



## THE BEST OF LOPER BASKETBALL

### 1. PLAYER DEVELOPMENT

- **Outside Body Finishes – Breakdown Drills / Importance**
- **Win the Line – Multiple Finishes – 1 Foot Importance**
- **Work the C – Creating Post Positioning – Win 1 on 1**
- **Punch Series – Best way to Score 1 on 1 late shot clock**

### 2. Man Sets

- **Weak Series – Create Advantage for Shooter**
- **Blue – Create the Advantage for the Big**
- **Lift/Spain - Eliminate the Ball Side Tag of B/S**

### 3. Zone Sets

- **Overload (vs 2-3) - Create a 2 on 1 – Show Adjustment vs Non-Commitment**
- **Flat (vs 2-3) - Create a 2 on 1 Low**
- **Elbow (vs Odd Front) - Create 2 on 1**