

## **RPO Football**

**Morningside University**

**Steve Ryan**

**[ryan@morningside.edu](mailto:ryan@morningside.edu)**

**Morningside Football 2018-2021**

**53-1 and 3 National Championships**

### **OFFENSIVE GAME AVERAGES OVER LAST FOUR YEARS:**

2021; 55.6 Points, 608 total yards, 222 rushing, and 386 passing. Per Game

2020; 50.4 points, 566 total yards, 202 rushing, and 364 passing. Per Game

2019; 52.5 Points, 564 total yards, 236 rushing, and 328 passing. Per Game

2018; 52.6 Points, 562 total yards, 185 rushing, and 377 passing. Per Game

## RPO Philosophy

1. Makes defense defend the entire field
2. Has answers for most coverages.
3. Limits the number of defenders they can get in box.
4. Throws are simple.
5. Doubles my practice time.
6. Spreads the ball around.
7. Can limit wear and tear on receivers while making them better blockers.
8. Easy to mix different runs with different passes.
9. Qb has power to make last decision, Run or Pass

## **Simple RPO to make it more effective:**

1. RPO attacks conflict defenders and you can pick the one you want.
2. Leverage, Numbers, easiest throw.
3. Master mixing runs and passes
4. Use formations, shifts, and motions.

## **PRACTICE:**

1. QB/RB Exchange Drill
2. Routes on air
3. Build off the base.
4. Massive amounts of reps.