

2025 – NCA Multi-Sports Clinic
Cheerleading
A102 unless otherwise noted

Tuesday, July 22

7:00 a.m.	Registration & Exhibit Areas Open
8:30 a.m. – 9:20 a.m.	UCA Staff – <i>Maximizing & Understanding the Score Sheets & the NFHS Rulebook</i>
9:35 a.m. – 9:55 a.m.	NCA Cheerleading Sport Meeting: Advisory Committee Nominations/Selections, State Championship Discussion
9:55 a.m. – 10:45 a.m.	UCA Staff & NCA Cheer Advisory Committee – <i>Open Forum - Developing the Framework to a New Category to Replace Tumbling in the 2026 Nebraska State Championships</i>
11:00 a.m. – 11:30 a.m.	District Meetings & Major Raffle at Mtg. (Elections of Board Members, Election of Advisory Committee Members, Q&A with NCA Board Members) Team Academic Excellence Awards Distribution by Schools
11:30 a.m. – 1:00 p.m.	Lunch Provided by Varsity Spirit & NCA - Fashion Show & Varsity Programs
1:00 p.m. – 1:50 p.m.	Beyond the X's & O's Sessions Lennie Waite, HITE EQ, TX - <i>Filling the Gap in Mental Performance</i> – Auditorium Bob Nielson, Former Head Football Coach University of South Dakota – <i>Current Issues in Collegiate Athletics that Impact the Recruitment of High School Student-Athletes</i> - Main Gym
1:50 p.m. – 2:05 p.m.	Ice Cream Social – Exhibitor Area
2:05 p.m. – 2:55 p.m.	Kristin Weaver, Loomis HS, NE - <i>Video Review & Discussion of a Championship Traditional Performance Routine</i>
2:05 p.m. – 4:00 p.m.	Nebraska Orthopaedic Center - <i>Sports Medicine & Athletic Taping Walk-In Training</i> – Athletic Training Room
3:10 p.m. – 4:00 p.m.	Sarah Chagnon & Zoe Chagnon, Gretna HS, NE – <i>Video Review & Discussion of a Championship Non-Tumbling Routine</i>
NOTE:	In-Person CPR & AED Training – Advanced Appointment Time Required – LNS Room B108

Wednesday, July 23

7:00 a.m.	Registration & Exhibit Areas Open
8:00 a.m. – 3:00 p.m.	Coaches Care Blood Drive in Partnership with Nebraska Community Blood Bank & Scheels
8:30 a.m. – 9:20 a.m.	JR Dotzler, Cornerstone Christian, NE – <i>Video Review & Discussion of a Championship Non-Tumbling Routine</i>
9:35 a.m. – 10:25 a.m.	Stefani Lane, Millard West HS, NE – <i>Video Review & Discussion of a Championship Game Day Routine</i>
9:35 a.m. – 10:25 a.m.	NCA Unified Cheerleading Forum – <i>Review of Judges Scoring Sheet – Stunting Scoring Discussion/Recommendations</i> – A118A
10:40 a.m. – 11:30 a.m.	Keynote – Stephen Mackey, 2Words Character Development: Six Pillars of Championship Culture - Main Gym
11:30 a.m. – 1:00 p.m.	Lunch on Your Own & NCA Cheerleading Advisory Lunch Meeting – Finalize Work on New Category for 2026 Nebraska State Championships to Replace Tumbling
1:00 p.m. – 1:50 p.m.	Caycee Hays, Lincoln Pius X HS, NE - <i>Video Review & Discussion of a Championship Traditional Performance Routine</i>
1:00 p.m. – 2:55 p.m.	Nebraska Orthopaedic Center - <i>Sports Medicine & Athletic Taping Walk-In Training</i> – Athletic Training Room
2:05 p.m. – 2:55 p.m.	Darin & Tina Boysen, Nebraska Coaches Association – <i>2026 State Championships</i>
2:15 p.m.	Exhibitor Area Closes
3:05 p.m. – 3:25 p.m.	Final Drawings – Main Gym