

BUILDING AN OFFENSIVE SYSTEM

MOTION/DRIBBLE DRIVE HYBRID

1. Guiding Principles

- All Pieces of Offense Must Fit Together
- Always Aggressive Put Pressure of Opponents & Officials
- Must Work for Current Players Skillsets
- Simple Too Hard to Play Fast & Process Multiple Things

2. Part 1 - Base Offense

- Motion/Dribble Drive Principles Double Gaps Create for Others
- Quick Reads Fast Ball Movement
- Anti Dribble Handoffs
- No Double Drives
- Anti Basket Cut

BREAKDOWN

- Drive Right Move Right
- Drive Left Move Left
- Pass & Create Action
 - o Cut Opposite
 - o Screen Away
 - o Receive Flair
 - o Ghost
- Dribble At
 - o Step & Backdoor
 - o Dribble Handoff

DRILLS

- 3 on 0 With or Without Post Spot
- 4 on 0 With or Without Post Spot
- 5 on 0 Call Out Actions Script the Actions for Learning











3. Part 2 - Transition

- Attack vs 2 Or Less "Primary Break"
- Identify Transition Guard Roles Shooter or Playmaker
- Modes Based on Lineup Maximum 3 Modes
- Drag the Ball Around Half Court
- Make It Finish in Motion Spots
- As Interchangeable as Possible

BREAKDOWN

- Install Speed Mode Speed Screens to Backscreen
- Install Zoom Mode Zoom with Flair

DRILLS

- 5 vs? Could start with an Action to Defend
- Sudden Transition Blow the Whistle
- 5 vs 5 Pick A Player for Spot

4. Part 3 - Walk Up

- Create Movement to Gain First Advantage
- Make Positionless Harder to Scout
- Finish in Motion Spots
- Quick Hitters for New Looks

BREAKDOWN

- Install Flex False Action to Flex Screen
- Install Rub Rub Screens to Pin Down Flair







