



EXECUTION SCORE SHEET

2025-2026



THE HOW

From execution of movement and skills, to synchronization, uniformity and spacing, this score sheet is focused on how well the routine is being executed!





EXECUTION SCORE SHEET

01 **EXECUTION OF
MOVEMENT**

02 **EXECUTION OF
TECHNICAL
ELEMENTS**

03 **SYNCHRONIZATION/
UNIFORMITY**

04 **SPACING**



EXECUTION OF MOVEMENT

Proper control, placement and completion of movement while staying true to style. Quality, strength, and continuity of movement.

10

- Are motions getting fully completed? Are movements fully extended and stretched through or are they cut short?
- Do dancers have body control and proper alignment?
- Is there energy and strength behind the movement?
- **Jazz** - Movement should have strength but in a smooth and elastic way.
- **Pom** - Motions should hit and not bounce.
- **Hip Hop** - Movement should remain true to the presented style/styles.
- **Kick** - Movement should be precise and have strength behind it.





EXECUTION SCORE SHEET

01 **EXECUTION OF
MOVEMENT**

02 **EXECUTION OF
TECHNICAL
ELEMENTS**

03 **SYNCHRONIZATION/
UNIFORMITY**

04 **SPACING**



EXECUTION OF TECHNICAL ELEMENTS

10

Proper execution of technical elements and skills.

- This includes the approach and completion
- Turning Skills – full rotations, spotting, full releve and straight supporting leg, prep and completion
- Leaping/Jumping Skills – legs placement/extension, height, rib cage and upper body
- Hip Hop Skills/Acro – preparation, placement, landing
- Kicks/Extensions – control, alignment, upper body, flexibility, kick line precision
- Lifts/Partnering – control, safety, placement, landing





EXECUTION SCORE SHEET

01 **EXECUTION OF
MOVEMENT**

02 **EXECUTION OF
TECHNICAL
ELEMENTS**

03 **SYNCHRONIZATION/
UNIFORMITY**

04 **SPACING**



SYNCHRONIZATION/UNIFORMITY

Consistent unison and timing by the team. Uniformity of team movement within choreography and technical elements.

10

- How well does the team move as a group?
- Are they uniform in how their bodies are moving through the movement and skills?
- How accurate is the timing of their movement/skills?
- Think about fine details – entrances/exits, head placement, focus, pathways, body angles, uniformity in kick lines
- Does not score if the movement/skill is done technically correct here





EXECUTION SCORE SHEET

01 **EXECUTION OF
MOVEMENT**

02 **EXECUTION OF
TECHNICAL
ELEMENTS**

03 **SYNCHRONIZATION/
UNIFORMITY**

04 **SPACING**



SPACING

Consistent and even positioning of dancers throughout all formations and transitions.

10

- Look at spacing not only from side to side but also from front to back
- Are dancers maintaining even positioning during technical skills and traveling movement?
- Is spacing still hitting during transitional times?
- Does not score if the spacing makes sense for the choreography or the routine.



KICK EXECUTION SCORE SHEET



01 EXECUTION OF
MOVEMENT

02 EXECUTION OF
TECHNICAL
ELEMENTS

03 KICK TECHNIQUE

04 SYNCHRONIZATION/
UNIFORMITY

05 SPACING





OVERALL SECTION

01 **COMMUNICATION/
PROJECTION**

02 **OVERALL
EFFECT**



COMMUNICATION/PROJECTION

Ability to connect with the audience throughout the performance. Includes: projection, genuine expression, emotion, energy and entertainment value.

10

- Does the entire team convey the same energy and emotional level throughout the routine?
- Is there projection not only from their face but also through their movement?
- Ability to convey the intended emotion/story/concept of the routine





OVERALL SECTION

01 **COMMUNICATION/
PROJECTION**

02 **OVERALL EFFECT**



OVERALL EFFECT

Appropriateness of the music, costume and choreography. Impact of performance while fulfilling the category description.

10

- How well did the routine come together as a whole?
- How well did it fit the category description?
- How did the music, costume, and choreography complement each other?
- Was it appropriate for age of dancers and or audience members of all ages?
- Did it leave a lasting impression?
- Teams are not required based on rules to look “uniform” from head to toe in terms of costuming/hair/makeup.





**THANKS FOR
WATCHING**

