



**Nebraska Coaches Association Multi-Sport Clinic
Cheerleading & Dance Sessions**

Wednesday, July 24 – 11:20 am to 12:10 pm, Room A102

Impact of Trust:

When athletes trust their coaches and when teams trust each other it has a tremendous impact on performance. What allows someone to be trusted? How can coaches improve the level of individual and team trust? What causes coaches to be distrusted and how does that impact performance? When trust is present, teams have a much better chance of reaching potential.

Wednesday, July 24 – 1:30 to 2:20 pm, Room A102

**The First Steps to Great Teams - Establishing Core Covenants
and Building Your Inner Circle:**

This presentation is an in-depth look at the first things that must be done when building a team – Guiding Principles (establishing Core Covenants, an identity and vision with actions) and Pride (establishing an inner circle based upon shared joy).