

EAGLE FOOTBALL

BITE THE BALL

BALL CARRIER IS BETWEEN OUR 10-2

GET INTO MADDEN CIRCLE
EYES AT BALL LEVEL

STRIKE UPPERCUTS - ROLL HIPS THROUGH VIOLENTLY
"STRIKE ON THE RISE"
EYES TO THE SIKY
GRAB CLOTH
KEEP YOUR HIPS IN FRONT OF THE BALL CARRIER
DRIVE - SEE HOW MANY STEPS YOU CAN GET IN
"THROUGH NOT TO"

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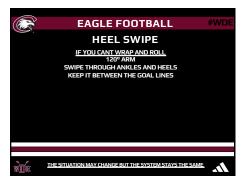
WRAP AND ROLL

NOT BETWEEN 10 6.2
CLOSE THE GREEN
EYES TO LEVERAGE SIDE
AMA THIPS
SHOULDER SPIKE THROUGH NEAR LEG
CLINCH - KILL THE ENGINE
RIN YOUR FEET ALL THE WAY THROUGH
NO DIVING, ROLL TO LEVERAGE SIDE
FINISH IN A DOMINANT BODY POSITION

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4



EAGLE FOOTBALL

APPROACHES

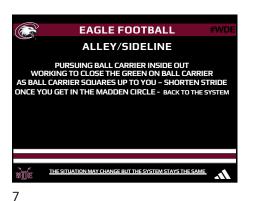
EYES PUT A DOT ON THE NEAR HIP OF THE BALL CARRIER
LEVERAGE WHERE IS MY HELP?
CLOSE SPACE SPACE IS THE ENEMY OF TACKLING

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TRAP

LEVER/FORCE DEFENDER WORKING O/S IN DO NOT SHIMMY RUN THRU HIS OUTSIDE THIGH IF MISSED BALL MUST BOUNCE INSIDE TO HELP

THE SITUATION MAY CHANGE BUT THE SYSTEM STAYS THE SAME



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VICE

2 PLAYERS WORKING ON 1 BALL CARRIER
1/S OUT PLAYER IS THE ALLEY PLAYER-O/S IN IS THE TRAP

THE SITUATION MAY CHANGE BUT THE SYSTEM STAYS THE SAME.

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8 9

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