2026 – NCA Multi-Sports Clinic
Softball
E121 unless *otherwise noted*

Tuesday, July 21

7:00 a.m.	Registration & Exhibit Areas Open
8:30 a.m. – 9:20 a.m.	Aubrey Honeycutt, MN Force – *Pitching Absolutes*
9:00 a.m. – 3:00 p.m.	In-Person CPR & AED Training/Certification – Advanced Online Training Required – LNS Room B108
9:35 a.m. – 9:55 a.m.	**NCA Sport Meeting:** Advisory Committee Nominations/Selections, Milestone Awards Recognition, Team Academic Excellence Awards
9:55 a.m. – 10:45 a.m.	Aubrey Honeycutt, MN Force – *Building & Understanding Pitching Mentality*
11:00 a.m. – 11:30 a.m.	**District Meetings & Major Raffle at Mtg.** (Elections of Board Members, Election of Advisory Committee Members, Q&A with NCA Board Members) Team Academic Excellence Awards Distribution by Schools - Exhibitor Area Near Library
11:30 a.m. – 1:00 p.m.	**Lunch on Your Own – Visit Exhibitors**
1:00 p.m. – 1:50 p.m.	**Beyond the X's & O's Sessions** **John Underwood, *The Importance of Recovery in Training* – Auditorium** **Bennett Widman, *NIL at the High School Level in Nebraska Today & the Possible Future* – Main Gym**
1:50 p.m. – 2:05 p.m.	**Ice Cream Social & NEW: Major Raffle Drawings – Exhibitor Area**
2:05 p.m. – 2:55 p.m.	Sarah Dowd, University of Nebraska Sports Psychology – *Mental Health Matters: What Coaches Need to Know*
2:05 p.m. – 4:00 p.m.	Nebraska Orthopaedic Center - *Sports Medicine & Athletic Taping Walk-In Training* – Athletic Training Room
3:10 p.m. – 4:00 p.m.	Sarah Dowd, University of Nebraska Sports Psychology – *Implementing Performance Skills in a High School Softball Program*

Wednesday, July 22

7:00 a.m.	Registration & Exhibit Areas Open
8:30 a.m. – 9:20 a.m.	Amanda Schaefer, Fearless Warriors – *Training the Mental Game During the Season*
9:35 a.m. – 10:25 a.m.	Amanda Schaefer, Fearless Warriors – *Building a Player Lead Team with Systems*
10:40 a.m. – 11:30 a.m.	**Keynote – Juli Burney, *The Power of Humor in Relationships* – Main Gym**
11:30 a.m. – 1:00 p.m.	**Lunch on Your Own & NCA Sports Advisory Lunch Meetings**
1:00 p.m. – 1:50 p.m.	Dave Prokesh, Northwest HS, NE (Retired) – *Base Running Concepts to Make Average Team an ABOVE AVERAGE Scoring Team* – Moved from LNS Softball field to **E121**
1:00 p.m. – 2:55 p.m.	Nebraska Orthopaedic Center - *Sports Medicine & Athletic Taping Walk-In Training* – Athletic Training Room
1:50 p.m. – 2:05 p.m.	**NEW: Major Raffle Drawings – Exhibitor Area – this space closes at 2:15 p.m.**
2:05 p.m. – 2:55 p.m.	NSAA Rules Meeting

District Meetings

District I - Small Theater	District II – Auditorium	District III – E117
District IV - Main Gym	District V – E119	District VI – E121