

CAM FOOTBALL 2021

“ADAPTING THE 11 MAN ODD FRONT TO THE 8 MAN GAME”

WHY ME??? Who am I?

Husband, Father, Son, Brother, Friend, Educator, Transportation Director, Coach

“ADAPTING THE 11 MAN ODD FRONT TO THE 8 MAN GAME”

11 MAN - CONCEPTS

- 1. Call**
- 2. Formation Recognition**
- 3. Alignment**
- 4. Keys**
- 5. Execution**

8 MAN - CONCEPTS

- 1. Call**
- 2. Formation Recognition**
- 3. Alignment**
- 4. Keys**
- 5. Execution**

Any Differences??

Philosophy of 11 Man Defense

- **3-4 Slant with Cover 3 Behind it**

- **Zone Pressure Concept**
 - Edge Single Pressure (Dog)
 - Edge Double (Zone/Fire Zone)
 - Middle Single Pressure
 - Middle Double (Zone/Fire Zone)

Philosophy of 8 Man Odd Defense

- **Slant with a Man-Zone Principle**
- **Different formations cause different rules**
 - Pro Concept - Man/Zone Principles
 - Spread - Man/Zone or Straight Man with Pressure from Single LB
 - Trips - Man/Zone or Straight Man with Pressure from Single LB
- **Setting the front**
 - Very Important!

11 MAN MOVEMENTS/STUNTS