record of 722-152 (30 years: 585-113 girls, 7 years: 137-39 in Boys) led to his induction into

the Nebraska High School Sports Hall of Fame in 2017. John earned Nebraska Coaches Association Coach of the Year honors in both boys' and girls' basketball, while earning 20 trips to state tournaments, 10 trips to the finals, and capturing six state championships (5 girls', 1 boy's). He has won state championships as a head coach in girls' basketball, boys' basketball, football and baseball. John and his wife Sandy have been married for 28 years. They have three children, daughter Randi and sons Ross and Seth.



Bob Ludwig, Peru State College, NE: Coach Ludwig completed his first season with the Peru State Bobcats with a record of 22-14, earning a trip to the NAIA DI National Tournament. He has ten years of coaching experience at the collegiate level. During the 2016-17 season Ludwig was the assistant coach at Central Wyoming College in Riverton, WY. The Rustlers finished with

a 21-9 mark. Three years ago Ludwig was a volunteer assistant for the Bobcats under previous head coach Eric Behrens. That year the 'Cats were the co-regular season Heart of America Athletic Conference (Heart) champions and qualified for the NAIA Division 1 National Tournament for the first time in nine years. Prior to his stint at Peru State, Ludwig was the lead assistant and recruiting coordinator at Midland University in Fremont, NE. In the four years while he was on the Warrior staff, the program qualified for three NAIA Division II National Tournaments, including a 30-6 campaign in which the team made an appearance in the 2013-14 championship game. The following year, Midland won the 2014-15 Great Plains Athletic Conference Championship. Ludwig's coaching experience includes a stop at his hometown school, Bellevue University, NE. In his three years at Bellevue, the program won two Midlands Collegiate Athletic Conference regular season titles and two conference tournament championships. He spent one year prior to Bellevue at Nebraska Wesleyan in Lincoln and also had one year of high school coaching experience at Bellevue East.



Joe Wooten, Bishop O'Connell HS, VA: Coach Wooten has led his teams to 432 wins in the last 19 years, all of this after taking over a program that had won just six games before his arrival. He has led O'Connell to five Virginia State Independent Titles, three WCAC Regular Season Titles, four Alhambra Catholic Invitational Titles, and two WCAC Tournament Title in the past

14 years. Joe has been selected as the Arlington County Coach of the Year three times, WCAC Coach of the Year once, and Virginia State Independent Coach of the Year three times. He also spent time at Division I Furman University, where he was the youngest assistant coach in the NCAA. He has been named

KEYNOTE ADDRESS



Chris Reynolds, Athletic Director, Bradley University:

Reynolds was named Bradley University's 10th Director of Athletics on March 17, 2015 and was elevated to the position of Vice President for Intercollegiate Athletics in March of 2018. He brings more than 20 years of distinguished experience to his position on the Hilltop and since his arrival at Bradley has overseen significant progress in multiple areas within

the Department of Athletics. The positive momentum generated by the Department over the past three years has been marked by record-breaking achievements and a resurgence academically, athletically, and in the community. On a national level, in March of 2018, Reynolds was appointed to the NCAA Division I Men's Basketball Committee for a five-year term to begin September 1, 2018. Additionally, he currently serves as a member of the NCAA Division I Men's Basketball Competition Committee. Prior to serving in his role at Bradley, Reynolds held senior level leadership positions in athletics administration at Northwestern University and Indiana University, and has served in the athletics departments at the University of Notre Dame, Western Michigan University, and Michigan State University. Reynolds attended Indiana University and earned his Bachelor of Arts degree in 1993, a law degree in 1996 and a Ph.D. in 2012. As an undergraduate student, he was a four-year letter winner in basketball, was team captain his senior year, and helped lead Indiana University to Big Ten titles in 1991 and 1993, as well as the 1992 Final Four. Reynolds and his wife Katrina have two children, Joshua and Olivia.

SPORTS MEDICINE SESSION



David R. Schultz, MEd, ATC, Nebraska Orthopaedic & Sports Medicine of Lincoln: Dave is currently the Sports Medicine Outreach Program Manager at Nebraska Orthopaedic & Sports Medicine of Lincoln. He graduated from UNL in 1981 after working with the Husker athletic teams as a student.

Starting his professional career as a high school athletic trainer and teacher in San Antonio, TX, Dave acquired his Master's degree at Temple University in Philadelphia, PA, in 1987. He returned to Nebraska as Head Athletic Trainer at Nebraska Wesleyan from 1988-1996 and developed a program that introduced a team of athletic trainers to rural schools throughout southeast Nebraska that he has since managed for 27 years. More recently, Dave developed and is program coordinator for the Nebraska Sports Concussion Network that funds concussion testing at no cost to nearly 150 high schools statewide. He has received the George F. Sullivan Athletic Trainer of the Year Award in 2001 from the Nebraska State Athletic Trainers Association and was inducted to that organization's Hall of Fame in 2011. Dave has also been recognized by the NCA with the "Friend of High Sports" award in 2008, the NSAA "Distinguished Service Award" in 2011, and was given a Service Award by the National Athletic Trainers Association in 2013.

ATHLETIC DIRECTOR



Rob Miller, Proactive Coaching, Liberty MO: Miller is a partner in Proactive Coaching, LLC. He joined Bruce Brown (founder) in 2008 after the two worked together at the NAIA for many years. He travels the country to help schools develop a positive culture through education based athletics. Rob has coached at the youth, high school and college level as well as serving

as an administrator in many roles at the local, regional and national level. He also serves as the athletic commissioner of the NAIA Wolverine Hoosier Athletic Conference, and has been a featured speaker at the Nebraska Sportsmanship & Leadership Summits. Rob is married to his wife, Susan. They have one daughter, Kendall.

by *Washingtonian Magazine* as one of the “100 people to watch” in Washington in the 21st Century. Known for developing coaches, Wooten has had one college head coach, six Division 1 assistant coaches, and six head high school coaches work with him before advancing in their career. 50 of Wooten’s former players currently play or have played college athletics. He is the Co-Chairman of the McDonald’s All-American Basketball game boys’ and girls’ selection committee and a member of the Adidas Nations coaching staff. Wooten has spoken at clinics throughout the country including South Carolina, Colorado, Minnesota, Delaware, Missouri, Michigan, and Pennsylvania.

BOWLING – UNIFIED



Lon Hollibaugh, Lincoln Southwest Bowling Club: Lon is a lifelong bowler. He started bowling at age 4. His first coaching position was at the age of 18 for Junior Bowlers. Lon is a USBC Level I and II Certified and Bronze Level coach. He has coached the Lincoln Southwest club team since 2005. Lon volunteered as a Special Olympics Bowling Coordinator in 2010 and is a current Lincoln Bowling Association Board Member.



Chris Johnson, Lincoln Southwest Bowling Club: Chris started bowling at age 6. She is USBC Level I certified and has served as the Head Girls Coach for the Lincoln Southwest Bowling Club since 2016.

CHEERLEADING



Bill Ahern, Varsity/Universal Cheerleaders Association: Bill has over 30 years with UCA and Varsity Spirit Corporation. He is the former UCA Regional Manager for the Northeast and currently works with the UCA instructor training and summer camp curriculum. He works with AACC and NFHS on safety guidelines with cheerleading and assists Varsity on scoring and training of officials for competitions.



Ashley Parnell, Universal Cheerleaders Association: Ashley is currently the State Director of Missouri & Nebraska for Universal Cheerleaders Association. She has experience in judging, coaching, and working with all ages of cheerleaders. Ashley has over 16 years of choreography experience in cheer, and currently serves as the Spirit Coordinator and Head

Cheerleading Coach at Drury University in Springfield, MO. She guided teams to top finishes the past seven years at UCA College Nationals in both the all-girl and small coed divisions. Most recently, Drury’s small coed team had a 2nd place finish in DII-small Coed at UCA College Nationals. Ashley was a college cheerleader at Drury University, where she received her bachelor’s degree in public relations and marketing and has been on UCA instructional staff since 2003.

CROSS COUNTRY



Kristin McWilliams, Winter Park HS, FL: McWilliams has been at the helm of the Winter Park girls’ track & field and cross country program for nine of her seventeen year career. In the past five years, her teams have won 4A State Cross Country Championships - in 2017, 2015 and 2014 - and were State Runner Up in 2016 and 2013. Her boys’ team at Berkeley Prep School finished as the 1A State Runner up in 2005. Over her career Kristin has coached numerous teams to top three and top five finishes at the state track & field and cross country championships, and captured countless regional, district and conference championships. Her athletes have amassed over 100 All-State Honors and been named Area Runner of the Year seven times. She has coached two Footlocker National Finalists, the Florida High School Girls’ State Mile Record Holder, a two-time Nike Cross Nationals Finalist, an All American named by

nebraska coach

three National Publications, and countless New Balance Indoor and Outdoor Track qualifiers and competitors. Kristin has served the State of Florida as the Florida Athletic Coaches Association (FACA) State Cross Country Chairman, the first female in state history. Her leadership positions with FACA and the Florida Athletic High School Association (FHSA), as well as her success with her teams, has earned her various Florida Cross Country Coach of the Year awards from the Florida High School Track & Field Hall of Fame, Dairy Farmers of Florida, USFTCCCA, and NFHS. She was named 2015 National Girls’ Cross Country Coach of the Year by the NFHS and is currently a top eight Finalist for 2017-2018 National Girls’ Cross Country Coach of the Year for NHSACA.



Dr. Anne Shadle, Certified Mental Performance Consultant: Shadle is a graduate of the University of Nebraska, where she earned her B.S. in Exercise Science. During her undergraduate career, Shadle was a member of the Huskers’ national powerhouse track & field team. She was an NCAA National Champion in both the indoor mile and the outdoor 1500

meters. Following graduation, Shadle ran three years professionally for Reebok and was a 2008 Olympic Trials semifinalist. She went on to earn her Master’s Degree from the University of Missouri in Counseling Psychology. She also earned her Ph.D. in Health Education and Promotion. Anne’s research focused on understanding the psycho-emotional challenges, preparations and responses of Olympic Gold Medal-winning athletes. Shadle is a Sport Science, Coaching Education and Training Professional with direct professional and academic experience. She has partnered with youth, high school, college, professional and Olympic athletes, and coaches to develop sport science, psychology, performance trainings and educational initiatives that spur positive sport activities, improve athletic outcomes, and improve the overall sport experience for athletes and coaches. A certified mental performance consultant (CMPC) and member of the United States Olympic Committee’s (USOC) Sport Psychology registry, Dr. Shadle serves on the Athlete Advisory Committee and the Sport Science Committee for USA Track and Field (USATF). She is heavily involved with coaching education, long-term athlete development programming and certification for the International Association of Athletics Federation (IAAF), USATF, and USA Baseball.



Derek Fey, College of Saint Mary, NE: Coach Fey has been coaching distance track at Westside High School for the past 12 years, and has been the head cross country coach at College of Saint Mary in Omaha for the past four years. At CSM, his first team in 2014 won the MCAC Conference Cross Country Championship and qualified for the NAI A National Cross

Country meet for only the second time in school history. He was named MCAC Coach of the Year that fall. Prior to CSM, Coach Fey was the head boys’ cross country coach at Westside High School for seven years. At Westside, Fey coached the 4x800 relay team to the 2007 all-class gold. The following two years, those relay teams would finish as state runner-up. He has coached numerous state medalists and has qualified a 4x800 relay team to the state meet in all but one year. Fey ran at Dana College and was a two-time NAI A All-American in cross country and track & field, as well as the 2002 GPAC Cross Country Individual Champion. He holds the school record in the half-marathon. Fey has completed eight marathons, winning the Omaha Marathon in 2013 and runner-up at the Lincoln Marathon in 2004, as well as finishing 77th (out of 25,000) at the Boston Marathon in 2009. He published a book on running in 2010 called *We Were Born to Run*. A social studies teacher at Westside, Coach Fey has a five-year-old son, Miles.



Ryan Mahoney, Hastings College, NE: Coach Mahoney completed his fourth year at the head of the men’s and women’s cross country and track & field programs during the 2017-18 seasons. During his first three seasons Mahoney’s athletes have produced 36 All-Americans and 4 National Champions. He has also been named the GPAC Women’s

Cross Country Coach of the year during this time. During the 2015 season the Hastings College women’s cross country team made their first trip to the national championship meet in almost two decades. Mahoney’s women’s cross country runners have produced 4 of the top 10 times in school history including the top 3 times ever run. He holds USA Track & Field Level II coaching endorsements in endurance, sprints/hurdles/relays, jumps, and throws and is a USATF certified Level I instructor. Currently Coach Mahoney teaches the track & field theory class in the spring at Hastings College and taught the University of Nebraska’s

Coaching Track & Field class from 2005- 13. Prior to joining Hastings College, Coach Mahoney spent 11 years building Lincoln Southwest High School's cross country and track & field programs. At Southwest he coached 11 individual state champions in various events. His teams won a total of 20 City, Conference, and District championships. As head coach at Lincoln Southwest and assistant coach at Lincoln Southeast – a position he held from 1998-2002, he led seven cross country and track & field teams to state championships.

DANCE

Bill Ahern, Varsity: See Cheerleading



Rachel Lawler, Universal Dance Association: Rachel Lawler is from Kansas City, Missouri, where she owns a dance studio and special needs dance program. She is a former member of the Avila University Glitter Girls, and Missouri Comets Galaxy Girls. Rachel has worked for the Universal Dance Association for nine years as an instructor, head instructor, competition judge and is currently state director for Varsity Spirit Brands. A former coach of the Northwest Missouri State Bearcat Steppers, Rachel led the dance team to their first ever top ten ranking at the UDA College Nationals. She also was the head coach of the Winnetonka Grifflinettes Dance Team for nine seasons with many regional and state placements.



Jill Petersen, Varsity Spirit: Jill has been the Head Dance Team Coach at Iowa State University since 1998. The ISU Dance Team was named NDA's National Champions in Division 1A Pom in 2016 & in 2017. Jill has also been an Assistant Coach for the Ankeny Centennial Dance Team in Ankeny, IA, for the last 3 years. They have received multiple state titles in Pom & Jazz, and earned their first NDA National Championship title in Medium Varsity Pom this year. Jill has been working for Varsity Spirit since 1997 and has held the titles of Varsity Spirit Fashion Rep, State Director, and currently is the Great Plains Regional Manager for Cheer in the states of Iowa, Illinois, Minnesota, Nebraska, North Dakota, South Dakota, and Wisconsin. She is also the National Sales Manager for all of Varsity Dance.

FOOTBALL 11-MAN



Bob Gaddis, Columbus East HS, IN: Bob has been a head coach in Indiana for 40 years at five different public schools. For the past 17 years he has led the football program at Columbus East High School. His overall record is 304134, including 18634 record at East and 14 consecutive conference championships. His teams have won 12 sectional, 10 regional, three semistate, 2016 5A State Runner-up and the 2013 4A and 2017 5A state championships. Gaddis has coached at schools ranging from 350 students to 1,600 and three different classifications. His offensive philosophy has ranged from power under center to the shotgun spread, which his team currently runs. He has had teams lead the state in scoring, passing, and rushing on different years. His teams have always been sound defensively and 2platoon for the past 17 years. Other honors for Coach Gaddis include: 2013 and 2017 Indiana Coach of the Year, 2014 Indiana Football Hall of Fame inductee, 2014 Delaware County Hall of Fame inductee, 2008 Colts Coach of the Year, 3 times Ball State Coach of the Year, 2012 US Army Asst. Coach and coaching in the Indiana North/South Allstar game three times. Bob serves as the Executive Director for the Indiana Football coaches association and its 1,800 members. He has also served on the Board of Directors for the National Organization of Coaches Association Directors. Bob and his wife Karen have two grown children and four grandkids.



Patrick Daberkow, Concordia University, NE: 2017 marked Patrick Daberkow's 11th season on the Concordia football staff and first as head coach. He spent three seasons as the secondary coach and then seven years as defensive coordinator for the Bulldogs. The first season of Daberkow's head coaching tenure was highlighted by a homecoming victory over then seventh-ranked Doane and a late four-game win streak. The Bulldogs made one appearance in the national poll and finished 6-4 overall. Their third-place league finish was their best since 2002. Between 2013 and 2015, Daberkow coordinated

two defenses that finished in the top five of the nation in terms of yards allowed per game. In Daberkow's seven years as defensive coordinator, Concordia produced a total of 29 first or second team defensive selections. Prior to 2013, Daberkow also served as defensive backs coach. The 2010 team ranked 12th in the NAIA in pass defense. Daberkow earned his bachelor's degree in education from Concordia in 2007 and his master's in education from Concordia in 2010. He lettered all four years as a defensive back for the Bulldogs. He was a team captain in 2006 and was named 2003 team Defensive Newcomer of the Year. A Madison, NE native, Daberkow resides in Seward with his wife Emily and their two daughters, Kinley and Brynn, and son, Roman.



Jon Clanton, Phoenix Central HS, AZ: Clanton, a 2-year black shirt and former defensive lineman for University of Nebraska, has been coaching and training football players for the last 15 years. Jon's defensive linemen have been at the top of the charts in the sack and tackle for loss categories, coming in at #1 for five seasons in the state of Arizona. Jon's players have broken the individual state sack record 2 times, with player Azur Kamara still holding the state record with 24.5 sacks and Eloi Kwete holding the tackles of loss record with 43. Coach Clanton has innovated a different but simple approach to maximize player performance in D-Line play. He is a part of the Tip of the Spear Team, who has worked with NFL teams like the Dallas Cowboys, Indianapolis Colts, Cleveland Browns, Washington Redskins, and Cincinnati Bengals. Jon has been a featured speaker at Glazier, Nike & numerous other state association clinics.



JP Hartigan, Shadowman Sports: Hartigan is the CEO of Shadowman Sports. Growing up in Ireland and playing rugby, JP is used to contact sports. He fell in love with American football, while studying industrial design, but saw a major flaw in the game – tackling. JP set out to improve practice habits and the equipment. With US operations in San Francisco and Connecticut, and its EU base in Limerick, Ireland, 2000+ teams and athletes across the country choose Shadowman products allowing players to train smarter, play longer and perform better. Shadowman Sports mission is to create smarter football environments with products developed through preventive design. 'Shadowman PRO' is the preferred tackling partner of USA Football and is the product of choice for over 70+ D1 programs and multiple NFL teams.

FOOTBALL 8-MAN



Dickie Roybal, Melrose HS, NM: Coach Roybal has coached at Melrose High School for the past 24 years. As the varsity football coach, Roybal has received numerous accolades – 17 district championships, 14 state championship appearances, and 9 New Mexico State Championships. His Melrose Buffaloes just won their fourth consecutive title in 2017. Roybal is ranked 10th amongst the winningest coaches in New Mexico with a record of 186-56. During his career he has been named coach of the year in New Mexico and was a finalist for the NFHS Football Coach of the Year. Recently Coach Roybal was selected as the Coach of the Year for New Mexico Sports Hall of Fame and will be inducted later this year. A resident of Clovis, NM, he and his wife Cindy have 5 children – Darian, Kiki, Johanna, Josiah and Joshua.



Caleb King, Melrose HS, NM: Coach King has completed his fifth season as the assistant football, head girls' basketball, and head boys' baseball coach at Melrose High School. This was his eleventh overall season as a coach. The football team's overall record while Coach King has been an assistant coach is 46-2 with 4 state championships. Caleb has assisted Coach Dickie Roybal as defensive lineman coach for 2 seasons, and the last 2 seasons as defensive coordinator. As a coordinator, the defense has given up a total of 209 points in 23 games with 8 shutouts.



Chris Michel, Sedgwick County HS, CO: Coach Michel owns a career record of 42-6 in his first eight years as a coach. The last three years he has guided Sedgwick County to the Colorado 8-Man State Championship (2015, 2016, 2017) as head coach. He was named the Colorado 8-Man Football Coach of the Year in 2015 and 2017. Prior to his current stint at Sedgwick County, Coach Michel spent two seasons coaching at Merino High School. Chris and his wife Jaden have two sons, Tucker and Tripp.

Jon Clanton, Phoenix Central HS, AZ: See 11-Man Football
JP Hartigan, Shadowman Sports: See 11-Man Football

FOOTBALL 6-MAN



DeWayne Lee, Strawn HS, TX: Coach Lee, a 24-yr veteran head coach, has gathered a career record of 207-76-2, which ranks third among active Texas 6-Man football coaches. Lee has guided Strawn High School to three state championships (2003, 2008, 2017) and a state runner-up finish in 2009. His teams have had 17 Texas 6-Man Playoff appearances. With his success, Coach Lee has been named Texas High School 6-man Coach of the Year three times and has been a Reebok Coach of the Year selection. He also spends time as the Powerlifting Coach, guiding two individual state champions. In track & field, Lee has coached six state champions in the Discus. Dewayne was a four year collegiate letterman in football playing at Eastern New Mexico University.



Troy Walters, MonDak (Coop of Westby HS, MT & Grenora HS, ND): Troy began his career coaching 9-Man Football in Sherwood, ND. After two seasons in Sherwood he then took a head coaching position in Surrey, ND, a 11-Man Football school, for two years. After many years officiating football in North Dakota, Montana and South Dakota, Troy went back into the coaching ranks, becoming the head coach and offensive coordinator six years ago for the MonDak Thunder. Over the six year span MonDak has earned an overall record of 57-13. During that time the Thunder has qualified for the Montana State Playoffs every year, won three conference championships, played in four state semi-final games (winning three) and have been in the state championship game three of the last four years, capturing the Montana state championship in 2017. Coach Walters and his staff were named the Montana 6-Man Coaches of the Year in 2017. Aside from football, Troy enjoys golfing and spending time at the lake with his family – wife Lesli, and children, Jace and Paige.



J.R. Johnson, MonDak (Coop of Westby HS, MT & Grenora HS, ND): J.R. began his 6-Man coaching career as the defensive coordinator for the MonDak Thunder in 2012. As coordinator, he has guided his team to three conference championships and qualified for the Montana State Playoffs every year. The MonDak Thunder has appeared in the State Championship game three of the last four years, capturing the state title in 2017 with a perfect 13-0 record and amassing an overall record of 57-13 with Johnson as the defensive coordinator. Coach Johnson enjoys studying film and developing strategies while focusing on teaching sound fundamentals. J.R. and his wife Amy have two children, Bridger and Harper.

Jon Clanton, Phoenix Central HS, AZ: See 11-Man Football
JP Hartigan, Shadowman Sports: See 11-Man Football

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nebraska coach

GOLF



Dennis Burchill, Lake Mary HS, FL: After retiring from a 30 year career in Aviation that included seven years as a Navy pilot and 23 years at Northwest Airlines, Dennis was looking for a new challenge and began to pursue his passion for sports by entering the world of high school coaching. After one season as an assistant coach for the boys' golf team at Lake Mary High School, he was offered the head coach position for the girls' team. Coach Burchill accepted the offer and has never looked back. Dennis has been guiding the Lake Mary Lady Rams golf program for the past seven seasons. In that time, his teams have won seven Seminole Athletic Conference Championships, seven FHSAA District Championships, five FHSAA Regional Championships and four FHSAA State Championships. His 2017 squad earned a National ranking of # 10 by the NHSGA. He has coached five 1st Team All-State players, one Individual State Champion and 21 All-Region, All-District and All-Conference golfers. Ten of his players have gone on to play college golf. Coach Burchill has been selected as Conference Coach of the Year seven times, Florida Dairy Farmers 3A Girls Golf Coach of the Year for 2015 and Florida Dairy Farmers All-Classification Girls Golf Coach of the Year in 2012, 2016 and 2017.



Alex Carper, Wilderness Ridge Golf Club, NE: Alex Carper attended Lincoln East High School, where he was part of four consecutive NSAA Class A State team titles. In addition to high school golf, he competed in local and national amateur events during the summer months and eventually earned a Division I NCAA Scholarship at University of Missouri-Kansas City. After graduating college in 2007, Alex turned professional, competing in professional events all over the United States. He joined the PGA of America in 2012. As a PGA instructor it is his goal to be able to communicate the complex parts of the game in simple and easy to understand concepts for players of all skill levels.

Dr. Anne Shadle, Certified Mental Performance Consultant: See Cross Country

SOCCER



Mike Pickett, St. John's County Day HS, FL: Coach Pickett just completed his 20th season as the Head Coach for St. Johns Country Day School in 2018. Mike also coaches the 2001 and 2002 girl's teams in the ECNL for Florida Elite Soccer Academy. This year, Mike led his Spartans to their 7th consecutive Class 1A State Championship and 10th overall. In addition, St. Johns just claimed back-to-back National Championships while currently holding the nation's longest winning streak at 70 games. Their last defeat was January 6th, 2015. Pickett's overall coaching record stands at 421-54-30, winning 15 consecutive district championships, 14 region championships, 14 Final Four appearances and going 10 out of 11 in state championship games. He has been named Florida Coach of the Year 14 times by Florida Athletic Coaches Association and Florida Dairy Farmers Association, and has been named South Sectional Coach of the Year by the NSCAA 2 times. His teams have finished in the top 10 National rankings 6 times, finishing #1 in 2017 and 2018. His daughter, Carson Pickett, a proud alumni of the St. Johns program where she won three championships in her high school career, now plays professionally for the Orlando Pride. She played in 104 games at FSU and claimed a National Championship in 2014.



Greg Henson, Concordia University, NE: Henson has guided the Concordia Bulldogs to a 70-25-11 record in his first five seasons at the helm. The St. Louis native guided the program to new heights in 2014 as the Bulldogs upset No. 20 Hastings in the GPAC tournament title game to clinch Concordia's first-ever women's soccer national tournament appearance. In 2017 Henson was named the GPAC Coach of Year as the bulldogs won the regular season conference title. His first five seasons have produced nine first team all-conference selections. In the classroom, Henson's squads have earned marks that have equaled their high performance standards on the field. The 2013 Bulldogs led the NAIA in number of scholar-athletes and topped all women's soccer programs nationally (NAIA and all NCAA divisions) with a combined 3.75 GPA. Concordia women's soccer has continued to rank among the top 10 NAIA

programs in terms of team GPA. Henson came to Concordia after serving as head girls' varsity soccer coach at Lutheran High School in St. Charles, MO, where he earned 2011 and 2013 Archdiocesan Athletic Association (AAA) Coach of the Year honors. In total, Henson possessed 12 years of soccer coaching experience at the collegiate, high school and club levels prior to his arrival at Concordia. He holds a United States Soccer Federation National "B" License and Level III Goalkeeping Diploma from the National Soccer Coaches Association of America.



Randy Waldrum, University of Pittsburgh: Waldrum was announced as the new Pitt Women's Soccer coach in December 2017. Previously, Randy saw unprecedented success in his 14-year tenure at the helm of the perennial powerhouse Notre Dame women's program. He led the Fighting Irish to two national championships, capturing the College Cup title in 2004 and 2010. His teams won eight Big East Tournament titles and appeared in eight NCAA Final Four games in that span. A two-time national coach of the year, Waldrum was the first coach in NCAA history to lead a team to a national title in his/her first season with a program. He wrapped up his tenure at Notre Dame with a mark of 292-58-17 (.819) and holds an overall record of 399-108-29 (.771) as a head coach on the women's side. His record ranks fourth in all-time wins as an NCAA women's head coach and third in win percentage. Waldrum joined the Fighting Irish after beginning a program at Baylor, building the Bears into a threat in the Big 12 from scratch. In three seasons with Baylor, Waldrum guided the Bears to an overall mark of 46-14-3. Coach Waldrum also spent six seasons at the helm of the program at Tulsa, serving as head coach for both the men's and women's programs from 1989-1994. He led the men to a record of 66-33-6 and the women to a mark of 61-36-9, remaining the winningest coach in both teams' history. In addition to his impressive resume in the NCAA, Waldrum spent time in the National Women's Soccer League (NWSL), becoming the head coach of the Houston Dash expansion team in January of 2014. In his three seasons with the Dash, Waldrum coached seven national team players who laced up with their respective countries in the Rio Summer Olympic Games. Waldrum and his wife Dianna have one son, Ben, who currently serves as a coach in the youth development program with FC Dallas.

SOFTBALL



Larissa Anderson, Hofstra University, NY: Anderson entered her fourth season as the Hofstra Softball Head Coach in 2018. She led Hofstra back to the Colonial Athletic Association championship game in 2017, and the CAA championship and a NCAA Tournament berth in her first season as the program's head coach in 2015, guiding her team to a 38-14-1 record and a spot in the NCAA Regional. She and her assistants were named the NFCA Northeast Region's Coaching Staff of the Year. Coach Anderson has been part of eight NFCA Regional Coaching Staff of the Year award-winners, including seven as an assistant or associate head coach and one as the head coach. Since Anderson arrived on campus, Hofstra is 569-253-2. She spent the previous 13 seasons on the Hofstra staff as an assistant, including the last 10 as the associate head coach. She is just the sixth head coach in program history since 1980 and took over for Hall-of-Fame coach and 2017 NCA Clinician Bill Edwards. As associate head coach, Anderson helped Hofstra win 24 NCAA Tournament games and make six appearances in the regional finals. A frequent speaker at camps and clinics around the country, Larissa is married to former Hofstra Baseball Coach Patrick Anderson, who manages in the Washington Nationals organization.



Kristi Bredbenner, Wichita State University: Bredbenner entered her seventh season as the Wichita State head softball coach in 2018. She has quickly turned around the Wichita State program. In just three seasons, Bredbenner took the Shockers from a 15-40 record in 2012 to a 34-21 record in 2014, culminating in the first Missouri Valley Conference regular season championship in school history. Due to their historic season, Bredbenner and the entire Shocker coaching staff was named the 2014 MVC Coaching Staff of the Year. She previously coached at Emporia State University and joined Wichita State for the 2012 season after leading the Hornets to six straight postseason appearances. When she left Emporia State to join the Shockers, she was Emporia State's winningest head softball coach and the active NCAA Division II wins leader as a head softball coach. Bredbenner led the Lady Hornets to two national championship appearances in 2006 and 2008, five regular season MIAA titles

and five straight MIAA tournament championships. She also led Emporia State to the NCAA Tournament in each of her seasons as their head softball coach. As a player, Bredbenner was a four-time All-MIAA pick, two-time Division II All-American and was named MVP of the conference in 2000. In her four years at Truman she claimed nearly every hitting record.



Ben Greer, Iowa Western Community College: Coach Greer entered his third season as head coach of the Reiver softball program in 2018. In his first two seasons at the helm, Greer has led the Reivers to a 76-38 record and a place in the Region XI Championship game in both years. The team has also cracked into the Top 20 in the national polls, the Top 25 nationally in hits and doubles offensively, and boasted a 3.59 Team GPA in 2017. Coach Greer came to Iowa Western from McCook Community College where he led the Lady Indians to 2 straight NCCAC Championships and set back-to-back school records in wins. In 2015, his McCook squad was ranked nationally for the first time in school history and advanced to the Region IX Championship Series. In 3 seasons with McCook, Greer led the programs' turnaround from also ran to conference champion. Before taking over the softball program at MCC, Greer spent four seasons as the lead assistant coach at Eastern Oregon University. He and wife, Nyssa were married in the summer of 2016.

TENNIS



Dave Adams, Cheyenne Mountain High School, CO: Dave Adams has been the head coach of the boys' tennis team at CHMS since 1987 and took over the girls' team in 2006. His boys' teams have won 17 state championships and his girls have won 10 state titles. In 2017 Coach Adams was selected by the National High School Athletics Coaches Association as the National Tennis Coach of the Year. He has received other Coach of the Year awards from the Colorado High School Activities Association, the Pikes Peak League, the Denver Post and the Colorado Springs Gazette. During his career he has coached over 100 individual state champions in singles and doubles. Coach Adams also served as the men's tennis coach and Director of Tennis at Colorado College for twelve years.



Joel Reckewey, Concordia University, NE: Coach Reckewey completed his fourth season as Concordia University's head men's and women's tennis coach in 2017-18 and is Director of Tennis at Genesis Health Club in Lincoln. The Lincoln native began Reckewey Tennis inside the Abbott Sports Complex in Lincoln in August of 2013, providing a venue for him to give professional instruction to players of all ability and experience levels. A USPTA certified teaching professional since 2008, Reckewey has also served positions as Nebraska Tennis Academy Coach at the Nebraska Tennis Center (2010-present) and Director of Tennis at Prairie Life Fitness (June 2010-present). He was a professional coach at the Mike Wolf Tennis Academy for more than a year (2006-07). During his collegiate playing career, Reckewey lettered four times at the University of Nebraska Lincoln from 2001-05. As a prep, he won a Kansas State High School tennis championship in 2000 while competing for Shawnee Mission High School, located in Overland Park, KS. Before moving to Kansas, Reckewey earned a Class A state tournament runner up finish for Lincoln Southeast High School in 1996. Joel received his Master's Degree from Concordia University in Athletic Administration in 2017.

TRACK & FIELD



Ryan Banta, Parkway Central HS, MO: Coach Banta's athletes have achieved 109 school records, 4 top-five finishes at the state championships, 5 district championships, 5 district runner-up finishes, 180 state semi-finalist (sectionals), 122 state qualifiers, 2 state records (3200 and 4x800), 14 national ranked events, 57 all-state performances, 10 state champions, 11 runner-up performances, and 2 Gatorade athletes of the year. Ryan is a USATF level II coach in the sprints, hurdles, relays, and endurance and USTFCCCA technical certification. Selected as an emerging elite coach by USATF in 2012 and invited to present at Altis in 2018, Banta is a frequent contributor to

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speedendurance.com, just-fly-sports.com, and elitetrack.com. He is the author of the Sprinter's Compendium (www.sprinterscompendium.com), the most comprehensive book ever written on the topic of speed.

Dr. Anne Shadle, Certified Mental Performance Consultant: See Cross Country



Dusty Jonas, University of Nebraska: Former Husker high jump Olympian Dusty Jonas was named a full-time assistant coach on the Nebraska track & field staff in 2017 after eight years as a volunteer assistant for the Huskers' men's and women's high jump, men's sprints, hurdles and relays. Jonas has helped turn the Husker high jump into a dominant event at the Big Ten Conference meets. He coached former Husker All-America high jumper Marusa Cernjul as she qualified for the 2016 Olympics in Rio de Janeiro. Since rejoining the Husker program as a volunteer coach in 2010, Jonas has coached nine Big Ten high jump champions and 10 first-team All-Americans. An eight-time All-America high jumper for the Huskers from 2005 to 2008, Jonas won the 2008 indoor national title and outdoor conference title in the high jump. He finished his career as the indoor and outdoor school-record holder, as well as the all-time Big 12 record holder with the second-highest jump ever by a collegian (7-8 ¾). Following his collegiate season, Jonas signed a professional contract with Nike and competed for Team USA at the 2008 Olympic Games in Beijing, China. He won the bronze medal in the high jump at the World Indoor Championships and also competed in the World Outdoor Championships in 2011. Jonas was the 2013 USA Indoor high jump champion and earned runner-up honors at the 2013 Outdoor and 2010 Indoor Championships. He competed for Team USA a total of eight times in his career, including six times for the senior team and twice for the junior team.



Bob Brandt, Bishop Neumann HS, NE (Retired): Bob has worked with young hurdlers from Junior Olympic athletes through State Champions at the High School level. His basic level approach has kindled the young athlete's desire to "stay with it" and continue to learn the techniques of successful hurdling for girls and boys. Brandt has also coached various

other sports including football, basketball, track & field, and cross country. Most of his career was at Bishop Neumann High School in Wahoo, NE. He coached hurdles until he retired 2 years ago. Bishop Neumann has become synonymous with hurdling over the years, having had at least one hurdler place at the state track meet for 19 consecutive years from 1999-2017. During that time, they have produced 15 state champions (5 All-Class State Champions), 13 state runner-ups and have won a total of 64 state medals in the hurdle events. In addition, many other hurdlers not qualifying for state have improved their times and continued to enjoy the 'Hurdle Family.'

VOLLEYBALL



Cliff Hastings, Parkland College, IL: After nine years as head volleyball coach of Parkland College, Hastings approaches his tenth season with an impressive record of 432-45. The previous five seasons have marked the Cobras' best in fifteen years with National Runner-up finishes in 2013 (52-3 record) and 2014 (54-3) followed by National Champion finishes in 2015 (57-0)

and 2016 (52-2) and a 4th place finish in 2017 (50-3). Cliff led the Cobras to national tournament appearances in each of his nine years, and Parkland is the only NJCAA Division 2 volleyball team to accomplish this historic run during that time frame. In those same nine years, the Cobras were undefeated in conference play and had 21 players earn NJCAA All-American honors (2-3 All-Americans each year) as well as numerous players named region & conference award winners. Cliff was also honored with Coach of the Year awards for the conference and region multiple times, and he was named the AVCA Two-Year College Coach of the Year in 2015. Cliff is married to assistant coach Ron Hoppe-Hastings, and they have twin daughters, Alex and Sydney.

Dr. Anne Shadle, Certified Mental Performance Consultant: See Cross Country

nebraska coach



Zach Young, Lafayette HS, MO: Coach Young has compiled a six year record of 199-24-9 at Lafayette High School, while capturing Missouri State Championships five times (2012, 2013, 2014, 2015, 2016). He has been tabbed a national coach of the year three times, in 2012 by Max Preps, in 2016 by USA TODAY and in 2017 by the American Volleyball Coaches Association. 36

players under Coach Young's guidance have gone on to play college volleyball, and he has guided 21 All-State players, 5 AVCA All-Americans, and 2 Missouri Gatorade Players of the Year. As a player Young played in three NAIA Final Four Collegiate Championships at William Woods (1) and Lindenwood University (2). His father, Ron Young, is the former head coach at Lindenwood University for the men's and women's team, amassing over 700 wins. Zach and his wife Jill reside in Chesterfield, MO with their daughter Leah and triplets Daniel, Matthew & Hope.



Dani Busboom Kelly, University of Louisville, KY: The former Husker volleyball player and assistant coach returns to the NCAA clinic as the head coach of the Louisville Cardinals. Busboom Kelly led Louisville to a NCAA Tournament berth and a 24-7 record in her first season at the helm. She is known across

the nation as one of the best recruiters. As an assistant coach at Nebraska, the Huskers achieved a combined 134-30 record, reached four NCAA Regional finals and won the 2015 NCAA National Championship at the CenturyLink Center in Omaha, the same facility where she won the national title as a player for the Huskers in 2006. During her one season as an assistant at Louisville in 2011, Busboom Kelly helped the Cardinals to a 24-9 record including a trip to the semifinals of the Big East Conference Tournament with the Cardinals advancing to the second round of the NCAA. Prior to her time at Louisville, Busboom Kelly was an assistant coach at Tennessee from 2009 to 2011. As an athlete, Busboom Kelly was a captain at Nebraska and moved from setter to libero in 2006 to help Nebraska's defense and finished her career as one of only two players to rank among NU's all-time leaders in both digs (1,281, second) and assists (2,873, eighth). She was a four-year starter for John Cook, guiding NU to a 124-10 record, the best four-year mark in school history, three Big 12 titles, two NCAA finals appearances and a national title in 2006. Dani and her husband, former Nebraska football player Lane Kelly, were married in the summer of 2010.

WRESTLING



Charlie Pipher, Western State Colorado University: Coach Pipher completed his first season as Western's head coach during the 2017-18 season with a 12-4 dual record. Much like his predecessor, Miles Van Hee, now Director of Athletics at Western, Pipher competed for Western as a student-athlete, transitioned to assistant coach after graduating, and became

the head coach of the program. From 2011 to 2017, Pipher worked closely with all Mountaineer wrestlers as an assistant coach. During his time as assistant, he helped develop wrestlers on the mat and helped oversee their academic performance. During that time the Mountaineers finished as Rocky Mountain Athletic Conference Champions once and runners-up twice. They have earned the National Wrestling Coaches Association Academic National Championship as well as the highest team GPA in Division II in 2017. As a wrestler at Western, Pipher became a three-time All-American and two-time conference champion for the Mountaineers, wrestling from 2005-11. He helped the Mountaineers take home the RMAC and Super Region IV title in 2010 and earn a fifth-place team finish at the NCAA Division II National Championships in 2011 after placing second individually. He and his wife Ashleigh, also a Western alumna, have a daughter, Finleigh.



Tom McCann, University of Nebraska at Kearney: Coach McCann just completed his 51st year coaching high school / collegiate wrestling. Tom began his head coaching career in 1968 at Mountain Valley High School, CO. After winning a district title and having 2 state champions, Tom made the move to Kearney HS. He coached for 42 years at Kearney HS, retiring

in 2012 with 355 dual wins, 131 tournament wins, 161 state medalists and 34 state champions. Tom's teams also won 21 conference crowns, 14 district crowns, 1 state championship and 8 runners-up trophies. The 1998 team set Class A scoring and pinning records, earning 17 consecutive tournament titles, a record at that time. Tom had 15 wrestlers that became collegiate All-Americans. Coach

McCann just finished his 6th year as an assistant at University of Nebraska at Kearney. During this time UNK has earned 6 conference championships, 4 super regional crowns, a national championship, finished runners-up twice, 3rd, 4th & 8th place. Named Nebraska Coach of the Year 5 times by various organizations, including the NCA, NSWCA and the National Federation Coaches Association, Tom was named "National Coach of the Year" by NHSACA in 2001. He is a level IV NCA Milestone award winner, as well as a recipient of the NCA Guy Mytty Wrestling career award. He is married to Regina and has two daughters, Tammy and Tara, and 3 grandchildren.



Guy Melby, Sidney HS, MT: Coach Melby has enjoyed his entire 32 year career at Sidney High School in eastern Montana. During his tenure Sidney has captured nine state championships, eight state runner-ups and four 3rd place finishes while accumulating 508 dual victories. Melby has been named the Montana Coach of the Year in wrestling nine times while being named the NHSACA National Coach of the Year as well. Individually he has guided 260 state placers and 62 state champions. He has been inducted into the Montana High School Association Hall of Fame, the Western Montana College Hall of Fame and the AAU National Coaches Hall of Fame. Melby has served 19 years as the Team Montana Director for the Florida National Duals and the Middle School- 9th-10th Grade National Duals. He is in his 17th year serving on the MHSAA Rules Committee.

JUNIOR HIGH BASKETBALL – TEACHING FUNDAMENTALS



John Miller, Palmyra HS, NE: Hall of Famer John Miller has been an icon of Nebraska high school basketball for 37 years. Coach Miller led the girls program at Chambers for 31 years, Southern Valley boys for five years and Palmyra boys during the 2017-18 campaign. His career coaching record of 722-152 (30 years: 585-113 girls, 7 years: 137-39 in Boys) led to his induction into

the Nebraska High School Sports Hall of Fame in 2017. John earned Nebraska Coaches Association Coach of the Year honors in both boys' and girls' basketball, while earning 20 trips to state tournaments, 10 trips to the finals, and capturing six state championships (5 girl's, 1 boy's). He has won state championships as a head coach in girls' basketball, boys' basketball, football and baseball. John and his wife Sandy have been married for 28 years. They have three children, daughter Randi and sons Ross and Seth.



Andy Gerlec, Papillion-La Vista South HS, NE: Coach Gerlec owns a 201-121 career record in 14 years as a head girls coach at Shelton (2 years), Sutton (5 years), and currently at Papillion-La Vista South (7 years). He has been selected by his coaching peers to coach in the Nebraska Coaches Association Girls Basketball All-Star game twice, in 2011 as an assistant coach and in 2017 as a head coach. While at Sutton, Andy helped guide the girls' squad to a 2008 state runner up finish. Coach Gerlec serves as a board member of the Metro Basketball Coaches Association and was named the 2012 Metro Conference Co-Coach of the Year. Andy also has experience as an Advance Scout for the Connecticut Sun of the WNBA.

JUNIOR HIGH FOOTBALL – TEACHING FUNDAMENTALS



Greg Nelson, Lincoln Lutheran HS, NE: Greg enters his fifth season as head coach of the Lincoln Lutheran Warriors and has a career head coaching record of 17-22. Greg is credited with turning the Warrior program around. Lincoln Lutheran finished the 2017 season with a 9-3 record, advancing to the Class C2 Nebraska State Semi-Finals. Prior to his time at Lincoln Lutheran, Nelson was an assistant coach at Lincoln East for four seasons. He also coached one season at Lincoln North Star.



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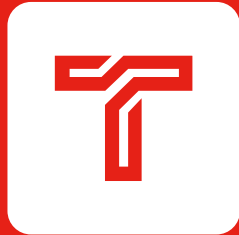
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NEW CAMP INSURANCE REQUIREMENT: PARTICIPANT/ACCIDENT COVERAGE

As a member benefit of your coaches association, your members will continue to have General Liability coverage for their coaching activities (for example, State Association sanctioned All-Star Events, camps, other coaching activities and classroom coverage). The new requirement from the General Liability Company is that if a coach operates/conducts a camp he/she must have Participant/Accident coverage for all participants/campers attending the camp. Your member coach has the option to provide proof of existing Participant/Accident coverage or to purchase the coverage at a discounted rate through the NOCAD Camp Insurance Program.

WHY THE CHANGE?

When a coach is coaching at his/her school, student athletes are always covered by an Accident Insurance Policy that is provided by the school or the High School Association. The coverage is in place to help schools and High School Associations eliminate potential litigation; because when someone is injured, the Participant/Accident Insurance Policy can pay medical bills.

Even if the injured party has Primary Medical Insurance, most policies no longer pay 100% of the medical bills and parents could have high out-of-pocket expenses. For example, if a student has a \$50,000 ACL injury and the parents' Primary Medical Insurance Policy has an 80/20 co-pay, the insurance company is going to pay \$40,000 and the parents would have \$10,000 in out-of-pocket expenses.

In today's legal climate, everything possible must be done to protect our General Liability Policy from lawsuits being filed for negligent acts when someone is injured. Camp Liability Policies could be unavailable in the near future if Participant/Accident coverage has not been added.

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Lori George: lgeorge@loomislapann.com

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2018-2019 NCA Membership/Clinic Registration – INSTRUCTIONS

Nebraska Coaches Association

ON-LINE REGISTRATION OPTION for membership renewal and clinic registration.

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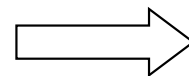
ON-LINE OPTION INSTRUCTIONS:

1. Go to www.ncacoach.org.
2. Locate the link for on-line registration in the upper right-hand column on the home page.
3. Click on the link, this will take you to the registration page.
4. Complete the on-line registration form in its ENTIRETY – PLEASE UPDATE ANY CHANGED INFORMATION.
5. You will be directed to either continue to a CREDIT CARD payment screen, or to PRINT the form and MAIL WITH PAYMENT.
6. You will receive an email confirming your registration. If you choose to pay with a credit card, your registration will be complete. If you choose to mail in your printed form, your registration will be complete when the NCA receives payment.
7. **If your school pays for all or part of your membership or clinic registration**, you may complete the form, print, and give to your Athletic Director to complete the registration process.

SPECIAL INSTRUCTIONS:

- If paying by credit card, DO NOT CLICK “SUBMIT PAYMENT” MORE THAN ONCE.
- If you register for membership only, then later wish to sign up for the clinic, you will not be able to do this on-line. Call the NCA (402-434-5675) office or mail in a registration form indicating you are already a 2018-2019 member and registering for clinic only.

MAIL-IN OPTION INSTRUCTIONS:



Please complete the registration form found on page 43 (or download from the NCA homepage) and mail with payment to:

NCA
500 Charleston St, Ste 2
Lincoln, NE 68508

If you wish to purchase the NCA Gold Card with your membership renewal, please mark the appropriate box and include this amount with your payment.

GENERAL REMINDERS:

If you are a FIRST-YEAR coach (to the profession of coaching), you may attend clinic for free with a paid membership.

If you are a COLLEGE STUDENT -OR- COACHING OUT OF STATE, you may join the association for free (no insurance offered) but you must pay to attend clinic.

As a reminder, the 2018-2019 membership year will begin July 24, 2018 and run up to the day before the 2019 Multi-Sport Clinic (July 22, 2019).

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2018 – 2019 Online Membership & Clinic Registration Information Inside
See pages 42 – 43

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