

## 2025 – NCA Multi-Sports Clinic

### Tennis

**B105, LNS Tennis Courts, UNL Sid and Hazel Dillon Tennis Center, unless otherwise noted**

#### Tuesday, July 22

7:00 a.m.	Registration & Exhibit Areas Open
8:30 a.m. – 9:20 a.m.	Coaches Hands On Forum - <i>Serve, Stroke &amp; Volley, Part 1</i> – LNS Tennis Courts
9:35 a.m. – 9:55 a.m.	<b>NCA Tennis Sport Meeting:</b> Advisory Committee Nominations/Selections, Milestone Awards Recognition, Team Academic Excellence Awards
9:55 a.m. – 10:45 a.m.	Coaches Hands On Forum - <i>Serve, Stroke &amp; Volley, Part 2</i> – LNS Tennis Courts
11:00 a.m. – 11:30 a.m.	<b>District Meetings &amp; Major Raffle at Mtg.</b> (Elections of Board Members, Election of Advisory Committee Members, Q&A with NCA Board Members) Team Academic Excellence Awards Distribution by Schools
11:30 a.m. – 1:00 p.m.	<b>Lunch on Your Own – Visit Exhibitors</b>
1:00 p.m. – 1:50 p.m.	<b>Beyond the X's &amp; O's Sessions</b> Lennie Waite, HITE EQ, TX - <i>Filling the Gap in Mental Performance</i> – Auditorium Bob Nielson, Former Head Football Coach University of South Dakota – <i>Current Issues in Collegiate Athletics that Impact the Recruitment of High School Student-Athletes</i> - Main Gym
1:50 p.m. – 2:05 p.m.	Ice Cream Social – Exhibitor Area
2:05 p.m. – 2:55 p.m.	Coaches Forum - <i>Tennis Dual Format</i> – B105
2:05 p.m. – 4:00 p.m.	Nebraska Orthopaedic Center - <i>Sports Medicine &amp; Athletic Taping Walk-In Training</i> – Athletic Training Room
3:10 p.m. – 4:00 p.m.	NSAA Tennis Meeting – B105
NOTE:	In-Person CPR & AED Training – Advanced Appointment Time Required – LNS Room B108

#### Wednesday, July 23

7:00 a.m.	Registration & Exhibit Areas Open
8:00 a.m. – 3:00 p.m.	Coaches Care Blood Drive in Partnership with Nebraska Community Blood Bank & Scheels
8:30 a.m. – 9:20 a.m.	Coaches Hands On Forum - <i>Drills Part 1</i> – LNS Tennis Courts
9:35 a.m. – 10:25 a.m.	Coaches Hands On Forum - <i>Drills Part 2</i> – LNS Tennis Courts
10:40 a.m. – 11:30 a.m.	<b>Keynote – Stephen Mackey, 2Words Character Development: Six Pillars of Championship Culture - Main Gym</b>
11:30 a.m. – 1:00 p.m.	<b>Lunch on Your Own &amp; NCA Sports Advisory Lunch Meetings</b>
1:00 p.m. – 1:50 p.m.	Peter Kobelt, University of Nebraska – <i>Master the Basics</i> - Sid and Hazel Dillon Tennis Center, 2400 North Antelope Parkway
1:00 p.m. – 2:55 p.m.	Nebraska Orthopaedic Center - <i>Sports Medicine &amp; Athletic Taping Walk-In Training</i> – Athletic Training Room
2:00 p.m. – 2:30 p.m.	Peter Kobelt, University of Nebraska – <i>Tour of the University of Nebraska Tennis Facility</i> - Sid and Hazel Dillon Tennis Center, 2400 North Antelope Parkway
2:15 p.m.	Exhibitor Area Closes
3:05 p.m. – 3:25 p.m.	Final Drawings – Main Gym