

VOLLEYBALL

South Gym unless otherwise noted

Tuesday, July 26

7:30 a.m. Registration & Exhibit Areas Open
9:00 a.m. – 9:50 a.m. Mike Brandon, Gretna HS, *NCA Interactive All-Star Practice*
David Martin, The Jason Foundation: *Suicide & Student-Athletes* – Auditorium
10:05 a.m. – 10:30 a.m. **NCA Volleyball Sport Meeting:** Advisory Committee Nominations & Selections/Milestone Awards
10:45 a.m. – 11:35 a.m. **Welcome, Celebration of Life - Saundi Fugleberg**
Keynote: Jimmy Page, Author, Speaker, Leadership Coach: *Heroic Coaching: Rediscover your Purpose, Passion, and Power to Win On and Off the Field* – Main Gym
11:35 a.m. – 1:15 p.m. **Lunch on your own – Visit Exhibitors**
1:15 p.m. – 2:05 p.m. Kelly Hunter, University of Nebraska: *Setting & Skills Development Part 1*
2:05 p.m. – 2:20 p.m. Coach Jean Groth NCA – AVCA Team Academic Awards Recognition
2:20 p.m. – 3:10 p.m. Kelly Hunter, University of Nebraska: *Setting & Skills Development Part 2*
3:10 p.m. – 3:45 p.m. Ice Cream Social – Exhibitor Area
3:45 p.m. – 4:35 p.m. NSAA: *Concussion, Cardiac Arrest and Heat Acclimatization Training* - Auditorium

Wednesday, July 27

7:30 a.m. Registration & Exhibit Areas Open
8:00 a.m. – 4:00 p.m. *Coaches Care Blood Drive* – West Side LNS
8:00 a.m. – 8:50 a.m. Doc Beeman, 3D Institute: *Parents as Assets* – Auditorium
9:00 a.m. – 9:50 a.m. Jennifer Schwartz, NSAA: *Volleyball Rules Meeting*
David Martin, The Jason Foundation: *Suicide & Student-Athletes* – Auditorium
10:05 a.m. – 10:50 a.m. **District Meetings & Major Raffle at Mtg.** (Elections of Board Members, Election of Advisory Committee Members, Q&A with NCA Board of Directors)
11:05 a.m. – 11:55 a.m. *Sue Ziegler & Lincoln Lutheran HS Staff: *Building Team Culture/Team Building Activities*
11:55 a.m. – 1:15 p.m. **Lunch on Your Own & NCA Sports Advisory Lunch Mtg. at LNS**
1:30 p.m. – 2:20 p.m. *Sue Ziegler & Lincoln Lutheran HS Staff: *Warm Up Stations, Pre-Practice Training Drills*
2:35 p.m. – 3:25 p.m. Erin Sparrold, ES Nutrition: *Nutrition & Volleyball Student-Athletes*

Thursday, July 28

7:30 a.m. Registration & Exhibit Areas Open
9:00 a.m. – 9:50 a.m. Terri Neujahr & Waverly HS Staff: *All Things Fundamentals, Part 1*
10:00 a.m. – 10:50 a.m. Terri Neujahr & Waverly HS Staff: *All Things Fundamentals, Part 2*
11:05 a.m. Drawings – Main Gym

**AVCA National High School Coach of the Year*