

2026 – NCA Multi-Sports Clinic

Cheerleading

A102 unless otherwise noted

Tuesday, July 21

- 7:00 a.m. Registration & Exhibit Areas Open
- 8:30 a.m. – 9:20 a.m. NCA Cheerleading Sports Advisory Committee Roundtable – *Review of 2026 State Championships & All Things Nebraska High School Cheerleading*
- 9:00 a.m. – 3:00 p.m. In-Person CPR & AED Training/Certification – Advanced Online Training Required – **LNS Room B108**
- 9:35 a.m. – 9:55 a.m. **NCA Sport Meeting:** Advisory Committee Nominations/Selections, Milestone Awards Recognition, Team Academic Excellence Awards
- 9:55 a.m. – 10:45 a.m. Jason Sack, Varsity – *National & State Cheerleading Updates & Trends, Open Forum/Q&A*
- 11:00 a.m. – 11:30 a.m. **District Meetings & Major Raffle at Mtg.** (Elections of Board Members, Election of Advisory Committee Members, Q&A with NCA Board Members)
- 11:30 a.m. – 1:00 p.m. **Lunch Provided by Varsity Spirit & NCA - Fashion Show & Varsity Programs**
- 1:00 p.m. – 1:50 p.m. **Beyond the X's & O's Sessions**
John Underwood, *The Importance of Recovery in Training* – Auditorium
Bennett Widman, *NIL at the High School Level in Nebraska Today & the Possible Future* – Main Gym
- 1:50 p.m. – 2:05 p.m. **Ice Cream Social & NEW: Major Raffle Drawings – Exhibitor Area**
- 2:05 p.m. – 2:55 p.m. Dylan Cook, University of Nebraska – *The Jump from High School to Collegiate Cheerleading*
- 2:05 p.m. – 4:00 p.m. Nebraska Orthopaedic Center - *Sports Medicine & Athletic Taping Walk-In Training* – **Athletic Training Room**
- 3:30 p.m. – 4:20 p.m. Dylan Cook, University of Nebraska – *The Judge's Perspective – Everyone Starts with Zero*

Wednesday, July 22

- 7:00 a.m. Registration & Exhibit Areas Open
- 8:30 a.m. – 9:20 a.m. Kelby Dressler, Varsity – *Facing Adversity & Conflict Resolution* (Joint Sport Session with Dance – A102)
- 9:35 a.m. – 10:25 a.m. Kelby Dressler, Varsity – *Leaders Who Inspire* (Joint Sport Session with Dance – A102)
- 10:40 a.m. – 11:30 a.m. **Keynote – Juli Burney, *The Power of Humor in Relationships* – Main Gym**
- 11:30 a.m. – 1:00 p.m. **Lunch on Your Own & NCA Sports Advisory Lunch Meetings**
- 1:00 p.m. – 1:50 p.m. Taryn Retzlaff, NSAA Assistant Director – *Music Copyright & Compliance* (Joint Sport Session with Dance – A102)
- 1:00 p.m. – 2:55 p.m. Nebraska Orthopaedic Center - *Sports Medicine & Athletic Taping Walk-In Training* – **Athletic Training Room**
- 1:50 p.m. – 2:05 p.m. **NEW: Major Raffle Drawings – Exhibitor Area – this space closes at 2:15 p.m.**
- 2:05 p.m. – 2:55 p.m. Darin & Tina Boysen, NCA – *2027 Nebraska State Championship Updates & New Requirements When Submitting Music Licenses to Comply Copyright Laws* (Joint Sport Session with Dance – A102)

District Meetings

District I - Small Theater
District IV - Main Gym

District II – Auditorium
District V – E119

District III – E117
District VI – E121