

**2023 NCA Winter Track & Field Coaches Clinic – Saturday, February 4th Lincoln**

Location: 500 Charleston St, Lincoln, NE

[Clinic Flier](#)

Presentations: (PDFs with no videos)

[Matt Wackerly, University of Nebraska – Middle Distance](#)

[Tom Hays, University of Kansas – Pole Vault](#)

[Brenton Emanuel, University of Nebraska – 100/200/400 Meters](#)

[Justin St. Clair, University of Nebraska – Shot Put](#)

[Jeremy Haselhorst, Papillion-La Vista South HS – Mental Training 101](#)

[Tim Rezac, Bishop Neumann HS – High Jump](#)

[Frank Sevigne Husker Invitational Schedule](#) (February 3-4)