# Nebraska Coaches Association 2019 Coaches Academy

## Earn Three Graduate College Credits from the University of Sioux Falls

#### Location: Lincoln North Star High School

Dates: Monday July, 22 – Thursday, July 25 in Conjunction with the NCA Multi-Sports Clinic Cost: \$380.00 Total Includes:

- 3 Graduate Level Credits from University of Sioux Falls upon completion
- 2019 NCA Clinic Registration (must still register for \$45 NCA 2019-2020 Membership)
- Lunch Monday, July 22
- 3 Proactive Coaching Booklets: Life Lessons for Athletes, Playing with Confidence and Equipping and Empowering Team Leaders
- \$50 credit when ordering at least \$150 in coaching apparel for a coaching staff provided by Custom Sports of Norfolk.

#### Name of University of Sioux Falls Class: SODAK 44 Nebraska Coaching Clinic 2019, EDU 545B.12 Title of Course: Internal & External Essentials to Building Education Based Athletic Teams

#### **Course Requirements:**

The intensive classwork will begin Monday, July 22 at Lincoln North Star High School – one day prior to the NCA Multi-Sport Clinic. Post class requirements due before September 1:

- Summarize each 50 minute session from Monday, July 22, minimum 1/3 page for each session, AND complete three of the following four requirements:
- Attend and critique 12 total sessions at the NCA Multi-Sports Clinic sessions
- Review and critique 12 articles from Coach & Athletic Director magazine or Nebraska Coach magazine from 2018-19
- Complete a three page paper on using one of the Proactive Coaching Booklets summarizing the booklet and detailing an implementation plan
- Develop and/or revise (citing course work) Building individual character development plan and overall program development plan



#### Monday, July 22 Schedule at Lincoln North Star High School

	10:00 a.m. – 10:15 a.m.	Registration & Check-In
	10:15 a.m. – 10:30 a.m.	Jerry Miller, USF; Class Overview and Requirements
	10:30 a.m. – 11:20 a.m.	Rob Miller, Proactive Coaching: Plan, Teach, Motivate and Build a Team
	11:35 a.m. – 12:25 p.m.	Rob Miller, Proactive Coaching: Power of your Words Part 1
	12:25 p.m. – 1:00 p.m.	Lunch (Provided)
	1:10 p.m. – 1:50 p.m.	Rob Miller, Proactive Coaching: Power of your Words Part 2 & Leadership to the Next Level
	2:00 p.m. – 2:50 p.m.	Rob Miller, Proactive Coaching: Playing with Confidence—Develop it on your Team
	3:00 p.m. – 3:50 p.m.	Rob Miller, Proactive Coaching: The Role of Parents in Athletics
	3:50 p.m. – 4:00 p.m.	Closing – Wrap Up with Jerry Miller, USF
	See Clinic Schedule for July	23-25

### **Registration Form**

Name (First & Last Name)	Emailing Address	
Summer Mailing Address	Date of Birth	
Social Security Number	Cell Phone Number	
Have you completed a class from the University of Sioux Falls previously? Yes/No		

To register, complete the required information and mail to the NCA office – 500 Charleston Street, Ste. 2, Lincoln, NE, 68508 with s380 payment made to the NCA. Credit card payments may be made by calling the NCA office at 402-434-5675.

#### Must include additional 2019 - 2020 NCA Membership Payment of \$45

"The culture precedes positive results. It doesn't get tacked on as an afterthought on your way to the victory stand. Champions behave like champions before they're champions: they have a winning standard of performance before they are winners." – Bill Walsh

