



Steps to building a competitive dance program



About our program

Madi Weaver: Head Coach, 5th season
Logan Deahn: Assistant Coach, 2nd season

Game day practices: Tuesdays, Thursdays, Fridays
Film: Wednesdays
Competition practice: Sundays
Technique Class at No Limits on Mondays

What we perform at:

Football

We perform at all halftimes of home football games & playoff games.

Basketball

We perform at all halftimes of home boys & girls games & playoff games.

Nationals

For the second time we will be attending!

Community Events

Bennington Daze & Founders Day

Pep Rallies

Fall, Winter and Spring pep rallies!

Other Competitions & Showcases

Millard North, DTU regionals, UNO Competition & State



History of Bennington Dance Team:

2008: CLASS C Runner-up Pom

2009: CLASS C 4th Place Pom

2010: CLASS C 9th Place Pom

2011: CLASS B 6th Place Pom

2012: CLASS B 5th Place Pom

2013: CLASS B 5th Place Pom

2014: CLASS B 4th Place Pom

2015: CLASS B 3rd Place Pom

2016: CLASS B 6th Place Pom

2017: CLASS B Runner-up Pom

2018: CLASS B 3rd Place Pom

2019: CLASS B CHAMPIONS POM

2019: CLASS B 3rd Place JAZZ

2020: CLASS B Runner-up Pom

2020: CLASS B 3rd Place JAZZ

2021: CLASS B Runner-up Pom

2021: CLASS B 3rd Place JAZZ

2022: CLASS B CHAMPIONS POM & HIP HOP

Steps to building your program:

- Provide information to your administration
 - Reputable choreographers
 - Technique Training or studio classes
 - Practice in front of mirrors
 - Film
 - Start small
 - Seek information from other teams
- Accountability videos/challenges over breaks
 - Mindset journaling
- Team motto, commitment and parent “buy-in”



What questions do you have?