

40 YEARS

40 THINGS



WHO AM I?

**HEAD
COACH**

Dan
McLaughlin



WHO AM I?

- ▣ Dan McLaughlin
- ▣ Sheridan, Montana
- ▣ Head Football Coach Wayne State College
- ▣ Educator in NE Public Schools for 24 yrs
- ▣ Husband for 39 years to Nadine
- ▣ Father of two sons – Sean and Scott
- ▣ Sean is a teacher and coach at PLV-South
- ▣ Scott is an assistant coach at WSC
- ▣ Grandfather of four – Cooper, Noah, Miles, Maci



WHAT DOES YOUR DADDY DO?

- ▣ 1. WATCHES A LOT OF TV.
- ▣ 2. DRAWS PICTURES ON HIS BOARD.
- ▣ 3. GOES OUT TO RECESS!



COACH

IT ISN'T A LABEL
IT'S A DEFINITION



THERE IS NO GREATER
CALLING!

SUCCESS - SIGNIFICANCE



40 YEARS

1979 – OMAHA WESTSIDE
2019 – WAYNE STATE



40 THINGS



1. FAMILY FIRST

NADINE

39/14



2. HUMILITY



3. COACHING MATTERS



4. IT'S NOT ABOUT YOU

RON TURCOTTE

TENZING NORLAY



**5. LEADERSHIP
DOESN'T END AT THE EDGE
OF THE GRASS**



6. RESPECT THE PROFESSION



7. PROMOTE MULTIPLE SPORT ATHLETES

RANGE
DAVID EPSTEIN



8. SET GOALS – DREAM BIG!

SWIM AT THE DEEP END OF THE
POOL



9. SIMPLE GAME

MOST GAMES ARE DECIDED
BECAUSE ONE TEAM LOST
NOT BECAUSE ANOTHER
TEAM WON



**10. BE GREAT AT THE
THINGS THAT TAKE NO
TALENT**

**DO THE LITTLE THINGS
RIGHT**



11. BE AN EXPERT AT THE FUNDAMENTALS

SIMPLIFY



12. HOW WELL YOU DO
SOMETHING IS MORE
IMPORTANT THAN WHAT
YOU DO
EXECUTION BEATS SCHEME
EVERY TIME



13. DEVELOP A PHILOSOPHY



**14. HAVE SOMETHING TO
HANG YOUR HAT ON**

BE THE EXPERT

KNOW IT COLD



**15. HAVE A PACKAGE
HAVE A PLAN**



**16. THIS IS WHO YOU HAVE.
COACH 'EM!**

**DON'T BE AFRAID TO
MOVE THE CHESS PIECES**



17. BE DEMANDING BUT NOT DEMEANING

PASSION



**18. MAKE THEM WANT TO
COME BACK.**

**FOOTBALL IS THE ONLY
SPORT THAT YOU PRACTICE
10X MORE THAN YOU PLAY.**

B+



**19. ARE YOU GETTING
BETTER AT PRACTICE, OR
GETTING THRU PRACTICE?**



20. MAXIMIZE YOUR TIME METICULOUS PLANNING



21. MAXIMIZE YOUR REPS QUALITY NOT QUANTITY



22. CONTINUOUS IMPROVEMENT RESET THE BAR



23. DOING ONE THING 1000
X IS BETTER THAN DOING
1000 THINGS ONCE



24. DEFENSE FIRST!!!



25. QUARTERBACK RUN GAME

OPTION

POWER



26. SPEND THE TIME
QUALITY TIME 33%
ON SPECIAL TEAMS



**27. GIVE YOUR KIDS A
CHANCE TO COME FROM
BEHIND**



28. DON'T JUST WATCH FILM
STUDY IT



**29. DON'T BE AFRAID TO
SPEND TIME WORKING TO
GET BETTER**

5%



30. YOU CAN'T DO IT ALONE
YOU NEED ASSISTANT COACHES



**ASSISTANT COACHES
MUST BE:
GREAT TEACHERS
LOYAL
WORK ETHIC
TREAT KIDS WELL**



**HAVING NO ASSISTANT
COACH
IS BETTER THAN HAVING A
BAD ASSISTANT COACH**



31. EMPOWER YOUR ASSISTANT COACHES



**32. AS THE SEASON EXTENDS
SHORTEN YOUR PRACTICES**



**33. PRACTICE IN
SHORTS/SWEATS
AT FULL SPEED
MORE OFTEN**



34. DISCIPLINE

FRONT PORCH



**35. FIND SOME TIME JUST
FOR YOURSELF**



36. FIND TIME TO READ

FOR GROWTH:
DUNGY/GLADWELL

FOR FUN:
CHILD/BOX



37. ENJOY THE JOURNEY

SMELL THE ROSES

LAUGHTER



**38. SUCCESS IS NEVER
FINAL.
FAILURE IS NEVER FATAL.**



39. WHAT WOULD YOUR PLAYERS SAY?



40. KNOW WHAT IS IMPORTANT

MEDALS/TROPHIES

JON DAVIS

“YOU CHANGED MY LIFE”



**WHO REMEMBERS THE BEST
COACH THEY EVER HAD?**



**WHAT CHARACTERISTICS
DID HE/SHE POSSESS?**



**WHO IS THE BEST COACH
IN YOUR BUILDING?**



WHO IS THE BEST COACH
IN THIS ROOM TODAY?



IS IT YOU?



WHY NOT?



MANY PEOPLE HAVE GONE
FURTHER THAN THEY EVER
THOUGHT THEY COULD SIMPLY
BECAUSE SOMEONE ELSE
THOUGHT THEY COULD.



SOMEONE ELSE

COACH



IF YOU KNEW YOU ONLY HAD
ONE HOUR TO LIVE AND HAD
ONLY ONE PHONE CALL THAT
YOU COULD MAKE, WHO
WOULD YOU CALL?

WHAT WOULD YOU SAY?

**WHAT ARE YOU WAITING
FOR?**

**MARK
TIME IS THE MOST VALUABLE
GIFT YOU CAN GIVE
SOMEONE**

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