### **MonDak Thunder History**

#### **Facts about Coop**

- Coop of two small schools (Westby, Montana and Grenora, North Dakota)
- Westby, Montana
  - Population of town year 2018 120
  - Population of School K-12 grades
    - 2012 65
    - 2018 48

- \* Grenora, North Dakota
  - \* Pop. Of town year 2018 180
  - \* Pop. of School K 12 grades
    - \* **2012 110**
    - \* **2018 185**

MonDak Thunder Coop – started in 2002 with Basketball (girls/boys), 2005 Volleyball and Track (girls/boys) was added, 2008 Golf (girls/boys) was added and in 2012 Football was added.

#### **History of Thunder Football**

2012 –	8-2 record	(Conference Champs)	(lost in Quarterfinals)
2013 –	9 - 2	(2 <sup>nd</sup> Conference)	(lost in Semi-Finals)
2014 -	11 – 2	(2 <sup>nd</sup> Conference)	(lost in State Title Game)
2015 -	5 – 5	(4th Conference)	(lost in 1st round)
2016 -	11 – 2	(Conference Champs)	(lost in State Title Game)
	4.0	10 C 01	10

# MonDak Thunder – Football Program (Keys to Success)

#### **3 Keys to Success**

- Keep things easy (simplify)
- Change is Good
- Communication (Coaching Staff)(Players)(Parents)(Fans)

#### **Create a Culture**

- Make players earn everything!!!
- Have fun events (mix it up)
- Make sure drills from practice "show up" on the game film (Show kids)
- Be HUMBLE...

#### Offense

- Provide the tools to allow you to prepare for success in any given situation...
  - Injury Eligibility (school) 35/35 Rule Ups/Downs etc.
  - QB RB WR (Four Rules)
    - Touchdown 1st down get down out of bounce

### **Offensive Formations**

#### Man to Man

- 1) R Run / Shoot
- 2) R Trips
- 3) R Overload
- 4) Dog
- 5) Gate
- 6) Stack
- 7) Pistol
- 8) Bronco
- 9) Cards
- 10) Titan
- 11) Bunch
- 12) Cat

#### **Zone**

- 1) Jet
- 2) Power
- 3) Power Slot
- 4) Bear
- 5) Chiefs
- 6) Power Overload
- 7) J Bird
- 8) Ram

#### **Specials**

- 1) Valier
- 2) Bridger
- 3) Shoe
- 4) Bison
- 5) Big Sandy
- 6) Wibaux
- 7) Panther

<sup>\*\*\*</sup>SOME FORMATIONS CAN BE RUN FOR BOTH (MAN TO MAN) AND (ZONE)

# R – Run and Shoot – (23 pick)



R – Trips Left – (2 Pat – right option)



R – Tips Right (Goal line)(Left option – 2 wheel)



R – Trips Left (option II)( 2 Pat – Right option – look at the up)



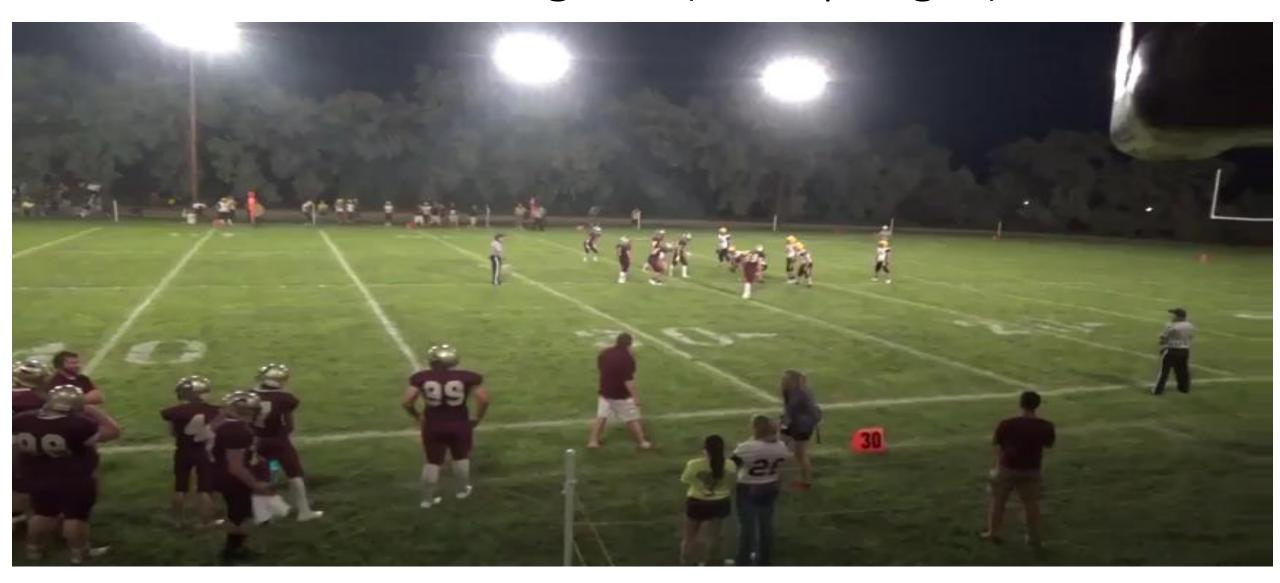
# R –Trips Right - 2 wheel



# R – Overload Right – (2 Bubble)



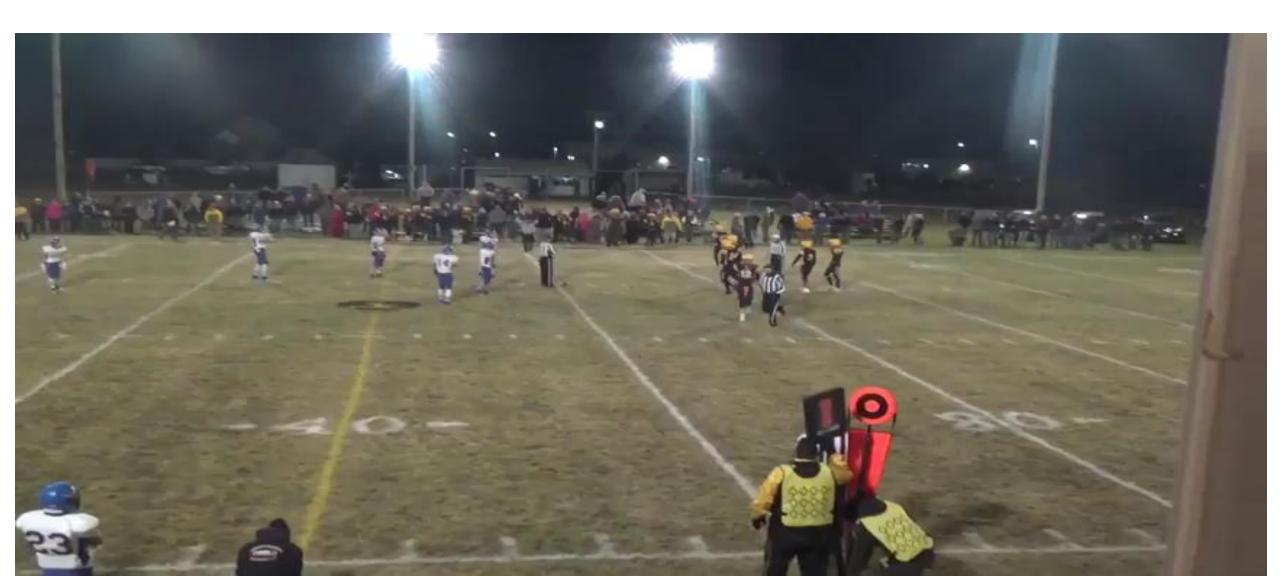
# J – Bird – Right - (Sweep Right)



# DOG – RUN – (Dog Right)



# DOG – PASS – (Dog Right – GO Left)



# CAT – (Cat Right)



### Power – Overload – (Power Right – Middle - Gun)



# JET - Bad!!! - (Jet Right)



# JET – Run – (Jet Right – JV)



# JET – Passing (set up by run) – (Jet Right – JV)



# Valier – Special Play (4<sup>th</sup> and 4)



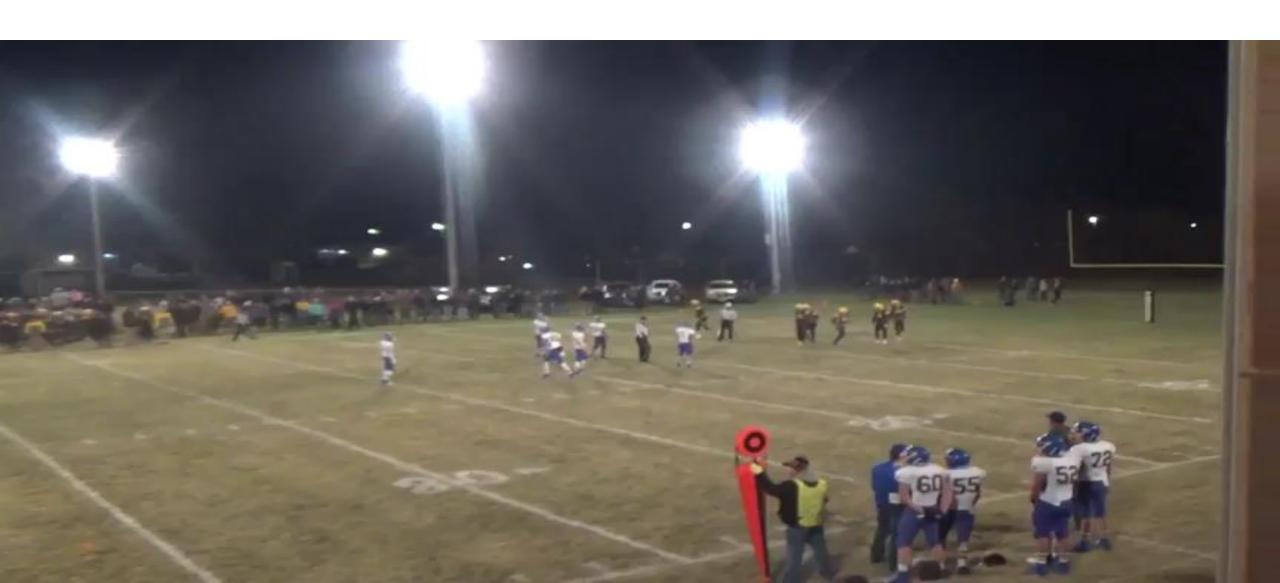
### Valier – Ran Correct



### POWER Left - Middle



# Bronco - (A2/B1 - PASS)



# Bronco – Twins Right - DRAW



### Bronco – Twins left – A2



### Bronco - A2



# Bunch – Right – Shoe Left



# Bunch – Bunch Right – Shoe Left



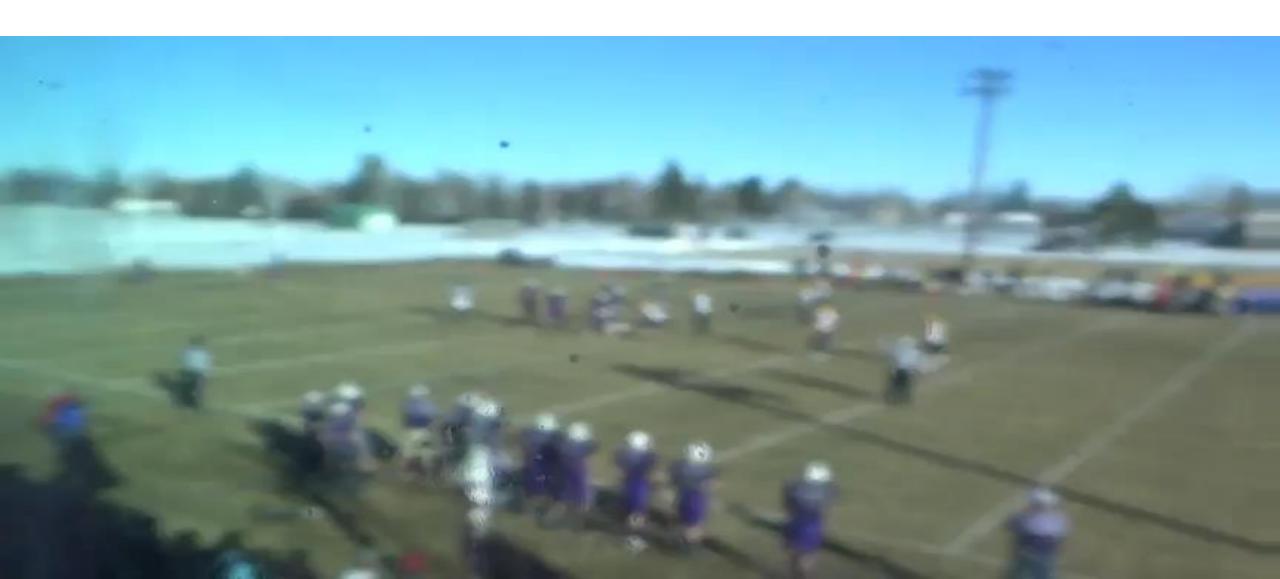
# Bunch – Bunch Left – Shoe Right



# Gate – Sweep Right



# Gate – Sweep Right



# Bridger – Goes – Overload Left



# Wibaux – Center Double Option



# Pistol – Right Tailback Motion



### Pistol – Left – Double Run Read



# Panther - Right



# Stack – Sweep Left



# Stack – Option Right



# RAM –Sweep Left



### RAM – Middle Left



# Chiefs – Left (Pass)



### Bear – Left - Middle Inside Draw

