

2025 – NCA Multi-Sports Clinic

Bowling

B107 or Sun Valley Lanes unless otherwise noted

Tuesday, July 22

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| 7:00 a.m. | Registration & Exhibit Areas Open |
| 8:30 a.m. – 9:20 a.m. | Tony Bilello, Ritger Legacy Bowling Camps, NJ - The Art of Planning Practice for Your Team – B107 |
| 9:35 a.m. – 9:55 a.m. | NCA Bowling Sport Meeting: Advisory Committee Nominations/Selections, Milestone Awards Recognition, Team Academic Excellence Awards |
| 9:55 a.m. – 10:45 a.m. | Tony Bilello, Ritger Legacy Bowling Camps, NJ - <i>Using Video to Analyze the Bowling Approach</i> – B107 |
| 11:00 a.m. – 11:30 a.m. | District Meetings & Major Raffle at Mtg. (Elections of Board Members, Election of Advisory Committee Members, Q&A with NCA Board Members) Team Academic Excellence Awards Distribution by Schools |
| 11:30 a.m. – 1:00 p.m. | Lunch on Your Own – Visit Exhibitors |
| 1:00 p.m. – 1:50 p.m. | Beyond the X's & O's Sessions Lennie Waite, HITE EQ, TX - <i>Filling the Gap in Mental Performance</i> – Auditorium Bob Nielson, Former Head Football Coach University of South Dakota – <i>Current Issues in Collegiate Athletics that Impact the Recruitment of High School Student-Athletes</i> - Main Gym |
| 1:50 p.m. – 2:05 p.m. | Ice Cream Social – Exhibitor Area |
| 2:20 p.m. – 3:10 p.m. | Tony Bilello, Ritger Legacy Bowling Camps, NJ - <i>Training the Physical Game for the Two-Handed Bowler</i> – Sun Valley Lanes |
| 3:10 p.m. – 4:00 p.m. | Tony Bilello, Ritger Legacy Bowling Camps, NJ - <i>Systems to Shoot Spares More Effectively</i> – Sun Valley Lanes |
| NOTE: | In-Person CPR & AED Training - NSAA to offer in a classroom(s) all day by appointment. |

Wednesday, July 23

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| 7:00 a.m. | Registration & Exhibit Areas Open |
| 8:00 a.m. – 3:00 p.m. | Coaches Care Blood Drive in Partnership with Nebraska Community Blood Bank & Scheels |
| 8:30 a.m. – 9:20 a.m. | Tony Bilello, Ritger Legacy Bowling Camps, NJ - <i>Bowling Ball Layouts & Surface Adjustments to Maximize Performance</i> – B107 |
| 9:35 a.m. – 10:25 a.m. | NSAA Bowling Meeting – B107 |
| 10:40 a.m. – 11:30 a.m. | Keynote – Stephen Mackey, 2Words Character Development – Main Gym |
| 11:30 a.m. – 12:45 p.m. | Lunch on Your Own & NCA Sports Advisory Lunch Meetings |
| 12:45 p.m. – 1:35 p.m. | Tony Bilello, Ritger Legacy Bowling Camps, NJ - <i>Common Problems Bowlers Have... The One-Minute Solutions Coaches Need! (Part 1)</i> – Sun Valley Lanes |
| 1:45 p.m. – 2:35 p.m. | Tony Bilello, Ritger Legacy Bowling Camps, NJ - <i>Common Problems Bowlers Have... The One-Minute Solutions Coaches Need! (Part 2)</i> – Sun Valley Lanes |
| 2:15 p.m. | Exhibitor Area Closes |
| 3:05 p.m. – 3:25 p.m. | Final Drawings – Main Gym |

District Meetings

District I - Small Theater
District IV - Main Gym

District II – Auditorium
District V – E119

District III – E117
District VI – E121