## SPECIAL OLYMPICS – UNIFIED SPORTS A118A unless otherwise noted

Tuesday, July 23	
7:30 a.m. – 4:30 p.m.	Registration & Exhibit Areas Open
8:30 a.m. – 9:20 a.m.	Dave Demyan Special Olympics Nebraska, Coaching Bocci Ball – LNS Football Field
9:30 a.m. – 10:20 a.m.	Dave Demyan Special Olympics Nebraska, Coaching Bocci Ball – LNS Football Field
11:00 a.m. – 11:45 a.m.	Welcome & Keynote: Rhonda Revelle, University of Nebraska – Embrace It All – Main Gym
11:45 a.m. – 1:15 p.m.	Lunch on your own
12:00 p.m. – 1:15 p.m.	Nebraska State Performance Testing Championships – Main Gym
1:15 p.m. – 2:05 p.m.	Beyond the X's & O's
2 2	Chuck Hughes, Tall Cop Says Stop – You Can't Stop What You Don't Know, Youth Substance
	Abuse – Auditorium
	Rhonda Revelle, University of Nebraska – Women Athletic Leadership – Main Gym
	Amber Fahey, SHIFT – WIN - What's Important Now - Awareness of Where You are "NOW" &
	Where You Want to Be is Key to Progression, The Power of Setting "Clear" Short Term
	Progression Goals Throughout Your Season – South Gym
2:20 p.m. – 4:30 p.m.	Nebraska Orthopaedic Center - Sports Medicine & Athletic Taping Walk-In Training – Athletic
p	Training Room
2:30 p.m. – 3:20 p.m.	Nick Baker, Papillion-La Vista HS, NE (Boys & Girls) – Coaching Swimming Part 1 – Lincoln
	Northwest HS Pool
2:20 p.m. – 3:10 p.m.	Chuck Hughes, Tall Cop Says Stop – You Can't Stop What You Don't Know, Youth Substance
	Abuse, Advanced Discussion and Q&A – Small Theater
3:30 p.m. – 4:20 p.m.	Nick Baker, Papillion-La Vista HS, NE (Boys & Girls) – Coaching Swimming Part 1 – Lincoln
	Northwest HS Pool
4:30 p.m. – 6:00 p.m.	In-Person CPR & AED Training – South Gym
	(Must register and complete the online training prior to clinic)
	(Must register and complete the online training prior to clinic)
Wednesday, July 24	
<b>Wednesday, July 24</b> 7:00 a.m. – 2:30 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk –
7:00 a.m. – 2:30 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk – Benefiting the Nebraska Food Bank Network - LNS East Parking Lot
	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk – Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk – Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk – Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117 Registration & Exhibit Areas Open
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker - Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE - E117 Registration & Exhibit Areas Open Coaches Care Blood Drive - West Side LNS
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117 Registration & Exhibit Areas Open Coaches Care Blood Drive – West Side LNS Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker - Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE - E117 Registration & Exhibit Areas Open Coaches Care Blood Drive - West Side LNS Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 - Small Theater
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117 Registration & Exhibit Areas Open Coaches Care Blood Drive – West Side LNS Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 – Small Theater Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m. 9:35 a.m. – 10:25 a.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117 Registration & Exhibit Areas Open Coaches Care Blood Drive – West Side LNS Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 – Small Theater Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court – Main Gym
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117 Registration & Exhibit Areas Open Coaches Care Blood Drive – West Side LNS Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 – Small Theater Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court – Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m. 9:35 a.m. – 10:25 a.m. 10:40 a.m. – 11:10 a.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker - Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE - E117 Registration & Exhibit Areas Open Coaches Care Blood Drive - West Side LNS Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 - Small Theater Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court - Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors)
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m. 9:35 a.m. – 10:25 a.m. 10:40 a.m. – 11:10 a.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker - Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE - E117 Registration & Exhibit Areas Open Coaches Care Blood Drive - West Side LNS Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 - Small Theater Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court - Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors) NSAA Unified Bowling Rules Meeting - A118A
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m. 9:35 a.m. – 10:25 a.m. 10:40 a.m. – 11:10 a.m. 11:20 a.m. – 12:10 p.m. 11:55 a.m. – 1:15 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117 Registration & Exhibit Areas Open Coaches Care Blood Drive – West Side LNS Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 – Small Theater Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court – Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors) NSAA Unified Bowling Rules Meeting – A118A Lunch on Your Own & NCA Sports Advisory Lunch Meetings
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m. 9:35 a.m. – 10:25 a.m. 10:40 a.m. – 11:10 a.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker - Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE - E117 Registration & Exhibit Areas Open Coaches Care Blood Drive - West Side LNS Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 - Small Theater Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court - Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors) NSAA Unified Bowling Rules Meeting - A118A Lunch on Your Own & NCA Sports Advisory Lunch Meetings Nebraska Orthopaedic Center - Sports Medicine & Athletic Taping Walk-In Training - Athletic
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m. 9:35 a.m. – 10:25 a.m. 10:40 a.m. – 11:10 a.m. 11:20 a.m. – 12:10 p.m. 11:55 a.m. – 1:15 p.m. 1:30 p.m. – 3:30 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk – Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker – Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE – E117 Registration & Exhibit Areas Open Coaches Care Blood Drive – West Side LNS Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 – Small Theater Drake Beranek, Kearney HS, NE (Boys) – Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court – Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors) NSAA Unified Bowling Rules Meeting – A118A Lunch on Your Own & NCA Sports Advisory Lunch Meetings Nebraska Orthopaedic Center - Sports Medicine & Athletic Taping Walk-In Training – Athletic Training Room
7:00 a.m. – 2:30 p.m.  7:00 a.m. – 8:15 a.m.  7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m.  9:35 a.m. – 10:25 a.m.  10:40 a.m. – 11:10 a.m.  11:20 a.m. – 12:10 p.m. 11:55 a.m. – 1:15 p.m. 1:30 p.m. – 3:30 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker - Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE - E117 Registration & Exhibit Areas Open Coaches Care Blood Drive - West Side LNS Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 - Small Theater Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court - Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors) NSAA Unified Bowling Rules Meeting - A118A Lunch on Your Own & NCA Sports Advisory Lunch Meetings Nebraska Orthopaedic Center - Sports Medicine & Athletic Taping Walk-In Training - Athletic Training Room Nate Parks, Special Olympics Nebraska - Coaching Unified Sports, Part 1 - A118A
7:00 a.m. – 2:30 p.m. 7:00 a.m. – 8:15 a.m. 7:30 a.m. – 2:30 p.m. 8:00 a.m. – 2:00 p.m. 8:30 a.m. – 9:20 a.m. 9:35 a.m. – 10:25 a.m. 10:40 a.m. – 11:10 a.m. 11:20 a.m. – 12:10 p.m. 11:55 a.m. – 1:15 p.m. 1:30 p.m. – 3:30 p.m.	Running/Walking for Kindness - Saundi Fugleberg Memorial 5K & 1 Mile Fun Run/Walk - Benefiting the Nebraska Food Bank Network - LNS East Parking Lot Fellowship of Christian Athletes Breakfast, Featured Speaker - Mark Armstrong, Former Athletic Director, Lincoln Southwest HS, NE - E117 Registration & Exhibit Areas Open Coaches Care Blood Drive - West Side LNS Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 1 - Small Theater Drake Beranek, Kearney HS, NE (Boys) - Teaching Basketball Fundamentals, Practice Designs to Develop Shooting Principles, Part 2 on Court - Main Gym NCA District Meetings & Raffles (Elections of NCA Board Members, Election of NCA Sports Advisory Committee Members, Q&A with NCA Board of Directors) NSAA Unified Bowling Rules Meeting - A118A Lunch on Your Own & NCA Sports Advisory Lunch Meetings Nebraska Orthopaedic Center - Sports Medicine & Athletic Taping Walk-In Training - Athletic Training Room