nebraska coaches association

RULES VIOLATION

2027 Nebraska State Cheer and Dance Championships

School:
Class:

RULE INFRACTION	Warning
_____	☐
_____	☐
_____	☐
[redacted]	

	Music Time *Must not exceed 1:45*	Cheer Time	Total Time *Must not exceed 2:30*
Performance Routine			
[redacted]	[redacted]	**Sideline Time** *Must not exceed 1:00*	**Total Time** *Must not exceed 1:00*
Unified Sideline			

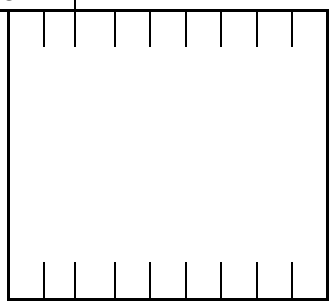
TIME- If a team exceeds the time limit, a penalty will be assessed for each violation:

NO TIME PENALTY	
1-5 SECONDS OVER 1.0 PT	
6+ SECONDS OVER 2PTS	
TOTAL	

Nebraska State Cheerleading Point Deduction

SF	Stunt Fall
RT	Running Tumbling Fall
ST	Standing Tumbling Fall
J	Jump Fall
IN	Individual Fall
OB	Out of Bounds)
ILS	Illegal Skill

School:
Class: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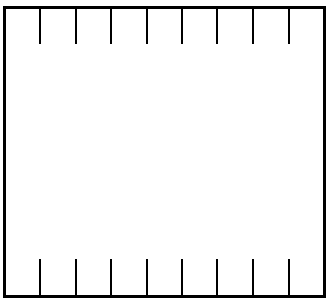
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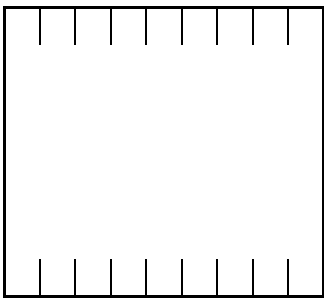
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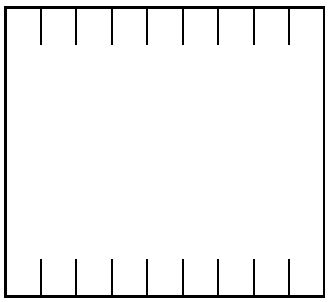
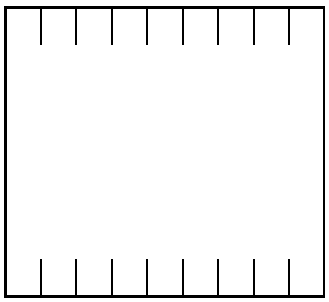
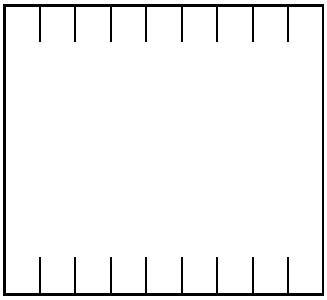
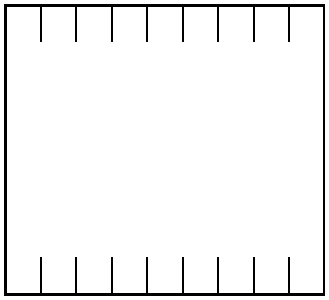
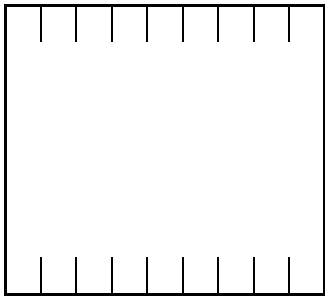
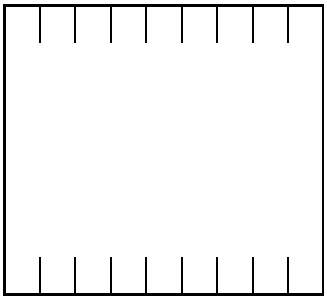

:45 -1 minute

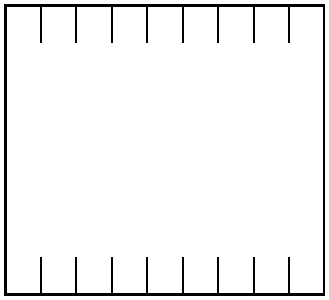

1 min- 1:15


1:15- 1:30


1:30-1:45


1:45- 2:00


2:00-2:15


2:15-2:30

FALL	**# of times**	**Total**
	x _____ **x**	_____
ILLEGAL SKILL	**# of times**	**Total**
	x _____ **x**	_____
OUT OF BOUNDS	**# of times**	**Total**
	x _____ **x**	_____

TOTAL:_____