

N nebraska
coaches
association

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Coaching Mentoring Program Overview

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Why Mentoring?

Coaches who have access to mentors are more likely to:

- Stay in the profession
- Build Strong Teams & Programs
- Ease/Reduce issues that impact X's & O's



Mentoring Program Partnerships:

NCA & NSIAAA Partner with Proactive Coaching & Ecsell Sports

- Intentional - Proven Content/Research Driven
- Videos, Booklets, Discussion Questions, Activities
- Rob Miller, Proactive Coaching Partner
- Mick Hoffman, Former Vancouver Public Schools (WA) Director of Athletics, Executive Director, Washington Interscholastic Activities Association
- Ecsell Sports – A Nebraska research driven company focused on the coach's influence on the student-athlete's experience



Mentoring Program Path:

Creating an Intentional Path of Professional Growth:

- Introduction to Mentoring/Personal Evaluation
- First Steps to Great Teams
- The Role of Parents
- Life Lessons & Trust (All Booklets will be mailed directly to the Athletic Director from the NCA)
- Eccsell Sports Surveys (Coach & Student-Athletes During Season)



Additional Opportunities with the Mentoring Program

- Freedom for Mentee to Select Topics
- Complimentary Proactive Plus Membership to Explore Topics/Issues
- Eccell Sports Surveys within the Mentee Coach's Season
- Continue Mentor & Mentee Collaboration/Reflection
- Meet with Athletic Director for Post-Experience Reflection/Moving Forward



Guidelines of Program

- 2024 – Limit of 50 state-wide mentee/mentor pairings
- 2024 – Limit of Two mentee/mentor matches within a school
- Mentor & Mentee must be current members of the Nebraska Coaches Assoc.
- Athletic Directors pairing a mentee/mentor match must be a current member of NCA & NSIAAA
- Multi-week commitment by the mentor & mentee, but the goal is the formation of a life-long relationship
- Log reflections and discussion while keeping a confidential and professional relationship



Action Plan - Fall of 2024:

August: Athletic Directors create mentor/mentee match(s) within their school, e-mail matches to Darin Boysen, NCA

****Weekly Check-Ins by Mentor with Mentee****

September: Phase 1 (3 weeks – VIA Assessment) Mentor, Proactive Coaching Booklets mailed to the Athletic Director

September 16-27: Eccsell Sports Surveys Provided & Completed (if coaching a Fall Sport)

Mentee's Student-Athletes: Coaching Affect Survey (takes 10-15 minutes, administered by the Mentor)

Mentee Coach: Coaches Insight Survey

October – November: Phases 2, 3, & 4

December: Mentor/Mentee/Athletic Director Progress Meeting & Program Mentor Program Survey

Remainder of School Year: Explore Proactive Plus Content – Monthly Check-Ins by Mentor with Mentee



Goals of Program

1. The mentee coach will build a highly effective & productive program related to culture & competition
2. To provide term institutional objectives that enhance positive student-athlete experiences.

Outcomes of Program

1. Increase effective communication across athletic programs
2. Increase coach retention at all experience levels
3. Increase positive parental involvement

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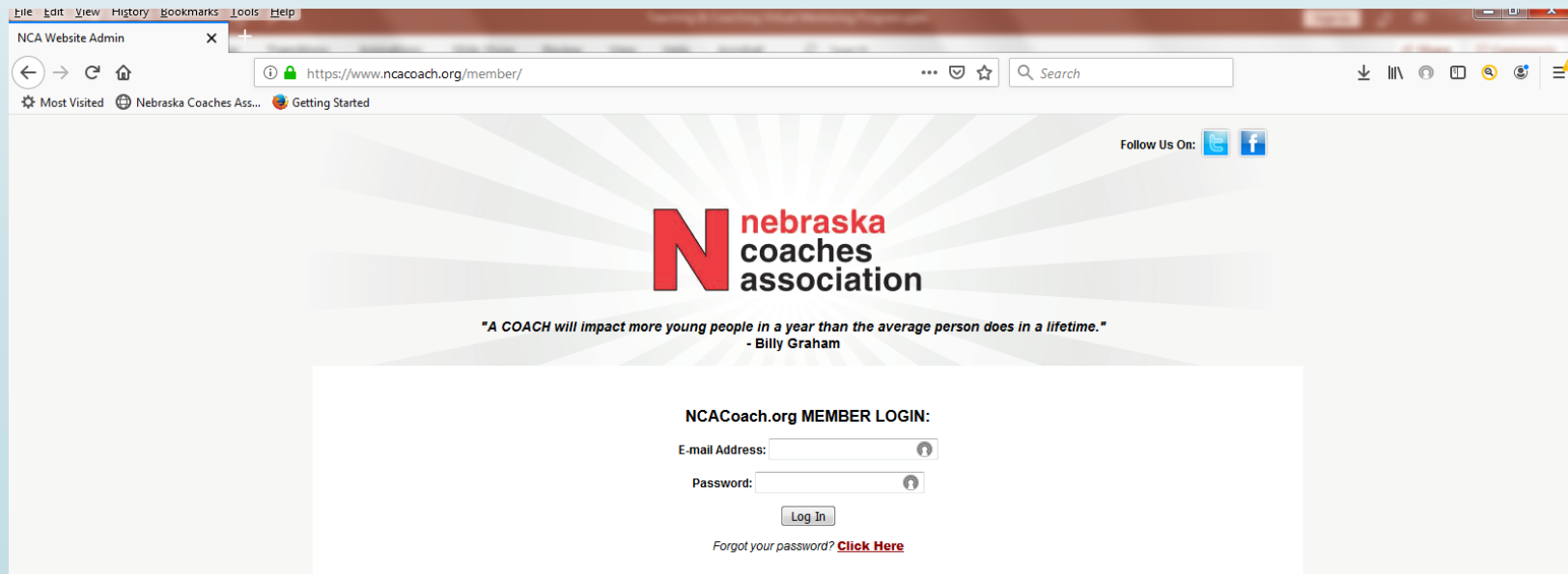


Getting Started:

- Athletic Director Creates Mentor/Mentor Matches within a school in August – first 50 mentee/mentor across the state accepted.
- Darin Boysen e-mail to Athletic Directors with a short program application & instructions during first week of August.



NCA Member Login: (Location of videos & activity logs will be maintained by the mentee & mentor)





Questions:

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