

## BOWLING

***B107 & Sun Valley Lanes unless otherwise noted***

### **Tuesday, July 25**

7:30 a.m. Registration & Exhibit Areas Open  
7:30 a.m. – 3:45 p.m. NHSACA Silent Auction – LNS Exhibitor Area  
9:00 a.m. – 9:50 a.m. NSAA Bowling Rules Meeting – B107  
10:05 a.m. – 10:30 a.m. **NCA Bowling Sport Meeting:** Advisory Committee Nominations/Selections & Milestone Awards Recognition  
10:45 a.m. – 11:35 a.m. **Welcome & Keynote:** Kevin Kush, Coach Kush Speaks: *Winning Where It Matters* – Main Gym  
11:35 a.m. – 1:15 p.m. **Lunch on your own – Food Trucks – LNS Parking East Parking Lot**  
11:45 a.m. – 1:00 p.m. Nebraska State Performance Testing Championships – Main Gym  
1:15 p.m. – 2:05 p.m. Paul Lee & Brad Earnest, Grand Island: *Hosting a High School Tournament* – Sun Valley Lanes  
2:20 p.m. – 3:10 p.m. Paul Lee & Brad Earnest, Grand Island: *All Things Practice* – Sun Valley Lanes  
3:10 p.m. – 3:45 p.m. Ice Cream Social - *Presented by Nebraska State Education Association* – Exhibitor Area  
3:45 p.m. – 4:35 p.m. NSAA: *Concussion, Cardiac Arrest and Heat Acclimatization Training* – Auditorium

### **Wednesday, July 26**

7:00 a.m. *Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk – Benefiting the Nebraska Food Bank Network* - LNS East Parking Lot  
7:30 a.m. Registration & Exhibit Areas Open  
7:30 a.m. – 3:45 p.m. NHSACA Silent Auction (Pick Up Items by 3:45 p.m.) – LNS Exhibitor Area  
8:00 a.m. – 4:00 p.m. *Coaches Care Blood Drive* – West Side LNS  
9:00 a.m. – 9:50 a.m. Tony Bilello, Ritger Legacy Bowling Camp, NJ: *Developing Concentration & Preparation Skills in the High School Athlete* – B107  
10:05 a.m. – 10:50 a.m. **NCA District Meetings & Raffles** (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors)  
11:05 a.m. – 11:55 a.m. Tony Bilello, Ritger Legacy Bowling Camp, NJ: *Developing the "Coach's Eye" Using Video to Highlight Errors & the Corrective Techniques that Affect Change in a Bowler's Game* – B107  
11:55 a.m. – 1:15 p.m. **Lunch on Your Own – Food Trucks – LNS Parking East Parking Lot & NCA Sports Advisory Lunch Meetings – LNS Main Gym**  
1:30 p.m. – 2:20 p.m. Tony Bilello, Ritger Legacy Bowling Camp, NJ: *Common Problems Bowlers Have & the 30-Second Solutions – Part 1* – Sun Valley Lanes  
2:35 p.m. – 3:25 p.m. Tony Bilello, Ritger Legacy Bowling Camp, NJ: *Common Problems Bowlers Have & the 30-Second Solutions – Part 2* – Sun Valley Lanes

### **Thursday, July 27**

7:30 a.m. Registration & Exhibit Areas Open  
9:00 a.m. – 9:50 a.m. Tony Bilello, Ritger Legacy Bowling Camp, NJ: *Strategies for Training the Two-Handed Bowler – Part 1* – Sun Valley Lanes  
9:55 a.m. – 10:45 a.m. Tony Bilello, Ritger Legacy Bowling Camp, NJ: *Strategies for Training the Two-Handed Bowler – Part 2* – Sun Valley Lanes  
11:05 a.m. Drawings – Main Gym