Steps to building a competitive dance program



About our program

Madi Weaver: Head Coach, 5th season Logan Deahn: Assistant Coach, 2nd season

Game day practices: Tuesdays, Thursdays, Fridays

Film: Wednesdays

Competition practice: Sundays

Technique Class at No Limits on Mondays

What we perform at:



We perform at all halftimes of home football games & playoff games.

Community Events

Bennington Daze & Founders Day

Basketball

We perform at all halftimes of home boys & girls games & playoff games.

Pep Rallies

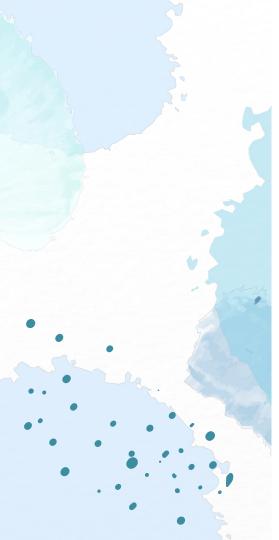
Fall, Winter and Spring pep rallies!

Nationals

For the second time we will be attending!

Other Competitions & Showcases

Millard North, DTU regionals, UNO Competition & State



History of Bennington Dance team:

2008: Class C Runner-up Pom

2009, Class C 4+h Place Pom

2010: Class C 9+h Place Pom

2011 Class B 6th Place Pom

2012: Class B 5+h Place Pom

2013: Class B 5+h Place Pom

2014, Class B 4+h Place Pom

2015, Class B 3rd Place Pom 2016, Class B 6+h Place Pom

2017: Class B Runner-up Pom

2018: Class B 3rd Place Pom

2019: CIOSS B CHAMPIONS POM

2019: Class B 3rd Place Jazz

2020: Class B Runner-up Pom

2020: Class B 3rd Place Jazz

2021: CIOSS B RUNNER-UP POM

2021 Class B 3rd Place Jazz

2022: CIASS B CHAMPIONS POM & HIP HOP

Steps to building your program:

-Provide information to your administration

-Reputable choreographers

-Technique Training or studio classes

-Practice in front of mirrors

-Film

-Start small

-Seek information from other teams

-Accountability videos/challenges over breaks

-Mindset journaling

-Team motto, commitment and parent "buy-in"

