

nebraska coach

2021–2022
Clinic & Membership
Special Edition



**John isn't a Husker.
But at Nebraska Orthopaedic
and Sports Medicine, he gets
treated like one.**

At Nebraska Orthopaedic and Sports Medicine everyone gets treated like a Nebraska Champion. Whether you're a scholarship athlete, fighting for a spot on the team, or a weekend athlete, searching out the absolute best sports medicine care is essential to your success on the field following injury.

As Husker Team Physicians, we offer you the same care we extend to Husker athletes. Our sports medicine physicians have advanced specialty training enabling injured athletes to once again compete at their absolute best. We do so by addressing injuries in the least invasive manner possible, and ensuring the safest and quickest means back to play and success on the field.

Ask your doctor about us, or visit us in Lincoln or any one of the communities we conduct clinics in throughout Nebraska.

Nemaha County Hospital	Auburn
Memorial Hospital	Aurora
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Community Medical Center	Falls City
Henderson Community Hospital	Henderson
St. Mary's Hospital	Nebraska City
Annie Jeffrey Memorial County Health Center	Osceola
Quality Healthcare Clinic	Sutton



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Team Physicians*

nebraska coach

2021 Pre-Clinic / Membership Edition

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NCA STAFF



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darin@ncacoach.org



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saundi@ncacoach.org

NCA CONTACT INFORMATION

Mailing & Physical Address:
500 Charleston St., Suite #2
Lincoln, NE 68508

Phone number:
402-434-5675

Fax number:
402-434-5689

OFFICE HOURS
Monday - Friday
8:30 a.m. - 4:00 p.m.

CLINIC WEEK SCHEDULE OF EVENTS

July 25, 2021

53rd Annual NCA Awards Banquet
5:00 p.m. - Great Hall, Train Station, Lincoln Haymarket

July 26, 2021

NCA Annual Golf Tournament
8:00 a.m. - Highlands Golf Course

July 26, 2021

3-Hour Graduate Class - Coaches Academy
10:00 a.m. - Lincoln North Star HS

July 26, 2021

41st Annual Girls' Basketball All-Star Game
6:00 p.m. - Lincoln North Star HS

July 26, 2021

52nd Annual Boys' Basketball All-Star Game
8:00 p.m. - Lincoln North Star HS

July 27, 2021

NCA Multi-Sport Clinic
7:30 a.m. - Lincoln North Star HS

July 27, 2021

37th Annual Volleyball All-Star Match
6:00 p.m. - Lincoln North Star HS

July 28, 2021

NCA Multi-Sport Clinic
7:30 a.m. - Lincoln North Star HS

July 28, 2021

16th Annual Softball All-Star Game
5:00 p.m. - Haymarket Complex

July 28, 2021

Coaches Night Out
8:30 p.m. - Railyard, Haymarket

July 29, 2021

NCA Multi-Sport Clinic
7:30 a.m. - Lincoln North Star HS

The Nebraska Coaches Association
is a Proud Member of:





A new camera's taking the field.

Hudl Focus Outdoor is ready to automatically record and upload all your practices and games.



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Outdoor Focus Features:

- High-quality video captured at the perfect angle
- Livestreaming capabilities
- Automatic recordings
- Automatic uploads
- Integration with Hudl Sideline
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- Controllable with mobile app

It's a game of inches.
Capture every inch with Focus.
Get all the details at hudl.com/focus.

2021 NCA Multi-Sports Clinic & NHSACA National Convention Discounted Hotels

	Rates + Tax	Deadline	Breakfast	Clinic Shuttle	Parking	Address	Telephone Number
NHSACA & NCA Host Hotel for Board of Directors, Staff and Speakers (1.0 mile to clinic) - SOLD OUT							
Country Inn & Suites Lincoln North	\$92.00-\$115.00	7/1/21	Included	Yes	Included	5353 North 27th St.	402-476-5353
North 27th Street Area - Closest to Clinic (.8 to 1.8 miles to clinic)							
Sleep Inn & Suites University	\$85-\$95	7/1/21	Included	Yes	Included	2803 Folkways Blvd.	402-477-0645 Option 2
Quality Inn & Suites	\$89.00	6/25/21	Included	Yes	Included	7333 Husker Circle	402-435-8100
Holiday Inn Express	\$99.00	7/1/21	Included	Yes	Included	2200 Wildcat Drive	402-975-8330
Hampton Inn & Suites Northeast I-80	\$94.00	7/1/21	Included	Yes	Included	7343 Husker Circle	402-435-4600
TownPlace Suites Marriott	\$109.00-\$119.00	7/1/21	Included	Yes	Included	7353 Husker Circle	402-323-2000
Staybridge Suites Lincoln I-80	\$110.99-\$191.99	7/1/21	Included	Yes	Included	2701 Fletcher Avenue	402-438-7829
North 27th & Superior Street Area (1.7 miles to clinic)							
Comfort Suites University	\$89.00	7/1/21	Included	No	Included	4231 Industrial Ave.	402-476-8080
Fairfield Inn & Suites	\$89.00	7/1/21	Included	No	Included	4221 Industrial Ave.	402-476-6000
Lincoln Airport Area (6.5 to 6.7 miles to clinic)							
Fairfield Inn & Suites Airport	\$84.00	7/1/21	Included	No	Included	1000 West Bond Street	402-413-9003
Hampton Inn Airport	\$104.00	7/1/21	Included	No	Included	1055 West Bond Street	402-474-6465
Holiday Inn Express Airport	\$84.00	7/1/21	Included	No	Included	1101 Commerce Way	402-464-0588
Downtown Lincoln/Haymarket Area (7.3 to 7.8 miles to clinic)							
Embassy Suites	\$151.00-\$181.00	7/5/21	Included	No	\$11.25-\$19	1040 P Street	402-474-1111
Graduate Hotel	\$109.00	7/21/21	Not Included	No	Included	141 N. 9th St.	402-475-1038
Marriott Cornhusker	\$109.00	7/5/21	Not Included	No	Included	333 S. 13th St.	402-474-7474
Hilton Garden Inn	\$109-\$119	7/5/21	Included \$119	No	\$10 Valet	801 R Street	402-475-9000
Hyatt Place - NCA Members	\$124-\$134	7/12/21	Included	No	Included	600 Q Street	402-742-6007
Hyatt Place - NHSACA HOF Inductees	\$124-\$134	7/1/21	Included	No	Included	600 Q Street	402-742-6007
Courtyard by Marriott	\$119.00	7/5/21	Not Included	No	\$17-\$18	808 R Street	402-904-4800



REIMAGINE LINCOLN

A ROMANTIC STROLL IN LINCOLN, NEBRASKA

Our Haymarket District offers a wide variety of great restaurants, shopping and history. Located downtown, there are several hotel options within walking distance. So come take a stroll and enjoy each other's company.

LINCOLN
CONVENTION AND VISITORS BUREAU

LINCOLN.ORG/COACHES

NCA Multi-Sport Clinic & NHSACA National Conference Partners and Exhibitors

Vendors May Call 402.434.5675 To Check On The Latest Availability

AS OF PUBLICATION DATE

CLINIC PARTNERS - EXHIBITOR'S AREAS, ENTRANCE, SOUTH GYM:

Fundraising University – #3-4
Hudl – #8
sportsYou – #10
Baden Sports – #12
Nebraska Orthopaedic & Sports Medicine, Lincoln – #15
FieldTurf USA – #21
Max Preps
Sportdecals & Teamwear1
Sports Imports – South Gym
NeuroFuel – South Gym
Lincoln Convention & Visitors Bureau – East Lobby
Scheels

BSN Sports – #5-7
Concordia University – #9
Balfour – #11
Custom Sports – #13-14
Daktronics – #19-20
Nanonation – #22
Nebraska State Education Association – West Cafeteria
American Volleyball Coaches Association – South Gym
Side Out Foundation – South Gym
Nebraska National Guard – East Lobby
National Wrestling Coaches Association
Nebraska Community Blood Bank

VENDORS - MAIN EXHIBITOR'S FLOOR (Level 1): SOLD OUT

ARYSE – #1-2
EcSell Institute – #23
Ace Sports – #25-26
Mueller Sports Medicine – #28
Blazer Athletic Equipment – #30
Hauff Sports – #33
Lou's Sporting Goods – #35-36

Nova Fitness Equipment – #16-18
Baseline Publishing – #24
Bison Inc. – #27
SanMar – #29
Push, Pedal, Pull – #31-32
rSchoolToday – #34
Rogers Athletic – #37-40

VENDORS - WEST EXHIBITOR'S AREA (Level 2): SOLD OUT

Sideline Power – #55-56
Yankee Candle – #58
Nebraska High School Sports Hall of Fame – #60
Wegener Safety Latch – #62
Black Squirrel Timing – #66-67
3D Coaching – #69
Dr. Dish – #71-72

Club's Choice Fundraising – #57
Nebraska Fellowship of Christian Athletes – #59
Mid-America Sports Construction – #61
Misko Sports – #63-65
Nebraska Shrine Bowl – #68
Nebraska High School Strength Coaches Association – #70

VENDORS - NORTH EXHIBITOR'S AREA (Level 3): 8 BOOTHS AVAILABLE

The Graphic Edge – #45
Lincoln Running Company – #51
NHSACA Silent Auction – #53-54

Coach-On-Demand – #50
eAthletic – #52

“Coaches Care” Program Encourages Coaches to: “Be the Type that Gives”



2021 marks the ninth year of the Nebraska Coaches Association's (NCA) “Coaches Care” program, underwritten by Scheels of Lincoln and administered by the Nebraska Community Blood Bank. The three organizations will partner for a blood drive during the NCA Multi-Sport Clinic on Wednesday, July 28 outside the vendor entrance (west side of Lincoln North Star High School) of the clinic site. Up to date health protocols and restrictions will apply.

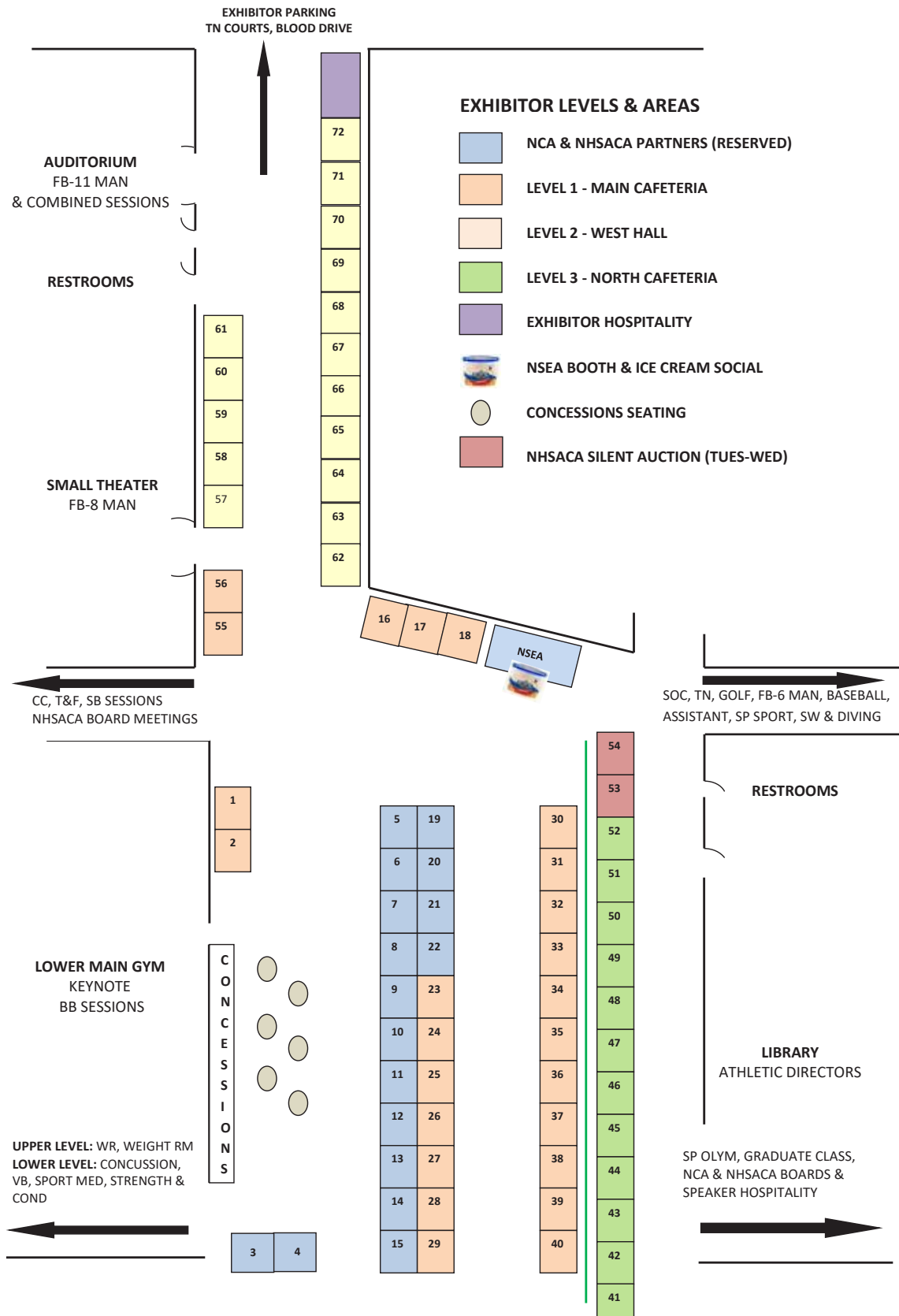
As leaders in the community, you are encouraged to give back and help those in need. Each coach that registers to give blood within the NCBB online site will receive a \$25 Scheels gift card. Those that register will be eligible exclusively for the grand prize drawing of a large television. Space is limited, sign up before the time slots to donate blood are gone. Only those that sign up within the online times at the clinic site will receive a Scheels gift card and will be eligible for the television.

Every coach may be capable of being a lifesaver for one or more people. Updated information regarding blood drive registration and health protocol updates will be emailed at a later date.

Questions, call 877.486.9414. Thank you in advance for *Being the Type that Gives*.

SCHEELS

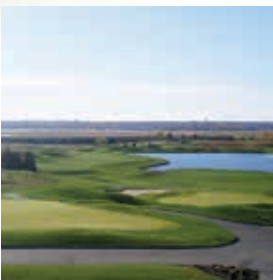
2021 Nebraska Coaches Association Multi-Sport Clinic & National High School Athletic Coaches Association National Conference Exhibitor Layout





Nebraska Coaches Association's 2021 4-Person Coaches Golf Scramble

Monday, July 26 – Highlands Golf Course
5501 NW 12th Street, Lincoln



Tee-times will be available from 8:00 a.m. to 1:30 p.m.

\$55.00 for NCA members & \$65.00 for non-members

Includes green fees, cart, range balls, and hamburger, chips & fountain drink

**Tee-times accepted beginning on Monday, May 10 at 9:00 a.m.
by calling the NCA office 402-434-5675**



Please plan to register a complete team of four players.

Flight prizes – pro shop credit, can be picked up at the NCA Clinic
at the NCA Booth

PLEASE DO NOT CALL HIGHLANDS COURSE FOR TEE-TIMES

NCA/NHSACA – 2021 Coaches Academy

Earn Three Graduate College Credits from the University of Sioux Falls

Location: Lincoln North Star High School – 5801 N 33rd Street

Dates: Monday, July 26 – Thursday, July 29 in Conjunction with the Nebraska Coaches Association Multi-Sports Clinic & the National High School Athletic Coaches Association National Conference

Cost: \$380.00 Total Includes:

- 3 Graduate Level Credits from University of Sioux Falls upon completion
- Nebraska Coaches: 2021 NCA Clinic Registration (must still register for \$45 NCA 2020 – 2021 Membership)
- **Out-side of Nebraska Coaches:** Must register for the clinic through National High School Athletic Coaches Association
- Lunch Monday, July 26
- Proactive Coaching Booklets: Teach Attitude First, Positive Conditioning
- \$50 credit when ordering at least \$150 in coaching apparel for a coaching staff provided by Custom Sports of Norfolk

Name of University of Sioux Falls Class: EDU - SODAK 44 Nebraska Coaching Clinic EDU 545B.11

Title of Course: *Adding to Coaching Foundations*

(Note: This course offering and number is different than past clinic graduate course offerings)

Course Requirements:

The intensive classwork will begin Monday, July 26 at Lincoln North Star High School – one day prior to the NCA Multi-Sport Clinic.

Post class requirements due before September 1:

- Summarize each session from Monday, July 26, minimum 1/3 page for each session, AND complete three of the following four requirements:
- Attend and critique 12 total sessions at the NCA Multi-Sports Clinic sessions
- Review and critique 12 articles from *Coach & Athletic Director* magazine or *Nebraska Coach* magazine from 2020–21
- Complete a three-page paper on using one of the Proactive Coaching Booklets – summarizing the booklet and detailing an implementation plan
- Identify objectives and strategies for individual team members and an overall all cultural plan

Course Endorsements:



Course Partners:



Monday, July 26 Schedule at Lincoln North Star High School

10:00 a.m. – 10:15 a.m.	Registration & Check-In
10:15 a.m. – 10:30 a.m.	Jerry Miller, USF; Class Overview and Requirements
10:30 a.m. – 11:15 a.m.	Mike Morgan, Proactive Coaching: <i>Called to Coach</i>
11:20 a.m. – 11:50 p.m.	Mike Morgan, Proactive Coaching: <i>Positive Conditioning</i>
11:50 a.m. – 12:30 p.m.	Lunch (Provided)
12:30 p.m. – 1:15 p.m.	Mike Morgan, Proactive Coaching: <i>Stages of Coaches and Athletes</i>
1:25 p.m. – 1:55 p.m.	Mike Morgan, Proactive Coaching: <i>Givers and Takers</i>
2:00 p.m. – 2:40 p.m.	Mike Morgan, Proactive Coaching: <i>Partnering with Officials, Coaches and Athletes</i>
2:40 p.m. – 3:20 p.m.	Mike Morgan, Proactive Coaching: <i>Let's Talk Coaching Issues</i>
3:20 p.m. – 3:35 p.m.	Closing – Wrap Up with Jerry Miller, USF

See Clinic Schedule for July 27–29

Registration Form

Name (First & Last Name) _____ Emailing Address _____
Summer Mailing Address _____ Date of Birth _____
Social Security Number _____ Cell Phone Number _____
Have you completed a class from the University of Sioux Falls previously? Yes/No

To register, complete the required information and mail to the NCA office – 500 Charleston Street, Ste. 2, Lincoln, NE, 68508 with \$380 payment made to the NCA. Credit card payments may be made by calling the NCA office at 402-434-5675.

Must include additional 2021 – 2022 NCA Membership Payment of \$45

"The culture precedes positive results. It doesn't get tacked on as an afterthought on your way to the victory stand. Champions behave like champions before they're champions: they have a winning standard of performance before they are winners." – Bill Walsh

CLINIC SCHEDULE ON THE WEB

The 2021 NCA Clinic schedule will be available on the NCA website at www.ncacoach.org. If changes are required to sessions, times, or speakers, an updated schedule will be posted on the NCA website. Please be sure to refer to this schedule in advance of your arrival at clinic. A printed schedule will be provided at the clinic.

FIRST YEAR COACHES ATTEND CLINIC FOR FREE

The NCA invites first year coaches to the NCA clinic for the cost of their \$45.00 membership (clinic fee waived). When registering a first-year coach, please indicate **FIRST TIME COACH** on the online registration form. This will allow the new coach to attend the clinic for free. To qualify for this benefit, the new coach must be entering his/her first year of the coaching profession.

CLINIC REFUNDS

We strongly encourage pre-registration for the Multi-Sports Clinic to avoid long waiting lines on the first day. If a coach is pre-registered but is unable to attend, refunds may be requested **prior to July 15**. Any refund requests received after July 15 will be refunded 50% of the registration fee. Refunds will be issued AFTER August 1. Refund requests must be made in writing on school letterhead and can be mailed to NCA, 500 Charleston Street, Ste 2, Lincoln NE, 68508 – or – emailed to darin@ncacoach.org.

CLINIC GOLF TOURNAMENT

The Nebraska Coaches Association 4-Person Coaches Golf Scramble will be on Monday, July 26, at the Highland Golf Course. Cost for the tournament will be \$55.00 for NCA members and \$65.00 for non-members, which includes green fees, cart, range balls, and hamburger, chips & fountain drink. **Tee-times for the four-person scramble will be accepted beginning on Monday, May 10, at 9:00 a.m. by calling the NCA office 402.434.5675.** If possible, please plan to register a complete team of four. Tee-times will be available from 8:00 a.m. to 1:30 p.m., scheduled approximately every 8-10 minutes. Highlands Golf Course is located in extreme northwest Lincoln – 5501 NW 12th Street.

****PLEASE DO NOT CALL HIGHLANDS GOLF COURSE FOR TEE-TIMES.****

NEW ACTIVITY/ATHLETIC DIRECTORS NSAA *OUT OF THE BLOCKS* & CLASS CAUCUS MEETINGS MONDAY, JULY 26 – LINCOLN NORTH STAR HS AUDITORIUM & OTHER CLASSROOMS

7:15 – 8:00 p.m.	Continental Breakfast
8:00 – 9:30 p.m.	NSAA <i>Out of Blocks</i> Meeting – Auditorium
9:30 – 9:45 p.m.	Break
9:45 – 10:45 p.m.	Class Caucus Meetings

NCA ALL-STAR GAMES & MATCHES

Girls' Basketball Game – Monday, July 26 – Main Gym Lincoln North Star High School – 6:00 PM
Boys' Basketball Game – Monday, July 26 – Main Gym Lincoln North Star High School – 8:00 PM
Volleyball Match – Tuesday, July 27 – Main Gym Lincoln North Star High School – 6:00 PM
Softball Game – Wednesday, July 28 – Bowlin Stadium, Haymarket Park – 5:00 PM



COACHES NIGHT OUT – WEDNESDAY, JULY 28

The Coaches Night Out will move to a new location – The Railyard in the Haymarket! The evening will feature Fun Pianos (Dueling Pianos). NCA & NHSACA clinic and conference attendees, clinicians and clinic vendors are invited to attend this social time, plus one guest. Clinic badges will be required for entry as the facility will be open to those with a clinic badge, plus spouses or significant others. The event runs from 8:30–11:30 p.m. Gates will open at 8:00 p.m. with Dueling Pianos beginning at 9:00 p.m. Further details will be shared as the event approaches.



2021 CLINIC REGISTRATION GIFT – NCA & NHSACA PORTFOLIO



Follow the NCA and Clinic Updates on Twitter and Facebook @NebraskaCoach

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Get the whole team and fans looking sharp with t shirts, dri fits, jackets, and caps

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Shirts and other apparel are great ways for your team and school to raise money

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With access to many brands we can get items to please everyone!

- **State Qualifier Order's**

Items are done in time for your first game.

\$100 off for coaches gear*. Free Shipping.

(When contacted as soon as you know you qualify) *On Orders of \$1200 or above

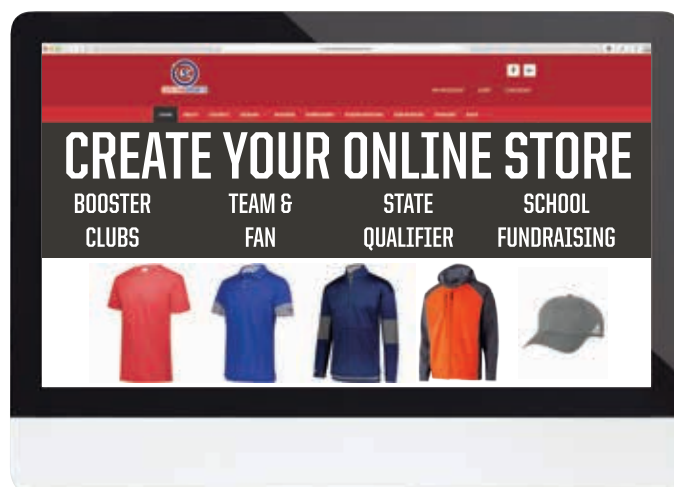
- **Tournament Shirts**

Hosting district wrestling or maybe a Holiday tournament?

We can provide shirts for you to sell at your events!

- **Much More!**

Uniforms, stadium seats, banners, tents, table cloths.



Fitted 8' Table Cloth

\$250.00

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Allow for 2-3 weeks after artwork is approved.

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GOLD CARD – NCA MEMBER BENEFIT

The Nebraska Coaches Association (NCA) is pleased to offer the exclusive NCA “Gold Card” membership benefit for the 2021-2022 school year. The Gold Card, along with a valid state issued photo ID, will grant admission to most NSAA State Championships for the entire school year. ***Some Restrictions Apply – see below**

Any 2021-2022 NCA member or NCA Silver (Retired) Member, may purchase the exclusive Gold Card for only \$25 annually from May 1 to October 1.

NCA members must purchase this school year Gold Card by October 1, 2021. No exceptions. Coaches will continue to be required to have a photo I.D. and sign-in at the championship sites. The Gold Card is offered as an optional membership fee within the online membership registration. NO REFUNDS FOR THE YEAR LONG PASS.

The Gold Card will allow admission to an NSAA State Championship event only. Events such as sub-districts, districts, and football playoffs do not apply. The Gold Card may be used at Football Finals for general admission seating, but will not gain access to the 300 level. The card will gain admission for the card holder only and is non-transferable.

Restrictions:

- Due to limited seating, this benefit does not apply to the NSAA State Play Production & Swimming Championships.
- Level 300 Seating at the NSAA Football Championships does not apply.
- NO REFUNDS

NCA MEMBER BENEFITS

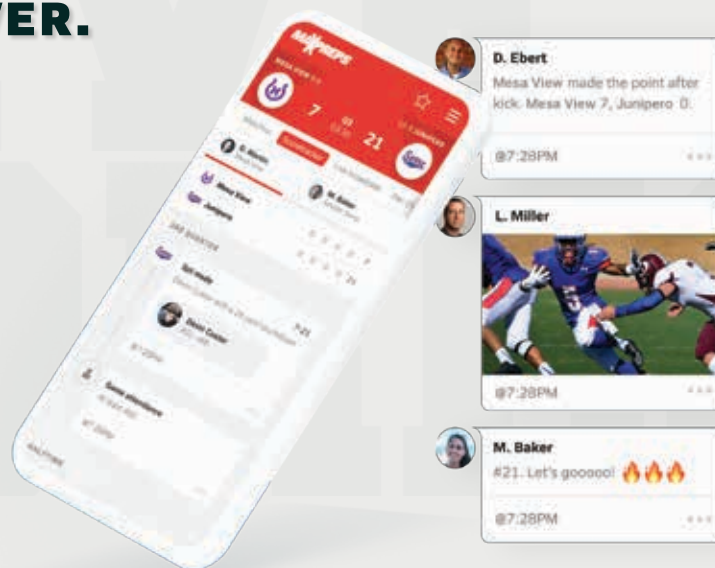


- Year-round \$2,000,000 coaching and classroom liability coverage
- \$25 Annual Gold Card – Good for Admission to most NSAA State Championships (must purchase by Oct. 1)
- Year-Round Discounted Room Rates at Country Inn & Suites - Lincoln North 27th Street (some restrictions apply)
- Discounts through NHSACA on Travel, Insurance and Services
- Free admission for two to NCA All-Star Volleyball Match, Boys' & Girls' Basketball Games, and Softball Games
- Free admission to the annual Shrine Bowl Football Game
- Free admission, with membership card, to select college-sponsored games in Nebraska (not UNL)
- *Nebraska Coach Magazine* (Fall, Winter, Spring, Pre-Clinic Editions)
- Monthly e-mail Newsletter – *NCA – Hudl Playbook*
- Recognition for coaching accomplishments and achievements through the Stine Jerry Stine Family Milestone Awards
- State and National Coach-of-the-Year recognition
- Eligibility to coach in the Annual All-Star Games
- Service Awards (25, 35, 40, 45 & 50 year) recognition
- NCA Sports Clinics & Affiliated Events at a Discounted Rate

LIVE SCORES ARE MORE IMPORTANT THAN EVER.

Let's face it, high school sports are going to look a little different this year.

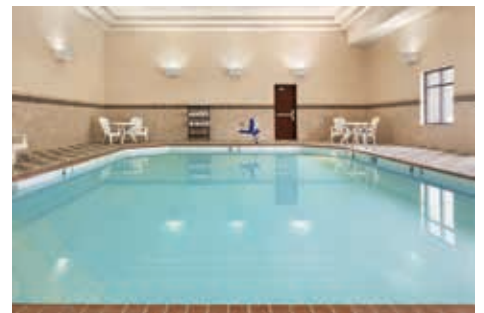
But your team's performance can still be showcased with **real time live scoring** on MaxPreps— even if fans are at home.



Sign up to live score games at:

MAXPREPS.COM/SCORES

MaxPreps is a proud sponsor of the NSAA and NCA



Country Inn & Suites Lincoln North

Stay with us the next time your team comes to Lincoln! Enjoy comfortable guest rooms and premium amenities including:

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- + Indoor pool and outdoor hot tub
- + Free high-speed wifi
- + On-site fitness center open 24/7
- + A variety of room and suites types
- + Complimentary airport shuttle available on weekdays
- + A central location with easy access to sports venues, dining & more!

Call us to learn more - mention our
Nebraska Coaches Association
ad when booking for special rates!

402.476.5353

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coaches
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NOW OPEN!

Our on-site restaurant
- Villa Amore - offers
pasta, pizza, appetizers
and more!

Country Inn & Suites Lincoln North

5353 N 27th St, Lincoln, NE, 68521

402.476.5353

2021 – 2022 NCA Membership / Clinic Registration Instructions

Nebraska Coaches Association

***ON-LINE REGISTRATION OPTION for membership renewal and clinic registration.
OPENS MAY 1, 2021***

ON-LINE OPTION INSTRUCTIONS:

1. Go to www.ncacoach.org.
2. Click on the JOIN NOW link, then select the on-line registration option.
3. Complete the on-line registration form in its entirety – PLEASE UPDATE ANY CHANGED INFORMATION.
4. You will be directed to either continue to a CREDIT CARD payment screen, or to PRINT the form and MAIL WITH PAYMENT.
5. You will receive an email confirming your registration. If you choose to pay with a credit card, your registration will be complete. (You will receive an e-mail confirmation – check your SPAM and Junk Folders if this confirmation does not arrive in your In-Box) If you choose to mail in your printed form, your registration will be complete when the NCA receives payment.
6. **If your school pays for all or part of your membership registration**, you may complete the on-line form, print, and give to your Athletic Director to complete the registration process.

MAIL-IN OPTION INSTRUCTIONS (no discount available with this option):

1. Go to www.ncacoach.org
2. Click on the JOIN NOW link, then select the PDF version of the registration form TO PRINT.
3. Please complete the printed registration form and mail with payment to:

NCA
500 Charleston St, Ste 2
Lincoln, NE 68508

If you wish to purchase the NCA Gold Card with your membership renewal, please mark the appropriate box and include this amount with your payment.

GENERAL REMINDERS:

Free membership is offered to FULL-TIME COLLEGE STUDENTS - This special membership option does NOT include the insurance benefit.

As a reminder, the 2021-2022 membership and the insurance coverage year will begin August 1, 2021 and run through July 31, 2022.



2021-2022 NCA MEMBERSHIP REGISTRATION

Complete this form in its ENTIRETY and mail with your check to:

NCA
500 Charleston Street, Ste. 2
Lincoln, NE 68508

Name:

Gender: ☐ Male ☐ Female

Date of Birth: / /

NSAA High School:

Middle School/
College/Youth Org/Club:

Home Address: (Please do not enter school address)

City, State Zip: ,

Phone: () - E-mail:

☐ Check here if FIRST TIME COACH (clinic fee waived)- OR - Enter # of years in coaching/administration through 2020-2021:

Coaching Assignments 2021-2022:

SPORT	HS VARSITY		HS NON-VARSITY		MIDDLE SCHOOL		YOUTH/CLUB		COLLEGE	
	Head	Asst	Head	Asst	Head	Asst	Head	Asst	Head	Asst
Boys Cross-Country	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Cross-Country	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Football	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Golf	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Softball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Tennis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Volleyball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Basketball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Basketball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Swimming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Swimming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wrestling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Baseball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Golf	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Soccer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Soccer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Tennis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Boys Track and Field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Girls Track and Field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cheer/Dance (Circle 1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bowling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Administrative Assignments 2021-2022: Please indicate any administrative positions you hold for 2020-2021 for this high school.

☐ Athletic Director ☐ Assistant Athletic Director ☐ Activities Director ☐ Principal ☐ Assistant Principal ☐ Superintendent

☐ Registrant is a **Past President of the NCA Board** (membership fee waived).

☐ Registrant is an **Undergraduate College Student** (membership fee waived).

FEES:

NCA Membership: \$45.00

Clinic: NCA Membership Required ☐ \$55 Early: Prior to 6/1 ☐ \$65 Regular After 6/1

Additional Option: ☐ NCA Gold Card \$25 (Must be Purchased by 10/1)

Total Amount Due: \$

Credit Card Number:

Expiration Date: (Mo/Yr) /

CVV 3-Digit Code on Back of Card:

Signature: _____



NCA–Hudl Awards And Recognition Banquet

Sunday, July 25th

The 53rd annual Awards & Recognition Banquet will be held in the evening of Sunday, July 25, at the Great Hall in the Train Station in Lincoln's Historic Haymarket. Hudl is title partner of the evening event. Several awards will be presented that evening, including the specific sport career memorial awards, Coach-of-the-Year awards, sponsored by Hudl; Service awards and the Jerry Stine Family Milestone Level IV awards, sponsored by Baden Sports. Recognition will also be given to state champion coaches as well as the recipients of several special achievement and assistant coach career awards. For a complete listing and description of awards given by the Nebraska Coaches Association please visit our website www.ncacoach.org and click on the awards tab.

2021 NCA Service Award Honorees

Self nominations at www.ncacoach.org/service.php – Deadline June 1

As of Publication Date

25 YEAR

Chris Ardissono, Bruning-Davenport
Bob Floth, Freeman
Martha Ford, Bertrand
Ryan Komenda, Fillmore Central
Joe Schumm, Bennington
Dr. JJ Toczek, Lincoln Southeast
Sean Wickham, Shelby-Rising City

35 YEAR

Curt Backemeyer, Elmwood-Murdock
Don Clark, Kearney
Bill Ford, Bertrand
Terry Graver, Elkhorn South
Michele Kontor, Milford
Nancy Lockmon, Giltner
Richard Stuart, Beatrice

40 YEAR

Kirk Kellough, Scirbner-Snyder
Randy Kliment, Creighton
Dean Korus, Humphrey St. Francis
Wes Kramer, Wahoo
Stuart Mencke, Tekamah-Herman
Tom Olson, Norfolk

45 YEAR

Jim Eberly, Sandy Creek
Dave Gee, Northwest
Bill Kechely, Lincoln East
Michael Lanham, Southern Valley
Roger Neujahr, Gothenburg
Sharon Zavala, Grand Island CC

50 YEAR

Larry Knaak, Plainview
Vince Zavala, Northwest



Congratulations – 2021 NCA Jerry Stine Family Career Milestone Award Winners

As Of April 2, 2021 – Applications Accepted Until June 1

The NCA Jerry Stine Milestone Awards recognize different levels of coaching achievement in both individual and team sports. The Level I, II, and III certificates will be presented at the NCA Multi-Sport Clinic in July. The Level IV winners receive a plaque presented at the NCA Award Banquet on Sunday, July 25 in Lincoln. More information regarding the NCA Milestone Award program, including the application form, can be found at: <http://www.ncacoach.org/milestone.php>. This web page also includes a newly formatted search for coaches that have achieved any level within the program.

BASKETBALL

Kurt Lammers, Norfolk, Level III
Bryan Reichmuch, Humphrey S. F., Level III
Richard Stuart, Beatrice, Level III
Jeff Hart, Boyd County, Level II
Jackson Krecji, Executer-Milligan, Level II
Bill Morrison, Millard West, Level II
Jackson Gregory, Mitchell, Level I
Dan Koziel, Twin River, Level I

CROSS COUNTRY – BOYS

Kurt Holliday, Seward, Level I-II

CROSS COUNTRY – GIRLS

Kurt Holliday, Seward, Level I-II-III

FOOTBALL

Chris Ardissono, B-D-S, Level IV
Jeff Gross, McCook, Level IV

Jason Spady, Garden County, Level I-II-III
Kurt Frenzen, Columbus Lakeview, Level I-II

GOLF – BOYS

Richard Stuart, Beatrice, Level IV

GOLF – GIRLS

Brian Bullington, Lincoln East, Level I

SOFTBALL

Dave Baubec, Bishop Neumann, Level II
Janelle Lorsch, Arlington, Level II

TRACK – BOYS

Roger Neujahr, Gothenburg, Level I-II-III-IV
Tom Olson, Norfolk, Level IV
Steve Reeves, Gothenburg, Level IV
Dave Sellon, Fremont, Level I-II-III-IV
Dan Koziel, Twin River, Level I

TRACK – GIRLS

Steve Reeves, Gothenburg, Level I-II-III-IV
Bill Ford, Bertrand, Level I-II
Dan Koziel, Twin River, Level I

VOLLEYBALL

Mike Brandon, Gretna, Level III
Hayley Ryan, Overton, Level III
Brandi McCarter, Elm Creek, Level II

WRESTLING

Alan Pokorny, Bennington, Level IV



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National coaches association

NSAA



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2021 NCA GIRLS' BASKETBALL

Red Team Coaches:

Head Coach – Kelly Cooksley, Broken Bow
Assistant Coach – Jeff Rump, Lincoln Southwest

Blue Team Coaches:

Head Coach – Bob Hayes, Ponca
Assistant Coach – John O'Connor, Bennington

Players:

(teams to be determined at a later date)

Jillian Aschoff, Lincoln Pius X, G
Lauren Baker, Archbishop Bergan, G/F
Cece Behrens, Omaha Skutt Catholic, G/F
Boston Boucher, Wood River, G/F
Grace Cave, Weeping Water, G
Kate Dilsaver, Lincoln Southwest, G/F
Charli Earth, Fremont, F
Maddy Elwood, Bennington, G/F
Celia Hacker, Omaha Marian, G/F
Gracie Haneborg, North Platte, G
Aryannah Harrison, Omaha Marian, G/F
Mak Hatcliff, Beatrice, G
Avery Kallman, Gretna, F/P
Alexis Markowski, Lincoln Pius X, F/P
Samantha Moore, Mullen, G/F
Hannah Newton, Crete, G/F
Tate Nordblade, Papillion-La Vista South, G
Maddie Portwine, York, G
Lacey Sprakel, Crofton, F
Brianna Stai, Norris, F/P
Kali Staples, Broken Bow, G
Sidney Swanson, West Point-Beemer, G/F
Caragan Tietz, BRLD, F
Allison Weidner, Humphrey St. Francis, G

2021 NCA BOYS' BASKETBALL

Red Team Coaches:

Head Coach – Bruce Chubick Sr., Omaha South
Assistant Coach – Michael Baker, Alliance

Blue Team Coaches:

Head Coach – Tim Cannon, Millard North
Assistant Coach – Jon Ladehoff, Sutton

Players:

(teams to be determined at a later date)

Kwat Abdelkairm, Lincoln North Star, G/F
Drew Beukelman, Lincoln Christian, F
Cam Binder, Auburn, G
Kaleb Brink, Mt. Michael, P
Graham Cassoutt, Papillion-La Vista South, F
Trey Deveau, Norris, F/P
Charlie Fletcher, Skutt Catholic, G/F
Carter Glenn, Lincoln East, G
Kallan Herman, Norfolk, G
Sam Hoiberg, Lincoln Pius X, G
Dei Jengmer, Grand Island CC, P
Denim Johnson, Omaha Central, F
Jack Johnson, Kearney, F
Trevor Kasischke, Wahoo, G
Ryan Larsen, Millard West, G
Ater Louis, Bellevue East, P
Ty Nekoliczak, Central Valley, G
Tyler Riley, Platteview, F
Tyler Sandoval, Millard North, F/P
Dane Storer, Paxton, G/F
Brady Timm, Yutan, G
Colton Uhing, Elkhorn, G
Lucas Vogt, BRLD, G
Cade Wiseman, Sutton, G



2021 NCA VOLLEYBALL

Red Team Coaches:

Head Coach – Jodie Schuller, Alma
Assistant Coach – Christina Krajicek, Bellevue West

Blue Team Coaches:

Head Coach – Vikki Power, Lincoln Christian
Assistant Coach – Jodi Craig, Leyton

Players:

(teams to be determined at a later date)

Jenna Curtis, Ogallala, OH
Mary Claire Daubendiek, Omaha Marian, RS
Haley Fleischman, Overton, MH
Rebecca Gebhardt, Lutheran High NE, OH
Elle Glock, Wahoo, S
Rylee Gray, Elkhorn South, MH
Allie Gray, Omaha Skutt Catholic, S
Addison Heidemann, Diller-Odell, S
Kassidy Hudson, Aurora, RS
Josie Jakubowski, St. Paul, OH
Logan Jeffus, Papillion-La Vista, MH
Ray Joens, Elkhorn, RS
Hannah Kepler, Milford, OH
Cassidy Knust, Aurora, Lib
Lindsay Krause, Omaha Skutt Catholic, OH
Kalli Kroeker, Norris, MH
Whitney Lauenstein, Waverly, OH
Katy Lindner, Pleasanton, MH/OH
Paige Lukasiewicz, St. Paul, Lib
Ellie Miller, Omaha Marian, Lib
Peyton Neff, North Platte, S
Lily Novacek, Kearney, MH
Lauren Pick, Wayne, MH
Morgan Ramsey, CWC, MH
Molly Ramsey, Norris, Lib
Kelsie Sears, Wahoo, OH
Norah Sis, Papillion-La Vista, OH
Jaycee Widener, Maywood/Hayes Center, OH

2021 NCA SOFTBALL

Red Team Coaches:

Head Coach – Jeff Barner, North Platte
Assistant Coach – Al Schutte, Elkhorn

Blue Team Coaches:

Head Coach – Rich Eber, Seward
Assistant Coach – Jeff Sturgeon, Omaha Burke

Players:

(teams to be determined at a later date)

Kamdyn Barrientos, Grand Island, 3B
Tahjzha Botts, North Platte, C/OF
Nyleigh Carbaugh, Elkhorn, OF
Paige Davison, Omaha Burke, SS/3B
Klair Fagot, Lexington, SS/UT
Reese Floro, Bellevue East, 1B
Erin Franzluebbbers, GACC, P
Emma Hain, Lincoln Southwest, SS/IF/C
Ellie Hanson, North Platte, 3B/C
Aja Henderson, Wahoo, OF
Jenna Hoelscher, Papillion-La Vista, 3B/MIF/OF
Sophia Hoffman, Omaha Skutt Catholic, C/1B
Maddie Johnston, Scottsbluff, 3B
Lindsey Kelly, Papillion-La Vista South, CF
Jackie Morrissey, Millard South, P/1B
Alexis Mudloff, GICC, 2B
Ellie Ohlde, Fairbury, C/SS
Sydney Parra, Seward, P
Skylar Pieper, Lincoln Southwest, 3B/OF
Lyndsey Roth, Lincoln North Star, C/OF
Abby Russell, Omaha Marian, SS/P
Jenna Schinstock, GACC, C
Bre Schneidewind, Omaha Burke, OF
Jayce Schutte, Elkhorn, OF
Jaydan Shigley, Lincoln East, 3B
Kylie Shottenkirk, Lincoln North Star, P/1B
Kaydence Skiles, Omaha Marian, C/1B
Jayda VanAckeren, Millard West, P
Jaci Vanderloo, Elkhorn South, C/1B/3B
Kate Voisin, Papillion-La Vista, OF



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*Head Coach, Team USA Women's Track and Field, Thorpe Cup
Director, Track & Field/Cross Country, Cerritos College*

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Coaching & Exercise Sciences, both degrees can be completed
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Upcoming Start Term – Summer: May 24

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ASSISTANT COACHES

Room B107 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Attend Specific Sport Session, **Room B107**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Winning Mindset - World Class Mind Training for the Assistant Coaches, **Room B107**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Attend Specific Sport Session, **Room B107**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive - Partnership with the Nebraska Community Blood Bank & Scheels, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Attend Specific Sport Session, **Room B107**
NCA District Meetings/Elections
Attend Specific Sport Session, **Room B107**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Attend Specific Sport Session, **Room B107**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Attend Specific Sport Session, **Room B107**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Lori Thomas, Proactive Coaching - Coaching Female Athletes: Coaches from Mars, Players from Venus, **Room B107**
Lori Thomas, Proactive Coaching - The Role of an Assistant Coach, **Room B107**
NHSACA National Assistant Coach of the Year Finalists Panel, **Room B107**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

ATHLETIC DIRECTORS

Partnership with the NSIAAA

Room C111 (Library) unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Pasko Skarica, sportsYou app - How the FREE sportsYou app Can Benefit Your Coaches & Athletic Department, **Room C111 (Library)**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Dr. Lee Green, Professor Emeritus, Baker University, KS - Current Legal Issues In Athletic Administration Part 1, **Room C111 (Library)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Dr. Lee Green, Professor Emeritus, Baker University, KS - Current Legal Issues In Athletic Administration Part 2, **Room C111 (Library)**



Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.

NHSACA & NCA Coaches Care Blood Drive - Partnership with the Nebraska Community Blood Bank & Scheels, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Mark Armstrong, Lincoln Southwest HS, NE - Designing In-House Professional Development, **Room C111 (Library)**
NCA District Meetings/Elections
Fred Smith, Lake Michigan Catholic HS, MI - Developing Positive Student Cheering Sections, **Room C111 (Library)**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Bill Eckstrom, EcSell Institute & Mitchell Stine, Norris HS, NE - Understanding the Student-Athlete Experience: An AD's Role in Helping Coaches Grow, **Room C111 (Library)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Scott Garvis, Ankeny Centennial HS, IA & Lance Smith, Millard West HS, NE - Making Social Media Work for Your Athletic Department, **Room C111 (Library)**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

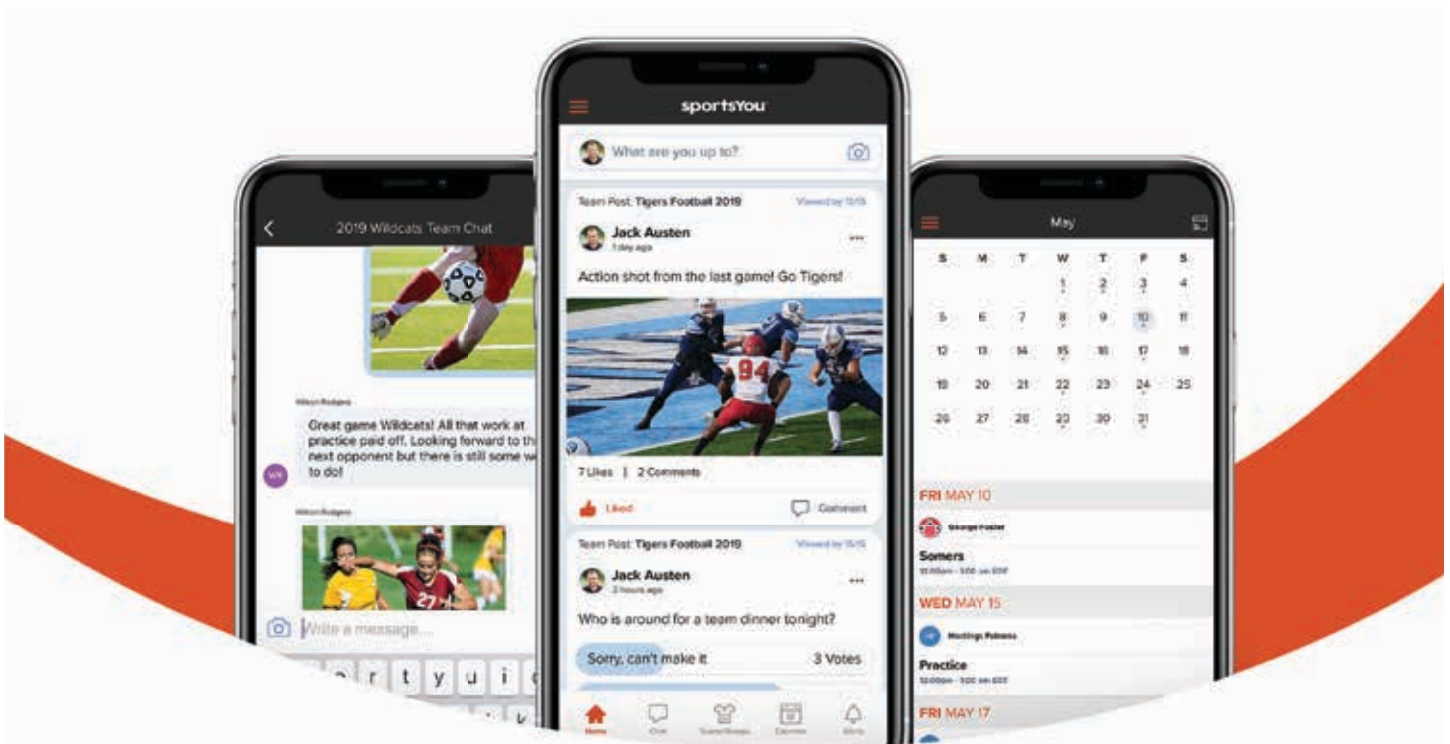
Clinic Registration & Exhibitor Area Open
NHSACA National Athletic Director of Year Finalists Panel, **Room C111 (Library)**
Bobby Reinhart, Berkeley Prep HS, FL - Program Connectivity, **Room C111 (Library)**
Jeff Bissen, Glenwood HS, IA - Creating a Culture of Excellence, **Room C111 (Library)**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**



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BASEBALL

Room B108 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
NSAA Baseball Informational Meeting, **B108**
NCA Baseball Sport Meeting, **B108**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Paul Twenge, Minnetonka HS, MN - Bunt Coverages, **Room B108**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Winning Mindset - World Class Mind Training for Baseball, **Room B108**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Mike Bahun, Creighton University, NE - Championship Defense & Mental Sports Performance for Athletes, **Room B108**
NCA District Meetings/Elections
Chris Andrews, Portage Northern HS, MI - Incorporating the Mental Game into Practice, **Room B108**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Danny Marcuzzo, University of Nebraska - Make Every Rep Matters, **Room B108**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Will Bolt, University of Nebraska - Team Drills in a Practice Setting, **Room B108**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA National Baseball Coach of the Year Finalists Panel, **Room B108**
Ed Servais, Creighton University, NE - Infield Play with Drills, **Room B108**
Ed Servais, Creighton University, NE - Practice Planning, **Room B108**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**



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BASKETBALL

Main Gym unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Winning Mindset - World Class Mind Training for Basketball, **Main Gym**
NCA Basketball Sport Meeting, **Main Gym**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Craig Doty, Emporia State University (Men), KS - Managing Today's Student-Athlete's Social Branding & Advice for Young Coaches, Presented by Proactive Coaching, **Main Gym**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Craig Doty, Emporia State University (Men), KS - Eight Ways to Defend a Ball-Screen, Presented by Proactive Coaching, **Main Gym**
Special Olympics on Court Session, **Main Gym**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.
3:10 p.m. – 4:00 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
NSAA Basketball Rules Meeting, **Main Gym**
NCA District Meetings/Elections
Tim Cannon, Millard North HS, NE (Boys) - Offensive Specials, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Kelly Flynn, Fremont HS & John Larsen, Crete HS, NE - (Girls) Transition Game, Defense, Practice Drills to Fit Your Style - Part 1, **Main Gym**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Kelly Flynn, Fremont HS & John Larsen, Crete HS, NE - (Girls) Transition Game, Defense, Practice Drills to Fit Your Style - Part 2, **Main Gym**
Jeff Ritz, Millard North - Teaching Basketball Fundamentals, Part I - Classroom, **Room E107 (Theater)**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**
Jeff Ritz, Millard North - Teaching Basketball Fundamentals, Part II - On Court, **Main Gym**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Molly Miller, Grand Canyon University, AZ (Women) - Pressure in the Full, **Main Gym**
Molly Miller, Grand Canyon University, AZ (Women) - Pressure in the Half, **Main Gym**
NHSACA National Basketball Coach of the Year Finalists Panel, **Main Gym**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**



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BOWLING

Room B111 & Sun Valley Lanes - 321 Victory Lane

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
NSAA Bowling Informational Meeting, **Room B111**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Basic Lane Play, **Sun Valley Lanes**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Spare Shooting Strategies, **Sun Valley Lanes**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Bowling Training Games, **Room B111**
NCA District Meetings/Elections
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Bowling Pro Shop Seminar, **Room B111**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Advanced Lane Play, Part 1, **Sun Valley Lanes**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Advanced Lane Play, Part 2, **Sun Valley Lanes**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 10:20 a.m.
10:30 a.m. – 11:40 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Common Problems Bowlers Have... How to Fix Them, Part 1, **Sun Valley Lanes**
Tony Bilello III, Ritger Legacy Bowling Camp, NJ - Common Problems Bowlers Have... How to Fix Them, Part 2, **Sun Valley Lanes**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

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Tuesday, July 27

7:30 a.m. – 4:00 p.m.
 7:30 a.m. – 3:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 10:10 a.m. – 11:30 a.m.
 11:30 a.m. – 1:15 p.m.
 1:00 p.m. – 4:00 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
 NHSACA Silent Auction, **Exhibitor Area**
 Andrew Carlson, North Dakota State University - Training in the Flat Lands, **Room E119**
 NCA Cross Country Sport Meeting (Combined with Track & Field), **Room E117**
 Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
 Clinic Attendees - Lunch on Your Own/Visit Exhibitors
 Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
 Andrew Carlson, North Dakota State University - Individual Training within the Team Concept, **Room E119**
 Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
 Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
 NSAA Cross Country Rules Meeting, **Room E119**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
 7:30 a.m. – 4:00 p.m.
 7:30 a.m. – 1:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:00 p.m.
 11:30 a.m. – 12:30 p.m.
 1:00 p.m. – 4:00 p.m.
 1:00 p.m. – 1:50 p.m.
 1:00 p.m. – 3:00 p.m.
 2:05 p.m. – 2:55 p.m.
 3:10 p.m. – 4:40 p.m.
 5:00 p.m. – 9:00 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
 Clinic Registration & Exhibitor Area Open
 NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
 Dr. Claire Haag, - Quality Sleep = Quality Workouts - Presented by The Lincoln Running Company, **Room E119**
 NCA District Meetings/Elections
 Brad Lies, Bismarck Century HS, ND - Bismarck Century XC: In's & Outs of an 11 Week Season, **Room E119**
 Clinic Attendees - Lunch on Your Own/Visit Exhibitors
 Complimentary Exhibitors Lunch, **Served C180A Area**
 Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
 Bridget Easley MS, RDN, LMNT, Power Nutrition - Fueling the Endurance Athlete: What Coaches Need to Know to Optimize Their Athletes' Performance, Presented by The Lincoln Running Company, **Room E119**
 Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
 Winning Mindset - World Class Mind Training for Cross Country, **Room E119**
 Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**
 Cookie Run (3.5-5 miles leaves store at 6:00 p.m.) & Extended Store Hours **Lincoln Running Company - 1213 Q Street**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
 9:00 a.m. – 9:50 a.m.
 10:00 a.m. – 10:50 a.m.
 11:00 a.m. – 11:50 a.m.
 12:00 p.m. – 12:30 p.m.
 12:30 p.m. – 4:00 p.m.
 4:00 p.m. – 5:00 p.m.
 5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
 Ross Fleming, Mounds View HS, MN - Coaching Character, **Room E119**
 NHSACA National Cross Country Coach of the Year Finalists Panel - Part 1, **Room E119**
 NHSACA National Cross Country Coach of the Year Finalists Panel - Part 2, **Room E119**
 Final Clinic Attendees Drawings, Main Gym
 NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
 NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
 NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

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FOOTBALL 6-MAN

Room B103 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Toby Kechter, Stratton/Liberty HS, CO - Special Teams - Are You Spending Enough Time on It?, **Room B103**
NCA Football Sport Meeting (All Levels), **Room E100 (Auditorium)**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Toby Kechter, Stratton/Liberty HS, CO - Spread Defense - Preparation and Drills, **Room B103**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Winning Mindset - World Class Mind Training for Football, **Room E100 (Auditorium)**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
1:00 p.m. – 4:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Vance Jones, Balmorhea HS, TX - Balmorhea Veer Offense, **Room B103**
Arnie Johnson, Boone Central, NE - Teaching Football Fundamentals - Part 1, **Room A103**
NCA District Meetings/Elections
Charlie Colner, Former College & NFL Coach - FirstDown Playbook app for 6-Man FB, **Room B103**
Arnie Johnson, Boone Central, NE - Teaching Football Fundamentals - Part 2, **Room A103**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Complimentary Exhibitors Lunch, **Served C180A Area**
Vance Jones, Balmorhea HS, TX - Balmorhea Play Action Passing, **Room B103**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
NSAA Football Rules Meeting, **Room E100 (Auditorium)**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA National Football Coach of the Year Finalists Panel, **Room E100 (Auditorium)**
Chris Walden, Cheylin HS, KS - Versatility and Variety in Offenses/Play Calling, **Room B103**
Chris Walden, Cheylin HS, KS - Building & Sustaining Culture with Limited Student-Athlete Numbers, **Room B103**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

FOOTBALL 8-MAN

Room E107 (Theater) unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Adam Bishop, Regent Prep HS, OK - Make Your Opponent Defend the Entire Field, **Room E107 (Theater)**
NCA Football Sport Meeting (All Levels), **Room E100 (Auditorium)**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Tom Culver, Avon HS, SD - The Pirate Running Game, **Room E107 (Theater)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Winning Mindset - World Class Mind Training for Football, **Room E100 (Auditorium)**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
1:00 p.m. – 4:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Charlie Colner, Former College & NFL Coach - FirstDown Playbook app for 8-Man FB, **Room E107 (Theater)**
Arnie Johnson, Boone Central, NE - Teaching Football Fundamentals - Part 1, **Room A103**
NCA District Meetings/Elections
Adam Bishop, Regent Prep HS, OK - Be Creative, Create Advantages in Every Phase, **Room E107 (Theater)**
Arnie Johnson, Boone Central, NE - Teaching Football Fundamentals - Part 2, **Room A103**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Complimentary Exhibitors Lunch, **Served C180A Area**
Adam Bishop, Regent Prep HS, OK - Screen Game & It's Derivatives, **Room E107 (Theater)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
NSAA Football Rules Meeting, **Room E100 (Auditorium)**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA National Football Coach of the Year Finalists Panel, **Room E100 (Auditorium)**
Brian Wilken, Newell-Fonda HS, IA - Mustang 3-2 Eagle Defense & Coverages, **Room E107 (Theater)**
Brian Wilken, Newell-Fonda HS, IA - Weekly Defensive Preparation with Individual & Team Drills for the 3-2 Eagle Defense, **Room E107 (Theater)**
Final Clinic Attendees Drawings, **Room E107 (Theater)**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**



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TIMERS



DOWN MARKERS

FOOTBALL 11-MAN

Room E100 (Auditorium) unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:25 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Charlie Colner, Former College & NFL Coach - Make Sure Your Special Teams Fit, **Room E100 (Auditorium)**
NCA Football Sport Meeting (All Levels)
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Mac Barnes, Lamar HS, MS - Ways to Simplify the No-Huddle Passing Game, **Room E100 (Auditorium)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Winning Mindset - World Class Mind Training for Football, **Room E100 (Auditorium)**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
1:00 p.m. – 4:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Philip Koons, Ringling HS, OK - Ringling's Base 4-3 Defense & Adjustments vs. Multiple Offensive Formations, **Room E100 (Auditorium)**
Arnie Johnson, Boone Central, NE (Retired) - Teaching Football Fundamentals - Part 1, **Room A103**
NCA District Meetings/Elections
Philip Koons, Ringling HS, OK - Power Run Game from the Pistol & Gun Using Multiple TE's & Bunch Formations, **Room E100 (Auditorium)**
Arnie Johnson, Boone Central, NE (Retired) - Teaching Football Fundamentals - Part 2, **Room A103**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Complimentary Exhibitors Lunch, **Served C180A Area**
Ron Wingenbach, Bismarck Century HS, ND - Patriot Dart Gap Schemes and Play-Action Complements, **Room E100 (Auditorium)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
NSAA Football Rules Meeting, **Room E100 (Auditorium)**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA National Football Coach of the Year Finalists Panel, **Room E100 (Auditorium)**
John Stiegelmeier, South Dakota State University - "Fundamentals" in Building a Football Program, **Room E100 (Auditorium)**
John Stiegelmeier, South Dakota State University - Special Situations (S²) and More, **Room E100 (Auditorium)**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

GOLF

Room B104 & Highlands Golf Course - 5501 NW 12th Street

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.

1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:20 p.m. – 3:10 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
NSAA Golf Informational Meeting, **Room B104**
NCA Golf Sport Meeting
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Shawn Farmer-Sese, Director of Fitness & Golf Performance, Golfetica Sports & Rehab, WA - Practice Design: How to Create a Fun, Challenging & Effective Team Practice, Presented by Proactive Coaching, **Highlands Golf Course**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Shawn Farmer-Sese, Director of Fitness & Golf Performance, Golfetica Sports & Rehab, WA - The Body Swing Connection: Learn How, Physical Development Impacts Swing Technique, Presented by Proactive Coaching, **Highlands Golf Course - Conference Room**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.

1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.

3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Winning Mindset - World Class Mind Training for Golf, **Room B104**
NCA District Meetings/Elections
NHSACA National Golf Coach of the Year Finalists Panel, **Room B104**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Jim Danson, Lincoln Southwest HS, NE - Utilizing the Driving Range - Drills & Games to Keep it Fun & Competitive at Practice, **Highland Golf Course - Driving Range**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Jim Danson, Lincoln Southwest HS, NE - Utilizing the Practice Green & Surrounding Area - Drills & Games to Keep it Fun & Competitive at Practice, **Highlands Golf Course - Practice Green**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 10:15 a.m.

10:30 a.m. – 11:30 a.m.

12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Brett Muller, Concordia University, NE (Men & Women) - Hosting a Successful Tournament & Preparing an Effective Practice, **Highlands Golf Course - Conference Room**
Brett Muller, Concordia University, NE (Men & Women) - Competitive Short Game and Putting Drills to Develop Results in Tournaments, **Highlands Golf Course Practice Green**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

nebraska coach

SOCCER

Room B106 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Rob Herringer, Elkhorn Athletic Association - Training Strategies for Optimal Match Performance, **Room B106**
NCA Soccer Sport Meeting, **Room B106**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Jeremy Tosaya - Winning the Transitional Moment: Defending into Attacking, **Room B106**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Jeremy Tosaya - Conditioning Without a Whistle & With a Ball, **Room B106**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Winning Mindset - World Class Mind Training for Soccer, **Room B106**
NCA District Meetings/Elections
NSAA Soccer Informational Meeting, **Room B106**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Tom Maxon, Morningside College, IA - 10 Great Formation-Based Training Games, **Room B106**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Tom Maxon, Morningside College, IA - Training High Pressure, **Room B106**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA National Soccer Coach of the Year Finalists Panel, **Room B106**
James Beckmann, Sporting Omaha FC - Training to Play through Midfielders in Build Up, **Room B106**
James Beckmann, Sporting Omaha FC - Training Team Defending, **Room B106**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

SOFTBALL

Room E121 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Gretta Melsted, Augustana University, SD - Creating Variability in Hitting Training, **Room E121**
NCA Softball Sport Meeting, **Room E121**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Don & Angie Brummer, Millard West HS, NE - Efficient Practice Planning - Less is More, **Room E121**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Todd Petersen, Papillion-La Vista HS, NE - Throwing & Infield Progression, **Softball Field**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.
5:00 p.m. – 8:00 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
NSAA Softball Rules Meeting, **Room E121**
NCA District Meetings/Elections
Cindy Ball-Malone, University of Central Florida - A Balanced Offense - Presented by Proactive Coaching, **Room E121**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Cindy Ball-Malone, University of Central Florida - Pitching with a Purpose: Master Your Absolutes - Presented by Proactive Coaching, **Room E121**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Winning Mindset - World Class Mind Training for Softball, **Room E121**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**
NCA All-Star Softball Game, **Haymarket Complex**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Mandie Nocita, Buena Vista University, IA - Advanced Infield/Outfield Technique, **Room E121**
Mandie Nocita, Buena Vista University, IA - Multi-Dimensional Offensive Approach, **Room E121**
NHSACA National Softball Coach of the Year Finalists Panel, **Room E121**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

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SPECIAL OLYMPICS

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Room A102 unless otherwise noted



Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.

1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Shawn Farmer-Sese, Director of Fitness & Golf Performance, Golfetlica Sports & Rehab, WA - Practice Design: How to Create a Fun, Challenging & Effective Team Practice, Presented by Proactive Coaching, **Highlands Golf Course**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc., **Highlands Golf Course**
Shawn Farmer-Sese, Director of Fitness & Golf Performance, Golfetlica Sports & Rehab, WA - The Body Swing Connection: Learn How Physical Development Impacts Swing Technique, Presented by Proactive Coaching, **Highlands Golf Course**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
9:00 a.m. – 9:50 a.m.
10:20 a.m. – 11:10 a.m.
11:00 a.m. – 11:50 a.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Barbara Hedden, Cheshire HS, CT - Special Olympics & Unified Track & Field, **Room A102**
Special Olympics & Unified Track & Field, **Track Area**
Special Olympics & Unified Track & Field, **Track Area**
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Annual Special Olympics Concussion Training, **Room A102**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Jeff Ritz, Millard North HS, NE - Teaching Basketball Fundamentals, Part 1 - Classroom, **Room E107 (Theater)**
Jeff Ritz, Millard North HS, NE - Teaching Basketball Fundamentals, Part 2 - On Court, **Main Gym**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.

Clinic Registration & Exhibitor Area Open
Special Olympics Power Lifting, **Room A102**
Special Olympics Power Lifting, **Weight Room**
Final Clinic Attendees Drawings, **Main Gym**

SPECIAL SPORTS

Room B109 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 3:00 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Winning Mindset - World Class Mind Training for Special Sports, **Room B109**
Lori Thomas, Proactive Coaching - The Role of an Assistant Coach, **Room B107**
NHSACA National Special Sports Coach of the Year Finalists Panel, **Room B109**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

I BELONG_{x2}

Amy Engle-Evans Fairbury Public Schools

- 8th grade American history, politics, economics and exploratory careers teacher.
- Head coach for girls' basketball. Assistant volleyball and track coach.
- President of the Fairbury Education Association.

“ I believe Association membership is important because not only does it give you protection, it also gives you many opportunities to grow as an educator and leader in your school district. Almost all educators know about the bargaining power our Associations have, but there are many more opportunities and support membership can provide. I also believe that membership can help give a voice to people who may not feel able to speak up. There is power in numbers. ”

Belonging to NSEA and NCA helps you be the best educator and coach you can be. **Find out more, and join today: www.nsea.org**

NSEA
Nebraska State Education Association
605 South 14th Street • Lincoln, Nebraska 68508

STRENGTH & CONDITIONING

Partnership with Nebraska Strength Coaches Association Rooms D023 or D102 (Weight Room)

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Brandon Mimick, Bennington HS, NE - Leadership & Culture in the Weight room, **Room D023**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Rob Brokaw, North Bend Central HS, NE - Coaching Proper Warm Ups, **Room D102 (Weight Room)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Trent Clausen, Conestoga HS, NE - Coaching Athletes on Speed & Agility Training, **Room D102 (Weight Room)**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:00 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Matt Bertsch, Lincoln Public Schools, NE - Your Role as Strength & Conditioning Coach, **Room D023**
NCA District Meetings/Elections
Stewart Venable, Lincoln North Star HS, NE - Coaching the Olympic Lifts, **Room D102 (Weight Room)**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Trevor Birdzell - Lincoln North Star HS, NE - Strength & Conditioning Training for Large Groups, **Room D102 (Weight Room)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Amber Burson, Lexington HS, NE - Exercise Progressions & Regressions, **Rooms D023**
Evan Freezell, Adams Central HS, NE - Creating Buy In, While Making It Fun & Competitive, **Rooms D023 or D102 (Weight Room)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Craig Secora, Omaha Westside HS, NE - The Use of Technology in the Weight Room, **Room D023**
Cheryl Sacco, Team Mentality - Coaching Plyo & Jump Training for Athletes, **Room D102 (Weight Room)**
Nick Crouse, Platteview HS, NE - Off Season Strength & Conditioning Training, **Room D023**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

SWIMMING & DIVING

Room B110 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
NSAA Swimming & Diving Informational Meeting, **Room B110**
NCA Swimming & Diving Sport Meeting, **Room B110**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Ryan Bubb, Midland University, NE - How to Help Your Athletes Get Recruited, **Room B110**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Ryan Bubb, Midland University, NE - The Step Over Start, **Room B110**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Nebraska vs Other States - High School Swimming & Diving Open Discussion, Moderated by NHSACA Sport Chair, **Room B110**
NCA District Meetings/Elections
Winning Mindset - World Class Mind Training for Swimming & Diving, **Room B110**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Shawna Morgan, Lander HS, WY - The Emerald Dynasty - Story of the Lander Tigers - The Secrets to the Success of 25 Consecutive State Titles, **Room B110**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ken Disher and Jake Solper, Minot HS, ND - Magician Swimming, **Room B110**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Lori Thomas, Proactive Coaching - Coaching Female Athletes: Coaches from Mars, Players from Venus, **Room B107**
Lori Thomas, Proactive Coaching - The Role of an Assistant Coach, **Room B107**
NHSACA National Swimming & Diving Coach of the Year Finalists Panel & Open Forum, Moderated by NHSACA Sport Chair, **Room B110**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**



FUEL YOUR GAME FROM BEGINNING TO END. WIN FROM WITHIN.®

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TENNIS

Partnership with Missouri Valley USTA

Room B105 or Tennis Courts unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Lindsay Hall & Kara Heim, Missouri Valley USTA - USTA Resources, **Room B105**
NCA Tennis Sport Meeting, **Room B105**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Lindsay Hall & Kara Heim, Missouri Valley USTA, Junior High Tennis: How to Start It & Why You Need It, **B105**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Lindsay Hall & Kara Heim, Missouri Valley USTA - Running an Effective Indoor Tennis Practice During Inclement Weather, **Meet Room B105/On to Parking Lot**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Lindsay Hall & Kara Heim, Missouri Valley USTA - Large Group Games, **Tennis Courts**
NCA District Meetings/Elections
Winning Mindset - World Class Mind Training for Tennis, **Room B105**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Mark Miessler, Campbell County HS, WY - Building a Successful Tennis Program, **Room B105 or Tennis Courts**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
NSAA Tennis Informational Meeting, **Room B105**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Select Clinic Coaches - Serve, Stroke, Volley, **Room B105 or Tennis Courts**
NHSACA National Tennis Coach of the Year Finalists Panel & Discussions -Part 1, **Room B105 or Tennis Courts**
NHSACA National Tennis Coach of the Year Finalists Panel & Discussions -Part 2, **Room B105 or Tennis Courts**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

TRACK & FIELD

Room E117 unless otherwise noted

Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
NSAA Track & Field Informational Meeting, **Room E117**
NCA Track & Field Sport Meeting (Combined with Cross Country), **Room E117**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Spencer Huls, Corvallis HS, MT - Getting the Most out of Every Hurdler, **Room E117**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Bill Weber, Watertown HS, SD - Rotational Shot-Put Drills/Techniques, **Room E117**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.
5:00 p.m. – 9:00 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Mark Breault, Tailwind Pole Vault Club, KS - Vaulting with Tailwind, **Room E117**
NCA District Meetings/Elections
Spencer Huls, Corvallis HS, MT - Importance of Relays to the Culture of Success, **Room E117**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Tim Jacobsen, Bismarck Century HS, ND - 110 & 300 Hurdles: Motivation, Training, Drills & Race Strategy, **Room E117**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Scott Smith, Powell HS, WY - Hurdling & Promoting Overall Athletic Development, **Room E117**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**
Cookie Run (3.5-5 miles leaves store at 6:00 p.m.) & Extended Store Hours, **Lincoln Running Company - 1213 Q Street**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Barbara Hedden, Cheshire HS, CT - Inclusive Coaching: Coaching Different Levels of Athletes on One T&F Team, **Room E117**
Winning Mindset - World Class Mind Training for Track & Field, **Room E117**
NHSACA National Track & Field Coach of the Year Finalists Panel, **Room E117**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**



FREE ADMISSION GROUPS WELCOME

October – May Tuesday, Wednesday, Thursday, Friday 10:00 a.m. – 4:00 p.m.
 June – September Wednesday, Thursday, Friday 10:00 a.m. – 4:00 p.m.

500 Charleston Street • Lincoln • 402.476.4767
nhshofff@gmail.com • nebhhalloffame.org



VOLLEYBALL

Partnership with American Volleyball Coaches Association

South Gym unless otherwise noted



Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:55 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
6:00 p.m. – 9:00 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
Winning Mindset - World Class Mind Training for Volleyball, **South Gym**
NCA Sport Meeting & Presentation of the AVCA-NCA Nebraska High School Academic Team Awards, AVCA Updates, **South Gym**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Alicia Williams, Iowa Western Community College, IA - Strategic Serving: More than the Beginning of a Rally, **South Gym**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Alicia Williams, Iowa Western Community College, IA - Creating Good Blocking Habits Everyday in Practice, **South Gym**
NCA Volleyball All-Star Match, **Main Gym**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
1:55 p.m. – 2:30 p.m.
2:35 p.m. – 3:00 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Iona Stookey, Huntley Project HS, MT - "Training the Setter", **South Gym**
NCA District Meetings/Elections
NSAA Volleyball Rules Meeting, **South Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Renée Saunders, Omaha Skutt Catholic HS, NE - SkyHawk Ball Control Drills, **South Gym**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Renée Saunders, Omaha Skutt Catholic HS, NE - Skyhawk's Favorite Drills, **South Gym**
Kristen Booth & Kim Maroon - NeuroFuel Introduction to the Nebraska HS Volleyball Community, **South Gym**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 1:30 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA National Volleyball Coach of the Year Finalists Panel, **South Gym**
Matt Buttermore, University of Nebraska-Omaha - Serve for Speed: Techniques, Drills & Games to Improve Your Team's Serve, **South Gym**
Matt Buttermore, University of Nebraska-Omaha - Real Life Attacking - Help Your Players See the Court & Be Great in Transition, **South Gym**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**

WRESTLING

Partnership with National Wrestling Coaches Association

Room D103 Wrestling Room unless otherwise noted



Tuesday, July 27

7:30 a.m. – 4:00 p.m.
7:30 a.m. – 3:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
10:10 a.m. – 11:30 a.m.
11:30 a.m. – 1:15 p.m.
1:00 p.m. – 4:00 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction, **Exhibitor Area**
NSAA Wrestling Informational Meeting, **Room D103 (Wrestling Room)**
NCA Wrestling Sport Meeting, **Room D103 (Wrestling Room)**
Keynote Address - Brian Kight, Daily Discipline - Discipline is the Shortcut: Using E+R=O to Create Self Awareness, Self Discipline & Self Control, **Main Gym**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Darin Garfield, Central City HS, NE - Building a Practice Routine, **Room D103 (Wrestling Room)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Ice Cream Social Presented by Nebraska State Education Assoc. - Visit Exhibitors, **Exhibitor Area**
Darin Garfield, Central City HS, NE - Wrestling Tough on Top, **Room D103 (Wrestling Room)**

Wednesday, July 28

7:00 a.m. – 4:30 p.m.
7:30 a.m. – 4:00 p.m.
7:30 a.m. – 1:00 p.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:00 p.m.
11:30 a.m. – 12:30 p.m.
1:00 p.m. – 4:00 p.m.
1:00 p.m. – 1:50 p.m.
1:00 p.m. – 3:00 p.m.
2:05 p.m. – 2:55 p.m.
3:10 p.m. – 4:40 p.m.

NHSACA & NCA Coaches Care Blood Drive, **West Side LNS**
Clinic Registration & Exhibitor Area Open
NHSACA Silent Auction (Items Picked Up by 3:00 p.m.), **Exhibitor Area**
Nate Olson & Jay Meneely, Millard South HS, NE - Pre-Match Drilling - Part 1, **Room D103 (Wrestling Room)**
NCA District Meetings/Elections
Nate Olson & Jay Meneely, Millard South HS, NE - Pre-Match Drilling - Part 2, **Room D103 (Wrestling Room)**
Clinic Attendees - Lunch on Your Own/Visit Exhibitors
Complimentary Exhibitors Lunch, **Served C180A Area**
Charter Bus for Tour of Nebraska High School Sports Hall of Fame, **Leave from LNS 1:00, 2:00, 3:00**
Josh Watts, Iowa Western Community College - Riding, Tilts & Turns, Part 1, **Room D103 (Wrestling Room)**
Athletic Taping - Nebraska Ortho & Sports Medicine, **Room D012 (Athletic Training Room)**
Josh Watts, Iowa Western Community College - Riding, Tilts & Turns, Part 2, **Room D103 (Wrestling Room)**
Nebraska Concussion, Sudden Cardiac Arrest & Heat Illness Prevent Certification, **Room E100 (Auditorium)**

Thursday, July 29

7:30 a.m. – 11:00 a.m.
9:00 a.m. – 9:50 a.m.
10:00 a.m. – 10:50 a.m.
11:00 a.m. – 11:50 a.m.
12:00 p.m. – 12:30 p.m.
12:30 p.m. – 4:00 p.m.
4:00 p.m. – 5:00 p.m.
5:00 p.m. – 8:00 p.m.

Clinic Registration & Exhibitor Area Open
Josh Watts, Iowa Western Community College - Riding, Tilts & Turns - Part 3, **Room D103 (Wrestling Room)**
NHSACA National Wrestling Coach of the Year Finalists Panel, **Room D103 (Wrestling Room)**
Winning Mindset - World Class Mind Training for Wrestling, **Room D103 (Wrestling Room)**
Final Clinic Attendees Drawings, **Main Gym**
NHSACA COTY Finalists - Lunch On Your Own, Explore Lincoln, **Lincoln**
NHSACA National Coach of the Year Cash Bar Social, **Great Hall - Old Train Station - Haymarket**
NHSACA National Coach of the Year Banquet & Ceremonies, **Great Hall - Old Train Station - Haymarket**



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