

2025 – NCA Multi-Sports Clinic
Special Olympics & Unified Sports
Room A118A unless otherwise noted

Tuesday, July 22

7:00 a.m.	Registration & Exhibit Areas Open
8:30 a.m. – 9:20 a.m.	Amanda Gubbels-Svendsen - <i>Hands On Cornhole & Knowing Special Olympics Rules</i> – LNS Football Field
9:35 a.m. – 9:55 a.m.	Visit Exhibitor Area
9:55 a.m. – 10:45 a.m.	NSAA Unified Bowling Rules Meeting
11:00 a.m. – 11:30 a.m.	District Meetings & Major Raffle at Mtg. (Elections of Board Members, Election of Advisory Committee Members, Q&A with NCA Board Members) Team Academic Excellence Awards Distribution by Schools
11:30 a.m. – 1:00 p.m.	Lunch on Your Own – Visit Exhibitors
1:00 p.m. – 1:50 p.m.	Beyond the X's & O's Sessions Lennie Waite, HITE EQ, TX - <i>Filling the Gap in Mental Performance</i> – Auditorium Bob Nielson, Former Head Football Coach University of South Dakota – <i>Current Issues in Collegiate Athletics that Impact the Recruitment of High School Student-Athletes</i> - Main Gym
1:50 p.m. – 2:05 p.m.	Ice Cream Social – Exhibitor Area
2:05 p.m. – 2:55 p.m.	Clinician TBA - <i>Knowing the Rules of Special Olympics Basketball</i>
2:05 p.m. – 4:00 p.m.	Nebraska Orthopaedic Center - <i>Sports Medicine & Athletic Taping Walk-In Training</i> – Athletic Training Room
3:10 p.m. – 4:00 p.m.	Clinician TBA - <i>Special Olympics Basketball Practice Design & Implementation</i>
NOTE:	In-Person CPR & AED Training – Advanced Appointment Time Required – LNS Room B108

Wednesday, July 23

7:00 a.m.	Registration & Exhibit Areas Open
8:00 a.m. – 3:00 p.m.	Coaches Care Blood Drive in Partnership with Nebraska Community Blood Bank & Scheels
8:30 a.m. – 9:20 a.m.	Crystal Zabka-Belsky, MS, RDN, CSSD, LMNT, LDN - <i>Health, Nutrition & Fitness for the Special Olympic Athlete</i>
9:35 a.m. – 10:25 a.m.	NCA State Unified Cheerleading Forum – <i>Review of Judges Scoring Sheet – Feasibility of Stunt Scoring Discussion/Recommendations</i>
10:40 a.m. – 11:30 a.m.	Keynote – Stephen Mackey, 2Words Character Development: Six Pillars of Championship Culture - Main Gym
11:30 a.m. – 1:00 p.m.	Lunch on Your Own & NCA Sports Advisory Lunch Meetings
1:00 p.m. – 1:50 p.m.	Clinician TBA – <i>Knowing the Rules of Special Olympics Powerlifting, Training Programs</i>
1:00 p.m. – 2:55 p.m.	Nebraska Orthopaedic Center - <i>Sports Medicine & Athletic Taping Walk-In Training</i> – Athletic Training Room
2:05 p.m. – 2:55 p.m.	Clinician TBA – <i>Demo of Special Olympics Powerlifting</i> - LNS Weight Room
2:15 p.m.	Exhibitor Area Closes
3:05 p.m. – 3:25 p.m.	Final Drawings – Main Gym