

Keys to a Successful Dance Season

Introduction

- My background
- GICC Dance Team history

My Approach to the Season

- Plan and organize
- Utilize outside resources
- Set clear expectations
- Create a culture of excellence
- Make time for team bonding and traditions

Competition Considerations

- Choreography
- Music
- Costuming
- Fundraising

Practice Considerations

- Structure - changing it by season
- Striking a balance between game and comp routines
- Expectations outside of team practices

Cleaning Routines

- Initial approach
- How the approach changes by month
- Deep dive - finding the emotional connection

Technique/Conditioning

- Summer approach
- Balancing choreo and technique/conditioning
- Honing in on specific needs
- Expectations outside of team practices

Conclusion