

EAAGLE

RPOs



FOOTBALL

# Background

- Played at Chadron State 2003-2007
  - Part of two regular season undefeated teams, two playoff teams, and two conference championship teams
- Graduate Assistant Wide Receivers Coach at Wayne State 2009-2010 Seasons
- Wabash College Running Backs Coach 2011 Season
- Fort Lewis College Wide Receivers Coach 2012-13 Season
- Eastern Illinois WR/TE & Co-Special Teams Coordinator 2014-2018 Seasons
- Mayville State University Offensive Coordinator 2019 Season
- Chadron State College Offensive Coordinator 2020-Present

# Background

- Coached for Seven Different Head Coaches
- Worked with Six Different OC's
  - Worked in Veer Based Run Schemes
  - Worked in Zone Based Run Schemes
  - Worked in Gapped Based Run Schemes
- One Thing all the different Schemes I've worked in have had in common?
  - Each one of them had in their own way a Version of RPO



# Install

- Base Two Day Install
- We Force QB's to Throw RPO's in Helmet Acclamation Days
- Day 1
  - 3 Base Runs
  - 4 RPOs
  - 4 Base Quick Game
  - 4 Base Drop back
  - PAP or Naked
  - Screen
- Day 2
  - 3 Base Runs
  - 4 RPOs
  - 4 Base Quick Game
  - 4 Base Drop back
  - PAP or Naked
  - Screen

-SMART-

-TOUGH-

-PHYSICAL-



# Building Your Run Game Around RPO's

## Advantages

- Takes advantages of soft coverage (Gifts or Free Access Throws)
- Gets The Ball Out Quick and can frustrate the defense's pressure packages and Pass Rushers
- Gets the ball in play makers hands in space
- Forces the Defense to guard the whole field
- Creates Shots in the Vertical Passing Game
- My Favorite is it creates a toughness Identity with your wide receivers

# TEAM RULES

## Why and When

- Gifts
  - When the defense is giving us hitches or speed outs
- Numbers
  - If numbers are even in the box run the ball
- Space
  - If the defense out numbers us in the box take the space
- Matchups
  - If the defense out numbers us and is playing man, choose your best match up



# Types of RPO's

- Gifts
  - Take five free, if you are throwing a gift it shouldn't be a bang-bang play with the DB
- C Gap
  - QB is not protected and has to read the C Gap defender
    - These RPO's are quick screens – Bubbles, and step offs
- D Gap
  - QB is protect and will read the conflict space
    - These RPO's can be pushed down field more vertical
- Matchups
  - Defense is bringing pressure the QB easy checks to 6 or 7 man protection and gives a man beater to WRs

# How to Read the RPO

- Space Read
  - Conflict Space – This is the area where the defense can add an extra defender, if this space is unoccupied throw the RPO.
  - This has been a change for us over the past year. We used to be read a conflict defender, but Defenses have evolved to be able to defend the RPO.



FOOTBALL



# Wide Receiver Rules

## Quick Screens

- 2x2
  - 1<sup>st</sup> Defender outside the box is the QB's responsibility
  - MDM (Most Dangerous Man) Make the late Defender make the tackle
- 3x1
  - 1<sup>st</sup> Defender outside the box is the QB's responsibility
  - 2 for 3 – I don't care who the 2 protectors block as long as we communicate and get the 2 most dangerous Defenders blocked

## Concept

- Run the route called
- Once you snap your head at the top of the route and you notice ball has been handed off look for work

-SMART-

-TOUGH-

-PHYSICAL-



# FOOTBALL

- 3x1 Variations
  - Bones
  - Combo

# Drill Work

- Perimeter Drill w/ DBs
- Perimeter Blocking Drills
  - Shadow – Shadow Punch
  - Leverage Shadow – Shadow Punch
  - Catch Release Drill
- Bones – Combo Blocks
- Good Teammate Drill

-SMART-



-PHYSICAL-



# FEARLESS

Gift

- Take five free
- if you are throwing a gift it shouldn't be a bang-bang play with the DB

DUSH - PHYSICAL-



# FOOTBALL



# FAOIFE

## C Gap

- QB is not protected and must read the C Gap defender
- These RPO's are quick screens – Bubbles, and step offs

-SMART-



# FOOTBALL

# TEAMFILE

## D Gap

- QB is protect and will read the conflict space
- These RPO's can be pushed down field more vertical



# FOOTBALL

# TEAM

## Matchups

- If the defense out numbers us and is playing man, choose your best match up

-TOUGH-



-PHYSICAL-



# FOOTBALL



# Contact Information

Coach Long HC/OL –  
[jlong@csc.edu](mailto:jlong@csc.edu)

Twitter - @CoachJayLong

Coach Sasse DC/LB  
[csasse@csc.edu](mailto:csasse@csc.edu)

Twitter - @CoachSasse

Coach Smith OC/WR&TE  
[msmith@csc.edu](mailto:msmith@csc.edu)

Twitter - @micahsmith6

Coach Wilson QB  
[twilson@csc.edu](mailto:twilson@csc.edu)

Twitter - @coachTWilson22

Coach Coomes  
[wcoomes@csc.edu](mailto:wcoomes@csc.edu)

Twitter - @WesCoomes

